

SCHOOL OF HEALTH AND HUMAN PERFORMANCE

THE LORETTA M. WILLIAMS UNDERGRADUATE RESEARCH AWARD

INCLUDE THIS PAGE AS THE COVER FOR YOUR APPLICATION

If you are interested in being considered for The Loretta M. Williams Undergraduate Research Award, please type or print clearly the following information:

FULL NAME: _____ Date: _____
(last) (first) (middle)

Student ID Number: _____

Permanent Address: _____

(city) (state) (zip)
Local Mailing Address: _____

(city) (state) (zip)

UNCG E-mail: _____ Off-campus Email: _____

Local Telephone number: _____

Classification (circle one): FR SOPH JR SR

Expected Graduation Date: _____ Current GPA: _____

Department & Major Concentration: _____

Title of project: _____

Faculty Advisor: _____

THE LORETTA M. WILLIAMS UNDERGRADUATE RESEARCH AWARD

The purpose of the Loretta M. Williams Undergraduate Research Award is to support undergraduate student scholarship that is related to women's health and wellness. Students will apply to collaborate on a project that is currently underway at the Center for Women's Health and Wellness (CWHW)[see below]. The recipients of the award will be undergraduate students from any department in the School of Health and Human Performance. The funds may be used to support any aspect of the project including but not limited to: student investigator or participant compensation, supplies, or laboratory space.

Proposals are to be written by the student. Proposals are to be submitted by the student as an independent investigator/choreographer working in collaboration with the CWHW director and/or affiliated faculty member. At the conclusion of the project the student will prepare and submit to the CWHW a written report or other equivalent documentation (i.e., videotape) describing the project and outcomes. The student will also be expected to attend the Honor's banquet and present findings at a public form, to be determined in collaboration the CWHW director.

The mission of the Center for Women's Health and Wellness (CWHW) is to advance the health and wellness of all women through collaborative research and educational programs. The Center has a strong emphasis on the promotion of positive health, quality of life and sense of well-being for girls and women of all ages, from all backgrounds and communities. The Center has the following goals:

- Advance the health and wellbeing of women by developing an interdisciplinary collaborative research and scholarship program.
- Advance women's health and wellness by connecting research to practice.

Students will submit an application to work on one of the projects listed below:

- 1) **Breastfeeding promotion:** The goal of this project is to promote public support for breastfeeding "in public spaces" around the UNCG campus. Working with CWHW director, the student will take the lead on developing and evaluating an intervention strategy to encourage businesses (e.g., restaurants, coffee shops) around UNCG campus to advertise publically that "breastfeeding mothers are welcome here". Students will be expected to develop an intervention and evaluation plan and to implement the plan. Paige Smith, Director of CWHW, will serve as faculty sponsor for this project. *Students interested applying to work on this project will need to meet with Dr. Smith and include a letter of support from her in the application.*
- 2) **Woman's College Alumnae: Women's Health Study of Older Women** As part of a larger study to investigate the factors affecting the health of older women, CWHW

collected qualitative data from 6 focus groups of women who were alumnae of Woman's College, now UNCG. All of the women were over age 65. Students are invited to develop a research question that can be addressed from these data. Students will be expected to learn Atlas ti, a software for analysis of qualitative data, to develop an analysis plan, conduct a literature review relevant to their analysis plan, analyze the data, and develop a written report that describes their methods and results. Dr. Kathleen Hoffman, Adjunct Faculty in PHE and Research Associate in CWHW will be faculty sponsor for this project. *Students interested applying to work on this project will need to meet with Dr. Hoffman and include a letter of support from her in the application.*

- 3) **BRIGHT (Building Relationships Involves Growing Healthy Together) Study.** This study is designed to understand the experiences and perceptions of urban mother-daughter dyads in order to develop effective and meaningful family-based health promotion interventions. As part of the study separate in-depth interviews were conducted with adult women and their adolescent daughters. Twelve dyads were interviewed and audio-taped. Interviews covered perceptions of family health, individual health, and the role of mother-daughter relations in the maintenance of healthy behaviors. Analysis of interview data is currently underway. Students are welcome to develop their own research questions using either the mothers' interview data or the adolescent girls' interview data. The BRIGHT study is also conducting a feasibility pilot study of a mother-daughter health intervention. This pilot study will take place in October 2008 and February 2009. Students are welcome to participate in the pilot study and develop their own research questions on the intervention. Dr. Tracy Nichols, PHE, will serve as faculty sponsor for this project. *Students interested applying to work on this project will need to meet with Dr. Nichols and include a letter of support from her in the application.*
- 4) **Student athletics perceptions of their relationships with coaches and experiences in high school.** As part of a larger study investigating the roles that high school coaches do or could play in gender-based violence prevention, we conducted 3 focus groups with male athletics and 3 with female athletics. Students are invited to develop a research question that can be addressed from these data. Students will be expected to learn Atlas ti, a software for analysis of qualitative data, to develop an analysis plan, conduct a literature review relevant to their analysis plan, analyze the data, and develop a written report that describes their methods and results. Dr. Donna Duffy, ESS, will serve as the faculty sponsor for this project. *Students interested applying to work on this project will need to meet with Dr. Duffy and include a letter of support from her in the application.*

Application Process

To apply please complete the following and submit your completed application in hardcopy to Kathleen Williams, Associate Dean for Academic Programs. Applications are due SEPTEMBER 15 .

1) Cover Page

2) A two-three page, double spaced, narrative that includes the following:

- a) The project you have selected and why you selected it. Please describe why this project is important to you and how you believe you will benefit from it.
- b) What skills, expertise, background and/or knowledge you bring to the project.
- c) Your initial ideas about a research/creative plan for the project.
- d) How you think women will benefit from the proposed project.

3) Letter from faculty sponsor that describes:

- a) how the student will likely benefit from the project,
- b) the level and type of supervision the student will receive,
- c) the degree of independence the student is expected to show or develop, and
- d) how the Center for Women's Health and Wellness will benefit from this research, and how the faculty sponsor's research (if applicable) will benefit from this project.

4) UNC Geni Transcript from UNCG if you are not a freshman; if you are a freshman submit a transcript from your senior year in high school.

The following criteria will be used to determine the quality of the proposal:

- 1) Benefit to student
- 2) Quality of the proposal
- 3) Benefit to women's health
- 4) Benefit to CWHW and/or affiliated faculty

Recipients of the Loretta M. Williams Undergraduate Research Award are obligated to:

- 1) Complete and file a written report of their completed project with the Center for Women's Health and Wellness in the School of Health and Human Performance within one (1) year of the date of the award. For more information on submitting a written report, contact Dr. Paige Hall Smith, Director, and Center for Women's Health and Wellness @ 334-4736 or at phsmith@uncg.edu.
- 2) Student may have other obligations that result from receiving a scholarship in the School of Health and Human Performance.

Amount of award: \$1000

DEADLINE FOR FALL-SPRING (08-09: September 15th 2008