

ESOL Health Literacy Unit Overview

HEALTH AREA	LESSON TITLE	LITERACY SKILL	HEALTH CONTENT
Health Care Access & Navigation	Doctor's Appointment	making appointments; communicating with healthcare providers; self-advocacy	patient/consumer advocacy
	Emergency!	health insurance; negotiating payment plans; culture of preventive care	preventive vs. emergent care
	Identifying Body Parts	body vocabulary	communicating symptoms
	Communicating With Health Professionals	filling out medical forms; self-advocacy	patient/consumer advocacy
Disease Management	Taking Medications	label reading	proper medication use; compliance
	The Right Dose	reading directions; understanding directions	child vs. adult dose; proper medication use
	All About Me	keeping records of health history & medications	communicating with health professionals
Prevention & Treatment Resources	Escape Danger	reading maps	escaping fire or other disasters
	Health Resources	using phone books, 211 system, community resources to get help or information	accessing prevention & treatment resources
Child Health	What to Do When Your Child Gets Sick	using health resource book; reading diagrams & charts; maintaining health records	appropriate access to care
	Well-Child Visit	communicating with health care professionals; culture of prevention	vaccinations; preventive care
	Car Seat Safety	reading and interpreting meaning from consumer labels	car safety