



UNCG Counseling Program Ranked Third in the Nation

by *Connie D. Johnston*

The counseling program at UNCG was ranked third in the nation in the latest *US News and World Reports* graduate program rankings. UNCG jumped from number 7 just last year to number 3. It is the only program in the top ten that is not located at a major research university. The program was recognized in the "Counseling/Personnel Services" specialty area. Specialty rankings are determined by nominations from deans of schools of education.

Dr. Dale Schunk, Dean of the School of Education at UNCG praised the faculty's efforts, "The fact that our counseling program ranked number 3 in the nation reflects extreme faculty dedication and shows that this is now one of the premiere programs in the nation. I am very proud of their efforts to create this exemplary program."

Dr. L. DiAnne Borders, Department Chair, expressed her pleasure in the ranking, "This is a quantum leap in the ranking of the counseling program. It is a clear indication that the exceptional experience for counseling students here at UNCG is being recognized across

the nation. The accomplishments of our faculty, students, and alumni certainly contributed to the ranking. Faculty are highly visible through their research and scholarship, as well as their professional service. Our alumni and students also are active in a variety of professional activities. It's wonderful that their dedicated hard work has been so recognized."

In the same report, the School of Education was ranked 29th, up from 33rd last year. "It is noteworthy that every institution ranked higher than UNCG is either a flagship public university or an elite private school," said Dr. Dale Schunk. "This ranking reflects the dedication of our faculty to create the finest School of Education possible. I have no doubt that our stature will be increasingly noticed nationwide, which will help us continue to attract high-quality faculty and students."

Congratulations to all UNCG faculty, students, and alumni on this accomplishment. To see a listing of the graduate program rankings, visit www.usnews.com.

Former ACA President Presents Seminar and Speaks at CSI Initiation

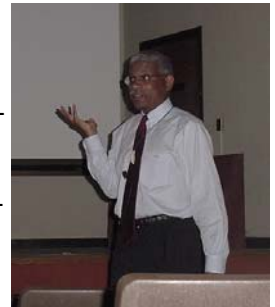
by *Ken Pataky*

Dr. Courtland Lee, former ACA President and current Professor of Counselor Education at University of Maryland, visited the Department on March 1st to deliver a multicultural counseling seminar and to serve as the guest speaker at the initiation ceremony for the Upsilon Nu Chi Chapter of Chi Sigma Iota International.

At the multicultural seminar, Dr. Lee emphasized that "the greatest space between people is not distance. The greatest space between people is culture." To illustrate his point, he placed two chairs on the stage and moved them as far apart as possible to show how it is when a counselor and client are culturally distinct. "Everyone has cultural baggage," he

pointed out, "unless you were raised in a cave by wolves." This "cultural baggage" keeps counselors from being able to empathize adequately with clients who are culturally different. The remedy? According to Dr. Lee, "There are no magic skills to use in multicultural counseling. Counseling skills are counseling skills.

What's important is to know how to use these skills in a culturally responsible way." Using



Dr. Courtland Lee lectures on multiculturalism in counseling.

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DEPARTMENTAL FACULTY

Dr. L. DiAnne Borders, Chair
Dr. James M. Benshoff
Dr. Craig S. Cashwell
Dr. Patrick E. Davis
Dr. Gerald A. Juhnke
Dr. Jane E. Myers
Dr. William W. Purkey
Dr. Marie F. Shoffner
Dr. Nicholas A. Vacc

ADJUNCT FACULTY

Dr. Patricia Bailey
Director, Disability Services, UNCG
Dr. Jeanne Bleuer
Associate Director, ERIC/CASS
Dr. Tom Clawson
Executive Director, NBCC
Dr. Carol Disque
Vice Chancellor for Student Affairs
Dr. Tom Sweeney
Executive Director, Chi Sigma Iota
Dr. Patricia Von Steen
Staff Counselor, UNCG Counseling and Testing Center
Dr. Garry Walz
Director, ERIC/CASS
Mr. Mark Wiles,
Pathways Resource Center
Mr. John E. Foreman
Director, Office of Special Support Services

VISITING INSTRUCTORS FOR SPRING 2002

Dr. Tammy C. Cashwell,
Visiting Assistant Professor
Dr. Leslie F. Armeniox, Lecturer
Dr. Robin L. Daniel, Lecturer
Dr. Brian Dew, Lecturer
Dr. Linda Makinson, Lecturer

EDITORIAL STAFF

Kara J. Wiergacz, Editor
Dr. L. DiAnne Borders,
Faculty Advisor

Distinguished Practitioner Award Goes to Jolie Long



by Casey Barrio

This year's Distinguished Practitioner Award recipient is Jolie Long, a 1997 graduate with an M.S./Ed.S. degree in Marriage and Family Counseling. Each year the Department of Counseling and Educational Development presents its Distinguished Practitioner Award at the annual North Carolina Counseling Association Conference. Established in 1995, this award recognizes UNCG graduates who demonstrate exceptional attainment in the practice of professional counseling.

Jolie was chosen as Distinguished Practitioner based on her exceptional clinical and leadership skills. She began her career with the Tri-County Mental Health agency as both a Child and Family and Willie M. Therapist. She also worked at Charter Behavioral Health as a Needs Assessment and Referral Counselor. In 1999, Jolie returned to UNCG to serve as the pioneer manager of the Department's Counsel-

ing and Consulting Clinic.

In many ways, Jolie has paved the way for new growth—implementing new policies, offering new resources, and serving new client populations. “As a leader within the Clinic, she does more than manage day-to-day operations,” says Dr. Jerry Juhnke, Clinic Coordinator. “She provides a forum for staff to grow and learn.” Jolie’s excellence goes beyond her professional manner and interactions as a supervisor and manager. She is a frequent guest lecturer, has taught at the college level, and volunteers her services for Alternative Resources of the Triad.

Whatever she is doing, Jolie brings a quiet sense of determination and purpose to her work. “She is compassionate and caring, yet straightforward and frank when therapeutically necessary,” says Jolie’s clinical supervisor. “Jolie requires her clients to be invested in their personal counseling process and committed to their treatment goals. Her clients respect her and praise her effective counseling style.” Indeed, Jolie models kindness, patience, and professionalism for those privileged to

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2002 Alumni Excellence Award Winner is Dr. Cheryl Holcomb-McCoy

by Dan Paredes

The Alumni Excellence Award is one of two awards the Department of Counseling and Educational Development grants to outstanding graduates of its master’s and doctoral programs. Nominations are solicited and then reviewed by a panel that includes faculty and representatives of our student organizations, the Counselor Education Student Association (CESA) and Upsilon Nu Chi Chapter of Chi Sigma Iota. This year’s Alumni Excellence Award winner is Dr. Cheryl Holcomb-McCoy, who graduated from our program in 1996.

Typically, the award is presented at the UNCG Friends and Alumni Reception, an event held annually at the American Counseling Association’s Annual Conference. Dr. L. DiAnne Borders, the Department Chair, who announced our award winner to those in attendance, highlighted Dr. Holcomb-McCoy’s writings, which “continue to teach and challenge us con-

cerning multicultural issues,” and noted her exceptionally high student ratings of her teaching. Although Dr. Holcomb-McCoy was unable to attend the conference and reception this year, she graciously answered a few questions for us:



DMP: How did you come to UNCG?

CH-M: My main reason for coming to UNCG was the counseling department’s excellent reputation. I wanted a degree in counselor education from a department that was “purely” counselor education (rather

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News and Notes

Student Accomplishments and News

Caroline Booth and her partner Jason had a baby girl, Ava Katherine Booth Napier, on April 17, 2002.

Suzanne Degges-White has been appointed to a 3-year term as a member of the editorial board for the Adultspan Journal.

Dr. Andrea Dixon has accepted a position as assistant professor at Arizona State University in Tempe and will begin work there in August. She will be accompanied in her move to Arizona by her soon-to-be (as of 8-3-02) husband, Christopher.

Emily Gordon was appointed to the Inter-

national Association of Marriage and Family Counselors' Graduate Student Task Force, which represents graduate student needs in IAMFC.

Bryce Hagedorn was elected to the ASER-VIC Board of Directors.

Tyndall Harris presented the paper, "Bringing High Tech to Small, Rural, Low-Wealth Schools: A Case Study of the Creation and Impact of State-of-the-Art Multimedia Technology Suites in Six Rural Communities in North Carolina" at American Educational Research Association (AERA) on March 15, 2002, in New Orleans.

Abigail Kite became engaged to Gregory Wahl on December 31, 2001; a summer 2003 wedding is planned.

Melissa Ann Murray and Garret Steven Canter were married on March 9, 2002, at Holly Grove Baptist Church in Spring Hope, North Carolina.

Shurts, M., co-author (2002). Measuring positive emotionality: A review of instruments assessing love. *Measurement and Evaluation in Counseling and Development*, 34, 238-254.

2002 CSI and CESA Recognition Reception

The following students were presented with awards at a reception held Thursday, April 25, 2002. Congratulations!

Counselor Education Student Association (CESA) Awards

Outstanding Master's Student	Casey Barrio
Outstanding Doctoral Student	Matthew Shurts
Outstanding Cohort – 1 st -year master's	Jim Middleton
Outstanding Cohort – 2 nd -year master's	Becky Staples
Outstanding Cohort – 1 st -year doctoral	Matthew Shurts
Outstanding Cohort – 2 nd -year doctoral	Wendi Schweiger

Chi Sigma Iota - Upsilon Nu Chi Chapter Awards

Outstanding Entry-Level Student	Sarah Blair
Outstanding Doctoral Student	Shawn Spurgeon
Outstanding Service to Chapter	Joshua Watson
Chi Sigma Iota International Intern	Holly Hartwig

Marian Pope Franklin Awards

Master's Entry-Level	Jim Middleton
Master's Second-Year	Dina Yerex
Doctoral Level	Keith Mobley

Summer 2002 Courses

1st Session (May 22 - June 25)

CED 574: Contemporary Topics in Counseling: Habit Change

2nd Session (June 27 - August 2)

CED 688: Contemporary Problems Seminar: Sexual Abuse Issues in Counseling

Fall 2002 Courses

CED 574A: Contemporary Topics in Counseling: Women's Issues will meet on Thursdays from 4:00 to 6:50 p.m.

CED 574C: Contemporary Topics in Counseling: Stress Management will meet on Tuesdays from 4:00 to 6:50 p.m.

Spring Dissertation Defenses

Carol Dice

The Relationship Among Coping Resources, Wellness and Attachment to Companion Animals in Older Persons

Andrea Dixon

The Relationship Among Ethnic Identity, Acculturation, Mattering, and Wellness in Minority and Non-Minority Adolescents

Suzan Zulani Wasik

Remembering the Forgotten Child: An Investigation of PTSD-Related Symptomatology and Family Communication in Healthy Siblings of Children with Pediatric Cancer

Faculty Accomplishments

Dr. DiAnne Borders, (2002). School counseling in the 21st century: Personal and professional reflections. *Professional School Counseling*, 5, 180-185.

Dr. Craig Cashwell was elected president-elect-elect for ASERVIC.

Cashwell, C. S., Young, J. S., Cashwell, T. H., & Belaire, C. (2001). The inclusion of spiritual process in counseling and perceived counselor effectiveness. *Counseling and Values*, 45, 145-153.

Cashwell, C. S., Cashwell, T. H. & Skinner, A. L. (2001). Using group rewards to influence prosocial behavior and academic success: The school counselor as consultant and coordinator. In D. S. Sandhu (Ed.), *Elementary school counseling in the new millennium*. Alexandria, VA: American Counseling Association.

Dr. Jerry Juhnke was elected president-elect-elect of IAAOC.

Dr. Jane Myers, Shoffner, M. F., & Briggs, M. (2002). Developmental counseling and therapy: An effective approach to understanding and counseling children. *Professional School Counseling*, 5, 194-202.

Gibson, D. M., & Myers, J. E. (2002). The effect of social coping resources and growth-fostering relationships on infertility stress in women. *Journal of Mental Health Counseling*, 24, 68-80.

Myers, J. E., & Shurts, M. (2002). Measuring positive emotionality: A review of instruments assessing love. *Measurement and Evaluation in Counseling and Development*, 34, 238-254.

Drs. Jane Myers and Tom Sweeney appeared on "What's Your Story," a new bi-monthly TV program on intergenerational lineages. Older persons and adolescents are linked and share personal narratives about their daily lives.

Mrs. Venus Pinnix, Departmental secretary, was installed as the Worthy Matron-elect of the Guilford Chapter of the Order of the Eastern Star on Saturday, March 16, 2002.

Dr. William W. Purkey presented the 2002 Robert G. Bernreuter Lecture in School Psychology at Pennsylvania State University in April. His topic, "From Success to Significance" looked beyond high-stakes testing to consider the basic purpose of schools: to be a beneficial presence in the lives of students. Dr. Purkey also traveled to Panama and Hong Kong throughout the spring semester presenting programs on Invitational Education.

Dr. William W. Purkey, Juhnke, J., & Davis, P. (2002, February). An invitational model for creating safe and successful schools. *Infochange*, 101, 8-10.

Alumni Accomplishments

Publications & Presentations:

Dr. Keith Davis ('99) taught a week-long workshop on the use of creative and expressive arts in substance abuse prevention and education to children, adolescents, and their parents at St. Bernard's Catholic School in New York City in March.

Ken Frazier ('73) presented a six-hour workshop in Burlington for the Licensed Professional Counselors Association of NC (LPCANC) in February. The workshop, "Anxiety Disorders and the Group Process: Two Therapeutic Models," was offered to counseling professionals interested in group process for treatment of fear of public speaking and for an anxiety recovery-support group. Ken is on the Board of LPCANC and is Chair of the Professional Development Committee. He is president of the Phobia Treatment Center in Greensboro.

Dr. Michael Garrett ('96), co-author (2002). Ayeli: Centering technique based on Cherokee spiritual traditions. *Counseling and Values*, 46, 149-158.

Also co-authored (2001). Talking circles: Listen or your tongue will make you deaf. *Journal for Specialists in Group Work*, 26, 368-384.

Gibson, D. M. ('00), & Myers, J. E. (2002). The effect of social coping resources and growth-fostering relationships on infertility stress in women. *Journal of Mental Health Counseling*, 24, 68-80.

Glass, J. S. ('99), & Myers, J. E. (2001). Combining the old and the new to help adolescents: Individual psychology and adventure based counseling. *Journal of Mental Health Counseling*, 23, 104-114.

Amanda Graham ('00) gave a talk entitled, "Women's mental health

through the lifespan: A developmental view" at North Carolina State University on April 3 to female employees ranging in age from 25-60.

Hoffman, R. M. ('96) (2001). Attitudes and perceptions about diversity among counselor education graduate students. *Academic Exchange Quarterly*, 5(2), 66-70.

Also authored (2001). The measurement of masculinity and femininity: Historical perspective and implications for counseling. *Journal of Counseling & Development*, 79, 472-485.

Hoffman, R. M., Borders, L. D., & Hattie, J. A. (2000). Reconceptualizing femininity and masculinity: From gender roles to gender self-confidence. *Journal of Social Behavior and Personality*, 15, 475-503.

Hoffman, R. M., & Borders, L. D. (2001). Twenty-five years after the Bem Sex-Role Inventory: A reassessment and new issues regarding classification variability. *Measurement and Evaluation in Counseling and Development*, 34, 39-55.

Dr. Hoffman co-presented "Inviting school counselors-in-training to promote pluralism: A teaching tool" at the Western Association for Counselor Education and Supervision Annual Conference in Spokane, Washington, in November 2001.

Tracey Helton Lewis ('97) presented on "Leadership in the age of accountability" at the North Carolina Association for Supervision and Curriculum Development (NCASCD) conference held in Pinehurst, North Carolina, in February.

Tina Page ('99) will lead a marital enrichment seminar entitled "How to leave the loyal but miserable trap and take the risk of making yourself available to be loved" in Durham, North Carolina, in June.

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CSI Initiation Ceremony

by Kara J. Wiergacz

The Upsilon Nu Chi chapter of Chi Sigma Iota International, the Counseling Academic and Professional Honor Society International, installed 38 new initiates and transferred 1 membership during their annual initiation ceremony held on Friday, March 1, 2002. Chi Sigma Iota International (CSI) is an international honor society of counseling professionals and counselors-in-training who are dedicated to excellence in scholarship, research, and clinical practice. Initiates must have completed at least one full academic term of courses in a graduate counseling program and have achieved a grade point average of 3.5 or better on a scale of 4.0.

Departmental faculty, staff, University leaders, family, and friends all convened to honor the initiates. Current CSI President Joshua Watson presided over the ceremony, with several guest speakers offer-

ing their congratulations to the new members from the podium, including Dean Dr. Dale Schunk, Department Chair Dr. DiAnne Borders, Multicultural Affairs representative Tania S. Castillero, faculty member and CSI faculty advisor Dr. Jane E. Myers, and CSI International Executive Director Dr. Thomas J. Sweeney. A Chi Sigma Iota Distinguished Scholar, Dr. Courtland Lee, was the featured initiation speaker. Dr. Lee shared his views on the importance of leadership, both in CSI and in the profession of counsel-

ing. He closed his speech by presenting one of UNCG's doctoral students, Shawn Spurgeon, with the first-ever Courtland C. Lee Excellence in Multicultural Counseling Scholarship Award, a fund he created from his textbook royalties.

The initiation ceremony concluded with Vision 2002, a brief speech from president-elect Matthew Shurts about Upsilon Nu Chi's plans for the future, and the passing of the gavel from Watson to Shurts. The ceremony was followed by a reception attended by initiates, faculty and staff, fellow students, and the guest speaker.

Congratulations new initiates!



Upsilon Nu Chi 2002 Initiates

Kazuhiro Adachi
Jennifer F. Barnhardt
Emily M. Bowman
Amanda Branly
Mary Wade Brunk
Amber J. Cratty
Lisa Irene Crowley
Lauren M. Davis
Kelly L. Doud

Elizabeth J. Embree
Allison R. Gordon
Emily Vance Gordon
Melanie Harper
Rebecca B. Harris
Tyndall P. Harris, Jr.
Keri Elizabeth Hill
Erin Jenkins
Melanie E. Johnson
Connie Dianne Johnston
Abigail L. Kite

Holly Elizabeth Landry
Amy Elizabeth McCollum
James Allan Middleton, Jr.
Haley F. Miller
Dean Orfanedes
Kenneth R. Pataky
Vaishaliben Patel
Sherri Rippl
Heather L. Smith
Jeanne H. Stec
Rebecca S. Strickland

Carrie Ashford Wachter
Lori J. Wainright
Carman G. Weaver
Patrician Grace Whitaker
Kara J. Wiergacz
Derick J. Williams
Jennifer Leigh Wooldridge

Membership Transfer
Dr. Donna M. Gibson

Women in Multiple Roles: Working toward Balance

by Christine Gainey

This year's Women's History Month event hosted by the Department met with a full house. The panel consisted of Cheryl Joshua, Lecturer in the Bryan School of Business and Economics at UNCG, Susan Lineberry, a certified women's health nurse practitioner, and Dr. Patty Von Steen, owner of Von Steen Counseling and Consulting. Each woman



Dr. Jane Myers introduces the speakers at the annual Women's History Month panel. From left to right, Dr. Patty Von Steen, Susan Lineberry, and Cheryl Joshua.

is active in multiple arenas in life, including community involvement, career, and family, to name a few.

As each woman spoke to the challenges of juggling roles, several truths became evident. Most apparent was the pervasiveness of women doing an extraordinary balancing of a multitude

of roles. Lineberry literally shared her multiple hats, stating that she is an ordinary example of the multitude of roles women face today. This became readily apparent as the guest speakers shared their lives.

It also became apparent that this juggling was not easy and, in fact, could be physically and emotionally draining. Each speaker discussed the need to have a strong support system, learn to say "no" without explanation, and to realize one's limits. Though one speaker acknowledged the alternative of physical collapse, Dr. Von Steen expressed the concern that as women "we get the message it is not okay to have time for one's self."

The speakers also shared personal solutions to this challenge. They spoke to making tough decisions, prioritizing and, as Joshua stated, balancing and feeding the mind, body, and soul of each woman regularly.

Dr. Marie Shoffner and Dr. Jane Myers were faculty coordinators of the event; Ann Cozart and Carman Weaver served as program co-chairs; and a number of other master's and doctoral students helped make this enlightening and inspiring event happen.

Dr. Courtland Lee (Continued from page 1)

many diverse activities, including group enactment of an indigenous New Zealand Maori tribal greeting ceremony, Dr. Lee presented guidelines for culturally responsible counseling.

At the CSI initiation ceremony, Dr. Lee spoke about leadership and explained that vision, team building, effective communication, adaptability and flexibility, and a sense of humor were essential characteristics for counselors who desired to be leaders in our profession. In a stirring speech to budding leaders in the counseling profession, he explained how he, along with the help of other leaders such as our own Drs. Myers and Sweeney,

Ms. Jolie Long (Continued from page 2)

work with her.

Jolie cites maturation in counseling ability and management skills, as well as learning to balance personal and professional life as her major accomplishments. She adds that it has been important to “refine and define terms like patience, understanding, and boundaries, and realize the true meaning of process.”

Jolie believes her experience within the Department facilitated her development. “It made me aware of the foundation on which the process of counseling lies. I learned the fundamentals and base skills that will always be a part of counseling and relating to others. It was the solidification of what was apparent

Dr. Holcomb-McCoy (Continued from page 2)

than a mixture of counselor education and counseling psychology). Also, I really wanted to spend time in North Carolina (I had heard that NC was a great place to live!)

DMP: What has life after UNCG been like for you?

CH-M: Life after UNCG has been wonderful, although I miss the friends I made at UNCG. I got married a month after graduation and then moved to New York City. I started my academic career at Brooklyn College (one of the larger campuses of the City University of New York) as an assistant professor and program head of the School Counseling Program. Believe it or not, I loved living in NYC and urban life was exciting and stimulating! Now my husband and I have moved closer to our families and we thoroughly enjoy the suburban life with our two children. For all the doctoral students at UNCG, there IS life after UNCG, and it's great!

DMP: What are your current research interests?

CH-M: My current research interests are assessing the multicultural counseling competence of school counselors, counseling within the context of urban school settings, and the resilience of African-American female adolescents.

DMP: What are your future career goals?

CH-M: My most immediate career goal is to acquire tenure at the University of Maryland. A long-term goal is to become a full professor and school-based consultant.

had kept ACA together in the late 1990's when factions threatened to break apart the organization. It was only by applying the leadership principles he mentioned—as well as the unique multicultural perspective that helped him understand and appreciate the needs of all of the factions—that he and others were able to keep ACA intact. Dr. Lee continues to be motivated by the work he has done and will do in our profession. He ended with a quote by Jackie Robinson, stating: “A life is not important except for the impact it has on other lives.”

inside of me, but lacked a professional name.”

Jolie's career goals include continued development within the field of counseling and assisting in others' development through supervising and teaching. Throughout all aspects of her career, Jolie aims to maintain “the fire and motivation that inspired me to become a counselor.”

Beyond the office, Jolie enjoys connecting with friends, family, and her golden retriever, Alex. Outside, she may be found around North Carolina running, cycling, backpacking, and participating in the occasional triathlon. Inside, she enjoys reading and writing. Whatever the specific adventure, Jolie seeks “traveling and learning about the earth, people, and myself.”

DMP: What accomplishments have been the most remarkable/ impactful for you (not necessarily counseling specific)?

CH-M: The one accomplishment that has impacted my life the most is becoming a mother (and wife)! There's no job that is more difficult yet exhilarating! Other accomplishments that have been remarkable are (1) publishing a chapter in a major text on multicultural counseling and competence, (2) receiving the Department of Counseling and Educational Development (UNCG) Alumni Excellence Award, (3) being named Counselor Educator of the Year by the Maryland Association for Counseling and Development, and (4) completing and defending my dissertation.

DMP: What one (or two or three) thing(s) is it imperative for counseling students to learn?

CH-M: Considering the ethnically, culturally, and linguistically diverse clientele of counselors, it is imperative that counselor trainees understand and apply concepts such as oppression, social justice, and spirituality to their conceptualizations of the counseling process. No longer can counselors ignore the impact of one's cultural background on the process of counseling. I strongly believe that counselor trainees should be required to spend at least 100 hours in a community setting that is predominantly populated by another ethnic or cultural group. A student might spend 100 hours of one semester attending meetings of a Hispanic Student Organization or 100 hours volunteering at a predominantly African-American daycare center. These experiences not only enrich one's understanding of another culture, but assist in understanding one's biases and “hang-ups” regarding “others.”

DMP: Thank you for your insight, good luck in the future, and congratulations!

North Carolina Counseling Association Annual Conference

Presentations by Faculty, Students, and Alumni
February 21-22, 2002 Greensboro, North Carolina

NCCA Government

Barbara Rice, President, ABLBIC of NC
Carol Dice, President, NCCAADA
Sylvia Nassar-McMillan, Archivist, NCCA
Dr. DiAnne Borders, poster session coordinator

Presentations

Dr. Craig Cashwell, Melinda Gibbons, and Kara Wiergacz
Observation 101: Conducting a classroom observation

Dr. Russ Curtis ('00)
Understanding and treating social phobias

Darlene Daneker and Melanie Harper
Normal trauma responses: Recognizing and working with ongoing processes

Carol Dice
Counseling older clients: Are pets the best antidote to loneliness
Counseling older clients: Coping resources and wellness

Andrea Dixon and Dr. Jane Myers
Ethnic identity and mattering: Implications for adolescent wellness

Andrea Dixon and Dr. Simone Lambert ('01)
The art of play therapy with culturally diverse families

Christine Gainey and Suzanne Degges-White
A prismatic look at anxiety: A human dilemma

Melinda Gibbons, Jeanne Stec, and Derick Williams
Creating a suicide awareness program for staff at your school

Holly Hartwig and Andrea Dixon
Take care of you! Helping counselors stay balanced

Holly Hartwig, Brian Gmutza, and Randolph Watts, Jr.
Creative and experiential approaches to group counseling with at-risk adolescents

Dr. Shirley Huffman ('99), co-presenter
Boundary issue in the counseling relationship

Peter Nagel ('91)
Using personality adaptations to guide psychotherapy

Debbie Newsome ('99), co-presenter
Qualitative assessment of family relationships
Helping the "clueless" college student formulate career options

Dawn Placke, Amy Cozart, Laura Ring, Aubrey Wendelboe, Mark Knight, and Naiyana Chantarabunchorn
Unlocking the secrets of stress management

Dr. Jack Schmidt ('80), co-presenter
School counselor satisfaction and retention: Professional implications
The NCC/LPC credential: Sailing through the rocks and shoals

Dale Sheffield ('92)
Counselor impairment: A study of counselor burnout

Matt Shurts
A marketing primer: Conceptualizing the process
Premarital counseling: Strategies for engaging the engaged

Dr. Kenneth Simington ('96)
Planned single-session counseling

Randolph Watts, Jr. and Wendi Schweiger
How children cope with tragedy: A discussion of drawings made by children immediately after September 11, 2001

Derick Williams
Taking active steps toward cultural-specific consultation

Graduate Student Poster Sessions and Contest Winners

Lauren Davis, Vaishali Patel, and Judy Williams
From the eyes of an Asian

Elizabeth Embree, Amber Cratty, and Abby Kite
Harvest of helpers: The role of community helpers in a comprehensive school counseling program

W. Bryce Hagedorn, *second place*
The hidden obsession: Training counselors in the treatment of sexual addiction

Rebecca Harris, Emily Bowman, and Allison Gordon
Dual relationships in counseling: Implications, considerations, and solutions

Daniel Paredes and Sarah Blair
Applying the construct of multiculturalism to American Southern culture

Heather Smith, Ken Pataky, and Christina Rolo
Adventure-based counseling for counselors and counselors-in-training

Carrie Wachter, Holly Landry, and Dean Orfanedes
The maze of minors and confidentiality

Lori Wainright, Jim Middleton, and Becky Strickland, *first place*
The role of spirituality and religion in counseling

Trish Whitaker, Mary Brunk, Lisa Crowley
The use of reality therapy in counseling

Kara Wiergacz, Kaz Adachi, and Amy McCollum
The state of licensure

American Counseling Association Conference

March 22-26, 2002 New Orleans, Louisiana

The annual American Counseling Association (ACA) conference was held in New Orleans, Louisiana, March 22 through March 26, 2002. UNCG was well-represented; students, faculty, and alumni attended and made presentations throughout the week. In total, 10 students, 6 faculty, 3 adjunct faculty, and 26 alumni presented 44 programs at this year's ACA conference. Good work UNCG!

Presentations

Learning Institute: **Dr. Lori Crutchfield** ('95), co-presenter
Creating technology-enhanced counselor education and practice

Dr. Cheryl Holcomb-McCoy ('96), co-presenter
Challenges in teaching multicultural counseling: Cultural issues and perspectives
School counselors' perceptions of CACREP training standards: Levels of importance and preparedness

Dr. Craig Cashwell, co-presenter
Comparing gay and lesbian identity development theory to cognitive development

Dr. Stephen Shumate ('97), co-presenter
Mindfulness-based stress reduction: An introduction

Dr. Gerald Juhnke, co-presenter
ACA Practice Research Network (PRN): Findings from year 1

Dr. Simone Lambert ('01)
Parent-child communication and school-based aggression

Dr. J. Kelly Coker ('98), co-presenter
Cyber-test interpretation: An empirical study

Dr. Sondra Smith Adcock ('97), co-presenter
Group counseling with juveniles in adult prison
Adjudicated girls and their mothers: Relationship and communication

Dr. Rose Marie Hoffman ('96)
Preparing school counselors-in-training to promote unity through diversity

Dr. Michele KIELTY Briggs ('01)
Spiritual wellness and depression in older adolescents and midlife adults: Research findings and implications for counseling

Dr. Michael Tlanusta Garrett ('96), co-presenter
An integrative approach of group work recognizing and honoring the richness in diversity
Four ways of group counseling: An integrated approach for celebrating unity in diversity

Dr. John Culbreth ('96), co-presenter
Clinical supervision experiences and preferences of home-based treatment providers

Dr. Garry Walz, co-presenter
Acquiring online resources to facilitate unity through diversity
ERIC/CASS and ACA's cybercounseling website: New look, new information, new capabilities
Cybercounselors: Who they are; What they're doing; What they've learned

Dr. Jane Myers and Suzanne Degges-White
Diversifying into the medical arena: Benefits of wellness counseling in headache management

Dr. Andrea Dixon ('02), co-presenter
Infusing multiculturalism throughout counselor education curricula

Dr. Gerald Juhnke, Robin Liles, Dr. Wendy Charkow, Caroline Booth, Brian Gmutza, W. Bryce Hagedorn, and Daniel Paredes
Using clinical interviews with substance abusing clients and their families

Dr. Andrea Dixon ('02) and **Dr. Jane Myers**
Adolescent wellness in schools: The roles of ethnic identity, acculturation, and mattering

Suzanne Degges-White, co-presenter
Gender unity and sexual diversity: Lesbian transitions in a heterosexual world

Dr. Chester Robinson ('95), **Dr. Jane Myers**, co-presenters
How to write winning proposals for ACA conferences

Dr. H. Ray Wooten ('91), **Dr. J. Scott Young** ('96), **Dr. Craig Cashwell**
The human energy field: Healing body, mind, and spirit with therapeutic touch

Dr. Jane Myers and W. Matthew Shurts
Diversity in perceptions of love: Wellness as a unifying philosophy

W. Bryce Hagedorn and Dr. Jerry Juhnke
The blind leading the blind: Counselor train-

ing in the treatment of sexual addiction

Dr. Teresa Fletcher ('00)
Adventure based counseling: A change agent in collegiate volleyball

Melanie Harper, co-presenter
Relocation in older adulthood: Assisting clients explore desires and options

Dr. Virginia Kelly ('00), co-presenter
Publishing in ACA refereed journals: Suggestions from the Council of Editors

Dr. Marie Shoffner and Dr. Deborah Newsome ('99)
Girls' career interests in science, math, engineering, and technology

Dr. Andrea Dixon ('02) and **Dr. Simone Lambert** ('01)
Families at play: Utilizing play therapy with culturally diverse families

Dr. L. DiAnne Borders, Dr. John Schmidt ('80), co-presenters
Online publishing in Counselor Education and Supervision: Suggestions from the editorial board

Dr. Jane Myers, co-presenter
Baby-boomers and the third millennium: Gero-counseling comes of age

W. Bryce Hagedorn and Randolph Watts, Jr.
It's all about balance: Creative strategies for the implementation of wellness

Dr. Tammy Cashwell and Dr. Craig Cashwell
Introduction to functional assessment

Dr. Catherine Chang ('98), co-presenter
Multicultural competence of registered play therapists
Racism, white privilege, and oppression: Where do we stand?

Dr. H. Ray Wooten ('91)
The Shamanic journey: A technique for spiritual and personal growth

J. Scott Young ('96) and **Dr. Craig Cashwell**
Teaching spirituality: A content analysis of coursework in spirituality and religion

(Continued on page 9)

<p>ACA Conference (Continued from page 8)</p> <p>Dr. Donna Gibson ('00), co-presenter Violence in the schools: Legal and ethical guidelines for school counselors</p> <p>Melissa Kleiner ('01) Depressed adolescents: Making counselors, parents, teachers, and peers aware</p>	<p>Dr. Marie Shoffner, Dr. Wendy Charkow, Dr. Natasha Mitchell ('01), Dr. Stacey Sinclair ('01), and Shawn Spurgeon The power of group process in facilitating growth in multicultural competence</p> <p>Dr. Deborah Newsome ('99), Dr. Shirley Huffman ('99), co-presenters Using expressive arts to enhance group supervision</p>	<p>Dr. Jennifer Adams ('00) and Dr. Linda Makinson ('01) Using the strength in diversity through systems of care</p> <p>Dr. Pamela Brott ('96) The storied approach: Constructivist career counseling</p>
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Alumni News (Continued from page 4)

Anne Powers ('01) presented "Service-learning as a 'great good place'" with Spoma Jovanovic and Dan DeGooyer at NC Service-Learning Institute held at Elon University in February.

New Positions & Relocations:

Dr. Wendy Charkow ('01) is the Director of High Point University's Counseling Center.

Dr. Kelly Coker ('98) received the 2002 Distinguished Teaching Award at the School of Education, University of Nevada-Las Vegas.

Dr. Jack Culbreth ('96) was elected as the new ACES representative to the CACREP Board of Directors.

Dr. Brian Dew ('00) has accepted a position as assistant professor of Counselor Education at Georgia State University in Atlanta. Dr. Dew will begin his new position in fall 2002.

Tracie Epes ('97) was elected Vice-President of the Licensed Professional Counselors Association of North Carolina (LPCANC) and is also a member of the Professional Development committee. She also served as Chair of the 4th Annual LPCANC Conference in Raleigh in October 2001 and was honored at the conference for her hard work and dedication to LPCANC and its members in organizing two statewide conferences. She is currently working as a mental health counselor at Jackson Middle School for the Guilford School Health Alliance.

Dr. Janice Flezzani ('01) is an adjunct faculty member in the Department of Social Work at Winston Salem State University.

Karen Garraputa ('93) began offering clinical supervision for graduates seeking licensure through her private practice in Greensboro. Her practice includes individual, family, couples', adult & child counseling, and specializes in trauma treatment. She shares an office with Dr. Linda Makinson ('01).

Tina L. Ingrassia-Dietz ('00) was hired as the program coordinator for the newly developed Family Service and Learning Center in Buffalo, NY.

Dr. Robin Liles ('01) is a lecturer in the genetic counseling program at UNCG and also is employed at Moses Cone Hospital.

Dr. Linda Makinson ('01) achieved Licensed Professional Counselor status as of January 1, 2002.

Dr. Natasha Mitchell ('01), an assistant professor at Pennsylvania State University, will move to the University of Maryland in fall 2002.

Rebecca Muyres ('01) is working as a bilingual family counselor at

United Family Services in Monroe, NC.

Dr. Debbie Newsome ('99) was elected Secretary-elect of AAC.

Dr. Dwaine Phifer ('92) was elected Treasurer of the Licensed Professional Counselors Association of North Carolina (LPCANC) for a two-year term. He is a member of the LPC Counselor Assistance Network (CAN).

Dr. Sandra Ritter ('01) is an assistant professor at Troy State University in the Department of Psychological Counseling and Foundations of Education.

Dr. Chester Robinson ('95) was elected Treasurer-elect of AAC and President-elect-elect of ACCA.

Valerie Shelton ('01) is working with the Institute for Family-Centered Services as a Family Service Coordinator.

Kimberly Strange ('01) is a bereavement counselor at Hospice of Cleveland County in Shelby, North Carolina.

Jay Sutton ('00) has been promoted to Coordinator of Academic Services for Student Athletes at Appalachian State University, Boone, NC.

Joyce Tennison ('01) has added adoption work to her counseling position at Catholic Social Ministries in Raleigh, NC, including both home studies and client interviews before and after children have been placed with their families.

Dr. Pamela Werstlein ('94) is retiring from the UNCG School of Nursing this spring after 26 years of service.

Jeremiah Wills ('01) is an adjunct instructor at Davidson County Community College in Lexington, NC.

Marilyn Wolf ('87) was elected President of the Licensed Professional Counselors Association of North Carolina (LPCANC) and is serving a two-year term. She served as co-chair of the LPCANC annual conference in 1999 along with UNCG alumni Tracie Epes. Marilyn has also headed up the association's efforts to create a statewide volunteer based Counselor Assistance Network (CAN) for LPCs which will be operational later this year.

Kudos:

Melinda Cannon ('01) and her husband Tim had a baby boy, Noah Blake Cannon, on November 17, 2001.

Angela Zahner ('00) and **Jeffrey Wilt** ('00) were married on March 30, 2002.

2002 National Award Winners

Congratulations to this year's American Counseling Association and Chi Sigma Iota national award winners! These were awarded during the receptions at the March 2002 ACA conference in New Orleans. Citations regarding the recipients are summarized below.

2002 National ACA Awards:

Dr. Nicholas Vacc, David K. Brooks, Jr. Distinguished Mentor Award

This award recognizes those professionals who are continually superior mentors, philosophically and personally. Dr. Vacc has served as a mentor to hundreds of students, as well as in many leadership positions in the profession, including President of the Association for Assessment in Counseling. He was also instrumental in establishing accreditation standards through development of two national credential and licensure exams and his work with CACREP. He currently is the Excellence Professor at UNCG, the highest distinction available.

Shawn Spurgeon, Courtland C. Lee Multicultural Excellence Scholarship Award

This new award is a scholarship award recognizing a graduate student in counselor education who demonstrates academic excellence and dedication to the theory and practice of multicultural counseling. The student must be involved in independent work concerning issues of multiculturalism and diversity and have shown leadership in the areas of community service and advocacy. Mr. Spurgeon is a third year doctoral student with an excellent academic record who serves as a clinical supervisor in both practica and internships for master's students. He also works with local mental health and family services organizations; one such project included assisting underserved client populations after severe hurricane damage. He is currently involved with minority youth and focuses on exploring issues such as diversity, relationships, education, and spirituality with them.

Dr. Rose Marie Hoffman ('96) and **Dr. L. DiAnne Borders**, ACA Research Award

This award distinguishes high-quality original research in areas of significance to the counseling profession. One criterion the research must meet is the use of systematic inquiry or investigation using quantitative or qualitative techniques, which result in usable findings and recommendations for counselors. Dr. Hoffman and Dr. Borders co-wrote the article, "Twenty-five Years after the Bem Sex-Role Inventory: A Reassessment and New Issues Regarding Classification Variability," which was published in April 2001 in *Measurement and Evaluation in Counseling and Development*. The study "is likely to

emerge as a landmark study in gender research," wrote one nominator. Another wrote that the article provides "empirical support that enables us to shift our thinking away from old models of conceptualizing and measuring femininity and masculinity to newer approaches. We can now explore and develop contemporary models that avoid... the pitfall of stereotypic thinking."

Dr. Wendy Charkow ('01), Glen E. Hubele National Graduate Student Award

This award honors outstanding scholarship by an ACA student member. The original research must be relevant and important to the counseling profession, be of high quality, and the findings and/or results must be applicable to the field. Dr. Charkow's dissertation, "Family-based Death and Grief-related Counseling: Examining the Personal and Professional Factors that Impact Counselor Competence" was recognized as an important and timely topic. The dissertation examines the personal and professional counseling competencies needed for effective grief counseling, as well as the types of training experiences counselor educators can enact to train future counselors.

2002 Chi Sigma Iota National Awards:

Dr. Donna Gibson ('00) and **Dr. Jane Myers**, CSI Outstanding Research Award

This award was designed to recognize and honor researchers whose recent work shows sound scholarship and promise for outstanding contributions to the profession. Dr. Gibson and Dr. Myers' study, "Social Coping Resources and Growth Fostering Relationships: Effective Strategies for Decreasing Infertility Stress in Women," focused on an under-researched and under-served population in counseling, women who are infertile. The study used a creative sampling procedure and extensively incorporated the literature from various fields, including health, psychology, and counseling. The data analysis was rigorous and the findings have major implications for both future research and the counseling field.

Holly Hartwig, Fellowship/Internship Awardee

Fellows and interns must be Chi Sigma Iota members in good standing, in the early years of their professional activity, and must be willing and able to participate in all activities related to the CSI Fellowship/Internship Program during their Fellowship period, which include attending the ACA Conference, attending the CSI Leadership Seminar, representing his/her chapter at the CSI Business Meeting, and attending the CSI Awards Reception. Ms. Hartwig was awarded one of two Chi Sigma Iota Internship Awards for 2002.

Department Thanks Alumni for their Continued Support

Many alumni have made contributions to the CED Department throughout the 2001-2002 school year. We appreciate and thank the following alumni who made a contribution of their time, energy, and expertise:

Jim Allison ('99)

Burwell Anthony ('90)

Dr. Leslie Armeniox ('00)

Atticia Bundy ('98)

Bruce Cabiness ('91)

Sue Cardwell ('91)

Dr. Robin Daniel ('00)

Dr. Brian Dew ('00)

Karen Garraputa ('93)

Jennifer Gibbs ('93)

Dr. Darryl Hyers ('95)

Sheryl Ketner ('89)

Dr. Robin Liles ('01)

Scott Lineberry ('96)

Jolie Long ('97)

Dr. Linda Makinson ('01)

Jennifer Monges ('93)

Anne Powers ('01)

Dr. Martha Sayles ('94)

Susan Sechrest ('93)

Susan Trageser ('93)

Catherine Tucker ('94)

Jeff Ungetheim ('93)

Dr. Patricia VonSteen ('96)

Ann White ('99)

Jeff Wilt ('00)

Thanks for your efforts in helping the program continue to provide quality training for our students!

NEWS FROM UPSILON NU CHI

by Joshua C. Watson, President



The spring semester was a productive time for the Upsilon Nu Chi chapter. On March 1, 2002, we initiated one of our largest groups of new members, with over 30 initiates. Over 50 family members and friends attended the event. Our keynote speaker, Dr. Courtland Lee, highlighted the event. Dr. Lee was also gracious enough to conduct an afternoon workshop on

multiculturalism prior to the initiation ceremony. Dr. Lee's words were well-received by those in attendance and we were honored by his presence.

Upsilon Nu Chi, in a joint effort with CESA, also held a successful raffle this semester to raise funds for next year's professional development funding. Two North Carolina weekend getaway trips were raffled off, one to the mountains and one to the coast. The chapter thanks all those who helped by either selling tickets or purchasing them from other members. The proceeds will allow chapter members to gain funding for their professional development.

As the semester comes to a close, Upsilon Nu Chi would like to

remind everyone to look for more exciting programming to continue in the fall. The chapter is dedicated to providing opportunities for the counseling department, its students, and its alumni to network, develop their professional identity, and receive recognition for outstanding achievement. Officers elected to lead the chapter during 2002-2003 are the following: Matt Shurts, President; Casey Barrio, President-elect; Dan Paredes, Treasurer; and Melissa Murray, Secretary. The chapter looks forward to continuing to serve the UNCG counseling community throughout the coming year.

NEWS FROM CESA

by Becky Staples, Co-President



Over the past few months, CESA members have been working to plan final activities and events. The UNCG Alumni and Friends Reception planned by CESA and held at the annual NCCA conference was well-attended. Students, faculty, alumni, and others gathered to socialize, enjoy the refreshments, and celebrate the accomplishments of Distinguished Practitioner Award recipient Jolie Long.

Three brown bag lunches were also held this semester. The first featured Dr. Borders' annual "Chat with the Chair" meeting with students. Jolie Long spoke on April 15th about

Gay, Lesbian, Bisexual, and Transgendered issues in counseling. The final brown bag lunch was an opportunity for students planning their internships for next year to meet with students who have completed one or more semesters of internship.

CESA also has been hard at work organizing Departmental awards. Each year, CESA coordinates the awarding of the Marian Pope Franklin Award to two master's students and one doctoral student. CESA also gives the Outstanding Student Award to one master's student member and one doctoral student member. Finally, all students were involved in voting for the Cohort Awards. Award recipients were honored at a joint ceremony with the Upsilon Nu Chi chapter of CSI on April 19th.

Fundraising is another joint CESA and CSI project on which we are working. At a joint membership meeting on March 20th, we introduced

this year's fundraising project, a raffle for two prizes of weekend bed & breakfast getaways. One winner received a three-night stay at the Pinecrest Bed & Breakfast in Asheville; the other winner received a three-night stay at the Island Inn on Ocracoke Island.

Our final project this year was to coordinate the election of new officers to carry the CESA torch next year! Nomination forms were distributed at the membership meeting and ballots were distributed in students' mailboxes. Congratulations to those selected to lead CESA during 2002-2003: Jim Middleton, President; Lori Wainright, Vice-President External; Emily Bowman, Vice-President Internal; Rebecca Harris, Secretary; Kara Wiergacz, Treasurer. On behalf of CESA's Executive Council, I would like to thank everyone who has helped make this year a success for CESA.

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Internship Insider: Focus on Hospice

by Emily Bowman

One of the critical components of a counseling student's training is the internship experience. As interns, students have the opportunity to "get their feet wet" and experience many of the processes and situations they have been reading about or discussing in the classroom. In his role as internship coordinator, Dr. Patrick Davis tries to find internship sites that meet CED students' specific needs. When looking at a potential internship site, Dr. Davis considers how committed the site host is to the development of capable counseling students. According to Dr. Davis, "an effective internship site provides opportunities for students to learn a variety of professional responsibilities."

One site that has been helpful in preparing UNCG counseling students is the Grief Counseling Center in Hospice at Greensboro. This Center provides counseling services for youth and families dealing with grief and loss issues. Becky Staples, a second-year master's student, is currently interning at this site. Becky's site host is Ann White, a graduate of UNCG's counseling program. Ms. White reports: "It is wonderful having an intern from the program because I know the kind of training Becky is receiving and it's nice to have a common context." She adds

that she believes it is important for interns to feel comfortable with death and dying issues, and that she assist and support them as they learn about these issues. Becky notes that she has learned a great deal from her placement at the Grief Counseling Center. The Center endorses the use of many different kinds of therapies, and Becky has enjoyed learning to use some of the more "creative" approaches. According to Becky, "The counselors at the Center focus on giving kids a variety of ways to express their emotions, such as sports, journals, play therapy, and creative arts."

A typical day for Becky may begin with a staff team meeting attended by social workers, nurses, and counselors. Next, she may go visit children in the schools and meet with their teachers and school counselors. Becky may then go back to the Center to meet with clients and lead evening groups. Needless to say, a day in the life of an intern at the Grief Counseling Center is busy!

Becky feels that her experience at this internship site has been extremely valuable in preparing her to work with children of all ages and exposing her to many different kinds of counseling. When asked if she would recommend this site to other potential interns, Becky replied emphatically, "Absolutely."

MOVING? Let us know!

Name	Old Address	City	State	Zip	Name	New Address	City	State	Zip	E-mail
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Write us when you move — preferably six weeks in advance.

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Mrs. Venus Pinnix
UNCG
PO Box 26170
Greensboro, NC 27402
Or email: ced@uncg.edu