

**Heather M. Helms**  
**Department of Human Development and Family Studies**  
**The University of North Carolina - Greensboro**  
**Greensboro, NC 27402-6170**  
**(336) 256-0129**  
**heather\_helms@uncg.edu**

### **Education**

Ph.D. in Human Development & Family Studies, Penn State University, May 2000  
M.S. in Family & Community Development: Marriage & Family Therapy, University of Maryland, 1992  
B. A. in Family Studies, Summa Cum Laude, Messiah College, 1987

### **Professional Experience**

*Associate Professor*, The Department of Human Development and Family Studies, The University of North Carolina - Greensboro, Greensboro, NC, 2006 – present.

*Assistant Professor*, The Department of Human Development and Family Studies, The University of North Carolina - Greensboro, Greensboro, NC, 2000 - 2005.

*Research Assistant*, The Department of Human Development and Family Studies, The Pennsylvania State University, University Park, PA, 1994 - 2000.

*Interim Director*, Counseling Services, Messiah College, Grantham, PA, 1993 - 1994.

*Counselor and Instructor*, Messiah College, Grantham, PA, 1989 - 1993.

*Graduate Assistant*, The Department of Family Studies, The University of Maryland, College Park, MD, 1988 - 1989.

### **Articles in Refereed Journals**

**Helms, H. M.**, Supple, A. J., & Proulx, C. M.\* (2011). Mexican origin couples in the early years of parenthood: Marital well-being in ecological context. *Journal of Family Theory and Review*, 3, 67-95.

**Helms, H. M.** (2010). 21<sup>st</sup> century marriage in America. (Editorial Comment). *Journal of Marriage and Family*, 72, 1454.

**Helms, H. M.**, Walls, J.K.\* , Crouter, A.C., & McHale, S.M. (2010). Provider role attitudes, marital satisfaction, role overload, and housework: A dyadic approach. *Journal of Family Psychology*, 24, 568-577.

Proulx, C. M.\* , Buehler, C., & **Helms, H. M.** (2009). Moderators of the association between marital hostility and change in spouses' depression. *Journal of Family Psychology*, 23, 540-550.

Proulx, C. M.\* , **Helms, H. M.**, Milardo, R. M., & Payne, C. C. (2009). Relational Support from Friends and the Quality of Wives' Family Relationships: The Role of Husbands' Interference. *Journal of Social and Personal Relationships*, 26, 195-210.

Proulx, C. M.\* & **Helms, H.M.** (2008). Mothers' and fathers' perceptions of change and continuity in their relationships with young adult sons and daughters. *Journal of Family Issues*, 29(2), 234-261.

Proulx, C. M.\*, **Helms, H. M.**, & Buehler, C. (2007). Marital quality and personal well-being: A meta-analysis. *Journal of Marriage and Family*, 69, 576-593.

**Helms, H. M.**, Proulx, C. M.\*, Klute, M. M., McHale, S. M., & Crouter, A. C. (2006). Patterns of spouses' gender-typed attributes and their links with marital quality: A pattern analytic approach. *Journal of Social and Personal Relationships*, 23, 843-864. \*Rated #8 in a list of the 50 Most Read articles in the history of JSPR, September 2008.

Proulx, C. M.\*, **Helms, H. M.**, & Payne, C. C. (2004). Wives' Domain-Specific "Marriage Work" with Friends and Spouses: Links to Marital Quality. *Family Relations*, 53, 393-404.

Updegraff, K.A., **Helms, H. M.**, McHale, S.M., Crouter, A.C., Thayer, S.M. & Haase, L. (2004). Who's the Boss? Patterns of Perceived Control in Adolescents' Friendships. *Journal of Youth and Adolescence*, 33, 403-420.

**Helms, H. M.**, Crouter, A. C., & McHale, S. M. (2003). Marital quality and spouses' marriage work with close friends and each other. *Journal of Marriage and Family*, 65, 953 – 962.

**Helms-Erikson, H.** (2001). Marital quality ten years after the transition to parenthood: Effects of the timing of parenthood and the division of housework. *Journal of Marriage and the Family*, 63, 1099-110.

McHale, S. M., Updegraff, K. A., **Helms-Erikson, H.**, & Crouter, A. C. (2001). Sibling influences on gender development in middle childhood and early adolescence: A longitudinal study. *Developmental Psychology*, 37,115-125.

**Helms-Erikson, H.**, Tanner, J. L., Crouter, A. C., & McHale, S.M. (2000). Do women's provider-role attitudes moderate the links between work and family? *Journal of Family Psychology*, 14, 658-670.

Crouter, A. C., **Helms-Erikson, H.**, & Updegraff, K. A. (1999). Conditions underlying parents' knowledge of children's daily lives in middle childhood: Between and within family comparisons. *Child Development*, 70, 246-259.

### **Invited Chapters in Edited Books**

**Helms, H. M.** (in press, forthcoming 2011). Marital relationships in the 21<sup>st</sup> century. In G. W. Peterson and K. R. Bush (Eds.) *Handbook of Marriage and Family*, Third Edition. New York: Springer Publishing Company.

**Helms, H. M.**, Walls, J. K.\*, & Demo, D. H. (2010). Everyday hassles and family stress. In S. J. Price and C. Price (Eds.) *Families and change: Coping with stressful events*, Fourth Edition. (pp. 357-379). Thousand Oaks, CA: Sage.

**Helms, H. M.** & Demo, D. H. (2005). Everyday hassles and family stress. In P. C. McKenry and S. J. Price (Eds.) *Families and change: Coping with stressful events*, Third Edition. (pp. 355-378). Thousand Oaks, CA: Sage

Milardo, R. M. & **Helms-Erikson, H.** (2000). Network overlap and third-party influences in close relationships. In C. Hendrick & S. Hendrick (Eds.) *Close relationships: A sourcebook*. (pp. 33-45). Thousand Oaks, CA: Sage.

Crouter, A. C. & **Helms-Erikson, H.** (2000) Work and family from a dyadic perspective: Variations in inequality. (revised chapter for new edition) In R. Milardo & S. Duck (Eds.), *Families as relationships*. (pp. 99-115). New York: John Wiley.

Crouter, A. C., Maguire, M. C., **Helms-Erikson, H.**, & McHale, S. M. (1999). Parental work in middle childhood: Links between employment and the division of housework, parent-child activities, and parental monitoring. In R. Hodson (Series Ed.) & T. L. Parcel (Vol. Ed.), *The sociology of work: Vol. 7. Work and family* (pp. 31-54). Greenwich, CT: JAI Press

Crouter, A. C. & **Helms-Erikson, H.** (1997) Work and family from a dyadic perspective: Variations in inequality. In S. Duck (Ed.), *Handbook of personal relationships*. (487-503). New York: John Wiley.

### **Under Review**

Parade, S. H.\*, Supple, A. J., & **Helms, H. M.** (under review). Prospective associations between parenting during childhood and offspring romantic relationship satisfaction. *Personal Relationships*

Parade, S. H.\*, Leerkes, E. L., & **Helms, H. M.** (under review). Remembered parental rejection undermines marital satisfaction in the context of perceived childhood rejection and postpartum stress. *Journal of Family Psychology*

\*Graduate Student/Former Graduate Student Co-authors

### **Funded Internal Grants**

2011-12 “Economic and Cultural Stressors, Depressive Symptoms, and the Marital Relationships of Immigrant Parents of Mexican Origin,” Regular Faculty Grant Award, The University of North Carolina - Greensboro

2010-13 “Marital Quality for Mexican Origin Parents of Young Children: The Role of Context, Cultural Beliefs, and Personal Well-being” Agricultural Research Service Award, North Carolina State University, Raleigh, NC

2007-10 “New Parents of Mexican Origin: Marital Well-being in Sociocultural Context Supplemental Data Collection” Agricultural Research Service Award, North Carolina State University, Raleigh, NC.

2006-07 “New Parents of Mexican Origin: A Pilot Study of Marital Well-being in Sociocultural Context,” Regular Faculty Grant Award, The University of North Carolina - Greensboro

2002-03 “Parent-Child Relationships in the Middle Years: Qualitative Coding,” Regular Faculty Award, The University of North Carolina - Greensboro.

- 2001-06 “Marriage, Parenting and Close Friendship,” Agricultural Research Service Award, North Carolina State University, Raleigh, NC.
- 2000-01 “Marriage in Midlife: Spouses’ Gender Role Orientations and Their Links with Marital Qualities,” Agricultural Research Service Award, North Carolina State University, Raleigh, NC.
- 2000-01 “Parent-Child Relationships in the Middle Years,” New Faculty Award, The University of North Carolina - Greensboro.

### **Funded External Awards**

- 1998-99 “We Get By with a Little Help from Our Friends: Friendship as a Social Context for Marriage,” Henry A. Murray Dissertation Award, Henry A. Murray Research Center of Radcliffe College, Cambridge, Massachusetts.
- 1996 “Two Generations of Friendship: A Comparison of Mothers’ and Daughters’ Experiences,” Jessie Bernard Award for the Outstanding Research Proposal from a Feminist Perspective, National Council on Family Relations, Minneapolis, Minnesota, awarded to co-authors Heather Helms-Erikson and Kimberly Updegraff.

### **Honors and Awards**

- 2010 & 2011 Finalist, Alumni Teaching Excellence Award, The University of North Carolina - Greensboro
- 2007 Senior Faculty Teaching Excellence Award, School of Human and Environmental Sciences, University of North Carolina - Greensboro
- 2006 Research Excellence Award, School of Human Environmental Sciences, University of North Carolina - Greensboro
- 2005 & 2010 Grant Proposal Incentive Award, School of Human Environmental Sciences, University of North Carolina - Greensboro
- 2001 Invited Participant in the National Science Foundation Research Mentoring Program in Human Sciences, November 16-18.
- 2001 Invited Participant in the National Institute on Aging/Brookdale Foundation Summer Institute on Aging Research, National Institute of Health, July 7-13.
- 1999 New Professional of the Year Award, National Council on Family Relations, Minneapolis, Minnesota.
- 1998-99 Phi Upsilon Omicron Educational Foundation Inc.’s Founders Fellowship, Phi Upsilon Omicron National Honor Society, Fairmont, West Virginia.
- 1998-99 Kappa Omicron Nu Patsy Alexander Elmore Fellowship given in recognition of high quality scholarship and potential for professional leadership, Kappa Omicron Nu

National Honor Society, East Lansing, Michigan.

- 1998 Grace M. Henderson Award, College of Health and Human Development, The Pennsylvania State University, University Park, Pennsylvania.
- 1996 Jessie Bernard Award for the Outstanding Research Proposal from a Feminist Perspective, National Council on Family Relations, Minneapolis, Minnesota, awarded to co-authors Heather Helms-Erikson and Kimberly Updegraff.
- 1994-1996 Graham Endowed Fellowship, The Graduate School, The Pennsylvania State University, University Park, Pennsylvania.
- 1995-2000 Phi Kappa Phi Honor Society, Penn State University.
- 1995-2000 Kappa Omicron Nu Honor Society, Penn State University.
- 1995-2000 Phi Upsilon Omicron Honor Society, Penn State University.
- 1989 Departmental Graduate Student Award, Department of Family and Community Development, College of Human Ecology, University of Maryland, College Park.

### **Teaching Experience**

#### **The University of North Carolina at Greensboro**

Undergraduate Courses: Families and Close Relationships, Work and Family Linkages, Current Family Theory and Research

Graduate Courses: Contemporary Research in Family Studies, Close Relationships in Adulthood, Work and Family

#### **The Pennsylvania State University**

Undergraduate Courses: Family Development, Child and Family Interviewing, Advanced Field Experience and Research Supervisor, Analysis of Family Problems

#### **Messiah College**

Undergraduate Courses: Introduction to Interpersonal Relationships, Behavioral Science Internship Supervisor

#### **University of Maryland**

Undergraduate Teaching Assistant: Family Processes, Internship Supervisor

### **Professional presentations (Juried)**

Rodriguez, Y. \*, Su, J. \*, & Helms, H. M. Sociocultural Context, Relationship Quality, and Gender: A

First Glimpse at "His" and "Her" Experiences in Married and Cohabiting Couples of Mexican Origin in their Early Childrearing Years. Poster presented at the National Council on Family Relations Annual Meeting, November, 2010, Minneapolis, MN.

Walls, J. K.\*, Helms, H. M., & Grzywacz, J. G. Intensive mothering beliefs for full-time employed mothers of infants. Paper presented at the National Council on Family Relations Annual Meeting, November 2010, Minneapolis, MN.

Walls, J. K.\*, Grzywacz, J. G., Helms, H. M., Tucker, J., Clinch, C. R., & Arcury, T. A. Intensive mothering beliefs in the lives of full-time employed mothers of infants. Poster presented at the annual meeting of the National Council on Family Relations, November, 2009, San Francisco, CA.

Walls, J. K.\*, & Helms, H. M. Spouses' provider role attitudes and their links with marital relationships and personal well-being: A dyadic approach. Paper presented at the National Council on Family Relations, November 2008, Little Rock, AR.  
\*\*2009 Winner of the Outstanding Paper by a Student Author Award of the Research and Theory Section

Proulx, C. M.\*, Buehler, C., & Helms, H. M. Moderators of the link between marital hostility and depressive symptoms. Paper presented at the annual meeting of The National Council on Family Relations, November 2008, Little Rock, AR.

Proulx, C. M.\*, Buehler, C., & Helms, H. M. A contextual process model of marital quality and personal well-being. Paper presented at the annual meeting of The National Council on Family Relations, November 2007, Pittsburgh, PA.

Carter, G. A.\* & Helms, H. M. Reliability and factor structure of the FOCCUS basic instrument subscale. Poster presented at the annual meeting of the National Council on Family Relations, November, 2006, Minneapolis, MN.

Proulx, C. M.\*, Helms, H. M., & Buehler, C. Marital quality and personal well-being: A meta-analysis. Poster presented at the annual meeting of the National Council on Family Relations, November, 2006, Minneapolis, MN.

Proulx, C. M.\*, Helms, H. M., Milardo, R. M., & Payne, C. C. Support and interference from spouse & friend: Links to marital quality. Paper presented at the annual meeting of the National Council on Family Relations, November, 2005, Phoenix, AZ.

Milardo, R. M., Helms, H. M., & Marks, S. Social capitalization in personal relationships. Paper presented at the Theory Construction and Research Methodology Workshop, the annual meeting of the National Council on Family Relations, November 2005, Phoenix, AZ.

Proulx, C. M.\*, Helms, H. M., & Craig, D. L.\* Spouses' division of family income and marital quality. Poster presented at the annual meeting of the National Council on Family Relations, Orlando, FL, November 2004.

Proulx, C. M.\*, Helms, H. M., & Neeves, S.\*\* A comparative analysis of fathers' and mothers' caregiving with young adult sons and daughters. Invited paper presented as part of the Men as family

caregivers symposium at the 65<sup>th</sup> annual meeting of the National Council on Family Relations, Vancouver, BC, November 2003.

Proulx, C. M.\*, Helms-Erikson, H., & Payne, C. C. Marriage work with spouse and friend: Links to qualities of the marital relationship. Poster presented at the 64<sup>th</sup> annual meeting of the National Council on Family Relations, Houston, TX, November 2002.

Helms-Erikson, H., McHale, S. M., & Proulx, C. M.\* Patterns of spouses' gender-typed personal qualities and their links with marriage in midlife. Poster presented at the 11<sup>th</sup> International Conference on Personal Relationships, Halifax, Nova Scotia, Canada, July 2002.

Crouter, A. C., Tucker, C. J., & Helms-Erikson, H. Dual-earner families as contexts for adolescent occupational socialization. Poster presented at the 9<sup>th</sup> Biennial Meeting of the Society for Research on Adolescence, New Orleans, LA, April, 2002.

Helms-Erikson, H. & Proulx, C. M.\* What's a parent to do? Mothers' reliance on close friends as sources of parenting support. Poster presented at the 63<sup>rd</sup> annual meeting of the National Council on Family Relations, Rochester, NY, November, 2001.

Proulx, C. M.\* & Helms-Erikson, H. Using QSR Nud\*ist for qualitative data analysis: A brief introduction. Roundtable presented at the 63<sup>rd</sup> annual meeting of the National Council on Family Relations, Rochester, NY, November, 2001.

Helms-Erikson, H. We get by with a little help from our friends: Friendship as a social context for marriage. Paper presented at the 62<sup>nd</sup> annual meeting of the National Council on Family Relations, Minneapolis, MN, November, 2000.

McHale, S. M., Updegraff, K. A., Helms-Erikson, H., & Crouter, A. C. Sisters and brothers as models of sex-typed qualities and activities: A longitudinal study of siblings and sender development. Paper presented at the bi-annual meeting of the Society for Research on Adolescence, Chicago, IL, April 2000.

Updegraff, K. A., Helms-Erikson, H., Haase, L., McHale, S. M., & Crouter, A. C. Who's the boss? Friendship control and family dynamics in adolescence. Poster session presented at the bi-annual meeting of the Society for Research on Adolescence, Chicago, IL, April, 2000.

Helms-Erikson, H. Marriage and friendship: Marital quality and spouses' marriage work with close friends and each other. Poster session presented at 61<sup>st</sup> annual meeting of the National Council on Family Relations, Irvine, CA, November 1999.

Helms-Erikson, H., Tanner, J. L., & Crouter, A. C. When employed mothers not only work but provide: Implications for self, marriage and socialization of the next generation. Paper presented at the 60<sup>th</sup> annual meeting of the National Council on Family Relations, Milwaukee, WI, November, 1998.

Tanner, J. L., Helms-Erikson, H., & Crouter, A. C. In what family contexts is sex-typing apparent in adolescence? Poster session presented at the 60<sup>th</sup> annual meeting of the National Council on Family Relations, Milwaukee, WI, November, 1998.

Updegraff, K. A., Helms-Erikson, H., & Gunnell, G. Gender roles in marriage: What do they mean for adolescents sex-typed friendship experiences? Poster session presented at the bi-annual International

Conference for the Study of Personal Relationships, Saratoga Springs, NY, June 1998.

Helms-Erikson, H. & McHale, S. M. Marriage in mid-Life: Links between spouses' gender role orientations and marital quality. Poster session presented at the bi-annual International Conference for the Study of Personal Relationships, Saratoga Springs, NY, June, 1998.

Helms-Erikson, H. & Updegraff, K. A. Two generations of friendship: A collaborative example of launching a first study. Distinguished Roundtable presented at the 59<sup>th</sup> annual meeting of the National Council on Family Relations, Arlington, VA, November, 1997.

Helms-Erikson, H. & Crouter, A. C. Implications of the division of housework for marital well-being: The importance of the timing of parenthood. Paper presented at the 59<sup>th</sup> annual meeting of the National Council on Family Relations, Arlington, VA, November, 1997.

Crouter, A. C., Maguire, M. C., & Helms-Erikson, H. Daily diaries: A window into how families divide work. Paper presented at the annual meeting of the Society for Research in Child Development, Washington, DC, April, 1997.

Helms-Erikson, H., Updegraff, K. A., & Crouter, A. C. Parents' daily monitoring of children's school, conduct, leisure and social experiences: Within family comparisons. Paper presented at the 58<sup>th</sup> annual meeting of the National Council on Family Relations, Kansas City, MO, November, 1996.

Crouter, A. C., Helms-Erikson, H., & Updegraff, K. A.. Parents monitoring of children's daily experiences: Patterns within and between families. Poster session presented at the bi-annual International Conference for the Study of Personal Relationships, Banff, Alberta, Canada, August, 1996.

Helms-Erikson, H. & Epstein, N. Males' attributions and expectancies about potential mates as a function of sex roles. Paper presented at the 55<sup>th</sup> annual meeting of the National Council on Family Relations, Baltimore, MD, November, 1993.

Gregory, M. & Helms, H. Feminist family therapy: Epistemology and practice. Paper presented at the 6<sup>th</sup> annual National Women's Studies Conference, University of Maryland, College Park, MD, March, 1989.

### **Professional Presentations (Invited)**

Walls, J. K.,\* & Helms, H. M. (2008, November). *Spouses' provider role attitudes and their links with marital relationships and personal well-being*. Poster presented at the HDF Graduate Student Colloquium. The University of North Carolina at Greensboro. Greensboro, NC, 2008.

Fine, M.A., Hawkins, A.J., Helms-Erikson, H., Henderson, T. L., Leslie, L.A., & Oswald, R. F. Balancing professional development and family commitment. Invited panel presented at the 64<sup>th</sup> annual meeting of the National Council on Family Relations, Houston, TX, November 2002.

Helms-Erikson, H. & Supple, A. J. It was the best of times, it was the worst of times: The transition from graduate school to an academic position. Invited Keynote Address presented at The Southeastern Symposium on Child and Family Development, The University of North Carolina at Greensboro, 2001.

Helms-Erikson, H. & Proulx, C. M.\* We get by with a little help from our friends: Close friendships and marriage. Human Development and Family Studies Research Forum, The University of North Carolina at Greensboro, 2000.

### **Professional Presentations (Undergraduate Competitions)**

Bonilla, M.\*\*, Rodriguez\*\*, Y., Walls\*, J. K., & Helms, H. M. Husbands traditionality and wives' marital and personal well-being in Mexican-American families. Poster presented at the 2008 Office of Undergraduate Research Expo, The University of North Carolina at Greensboro, March 2008.

Neeves, S.\*\*, Proulx, C. M.\*, & Helms, H. M. A descriptive analysis of fathers' and mothers' caregiving with young adult sons and daughters. Poster presented at the 2003 Excellence Day Undergraduate Poster Competition, The University of North Carolina at Greensboro, April 2003.

Feinberg, L.\*\*, Helms, H. M., & Smith, L. College Bound Sisters: Mentor programming addressing sexuality, college preparation, and communication. Poster presented at the 2003 Excellence Day Undergraduate Poster Competition, The University of North Carolina at Greensboro, April 2003.

\*\*Undergraduate student co-author

\* PhD Advisee co-author

### **Human Service Delivery Experience**

- |           |  |
|-----------|--|
| 1994      | Director of Counseling Services, Messiah College.  |
| 1989-1993 | Counselor, Counseling Services, Messiah College.   |
| 1991-1994 | Marriage & Family Therapist, private practice, Grantham, PA.<br>(470 AAMFT approved, supervised hours)   |
| 1987-1989 | Clinical Intern, Family Service Center, University of Maryland.<br>(560 AAMFT approved, supervised hours)  |
| 1988      | Co-leader, "Perspectives: A Group Therapy Program for Older Adults," The Hebrew Academy, Silver Spring, MD (Funded by the National Institute on Aging) |

### **Memberships in Professional Organizations**

National Council on Family Relations: Research and Theory, Feminism and Family Studies

International Association for Relationship Research

Society for Research in Child Development

### **Departmental Service activities**

- 2010/2011 Department Chair Search Committee Member, The Department of Human Development and Family Studies, The University of North Carolina - Greensboro
- 2008- Graduate Committee Member, The Department of Human Development and Family Studies, The University of North Carolina - Greensboro
- 2006/2007 Acting Chair, Web-page Committee, The Department of Human Development and Family Studies, The University of North Carolina - Greensboro
- 2005/2006 Family Studies Open Rank Faculty Search Committee Member, The Department of Human Development and Family Studies, The University of North Carolina - Greensboro
- 2004/2005 Family Studies Open Rank Faculty Search Committee Member, The Department of Human Development and Family Studies, The University of North Carolina - Greensboro
- 2002/2003 Family Studies Associate/Full Professor Search Committee Member, The Department of Human Development and Family Studies, The University of North Carolina - Greensboro
- 2001-2006 Web-page Committee Member, The Department of Human Development and Family Studies, The University of North Carolina - Greensboro
- 2000/2001 Adult Development and Aging Position Search Committee Member, The Department of Human Development and Family Studies, The University of North Carolina - Greensboro
- 2000-2007 Undergraduate Curriculum Committee Member, The Department of Human Development and Family Studies, The University of North Carolina - Greensboro
- 1996 Graduate Student Representative, Faculty subcommittee on Graduate Curriculum, Department of Human Development and Family Studies, Penn State University
- 1994 - 1997 Graduate Student Steering Committee Member, Department of Human Development and Family Studies, Penn State University

### **College Service activities**

- 2008- Thriving at Three Advisory Board, Human and Environmental Sciences, The University of North Carolina - Greensboro
- 2004 Behavioral and Survey Research Facility Consultation Group, Human and Environmental Sciences, The University of North Carolina - Greensboro
- 2000 Human and Environmental Sciences Research Focus Group Member, The University of North Carolina - Greensboro

## **University Service activities**

- 2010- Appointed Member, Research Grants Review Committee, Office of Research and Economic Development, The University of North Carolina – Greensboro
- 2010- Appointed Member, Masters Theses/Production Award Committee, The University of North Carolina - Greensboro
- 2008- Appointed Member, Faculty Development and Welfare Committee, The University of North Carolina – Greensboro
- 2008- Appointed Member, Information Literacy Council, Jackson Library, The University of North Carolina - Greensboro
- 2006 - Appointed Member, Advisory Committee, Office of Undergraduate Research, The University of North Carolina - Greensboro
- 1992-1994 Messiah College Representative, Susquehanna Valley Consortium, A drug and alcohol abuse prevention task force for higher education, funded by a FIPSE grant
- 1992-1994 Member, The Women's Caucus, Messiah College
- 1992-1994 Faculty Representative, Sexual Harassment Subcommittee of The Women's Caucus, Messiah College
- 1991-1994 Faculty Representative, Student Outcomes Committee, Messiah College

## **National/Professional Service activities**

### **Editorial Appointments**

Book Review Editor, Journal of Marriage and Family, 2007 - 2011

Editorial Board Member, Journal of Marriage and Family, 2009 – present

Editorial Board Member, Journal of Family Theory and Review, 2008 - present

### **Ad Hoc Reviewer**

Family Relations, Personal Relationships, Journal of Social and Personal Relationships, Sociological Review, Journal of Family Psychology

### **Nationally Elected Professional Office**

Research and Theory Section Secretary/Treasurer, National Council on Family Relations, 2001-03

## **National Professional Committees (Appointed)**

Selection Committee Member, National Council on Family Relations Ernest W. Burgess Award (lifetime career achievement in scholarship) Committee, 2006

Chair of the National Council on Family Relations Ernest W. Burgess Award (lifetime career achievement in scholarship) Committee, 2003 – 2004

Publications Committee Member, International Association for Relationship Research (responsible for selecting new editor for the Journal of Social and Personal Relationships), 2002 – 2004

## **Other Professional Activities**

Invited discussant, New Research on Marriage Paper Session, 65<sup>th</sup> annual meeting of the National Council on Family Relations, Vancouver, BC, November, 2003.

Appointed Poster Judge, Research and Theory Section, 64<sup>th</sup> annual meeting of the National Council on Family Relations, Houston, TX, November, 2002.

Appointed Presider, Love and Romance in Young Adulthood Paper Session, 64<sup>th</sup> annual meeting of the National Council on Family Relations, Houston, TX, November, 2002.

Appointed Feminism and Family Studies Paper Session Recorder, Work Structures and Family Strategies, 62<sup>nd</sup> annual meeting of the National Council on Family Relations, Minneapolis, MN, November, 2000.

Appointed Student Award Committee Member, National Council on Family Relations, 2000.

Appointed Awards Committee Member, Feminism and Family Studies Section, National Council on Family Relations, 1997-2000.

Conference Proposal Reviewer, Feminism and Family Studies Section, National Council on Family Relations, 1997-1999.

Conference Proposal Reviewer, Research and Theory Section, National Council on Family Relations