

Sigma Phi Omega

Delta Gamma Chapter
Mentoring Program



The students of Sigma Phi Omega Delta Gamma Chapter invite professionals and other students, both undergraduate and graduate, to participate in our **mentoring program**.

UNCG Gerontology graduate students seek professionals working in the field of aging who are *willing to mentor* graduate students. And, UNCG graduate Gerontology students seek undergraduates *to mentor*.

- **Why mentor?** There are many reasons such as gaining personal satisfaction guiding new and upcoming professionals, developing patience, insight and understanding, sharing knowledge and information with upcoming professionals, improving leadership and communication skills and learning about future careers.
- **How to mentor?** Please email Dr. Janice Wassel, jiwassel@uncg.edu, with your name, professional association, and contact information. Indicate if you'd like to **mentor or be mentored**. We'll initiate mentor/mentee matching. Each mentor and mentee will determine how the mentoring relationship will work and determine boundaries



for a productive mentoring relationship. For example:
Will mentoring be through email only or will you have monthly meetings?
Is shadowing the professional at the workplace involved?

Let's have fun developing new relationships and networks!