

4th Breastfeeding and Feminism Symposium From Birthplace to Workplace

This meeting is designed to bring a feminist lens to ensuring the social, economic and political conditions necessary to secure breastfeeding for *all* women from the birthplace to the workplace.

Purpose:

Work together in a transdisciplinary manner, with social scientists, health workers, lactation and feminist advocates, employers, and policy makers, to create a policy agenda for action to promote breastfeeding.

Context:

Re-orient the paradigm in which breastfeeding is viewed as a “lifestyle choice” to a paradigm in which it is a “human right” and a “social justice issue” so as to ensure the social, economic and political conditions necessary to promote success.

Framework:

- Breastfeeding is public health imperative and an important aspect of reproductive health, as well as a reproductive right and a social *and* biological process
- Women must have the right of self-determination to breastfeed freely and without constraint;
- Women’s decisions to breastfeed should not result in the loss of their economic security or any rights or privileges to which they are otherwise entitled.

Expected Outcome:

Consensus statement on related issues and action planning

Acknowledgements

With thanks to:

Planning Committee

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with

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Exhibitors

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- Dorothea Calhoun-Smith, CBI

AGENDA

Day 1: Birthplace and Homecoming Preparation for mothering, breastfeeding and work

<u>Time</u>	<u>Speaker</u>	<u>Title</u>	<u>Objective</u>	<u>Moderator</u>
8:00 -8:30A	Registration and Continental Breakfast			
8:30 - 8:45	Hosts and Kathleen Williams, Assoc Dean for Academic Affairs	Welcoming Remarks, Introduction of the Panel of Advisors		Paige Hall Smith
8:45 - 9:30	Keynote Speaker Penny Van Esterik	Breastfeeding and Feminism: How Modernity Disrupts Birthplaces and Workplaces	To explore how to reposition breastfeeding in the spaces and places of the modern world, using feminist and cross-cultural analysis	Bernice Hausman
9:30-10:00	Discussion			
10:00-10:15	Break			
		Birthplace: Women and Breastfeeding		Lynne LeWallen
10:15-10:35	Ana Parrilla-Rodriguez	Medicalization of Birth as Violence Against Women	To identify and characterize how specific maternity care practices constitute violence against women and offer strategies for change	
10:35-10:50	Kaaren Haldeman	Black Feminist Perspective on Pregnancy and Motherhood: Understanding Lived Experiences of African American Women Living in NC	To enhance our understandings of the lived experiences of race, class, and gender as they relate to pregnancy and mother among African American women living in NC	
10:50-11:05	Ami Goldstein	Women's Experiences with Birth: Promoting positive experiences and outcomes.	To analyze the relationship between women's birth and breastfeeding experiences and suggest strategies for improving practice.	
11:05-11:20	Deborah Dee	National Survey of Maternity Practices in Infant Nutrition and Care (mPINC)	To report the findings of the CDC's National Survey of Maternity Practices in Infant Nutrition and Care, and offer recommendations for responsive actions	
11:20-12:00	Discussion			
12:00-1PM	Lunch			

<u>Time</u>	<u>Speaker</u>	<u>Title</u>	<u>Objective</u>	<u>Moderator</u>
Homecoming: Facing Reality				
1:00-1:20	Alison Stuebe	Yes we can! Transitioning home for breastfeeding success	To explore ways we can better support breastfeeding mothers during the transition from maternity care to home	Mel Downey-Piper
1:20-1:35	Mary Rose Tully	Just One Bottle - Does It Matter?	To identify and explain the negative impact of "just one bottle" of formula for the breastfeeding mother-baby dyad.	
1:35-2:05	Christina (Tina) Smillie	The mother-baby dance	To examine the neurobiologic basis for ordinary intuitive interactions between mother and baby, and to demonstrate, via video, the instinctive behaviors of infants as they learn to feed	
2:05-2:20	Emily Taylor	Barriers to exclusive breastfeeding in the US	To identify barriers to exclusive breastfeeding in the US, and make evidence-based recommendations for action in support of EBF6.	
2:20- 3:00	Discussion			
3:00-3:15	Break			
Enhancing motherhood and breastfeeding: Feminist, Legal, Systems, and Cultural Perspectives				Bernice Hausman
3:15-3:30	Jake Marcus	Law and Breastfeeding in Public Life	To examine the legal basis for US law and polices addressing pregnancy, lactation and maternity leave and detail suggestions for legal/policy advocacy.	
3:30-3:45	Miriam Labbok	Evolutionary, biological, and economic perspectives on maternity leave.	To offer a multidimensional conceptualization of maternity leave and its cost-effectiveness.	
3:45-4:00	Sharon Baker	BEST Alliance of Durham: Focus group discussion on breastfeeding in the African American community	To describe findings of a community-based participatory initiative to promote breastfeeding in the African American community of Durham, North Carolina.	
4:00-4:10	Elizabeth Woods, response	African-American women in South Los Angeles: How do they compare?	To describe the similarities between African-American women in South Los Angeles, CA and Durham, NC	
4:10-4:30	Discussion			
4:30 - 5:50	Moderated small group discussions for policy development and next actions:			
5:50 - 6:00	Hosts	Wrap up		

DAY TWO: THE BUSINESS CASE FOR BREASTFEEDING AND MOTHERING

<u>Time</u>	<u>Speaker</u>	<u>Title</u>	<u>Objective</u>	<u>Moderator</u>
8:00 - 8:30A		Registration, Breakfast and networking		
8:30-8:45	Hosts	Announcements		Emily Taylor
8:45-9:00	The Honorable Melanie Goodwin, State Legislator	Opening remarks	Perspectives by a mother and legislature	Miriam Labbok
9:00 - 9:20	Keynote Speaker Marian Ruderman	Work-Life Integration Research: Is Breastfeeding Considered?	To synthesize the research on work-family-life balance, its connections to breastfeeding and offer suggestions for women's leadership.	Paige Hall Smith
9:20-9:30	Discussion			
		Work-Life Integration to support breastfeeding and mothering		Christine Murray
9:30-9:45	Paige Hall Smith	Merging of the Public and Private Domain: Women's Experiences and Implications for Practice and Policy	To identify how breastfeeding and motherhood force or empower women to merge the public and private aspects of their lives and the impact on breastfeeding, mothering and work.	
9:45-10:00	Yu-Chin (Jerrie) Hsieh	Work and Personal Life Balance: Lessons Learned From Hotel Managers	To identify how lodging managers seek to balance their work and personal lives and identify suggestions for advocacy, practice and research.	
10:00-10:15	Discussion			
10:15-10:30	Break			
		Work-Life Integration to support breastfeeding and mothering (continued)		Jose Gorrin-Peralta
10:30-10:45	Barbara Carroll	An HR perspective on family-friendly benefits		
10:45-11:00	Sara Amin	WABA: Gender, Work and Maternity Protection Action Kit.	To describe the development, purposes, and usefulness of WABA's work and materials	
11:00-11:15	Beth Olson	Evaluating Workplace Support for Combining Breastfeeding and Employment	To identify methods for evaluating workplace support for breastfeeding and suggest recommendations for worksites and for research	
11:15-11:30	Discussion			
11:30-1:15P	Working Lunch: Small group review of policy statement and next actions			

<u>Time</u>	<u>Speaker</u>	<u>Title</u>	<u>Objective</u>	<u>Moderator</u>
1:15-1:45	Keynote Cathy Carothers	A National Effort: The Business Case for Breastfeeding	To describe the development, purposes, and usefulness of US DHHS' Business Case for Breastfeeding	Suzanne Haynes
1:45-1:55	Suzanne Haynes	Response		
1:55-2:10	Discussion			
Supporting working mothers and children				Beth Olson
2:10-2:25	Chris Mulford	Breastfeeding v. pumping: does it matter which you do?	To describe the differences between direct breastfeeding and feeding pumped milk by bottle.	
2:25-2:40	Jonathon Kotch	Breastfeeding and Childcare: What's good for the goose is good for the gosling!	To highlight successful action toward breastfeeding protection and promotion in childcare facilities.	
2:40-2:55	Deborah Cassidy	Quality Child Care	To describe the state of childcare availability and quality and suggest strategies for advocacy, policy and research.	
2:55-3:15	Discussion			
3:15-3:30	Break			
Making it work: Employers speak out on mothering, childcare and breastfeeding				Jerrie Hsieh
3:30-3:35	Nancy Register	Representing SAS	To identify and discuss strategies for promoting breastfeeding and family-friendliness in a large business.	
3:35-3:40	Sonia Tong-Argao	Representing US EPA, RTP Campus	To identify and discuss strategies for promoting breastfeeding and family-friendliness in a medium-sized business.	
3:40-3:45	Debra Carley	Representing UNC Greensboro	To identify and discuss strategies for promoting breastfeeding and family-friendliness in universities	
3:45-4:05	Discussion			
4:05-4:20	Larry Grummer-Strawn	Securing women's rights to breastfeed from birthplace to workplace	To identify cross-cutting strategies at the federal and state levels to secure women's rights to breastfeed.	Fatma Simsek
4:20-4:35	Discussion			
4:35-5:30	Hosts	Consensus Statement Discussion/ Closing comments		
6:00-8:00	Reception at Hotel : sponsored by LLLI and CBI/UNC for WABA – North America			

Working Groups

Day 1: 4:30 – 5:50 PM

Self select into one of the following five groups:

1. Pregnancy
2. Birthing
3. Immediate postpartum
4. Homecoming
5. Work

Moderator will lead the discussion to select a rapporteur to keep notes for the group.

Each group will consider feminist, legal, public health and medical perspectives in answering the following five questions:

- a) What specific cultural, social, political or service changes are needed to enhance women's experience and impact breastfeeding?
- b) What specific policy(ies) would support these changes?
- c) Are there specific program or service would support these changes? List research questions that would help achieve a) and/or b), above
- d) Discuss and define do-able next action(s). Please list the specific change and possible action, how it can be addressed, who would be the target of evidence-based advocacy, etc.

The notes from the groups will be used to develop a draft consensus statement to be discussed on day 2.

Day 2: Lunch

Self select into one of the following interest groups and bring your box lunch.

1. International interests
2. Health care services
3. Public health
4. Culture/Society
5. Research

Moderator will lead the discussion to select a rapporteur to keep notes for the group.

Each group will review the draft consensus statement

- Include new ideas from today's discussion
- Edit the statement to ensure that the wording is responsive to your interest group.

The outcomes will be discussed for consensus at the last session of the day.