



Gerontology Research Network

<http://www.uncg.edu/gro/geroresearch.uncg.edu/index.html>

If there is anything that you would like to include please e-mail Amanda May at almay@uncg.edu with GRN in subject line.

December 2, 2008

Issue 6

• **ANNOUNCEMENT**

Campus-Wide Newsletter

-The Gerontology Research Network will be creating a campus-wide newsletter. You received an e-mail asking for information to incorporate in the newsletter.

-Information includes: awards, grants, research, upcoming events, etc... Please e-mail Ann Stringfield at acstring@uncg.edu

-We will need all information for the newsletter by December 10, 2008.

• **LOCAL**

Active Recreational Resources for Optimal Wellness (ARROW) Club *(Attached is the preliminary research to support the program)*

-We are recruiting participants for this early stage memory loss program. All participants must be assessed prior to starting this program. To schedule an appointment please call Sue Fitzsimmons, MS, ARNP. 336-549-6797 (or) 336-334-4131 UNCG office – please leave us a message. e-mail: s_fitzi@uncg.edu

-The Arrow Club was developed to help older adults be healthy and enjoy life using a variety of research based programs run by nurses and recreation therapists and students from UNCG.

-Location: *Location to be finalized.* UNCG Gateway Research Park, 5900 Summit Ave, Brown Summit, NC

-Dates: Every Friday 10:00-2:00, Beginning January 13th, 2009

-Cost: \$10 per session (bring bag lunch). First session will be a free trial.

Questions about enrollment: Dr. Lin Buettner at UNCG (336)-334-4131 or llbuettn@uncg.edu

Hands of Hope Campaign 2008

-Last year, the Mental Health Association assisted 462 individuals, including residents of the Moses Cone Behavioral Health Center, John Umstead Psychiatric Hospital, and several local group homes. There are more than 50 people that still need to be adopted for the holidays! Some of the remaining needs include the following:

Sweat suits for men and women, sizes L to 3X

Pants for men and women, sizes 34/36, 38/34, 44/36

Men's boxers underwear, sizes M to 3X

House shoes for men and women, sizes 9 to 12

Socks, socks, and more socks are needed for men, women, and children, sizes 9-13

Wrapped candy, CD players with radio and headphones, Puzzles, Games, Cards, Scarves Hats Gloves for men, women, and children; Personal care items: toothpastes, toothbrushes, lotions, deodorants, soaps, shampoos, and conditioners of all sizes

-If gift cards are easier for you, Wal-Mart and Target cards are greatly appreciated. All items need to be unwrapped, and we are requesting them by Monday, December 8 at 5 pm. We will pick up items if necessary.

-For more information, please call Rhonda Outlaw at 336-373-1402.

-Thank you again for your continued support of the Mental Health Association in Greensboro! We wish you a safe and happy holiday season! Blair Benson, Executive Director

Hospice and Palliative Care Center

-The public is invited to learn about the **LIVING WILL & HEALTH CARE POWER OF ATTORNEY**

-Hospice & Palliative Care Center, Williams Education and Counseling Center, 101 Hospice Lane, Winston-Salem NC

- | | | |
|-----------------|-------------------------------------|------------------------------------|
| -Session Dates: | * Tuesday, January 13, at 10:00 am | * Tuesday, February 17, at 5:30 pm |
| | * Tuesday, January 20, at 5:30 pm | * Friday, March 6, at 11:30 am |
| | * Friday, February 6, at 11:30 am | * Tuesday, March 10, at 10:00 am |
| | * Tuesday, February 10, at 10:00 am | * Tuesday, March 17, at 5:30 pm |

- Hospice & Palliative Care Center staff will explain these documents, and you will receive a free copy of each.

-A notary will be present to assist in completing the documents. There is no charge for this service. Donations are welcome.

-To reserve a seat, or for further information, call 768-6157 ext. 622

- *STATE*

Friends of Residents in Long Term Care

-*Gingerbread House Party!* Saturday, December 13, 2008 from 10:00 to Noon

Multi-Purpose Room, Residential Health Unit, Glenaire Retirement Community, Cary, NC

Gather your little ones, ages 4 -10, for great holiday fun decorating a Gingerbread House.

The Gingerbread House Party (GHP) is a fundraiser for Friends of Residents in Long Term Care. The GHP will be an opportunity for children, ages 4-10, to have a memory-making experience decorating a personal (or family) gingerbread house. Parents are encouraged to stay and participate. For a \$25 donation one gingerbread house, icing, and candy will be provided. Only 25 houses are available. [Use GHP Registration Form to RSVP](#) for this memory making event by Dec. 5th

Dennis Streets Presented Current Aging Forecasts for North Carolina and Highlighted the Importance of Planning

Dennis Streets, Director of the NC Division of Aging and Adult Services (DAAS) made a presentation to the NC Aging Study Commission in their Nov. 12th meeting where he provided demographic, economic and social information about the aging of North Carolina's population and addressed the importance of planning to help North Carolina prepare for and respond to the demands brought about by these population changes. He noted "It is not as much what happens to you in life, but what you do with what happens." The aging of our population is like that--filled with both threats and opportunities."

- *NATIONAL*

Expectations run high that President-elect Obama and the new Congress will finally take on health care reform.

The Alzheimer's Association is working hard to integrate our priorities into the upcoming health care debate. We emphasize that reform is essential to restoring America's overall economy and the financial security of Alzheimer families. We want ending the two-year waiting period for Medicare coverage for people under 65 with disabilities, such as dementia, to be front and center in the reform discussions. We are already seeing progress. In the meantime, one of the first orders of business when Congress convenes in January is completion of legislation that funds Alzheimer research and services.

What Can I Do Now?

1. Sign the Proclamation to President Obama Tell President-elect Obama to make Alzheimer's a national priority. We need 50,000 signatures to be delivered to the new president in January.
 2. Tell others to sign on! <http://alz.kintera.org/proclamation> We will deliver this message, along with your "signature", in January after Inauguration Day. That may seem far away, but we don't have any time to waste.
 3. Your District. Your Voice. Our Movement. We're looking for at least one Alzheimer advocate from every U.S congressional district to build a movement to make Alzheimer's a national priority. Our Public Policy Forum offers you the chance to present our new Congress the case for why Alzheimer's disease must become a national focus. Watch for registration details or visit www.alz.org/publicpolicyforum for information.
-

- *ITEMS OF INTEREST*

John Hancock Announces Results of National Long Term Care Cost of Care Study

BOSTON, Nov. 20 /PRNewswire-FirstCall/ -- John Hancock Life Insurance

Company (John Hancock) today (November 20, 2008) announced the results of an in-depth study of the 2008 costs of long-term care (LTC), which found that LTC costs have been increasing in line with inflation in recent years. Including information from more than 11,000 care providers nationwide, the study of national care costs conducted by CareScout, based in Wellesley, MA, revealed average costs of care in the U.S. are roughly \$75,000 annually for a private room in a nursing home; \$67,000 annually for a semi-private room in a nursing home; and \$35,000 annually for an assisted living facility, while the average cost of home care was found to be about \$19 per hour. [Read the entire press release](#) .

Winston-Salem State University- Position Open (See attached document)

Associate Professor, Chair, Department of Behavioral Sciences & Social Work

-Provide vision and leadership for the Department of Behavioral Sciences and Social Work; oversee the recruitment, development, and evaluation of faculty; establish the department's priorities in line with the university's strategic plan; manage the department's budget; teach 6 hours each semester in area of specialty; assess and evaluate curricula (gerontology, psychology, sociology, social work) and develop new undergraduate and graduate academic programs; lead accreditation initiatives; promote and conduct publishable scholarly research, engage in grant writing and effectively advocate for the department.

-A doctorate in an appropriate area from an accredited institution; excellent leadership and administrative skills; a distinguished record of teaching and scholarship sufficient to merit a tenure-track appointment at the rank of associate or full professor; prior successful administrative experience in higher education; a demonstrated commitment to faculty and student development; excellent interpersonal and problem-solving skills; prior teaching and administrative experience in a culturally diverse liberal arts undergraduate or graduate institution; a distinguished record of scholarly research, publication and/or grantsmanship.