HHP EXTENDS REACH through WEB-BASED COURSES
M any of you may have heard or read the news about the possible restructuring involving our School of Health and Human Performance, the School of Human Environmental Sciences and possibly programs in other units. A faculty committee will decide which of the current departments will form a new school and which departments may move elsewhere within UNCG.

The committee has set an ambitious goal to have this school named and ready for students by next fall.

While I understand there is always apprehension when it comes to change, I can tell you that I am very excited about the restructuring. First, I expect it to help both our School and the University focus on common goals of graduate education, distance learning and retention of our undergraduate and graduate students. I also strongly believe it will help us do a better job to highlight our work in the areas of health and wellness and help students build practical careers in those areas. Perhaps in the future we will even have additional disciplines at UNCG, based on needs in our region and in North Carolina!

Without a doubt, our greatest workforce need exists in the areas of health, wellness, and human sciences disciplines. Estimates from statewide workforce studies show that 40 percent of new jobs in the future will be health/wellness-related. Many areas throughout HHP are engaged in exciting work in health and wellness.
right now. Here are a few highlights:

- Dr. Sandy Shultz in Kinesiology has continued to build a strong program of research into the biomechanics of knee injury. This work has been funded by both NIH and the NFL Charities (see associated article, page 4). There is a considerable body of work which indicates that women are more likely than men to suffer serious knee injury. A critical piece of this work is the modeling of how sex hormones are associated with knee laxity, which is considered a major risk factor for knee injury.

- Public Health Education has been a vital player in launching the Healthy UNCG wellness program for all university employees. This program, which was mandated by the state, will help employees across the university become healthier. Visit www.healthyuncg.edu to learn more.

- The Department of Communication Sciences and Disorders, in collaboration with Gateway University Research Park Speech and Hearing Program, has received congressionally directed funding to establish a TeleSpeech therapy program. In the past year, this program has served children in rural NC counties, and the new program, funded this year, will serve adults in NC. We are grateful for the support of Senators Richard Burr and Kay Hagan along with the past support of Rep. Howard Coble. The program provides speech language therapy via high-speed internet to adults in rural areas who are recovering from stroke, head injury and degenerative neurological diseases. Eventually, we expect the program to serve “wounded warriors,” veterans and active duty personnel who have been injured in the line of duty.

- Dr. Linda Buettner with the department of Recreation, Tourism and Hospitality Management has received a grant from the Alzheimer’s Association to help older adults prevent further cognitive impairment. She is working with older adults at various sites throughout the community in this fast-growing allied health field.

- In addition to its outstanding work with distance education (see page 8), the Office of Academic Outreach will be working with the Be Active program, a non-profit organization encouraging at least 1 million state residents to become more active. UNCG is serving as the headquarters for this region. Stephanie Milroy ’04, ’06 MPH, has been hired to help launch statewide programming.

- Donna Duffy, interim director of the Center for Women’s Health and Wellness and a Kinesiology faculty member, is leading an effort to have the former Association of Girls and Women in Sport move their activities and their journal here. The new project will be called the Program for Girls and Women in Physical Activity. In addition, Donna is working with the Office of Academic Outreach to offer an online certificate for high school coaches in North Carolina.

- Many of these programs are externally funded, and we are especially grateful to the Office of Research, under the leadership of Associate Dean Bill Dudley, for its work to help us secure these vital dollars.

As you can see, there is a lot of exciting progress in these vital areas of health and wellness. With the coming restructuring, we expect some of our programs will be more visible and other programs outside HHP will realize even greater partnerships in working with us. We will learn about new disciplines, new cultures and new ways of operating.

I would like to thank the many alumni who have contacted me with your support as well as your questions about the restructuring. I welcome and greatly value all your thoughts and feedback. We will certainly keep you informed as the faculty committee does its work. Stay in touch!
What impact do sports have on the looseness of the knee and the chance of injuries during play? That is what a team from the Department of Kinesiology will be studying, thanks to a $125,000 grant from NFL Charities.

Dr. Sandra Shultz, an assistant professor in the Department of Kinesiology, and her team will conduct an 18-month study, examining how increased knee laxity during sports affects the biomechanics of the knee.

“Understanding the factors that play a role in ACL injuries is the first step in preventing these devastating injuries,” Shultz says. “This information is important not only for professional athletes, but for everyone who engages in athletic activity.”

Shultz will work with co-investigators, Dr. Randy Schmitz, an associate professor of Kinesiology, and doctoral student John Cone. They will recruit male and female competitive athletes and measure knee laxity and biomechanics before, during and after 90-minute exercise sessions that mimic the stress of sports. They will collect data in the Applied Neuromechanics Research Laboratory in the School of Health and Human Performance.

This project is one of 11 nationwide to receive funding from an NFL Charities Medical Research Grant this year. The charitable foundation of the National Football League has committed more than $20 million in medical grants since 2000.

This year, the foundation awarded $1.5 million in grants for projects looking at artery blockage in retired players and stem cell usage for tendon repair.

“NFL Charities Medical Research Grants strive to make the game of football and all athletics safer by supporting a broad range of the best sports-related medical research proposals,” said Vanderbilt University Head Team Physician Dr. Kurt Spindler, who is also the chairman of the NFL Medical Grant Committee. “The goal is to look at some of the many risk factors that exist not only for football players, but in all athletics and among citizens with active lifestyles.”

“THE GOAL IS TO LOOK AT SOME OF THE MANY RISK FACTORS THAT EXIST NOT ONLY FOR FOOTBALL PLAYERS, BUT IN ALL ATHLETICS AND AMONG CITIZENS WITH ACTIVE LIFESTYLES.”

— DR. KURT SPINDLER,
CHAIRMAN OF THE NFL MEDICAL GRANT COMMITTEE
Dr. Jennifer Etnier often saw young athletes hanging their heads, losing their tempers with referees and yelling at teammates. And coaches regularly approached her for more information about sport psychology for young athletes.

So Etnier, an associate professor in the Department of Kinesiology, wrote *Bring Your ‘A’ Game*, a guide to help young athletes develop mental toughness to reach their potential in sport.

The book, written primarily for teenage athletes, explains how mental training is just as important as physical training, and how it can be learned and honed through diligent practice.

“Mental toughness enables a person to consistently perform at a high level,” Etnier says. “To be able to do that, you have to be able to consistently practice at a high level. You have to be able to perform well under pressure.”

Techniques detailed in the book include mental imagery, goal setting, energy management, pre-performance routines and confidence building. Through exercises at the end of each chapter, athletes are encouraged to apply these skills in daily life and practice sessions so that they become second nature during competition.

Although all these skills can enhance performance, the use of mental imagery can be particularly beneficial.

“If you ask elite athletes if they’ve ever used mental imagery, they’re all going to tell you yes,” she says. “We have a lot of empirical evidence that tells us that if you mentally practice a skill, you can improve that skill. If you combine mental practice with physical practice, you can improve even more.”

In addition to what she has learned as a researcher, Etnier brings to the subject a lifetime of experience as an athlete herself. In high school, she lettered in basketball, softball and soccer, and started on the boys’ soccer team as a junior and senior. At the University of Tennessee, she played sweeper and was a captain on the soccer team. She has coached youth soccer teams and was a volunteer assistant coach at Wake Forest University for three years.


The UNCG Speech and Hearing Center in the department of Communication Sciences and Disorders has met stringent qualifications to become a Medicare provider, thanks to the hard work and dedication of several faculty members.

The Center has been working to achieve this designation for several years. CSD faculty completed extensive paperwork to meet the qualifications.

“This truly speaks to the quality of speech, language and hearing services that we offer to older adults,” says Dr. Celia Hooper, Dean, School of Health and Human Performance. “It also benefits all of our Medicare eligible clients who wish to use our services but previously could not afford the out-of-pocket cost to do so. The Center will provide a real world educational experience for our students who will be leaving UNCG to work in Medicare facilities. This will help them learn the process, procedures and best practices as they relate to serving older adults. This is a wonderful achievement.”

Hooper especially thanks Dr. Lisa Fox-Thomas, Vicki McCready, Dr. Susan Phillips, Dr. Denise Tucker, Louise Raleigh, Colette Edwards and Lyn Mankoff.
Public Health Education Students Take Service-Learning Trip to Zambia

Adapted from Make Your Mark, UNCG’s Leadership and Service Learning Newsletter

Ten students took their public health studies out of the classroom and into the field, literally, on a service-learning trip to Zambia during the summer 2009.

Led by Dr. Sharon Morrison, associate professor in the Department of Public Health Education, the group spent 21 days in the country, providing healthcare and working on community projects that impacted public health. The trip also included time for reflection, study and learning.

Each morning, the group performed medical projects in clinics or through home-based care. The afternoons were filled with community projects including farming and building a privacy wall around the community school.

Periods of study and reflection were held two or three times a week, so students could make connections between their coursework and what they saw in the field. For instance, many students had to adapt to the fact that they were authorized to provide medical care without medical training. It was an adjustment to realize that “what they needed most in Zambia was our two hands,” Morrison says.

Holly Sienkiewicz, a graduate student in Public Health Education and a teaching assistant for the Zambia course, says she valued the opportunity to interact with patients during home-based care calls. “In the past, I’ve found that studying abroad doesn’t guarantee that you’ll interact with the locals and be immersed in their culture,” she said. The service-learning aspect of this trip offered these kinds of in-depth experiences.

“It was great to see students look past the surface issues plaguing Zambia to some of the riches they possess, such as their strong community ties and family relationships.”
HHP STUDENTS ENJOY DIVERSE, BENEFICIAL EXPERIENCES ABROAD

Providing healthcare, creating sport programs, teaching literacy, and even building parks and schools.

These were just a few of the achievements made possible through the work and leadership of HHP students who traveled abroad last year.

The School held an International Student Expo in November to showcase some of the efforts and life-changing experiences of students in the summer of 2009.

The showcase highlighted:

- The work of Kinesiology students to establish value-based sport programs for children in Mexico.
- The partnership between Public Health Education students and Zambians to continue HIV/TB home visits, teach adult literacy, work farmlands and build school rooms.
- Recreation, Tourism, and Hospitality Management students’ work to build a park, beautify a beach and develop a sustainable tourism plan for Ayampe, Ecuador.
- Further efforts by RTH students to redefine leadership and hospitality with students in Beijing, Guilin, and Shanghai, China.

DEPARTMENTS HOLD INDIVIDUAL GRADUATIONS

Rather than holding the traditional large-scale celebration, departments in the School of HHP held their own more intimate graduation programs last spring.

The ceremonies provided a more memorable graduation experience as well as helped accommodate the tremendous growth in programs throughout the School of HHP.

Dean Celia Hooper and Associate Dean Kathy Williams got in a little extra exercise going from one ceremony to the next – five total programs over two days.

Two departments prepared video tributes to their graduating students; another gave each student a composite photo and a small gift to remember their fellow graduates. All departments were able to recognize their outstanding students and faculty members individually, which isn’t always possible in a Schoolwide ceremony.

In the end, there was a lot of laughter, a few tears and lasting memories for all in the new successful format.

TALK CENTERED ON NEW METHOD FOR BEHAVIORAL INTERVENTIONS

Dr. David Wyrick, an associate professor in the Department of Public Health Education, recently hosted a discussion on “Engineering Better Behavioral Interventions.”

The presentation was offered by Dr. Linda Collins, a professor of human development and family studies and the director of the Methodology Center at Penn State. She suggested a new framework for building and evaluating behavioral interventions, called the Multiphase Optimization Strategy (MOST).

The approach has been inspired by engineering and includes several distinct steps. Its benefits include more rapid long-run improvement of interventions, without requiring a dramatic increase in resources.
HHP Extends Reach Through Web-Based Courses

**TERRI INGRAHAM** was working full-time in Raleigh while pursuing a public health education degree at UNCG.

She was growing worried, however, about how she would make it to Greensboro to complete the upper-level classes required for the bachelor of science degree. And she knew that it would take her years to finish the program.

But now she’s on target to graduate in late 2011 or early 2012, thanks to an online degree offered through the School of HHP’s Office of Academic Outreach.

The Office has grown dramatically since opening in 2008, having found a strong niche for its online degree program as well as other Web-based courses and its innovative consulting work. All its courses and programs provide the same content as traditional on-campus classes while offering students greater flexibility.

More than 120 students are now enrolled in the Office’s flagship program, which offers the online bachelor’s of science in public health education. This is a dramatic increase from the 27 who were enrolled a year ago.

The students – most of whom have transferred from community colleges – are flocking to the program from North Carolina’s Outer Banks, the mountains and everywhere in between. A few more log on from far-flung locations such as Hawaii and Japan.

“Many of these students are locked into their communities because of job or family constraints. This program offers them a way to get a bachelor’s degree,” says Dr. Jim Eddy, the director of the Office and a professor of Public Health Education. “The added benefit to the university is that we’re reaching people who, by no other means, would get a UNCG degree.”

The program is also much more affordable than for-profit online programs, says Leah Tompkins, an APT assistant professor and associate director of operations for the Office.

The OAO has also seen a rise in interest from on-campus students who enroll in its online courses. More than 520 enrolled in the Spring 2009 semester, double what faculty had expected.

“Many of the on-campus students work two or three jobs and have difficulty fitting all their required courses into a daily schedule. The online classes give them greater flexibility,” Eddy says. “Also, state budget cuts and limitations on the
number of traditional courses that can be offered sometimes make it difficult for students to get into classes. Online classes work for them as well.”

Finally, the Office is thriving in a new and growing arena – helping to develop and market online courses for other departments and agencies. So far, it is working with UNCG departments such as Recreation, Tourism, and Hospitality Management and the Gove Student Health Center as well as outside agencies including the N.C. Department of Public Instruction. There’s much more of this in the pipeline. Already, staff is working on online certification programs for high school coaches and for health education professionals.

In fact, the office has grown so much that Eddy will be leaving his post as department head of Public Health Education to run it full-time. He, Tompkins, Norman Hill, who is associate director for IT and webmaster, and Maggie Chrismon, online program coordinator, now share new offices near the intersection of Holden Road and Spring Garden Street.

The space is equipped with a small video studio to record faculty presentations for the online courses. UNCG media studies students help edit the video, which saves on cost. The presentations can then be posted online or formatted into DVD, MP3, iPad and iPhone files – whatever is most convenient for each student to access, Tompkins says.

It’s that kind of individualized support that has so been encouraging and helpful, Ingraham adds.

“Many students are locked into their communities because of job or family constraints. This program offers them a way to get a bachelor’s degree.” – DR. JIM EDDY

“I can pace myself and take two nights to watch a lecture, stopping the video to take notes, or I can take the test on Saturday morning when I am fully rested after a long week of work,” she says. “This program is perfect for full-time workers, mothers with small children or students with different learning styles. It truly gives you a sense of ‘there is a light at the end of the tunnel’ in pursuing your dream of a bachelor’s degree.”
Prevention Strategies Sells Alcohol Abuse Prevention Product

Prevention Strategies, the UNCG spinoff company co-founded by faculty member Dr. David Wyrick, has sold its online alcohol abuse prevention program for college students to Outside The Classroom, the largest provider of prevention programs to universities.

Wyrick, an associate professor in the Department of Public Health Education, and his business partner, Melodie Fearnow-Kenney, will continue to consult with Outside The Classroom about the program they created, College Alc.

As part of the sale, UNCG will receive a two-year membership in Outside The Classroom’s Alcohol Prevention Coalition, a $30,000 value. Coalition membership offers training opportunities and access to the company’s latest research and analysis.

Based in Needham, Mass., Outside The Classroom offered its flagship program, AlcoholEdu, to more than one-third of all first-year students at the nation’s four-year colleges and universities during the past year.

The move, like other recent deals, allows Prevention Strategies to concentrate on its core business, Wyrick says. “What we do best is research and development. That’s what we want to focus on.”

“When we reach financial arrangements with various partners, we could put the money in our pockets, we could start building a sales force, but instead we pour almost all that money back into research and development. That’s what we want to continue to do.”

Wyrick’s success shows that the traditional areas of university technology transfer aren’t the only avenues for commercialization of campus innovation, says Jerry McGuire, associate vice chancellor for economic development.

“David has really hit a home run with this,” McGuire says. “Some people would think research in public health education can’t be commercialized. David’s work proves otherwise.”

The agreement with Outside The Classroom is only the latest milestone in an eventful year for Prevention Strategies. It finalized a deal in the fall giving the National Center for Drug Free Sport exclusive third-party rights to market and sell myPlaybook, its web-based substance abuse prevention program for college athletes. The center performs drug testing of student-athletes for the NCAA.

Also in the fall, the NCAA, the National Center for Drug Free Sport and the Southern Conference paid $20,000 for Prevention Strategies to make site visits and audit drug testing and drug education programs at 11 member institutions in the Southern Conference, which includes UNCG. In addition to providing feedback to the conference and its members, the audit will help shape Prevention Strategies’ future work, Wyrick says.

The NCAA also provided $2,000 grants to 54 institutions to support their use of myPlaybook.

On the horizon, the company plans to conduct a pilot study of myPlaybook High School, a new edition of the web-based program, at a charter high school in Chicago.
The Center for Women’s Health and Wellness has received a grant to help the Greensboro YWCA address the health needs of women and children in Guilford County and beyond.

The grant comes from the NC Translational and Clinical Studies Institute, an NIH-supported program to facilitate community-engaged scholarship.

The center will partner with the YWCA to perform a needs assessment of women’s and children’s health in Guilford County and to work on a strategic planning process to help the agency discover its niche.

“I see this as a wonderful opportunity to build a very collaborative partnership. It’s also a step in expanding UNCG’s portfolio of community-engaged scholarship,” says Dr. Paige Hall Smith, associate professor of Public Health Education and the director of the Center for Women’s Health and Wellness. “There is room for involving a variety of UNCG faculty who have already partnered with the YWCA and for engaging students.”

Hall Smith joined with representatives of UNC and the YWCA to write the grant.

A NEW CAMPUS CONNECTION

Look for these new 42-inch information monitors in a central location in the School of HHP. The monitors, which can be seen from the stairs and on the third floor, are intended to disseminate information and research opportunities easily for students.

Center for Women’s Health and Wellness to Work with YWCA

The Center for Women’s Health and Wellness has some changes in store for the fall semester and beyond. The center has become the university home for the 111-year-old National Association for Girls and Women in Sport. It is also serving as publisher and managing editor for the “Women in Sport and Physical Activity Journal.”

Dr. Donna Duffy is now acting director of the Center, while Dr. Paige Hall Smith is on research leave for the fall semester. After the fall, Duffy will transition to be the project director of a new initiative within the Center to continue to develop the mission for the National Association for Girls and Women in Sport.
ALUMNI NEWS

Alumnae Honored for Innovative Wellness Program

The trio developed “100 Ways to Wellness,” which included a checklist of 100 wellness activities, a tracking journal and a challenge for residents to complete each of the activities within six months.

“As wellness directors, we don’t simply entertain our residents,” Grimes says. “It’s our job to encourage the residents to be active members of the community and to provide opportunities for them to pursue their passions.”

Pait says the program inspired residents to rise up and meet challenges. “The program’s tagline was ‘Dare to Make a Change,’” she says. “It challenged our residents to step outside of their comfort zones and try things they had never dreamed of doing. The participants felt a great sense of accomplishment and pride.”

Each of the activities was designed to encourage residents to eat better, stay active, volunteer and make environmentally friendly choices. “Residents became engaged in activities like writing to their congressmen about important issues, learning to use e-mail, planting vegetable seeds, and using coffee mugs instead of Styrofoam,” Grudzinskas says. “The program really sparked new interests among our residents and we’ve seen an increase in awareness and participation.”

When you move into a retirement community, you don’t have to check your active lifestyle at the door.

Just ask three HHP alumnae who now work as wellness directors in Triad senior living communities.

Leigh Grimes MS ’00 Exercise Psychology; Allison Pait ’99, MS’ 02 Exercise Physiology; and Nicki Grudzinskas ’99, MS ’05 Exercise Physiology collaborated on a new healthy lifestyle program for senior adults. Their work on behalf of Kisco Senior Living communities recently won the Industry Innovator Award from the International Council on Aging.

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ALUMNI RECEPTION AND AWARDS

- Above left to right: Liz Hart (Lawther Award Winner, Dept. of KIN) and Dr. Diane Gill (KIN Professor)

- Inset: Class of 1960 with class advisor Rosemary McGee (third from left).
In Memoriam

The School of HHP mourns the loss of the following outstanding faculty and alumni:

**Brian Betts ’89** died April 15. Betts, 42, was a nationally acclaimed middle school principal in Washington, D.C. As principal of Shaw Middle School at Garnet-Patterson, Betts selected the entire faculty when he took over the school in 2008. He hired a number of rookie teachers, visited many students and parents, boosted teacher training and eliminated homeroom periods and recess, which were considered time-wasters. Attendance and parental participation improved dramatically. His supporters said he raised expectations for students, recruited strong teachers and fired those who were not performing well. He came to the system from Silver Spring, MD, where he had been an assistant principal. From 1996 to 2005, he worked as a middle-school teacher in Germantown. Betts was featured in the last issue of Horizons for an interview he gave to NPR about his philosophy on hiring teachers.

**Joann “Jo” Paulk Kemp ’59 MEd** died April 21. She was 78.

A professor of physical education for more than 30 years, Kemp taught at Mount Holyoke College, the University of Georgia, Coker College and Columbia College. She will be remembered for her outstanding teaching, her appreciation for the outdoors and her love for animals and nature.

**Jeanette “Charlie” Christian Faulconer ’51** died July 31. She was 81.

Faulconer, a Guilford County native, received her degree in physical education from Woman’s College. An avid and life-long athlete, she spent 23 years as business manager for Ellen Griffin, one of the best known female golf instructors, at The Farm near Greensboro. Later, she became a committed golfer and active volunteer in the Cardiac Rehabilitation Program at The Moses H. Cone Memorial Hospital.

Memorial contributions may be made to UNCG Spartan Club for Ellen Griffin Endowment Scholarship, 337 HHP Building – PO Box 26168, Greensboro, NC 27402.

**Marie Iris Riley**, a professor emerita in the Department of Physical Education, now Kinesiology, and the former women’s field hockey coach at UNCG, died on May 12. She was 84.

She taught undergraduate and graduate courses at UNCG from 1963 to 1988. Among her many professional leadership roles, she is best remembered for her service to the National Association for Sport and Physical Education, including her service as president from 1980-1981. Throughout her career, she advocated for girls’ and women’s sport, beginning her career on the Central New York Board of Women Officials, then serving on the Deep South Field Hockey Association Selection Committee, coaching the women’s field hockey team at UNCG and chairing the National Youth Sports Coalition, sponsored by NASPE. In addition to her many publications, professional presentations, workshops and consultations, she was also a popular speaker and workshop leader. After retiring, she moved to her hometown area of Lewiston, NY, and became involved in a golf league, a medical auxiliary and her church.
Dearest Marie,

When we first met you in the fall of 1965 as 17- and 18-year olds, little did we know how much our lives would be enriched by our association with you. Little did we know that you would remain such an important part of our lives for years to come. Little did we know that 45 years later we would still reminisce about our times together and remember the words of wisdom you so artfully imprinted in our minds.

As our advisor at UNCG, you, at first reluctantly, took us under your wing and we, at first reluctantly, accepted your guidance. It took a while, but we came to realize it was a perfect match.

We listened as you taught us promptness, planning, precision, thoroughness and caring. Under your direction, we moved from procrastinating freshmen to graduating seniors who planned every detail of each upcoming event.

Your wonderful sense of humor made your lessons stick with us, and lead us, as we began our individual teaching careers. With the skills we learned at UNCG, we were able to begin our careers like so many other undergraduates and graduate students - not only with knowledge - but with the confidence that comes from being so well prepared. And as an added benefit, we each carried with us a little voice in our heads – your voice, still sharing pearls of wisdom, guiding us long after our four years at UNCG were over.

During those four years together, we developed a bond that has lasted through the decades. Whenever we get together, you are always in our conversations, providing us with memories of hard work, accomplishments, laughter and fun. At our gatherings we still sing “Praise the Lord and Pass the Ammunition” with the same youthful abandonment we did when you taught it to us in the late ’60s.

At one of our reunions in the ’70s we gave you a cross stitch recalling that World War II song. After keeping it for many, many years, you wisely gave it back to us for safekeeping. So we have started a new tradition and now the cross stitch passes from the previous hostess to the current hostess so each of us gets to enjoy having it around for several months.

You invited us to your home for brownies when we were about to graduate and you continued that tradition when you joined us for our UNCG reunions every five years. We still bake and eat brownies in your honor whenever we are together. We just have to eat them earlier in the day now, so the caffeine won’t keep us up at night.

As we approach our own retirement, we once again have you to thank for showing us how to enjoy that phase of our lives. We have been so happy watching you for the last 20 years surrounded by your amazing family and friends.

Thank you, Marie, for all the memories and for putting us forth on the right path.
Thank you, Marie, for caring for us and letting us care for you.
Thank you, Marie, for embracing the challenge of advising us and for putting your heart into getting us ready to face the real world.
You did a job that would make you proud. And for all this, we love you.

Taken from an old Irish blessing you also taught us, “May God hold you in the palm of His hand and may the memories that we have shared linger on and on.” We feel quite certain about those two things.

— With lots of love from the Class of 1969

The School of HHP received this letter from alumnae, who mourned the recent loss of professor emerita Marie Riley, pictured above.
Dr. Kate Barrett, a professor emerita in the Department of Exercise and Sport Science (now Kinesiology), received the Honor Award at the 2010 National Convention of the American Alliance for Health, Physical Education, Recreation and Dance.

Dr. Linda Buettnner, a professor of gerontology and therapeutic recreation in the Department of Recreation, Tourism, and Hospitality Management, and Sue Fitzsimmons, RN, project coordinator, recently appeared on the WGHP Fox 8 Morning News to discuss research on Alzheimer’s disease. They demonstrated brain fitness exercises and described the impact of Alzheimer’s disease, using a brain model to show where early stage damage actually occurs. Buettnner also talked about her Alzheimer’s study and discussed opportunities for Triad residents related to that.

Dr. Linda Buettnner received the Edna Stilwell Writing Award from the Journal of Gerontological Nursing (JGN) for her article, “Promoting Health in Early-Stage Dementia: Evaluation of a 12-Week Course.” She will be honored at the JGN Editorial Board meeting during the Gerontological Society of America meeting in Atlanta in November.

She also received the 2010 Barry Reisberg Award for Non-Pharmacologic Research, Theory, and Clinical Practice. This award honors an accomplished clinician and researcher annually for distinguished contributions to the field of non-pharmacologic Alzheimer’s disease treatment and care.

Dr. Ang Chen, a professor in the Department of Kinesiology, has been elected a Fellow in the American Academy of Kinesiology and Physical Education. He will be formally inducted at the annual meeting in Williamsburg in October. He joins other HHP faculty with this honor including Dr. Catherine Ennis, Dr. Diane Gill, Dr. Allan Goldfarb, Dr. Thomas Martinek, Provost David Perrin and Dr. Kathleen Williams.

Dr. Bill Dudley, associate dean of research for HHP, was interviewed last year by the WFDD radio show “Voices and Viewpoints.” He spoke about his role reviewing applications for grant funding from the National Institutes of Health.

Dr. Catherine Ennis, a professor in the Department of Kinesiology, presented the 2010 Mary and Butch Slaughter Lecture at the University of Virginia in April. Her talk was called, “On their own: preparing students for a lifetime.” The lecture provides opportunities for scholars, students and community members to meet and discuss issues related to physical activity and its role in people’s lives. Ennis also published an article in the February 2010 issue of Quest, a kinesiology journal, called “New Directions in Undergraduate and Graduate Education in Kinesiology and Physical Education.”

Dr. Catherine Ennis is shown here with her mother, Shirley M. Ennis (right), and Mary Slaughter (center)
Faculty News continued

Samantha J. Kilsdonk, a graduate student in Kinesiology, won the N.C. Marathon March 20 in High Point. Her time was 2:54:59. Dr. Aaron Terranova, an AP assistant professor in Kinesiology, completed the half marathon in 1:52:24.

Provost Dave Perrin, former dean of HHP; Dr. C.P. Gause, an associate professor in the School of Education; and Susan Dennison, associate professor of social work, published an article in the February issue of Quest, a kinesiology journal, called "Equity, Inclusiveness and Diversifying the Faculty: Transforming the University in the 21st Century." The group credits UNCG campus committees and Dr. Tim Johnston, Dean of the College of Arts and Sciences, for his leadership of one of them.

Dr. Paige Hall Smith, associate professor of Public Health Education and the director of the Center for Women’s Health and Wellness, was a featured speaker in June on "The State of Things" on WUNC, the NPR affiliate radio station in Chapel Hill. Smith discussed her research on the connections between breastfeeding and feminism.

STUDENT NEWS

The student Excellence Award is UNCG’s highest academic honor for undergraduates. These awards recognize excellence in and out of the classroom for creativity, originality, motivation, analytical skills and communication skills.

THE SCHOOL OF HHP RECENTLY HAD EIGHT STUDENTS HONORED WITH THIS AWARD.

Communication Sciences and Disorders – Ashley Luckey
Dance – Erin Casanega, Jennifer Cheek
Kinesiology – Alie Childs, Allison Miller, Amanda Smith
Public Health Education – Diane Tran
Recreation, Tourism, and Hospitality Management – Rachael Kolenberg
Several speakers represented the School of HHP at the Second Annual UNCG Girls in Sport Symposium on April 23.

The event featured speaker Dr. Jan Todd, a professor at the University of Texas at Austin and the former “world’s strongest woman.” Todd held more than 60 national and world records in women’s power lifting. In addition to her address debunking myths about women and strength, the event featured remarks from several other experts and a panel of coaches.

Sponsored by the Department of Kinesiology and the Center for Women’s Health and Wellness, the symposium is offered to help teachers, coaches and recreation professionals promote positive development of girls and young women through physical activity. Dr. Donna Duffy, acting director of the Center for Women’s Health and Wellness, organized the event.

Speakers from HHP included:

**Dr. Jennifer Etnier**, an associate professor of sport and exercise psychology in the Department of Kinesiology, who discussed psychological issues related to coaching girls.

**Deanna Brooks**, a Kinesiology student, addressed considerations and implications when coaching girls and female athletes from different cultural backgrounds.

**Dr. Leandra Bedini**, a professor and director of graduate study, and Kim Miller, research associate and project coordinator, in the Department of Recreation, Tourism, and Hospitality Management presented, “I Want to Play! Adaptive Sports … A Viable Option.”

Girls in Sport Symposium Features HHP Speakers

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**BOOK NOTES**

**Dr. Tom Martinek**, a professor in the Department of Kinesiology, is the co-author of *Youth Leadership in Sport and Physical Education*. The book describes programs that have been developed to foster leadership qualities in children and offers recommendations for planning, conducting and evaluating leadership programs for young people, particularly urban youth. Useful for teachers, coaches and youth agency program leaders, the book includes ideas suitable for children in fourth grade through high school. Martinek co-authored the book with Don Hellison, an education professor at the University of Illinois at Chicago.

A NEW LOOK FOR RTH

The Department of Recreation, Tourism, and Hospitality Management has a new look. Renovations opened up the space and include updated furniture, a new fax machine and copier and additional storage space. Pictured above, Ann Venable, RTH Administrative Support Associate, enjoys her renovated work space and new equipment.
UNIVERSITY SERVES UP NEW COURTS

After winning the Southern Conference championship, the tennis program at UNCG is on the move. The courts were recently resurfaced in a blue shade with the UNCG logo, bringing them up to the highest standards in the sport.

WANT TO READ MORE?

This newsletter and recent issues of Horizons can be viewed online at www.unCG.edu/hhp/horizons.