



# The Parent's Source Update from the Adolescent Substance Abuse Treatment Project

*"Building Bridges, Closing Gaps"*

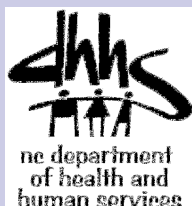


**November, 2007**

**Free publication helps to explain the science of addiction in easy to understand format**



**SAMHSA**



U.S. Department  
of Health and  
Human Services



NC Division of Mental Health,  
Developmental Disabilities and  
Substance Abuse Services



Center for  
youth, family, and community  
Partnerships

This publication was produced by UNCG's Center for Youth, Family, and Community Partnerships in collaboration with the North Carolina Division of Mental Health, Developmental Disabilities, and Substance Abuse Services with financial support from the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT), U.S. Department of Health and Human Services (grant number 6 J79 T117387-02-2).

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The National Institute on Drug Abuse (NIDA, [www.nida.nih.gov](http://www.nida.nih.gov)), part of the National Institutes of Health in the U.S. Department of Health and Human Services, has published a new booklet called *Drugs, Brains, and Behavior - The Science of Addiction*.

This 30-page full-color booklet, available **FREE OF CHARGE**, uses plain language to explain how science has revolutionized the understanding of drug addiction as a brain disease that affects behavior. NIDA hopes this new publication will help reduce the stigma associated with addictive disorders.

To order **FREE** copies of *Drugs, Brains, and Behavior - The Science of Addiction*, visit the NIDA Web Site. You may also call the National Clearinghouse for Alcohol and Drug Information (NCADI) at (800) 729-6686, (800) 487-4889 (TDD), or (877) 767-8432 (Español). You can download a PDF version of the booklet by going to <http://www.drugabuse.gov/scienceofaddiction/>.

NIDA also has a webpage devoted to adolescents that explains the science behind addiction. The web address is: <http://teens.drugabuse.gov/>

## Check out this website!

[www.athealth.com](http://www.athealth.com) - At the parent connection you can find a practitioner or treatment center, learn about disorders and conditions, read about medications used in mental health treatment, get the latest mental health news, locate resources for emotional growth and healing, search for books and more!

## Mark your calendars

### **"See the Change, Be the Change": Developing North Carolina's System of Care**

The North Carolina Collaborative for Children, Youth and Families and Northwest AHEC  
Marriott Hotel 425 North Cherry St Winston Salem, NC 27101

Date: 12/03/2007—12/04/2007

Sign in : 8:00 AM

Training : 8:30AM-4:00 PM

**Cost: \$45 Pre-conference, \$70 Conference, \$100 Both**

*A limited number of family scholarships are available. Please contact Gail Cormier at 336-217-9712 or at [cormierlg@triad.rr.com](mailto:cormierlg@triad.rr.com). No registrations will be accepted after 11/26/07.*

To provide information and increase awareness of North Carolina's System of Care with a focus on family-centered and youth-guided principles and practices.

### **The Seven Challenges Program**

Family Preservation Services will be offering a new program to Western North Carolina entitled *The Seven Challenges*. This program is for youth (ages 12-18) who are struggling with drug and alcohol problems. It is a holistic approach, addressing not only the substance abuse but the emotional, social, mental and physical reasons behind the use of alcohol and drugs.

Each youth who is eligible to participate will be offered an individualized program. Based on a client's circumstances and needs, he or she will participate in some or all of the following: individual therapy, Seven Challenges Discovery Group, Lifestyle Action Group, community services, and family therapy.

For more info contact: Buffy Weathington at 828-582-4766 (Buncombe Co.), Shea Miller at 828-216-8081 (Henderson Co.), Anne Moss at 828-859-6661 (Polk Co.), Denise Capaldo at 828-287-6110 (Rutherford Co), or Emily Townes at 828-691-1136 (Regional Coordinator).