LEVELING THE PLAYING FIELD:
CTR CLASS PRESENTS ADAPTED SPORTS DAY
Now that we’ve come together as one unified School of HHS, what’s next? We’ve got a plan for that!

Our new Strategic Plan was adopted this spring after an iterative process involving broad input from faculty and students. In addition to our mission statement and values, our plan identifies three key paths forward. These are intended to help “inspire and equip our people, and transform institutions” for the future.

With that as our framework, our goals are to Enhance Student Success, Support Faculty Development and Strengthen Graduate Programs. Each goal has objectives that are actionable and measurable, thanks largely to Dr. Kathy Williams, senior associate dean, who helped create strategic measures for each area.

As a whole, the plan helps focus our energy and resources on what is most important to us as a community. It holds us accountable. And it helps align us toward new levels of inter-professional education, with our students and faculty working together across disciplines more than ever before.

I am glad to share the main objectives for each of our goals below. To learn more about how we’ll measure success, please feel free to view the entire document online at http://www.uncg.edu/hhs/hhs-strategic-plan-and-annual-reports.html.

**ENHANCE STUDENT SUCCESS**
- Optimize course offerings and scheduling
- Maintain breadth of curriculum to meet student and societal needs
- Build an inclusive culture and community that supports all students, including international and minority students
- Support the application of innovative instructional and assessment strategies to improve student learning

**SUPPORT FACULTY DEVELOPMENT**
- Provide time and opportunity for faculty to improve their research and teaching skills
- Increase funding, including external funding, allocated to enhance scholarly productivity
- Create positive collaborations
- Sustain and enhance community engagement

**STRENGTHEN GRADUATE PROGRAMS**
- Create a sustainable funding model including stipends and waivers for graduate programs in HHS
- Supplement graduate funding through grants and scholarships
- Increase recruitment and growth of graduate enrollment
- Develop interdisciplinary and interprofessional curricular, research and career training programs
Faith Summit Addresses Mental Health Care

Where is the best place to begin removing the stigma of mental illness? It might be in the pew on Sunday or the synagogue on Saturday.

That was a key premise behind the recent Behavioral Health Faith Summit, held in April in partnership with several UNCG departments, area universities, faith communities and nonprofits. The summit’s goal was to work toward improving behavioral health care by first talking openly and treating mental illness as any other disease.

“This country has 6,000 major hospitals but more than 350,000 religious congregations,” said Dr. Bob Wineburg, a Social Work professor and co-organizer of the event. “If you’re going to build a system of community support, you have to start from where that support is, and it’s anchored in our faith communities.”

Spearheaded by Wineburg, the Rev. Odell Cleveland and Rabbi Fred Guttman, the event drew more than 500 faith leaders and health professionals to learn more about mental health care across the continuum. Eighteen workshops addressed everything from postpartum depression and school anxiety to suicide among college students, mental health for veterans and caring for the elderly.

Speakers included Kevin Hines, author of Cracked Not Broken, a 2013 memoir of his struggle with bipolar disorder and his attempted suicide by jumping from the Golden Gate Bridge in San Francisco. He is one of just 34 people (less than 1 percent) to survive such an attempt and is now a mental health advocate and motivational speaker. He was joined by former Arizona Congressman Ron Barber, who was injured in a mass shooting alongside U.S. Rep. Gabby Giffords and later diagnosed with post-traumatic stress disorder. Barber is now a mental health services administrator.

UNCG provided great collaboration for the summit, and the School of HHS sponsored the videotaping of this event. Ten-minute segments will be shared online with faith communities and others to begin the education process. To view some of the workshops, visit https://storify.com/K_Medlin/2015-behavioral-health-faith-summit-a-success.

Mental Wellness & Faith Mini Summit

As a follow-up to April’s event, this Mini Summit will provide training and concrete steps to help congregations prevent, identify and address mental health issues among members of faith communities.

When: July 28 from 8:30 a.m. - 1 p.m.
Where: Mount Zion Baptist Church, 1301 Alamance Church Rd., Greensboro
To register or learn more:
Contact Dr. Bob Wineburg at bobwineburg@gmail.com
Tradition of excellence continues at re-dedicated Coleman Building

The School of HHS rededicated its main building as the Mary Channing Coleman Building during a ceremony attended by faculty, staff, students, alumni and friends this spring.

Coleman was the first director of the physical education program at Woman’s College, serving the university from 1921 until her death in 1947. She led the school to national prominence in the field.

“The work that Mary Channing Coleman did on this campus for 27 years not only changed the lives of countless Woman’s College students, but also improved the health and fitness of generations of North Carolinians,” Acting Chancellor Dana Dunn told the large crowd who gathered. “Her influence can still be felt in departments across our campus, from Kinesiology to Dance to Public Health. Without her, not only would the School of HHS not be where it is today, our university would be missing an enormous piece of what makes it so great. She built a tradition of excellence on this campus, and I am so pleased that her name will once again grace this building.”

Anne Thomas, BSPE ’57 shakes hands with Acting Chancellor Dana Dunn. Gay Cheney, professor emerita, is seated; Dr. Catherine Ennis is in middle of photo. In the background are Dr. Tom Martinek and Career Development Coordinator for the Middle College, Michael Prioleau. At far right is Dean Celia Hooper.

Inset: Mary Channing Coleman

A former student told HHS Dean Celia Hooper that she and her fellow students called her Mary “Charming” Coleman. She loved to share a good story – and she was always stylish in her gloves and hats.

She led with style and determination. “Miss Coleman administered the first program for professional preparation of physical education teachers in North Carolina,” Hooper said. “Her department was one of the leading places in the country to train women physical education teachers. This was before ranking, but it was considered in the top 3.”

She explained that although the School of HHS has grown from the physical education department founded by Coleman in the early 1920s, its core mission remains: to enhance the quality of life of individuals, families and communities.

“What were once physical education majors are now kinesiology majors, health studies majors, community and therapeutic recreation majors, dance majors … all growing from the discipline of ‘PE.’ ”

In order to represent Coleman in a tangible way, Eileen Miller, assistant dean for projects and programs at the School of HHS, placed period gloves and a stylish hat atop the building sign. Coleman would not be seen in public without them – particularly the hat.

The Coleman family members on hand must have liked the gesture – as did those from the campus community. A nod to tradition, which binds us together.

Construction Under Way on Union Square Campus

Representatives from UNCG and three other universities joined community partners in April to break ground on the first phase of the downtown Union Square Campus.

The UNCG School of Nursing will be among the initial occupants of the planned building, which will focus on health care education. The School of HHS will be involved in Phase 2 of this project, most likely beginning with the Department of Social Work.

UNCG joins Cone Health, Guilford Technical Community College and NC A&T State University as partners in this shared facility at the corner of East Gate City Boulevard and Arlington Street in downtown Greensboro. The initial three-story building will contain classrooms, labs and offices for nursing education at every level as well as a 350-seat auditorium and a state-of-the-art simulation lab. By housing programs together, the four tenants can share lab space and equipment at significant cost savings.
PHE’s Health Coaching Program Grows as Leader in Field

THE DEPARTMENT OF PUBLIC HEALTH EDUCATION IS LEADING THE WAY IN A FIELD INCREASINGLY VITAL TO THE FUTURE OF HEALTH CARE: HEALTH COACHING.

“As people live longer and face more chronic disease, what happens in between doctor visits becomes more important. There has to be more emphasis on self-management,” says Carol Lucas, AP Assistant Professor at UNCG in the department of Public Health Education.

That’s where health coaches come in. Instead of taking a traditional approach by telling patients to improve their diet, exercise or lose weight, health coaches function as partners and allies on the journey, Lucas said.

“We might say, ‘This is where you are now. Where would you like to be? And how can I help you get there?’” Lucas said. “Instead of directing people, it’s more guiding them. There is a lot of research that shows this approach offers improved outcomes.”

Health coaches can work anywhere from doctors’ offices and community care settings to pharmacies and elsewhere. Their contact with patients may be in person or via telephone.

UNCG’s Health Coaching Programs are growing to accommodate this sea change in health care, which is prompted in part by the Affordable Care Act and its emphasis on reimbursing physicians and health systems for keeping people well. The initial idea for the program took root in 2012 in a class taught by the late Bill Evans. Evans was passionate about health coaching and he believed it would become increasingly important in the future of health care.

Today, the program has grown to offer a wide variety of training ranging from one-day workshops and three-day certificate programs to webinars, specialty training and skills refreshers. Nearly 250 students participated at some level in the 2014-15 academic year.

The program is led by Dr. Dan Bibeau, chair of the Department of Public Health Education; Regina McCoy, professor; Lucas; and three graduate assistants: GracieLee Weaver ’11, ’14 MPH, and Laura Bolton and Brandon Mendenhall, who are both pursuing master’s degrees in public health at UNCG.

“Our programs’ emphasis on coaching is unique,” Lucas adds. “We are at the forefront as a resource for health coaching nationwide, and that’s very exciting for UNCG.”

WANT TO KNOW MORE?

UNCG’s Health Coaching Programs will sponsor a conference on Oct. 1 to bring professionals across different disciplines together for information about best practices in coaching, skills and strategies.

Speakers will include Dr. Susan Butterworth, an associate professor with the School of Medicine at Oregon Health & Science University and a national expert on health coaching; as well as local and regional physicians and care providers. For more information, email coaching@uncg.edu or visit www.uncg.edu/phe/coach.
As an international leader in research on ACL knee injuries, UNCG's Department of Kinesiology recently hosted a research retreat for experts in the field. Dr. Sandra Shultz and Dr. Randy Schmitz, both professors of Kinesiology, were co-chairs of the conference.

More than 64 clinicians and researchers attended the retreat, held at the Proximity Hotel. It featured three keynote and 29 podium presentations from researchers around the world. The clinicians and researchers presented and discussed the most recent advances in ACL injury epidemiology, risk factor identification, and injury risk screening and prevention strategies. Their goal was to identify important unknowns and future research directions.

Keynote speakers included:
- Dr. Bruce Beynnon, a professor of musculoskeletal research and director of research at the University of Vermont;
- Dr. Mark Paterno, coordinator of orthopaedic and sports physical therapy and associate professor at Cincinnati Children's Hospital Medical Center; and
- Dr. Buz Swanik, associate professor and director of Biomechanics and Movement Science at the University of Delaware.

Middle College Graduates First Class

The Middle College at UNCG graduated its first class of seniors in May, marking a huge milestone for the program that serves high-school students who are looking for a learning experience different from a traditional high school. The middle college is intended for students who have an interest in health, medical or youth development service careers.

The school, which opened in the fall of 2011 with 50 ninth-graders, is offered as a partnership between UNCG and Guilford County Schools. About 200 students are now enrolled.

Students from across UNCG, including the Department of Kinesiology and Public Health Education, gain experience teaching physical education and health education in the Middle College. The school also offers service learning opportunities and a Pathways program that provides all students the opportunity to shadow professionals one day a week to prepare them for college and/or career paths in the health field.
Gerontology Program Expands Reach in Community and Online

UNCG’s Gerontology Program is positioning itself for the future with a growing emphasis on community engagement and online courses. The changes are two of many recommendations by a Strategic Directions Committee led by HHS Dean Celia Hooper and Graduate School Dean William Wiener.

This fall, two classes will be offered online: GRO 501 – Critical Issues in Aging and GRO 600 – Proseminar in Gerontology. Next spring the program will offer GRO 651 – Integrative Seminar in Gerontology online. The program is also increasingly partnering with other HHS departments as it becomes more of a hub for education on aging, said Dr. Rebecca Adams, director of the program. In addition to Gerontology electives offered throughout UNCG, next year Kinesiology will offer Exercise and Aging, Social Work will offer Social Services and Aging, and Nutrition will offer an elective as well, Adams said.

Equally important, the program has reconfigured the Gerontology Research Network into a more broad endeavor called GROWTH, which stands for the Gerontology Research Outreach Workforce Teaching Hub. “Our goal for GROWTH is to bring together faculty and staff who do research, teaching and outreach to further their collaboration and, in so doing, to help meet the workforce and educational needs of the community,” Adams said.

GROWTH hosted four lunch and learn events last year with an emphasis on this type of community engagement. “We changed the focus from a conversation among researchers to a focus on the implications of the research for practice with an audience of community members in mind,” Adams said.

The program was an active participant in Reimagining the Future, an aging summit held in May that was sponsored by UNCG, Senior Resources of Guilford County, the Community Foundation of Greater Greensboro and other partners.

NCAA Funds Transition Program for Student Athletes

What happens to student-athletes after they graduate and hang up their cleats for the last time?

“When all of a sudden you’re not competing anymore, you’re not a student-athlete. What does that mean and how do you cope with that,” said Dr. Erin J. Reifsteck ’14 PhD. Reifsteck is a post-doctoral research fellow with the Institute to Promote Athlete Health and Wellness. She, along with Dr. Diane L. Gill, PhD, a professor in the Department of Kinesiology, and Dr. DeAnne D. Brooks, ’10 EdD, an assistant professor of exercise science at Salem College, recently received funding from the NCAA to develop a program called “Moving On: A Physical Activity Transition Program for Student-Athletes.”

Both Reifsteck and Stephanie Barrett ’15 MA Kinesiology were featured in a Fox 8 news story about the program. Barrett, who played Division 1 and Division 3 softball, said it was hard to adjust after years of being an athlete. “The loss of that piece of you is hard to figure out for sure,” she said. “That’s been the hardest part.”

The program, which was piloted this spring, is designed to help student-athletes transition from highly structured competitive athletics to lifestyle physical activity. The funding was awarded through the NCAA Innovations in Research and Practice Grant Program.
The School of HHS Research Advisory Committee has named recipients of Research Excellence Grants. The proposals were selected for their innovation, scientific merit and potential for external funding.

Recipients include:

- **Dr. Donna Duffy (Kinesiology and Center for Women’s Health and Wellness) and Dr. Chris Rhea (Kinesiology):** Concussion effects on neurocognitive and neuromotor performance in female football players. $10,000
- **Dr. Jennifer Etnier (Kinesiology) and Dr. Lee Beverly (Nutrition):** Establishment of a novel animal model to evaluate the interaction of dietary protein and chronic exercise on cognitive performance. $5,000
- **Dr. Heather Helms (Human Development and Family Studies) and Dr. Andrew Supple (Human Development and Family Studies):** Advanced dyadic approaches applied to the study of marriage and co-parenting among Mexican immigrant parents of young children. $10,000
- **Dr. Kay Lovelace (Public Health Education):** Developing quality, value and cost measures for community health assessments. $5,000
- **Dr. Sudha Shreeniwas (Human Development and Family Studies) and Dr. Sharon Morrison (Public Health Education):** Biosocial factors in hypertension among Southeast Asian refugee communities in the US South. $10,000
- **Dr. Sandra Shultz (Kinesiology) and Dr. Lauri Wideman Gold (Kinesiology):** Associations between relaxin and knee laxity profiles in eumenorrheic women $5,000

The University recently honored faculty members achieving promotion and/or tenure. These faculty members also chose one book for the University Libraries’ collection that will be book-plated to commemorate the milestone.

**Faculty members honored with tenure or promotions**

The honorees from the School of HHS included:

- **Lisa McDonald (left),** an associate professor in Communication Sciences and Disorders. She selected The People Principle by Ron Willingham.
- **Regina McCoy (center),** a professor in Public Health Education. She chose The Politics of Health and the Crises of Identity by Collins Airhihenbuwa.
- **Dr. Randy Schmitz (right),** a professor in Kinesiology. He selected MRI from Picture to Proton 2nd Ed, McRobbie, Moore, Graves, & Prince.

For more information about this event and each book selection, go to [http://library.uncg.edu/info/events_and_awards/recognition/2014/](http://library.uncg.edu/info/events_and_awards/recognition/2014/).
Leveling the Playing Field:
CTR CLASS PRESENTS ADAPTED SPORTS DAY

Ever wonder what it’s like to play wheelchair basketball, seated volleyball or even hand-cycling? Students in the Department of Community and Therapeutic Recreation recently found out – and they brought the experience to students, faculty and staff in the School of HHS through an event called Adapted Sports Day.

Students in Dr. Candice Bruton’s Special Events Management class coordinated Adapted Sports Day in April with two key goals in mind: to gain experience planning a large event and to build awareness about athletic options for those with physical disabilities.

“We value hands-on learning opportunities that prepare our students for careers after graduation,” says Bruton, an assistant professor of community recreation and event planning. “Through Adapted Sports Day, students gained experience fundraising, soliciting sponsors, planning activities, recruiting and supervising volunteers, and more.”

Designed to build awareness, the event offered students, faculty and the community firsthand experience playing wheelchair basketball, wheelchair tennis, seated volleyball, hand cycling and a game called boccia, similar to bocce.

Jennifer Davis, one of the students in the class, said she learned a lot planning the event from start to finish. The group also worked closely with Dr. Leandra Bedini, a professor and director of therapeutic recreation, on the concept.

Bedini says there is a need in our communities to offer adapted sports more widely and make them available locally. “We want to provide opportunities for people with physical disabilities, including our wounded warriors, to play or recreate or even train for competitive sports such as the Paralympics,” she said.

Both the professors said feedback about the event was very positive. “It was really fun, and I came away with a tremendous amount of respect for people who play these sports and the difficulty level involved,” Bruton said. “Until you experience it, you can’t quite appreciate it in the same way.”
Leveling the Playing Field: Ctr ClaSS PreSentS adaPted SPortS da y

Photos by Lynn Hey
**HHS Briefs**

**Physical Activity and Health Take Center Stage at Lawther Lecture**

A Harvard epidemiologist spoke about the role of physical activity in health, particularly related to chronic disease and women’s health, during the 2015 Ethel Martus Lawther Lecture.

Dr. I-Min Lee has conducted a number of very large clinical trials examining these issues. She shared her research in the lecture as well as during a panel and a Graduate Student Forum on April 6.

Lee is a professor of medicine and principal investigator in women’s health studies at Harvard Medical School. Her main research interest relates to the role of physical activity in promoting health and preventing chronic disease. Her studies show that activity can prevent premature mortality and reduce the risk of chronic diseases such as cardiovascular disease, Type 2 diabetes and certain cancers. Lee also addressed the latest questions and research on the dose of physical activity needed for health.

The annual lecture series is named for the late Ethel Martus Lawther, who was dean of the School of Health and Human Performance for 43 years.

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**Expert Shares Historical Look at Race and Sports**

An expert on sports and social justice spent four days working with community, faculty, staff and students in several events at UNCG. The March visit was sponsored by the Program for the Advancement of Girls and Women in Sport and Physical Activity.

Dr. Rita Liberti’s main presentation for the campus was a lecture titled “Seeking Larger Worlds to Conquer: Race, Resistance and Women’s Basketball at Black Colleges and Universities in the 1930s.”

Liberti is a professor of kinesiology and the director of the Center for Sport and Social Justice at Cal State East Bay.

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**Child Family Research Network Holds Conference**

Educators, researchers, advocates and leaders came together to hear about “Developmental Perspectives on Learning from Birth to College” during a November conference at UNCG.

The UNCG Child and Family Research Network (CFRN) and the UNCG Research and Instruction in STEM Education (RISE) Network held the interdisciplinary event.

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**Health & Wellness Expo**

The School of HHS recently held a Health & Wellness Expo for the UNC Greensboro campus.

It was an opportunity for HHS departments to build awareness, recruit new students and discover opportunities for collaboration.

The event was held in the EUC Auditorium Lobby.

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**HDFS Doctoral Program Ranked Seventh in Nation**

UNCG’s Human Development and Family Studies PhD program has tied for seventh in the nation, according to a new ranking.

The Human Development and Family Science Report inaugural ranking program, conducted by professors at Ohio State University, analyzed 52 similar programs across the nation. UNCG’s program tied with Virginia Tech and Ohio State University for seventh.

The complete report is available at [http://u.osu.edu/adventuresinhdfs/the-hdfs-report/](http://u.osu.edu/adventuresinhdfs/the-hdfs-report/).
HHS Co-Sponsors Trip to China for K-12 Teachers

Twelve teachers will travel to China for four weeks this summer, thanks to a partnership between the School of Education and the School of Health and Human Sciences as well as funding from the US Department of Education.

The K-12 teachers, including four special educators with American Speech-Language Hearing Association (ASHA) certification, will immerse themselves in Chinese culture and language learning through language classes, seminars, school visits and cultural activities. They will also collaborate with teachers in China to design curriculum activities to integrate Chinese culture and language instruction in K-12 area studies.

Three alumni — Perry Flynn ’85, ’86 MEd, an APT associate professor of Speech Language Pathology; Mike Maykish ’11, and Mariam Abdelaziz ’12, ’14 MA — are among those participating.

The Fulbright-Hays Group Projects Abroad (GPA) program is also co-sponsored in partnership with Shanghai Normal University and the Essential Learning Group. Teacher Education/Higher Education Associate Professor Dr. Ye “Jane” He ’05 PhD is the project director for this program. Dr. Kristine Lundgren, Associate Professor and Director of Graduate Study in the Department of Communication Sciences and Disorders, is serving as the project co-director.

Kinesiology Students Present Research

Five students presented research award presentations at the Kinesiology Graduate Colloquium on April 24. The students and their presentations included:

- Lauren Vervaecke presented “The acute effects of exercise on apelin and oxidative stress.”
- Kimberly Fasczewski presented, “An exploration into the motivation of highly physically active people with multiple sclerosis.”
- Justin Waxman presented, “The relationship between hamstring stiffness and parameters of anterior cruciate ligament loading as the knee transitions from non-weight bearing to weight bearing.”
- Frank Zhong presented, “The effects of acute exercise on plasma cytokines and their relation to plasma apelin.”
- Stephen Glass presented, “Modified functional movement screening and combat performance.”

Program Begins Research on Female Football Players’ Injuries

A team of HHS faculty will lead ground-breaking new research into concussions and injuries among female football players, through a project of The Program for the Advancement of Girls and Women in Sport and Physical Activity.

The Program is the new research arm for the Independent Women’s Football League and the Women’s Football Foundation, a full-tackle women’s league comprised of 31 teams across North America.

The team includes Dr. Donna Duffy, director of the Program; Dr. Jennifer Etnier, Dr. Aaron Terranova, Dr. Scott Ross, Dr. Chris Rhea and Dr. Paige Hall Smith.

The team is surveying 2,000 players in the IWFL about their injury history, exposure to violence, quality of life and equity issues. The survey results will help identify future research projects.
Students Help Train GO FAR Runners

Physical education students from UNCG visited three Guilford County elementary schools to help students train for the GO FAR (Go Out For a Run) 5K race last fall.

Judy Fowler, an assistant professor of Kinesiology, took students to the schools to observe and assist in the training program for elementary students. Fowler is a former elementary school teacher who is now the physical education and health teachers education coordinator at UNCG. She previously taught at Colfax Elementary, which was one of the first schools to implement the GO FAR training program in Guilford County.

“This is my first year at UNCG, and I wanted my students to see how the program works,” she told the News and Record in a November article. The students visited Southwest, Florence and Morehead elementary schools, where they led team members in warm-up exercises and ran alongside the students. They also helped with the race itself in November.

The program was beneficial for the college students as well as the elementary age children. As Fowler said, “Sparking an interest now can promote physical activity for a lifetime.”

Motor Behavior Research Network Welcomes Several Speakers

The department of Kinesiology welcomed several speakers as part of the Motor Behavior Research Network last fall and this spring.

In the fall, Dr. Stephen Messier from the Department of Health and Exercise Science at Wake Forest University spoke about building a long-term research program from Phase 1 studies to Phase 3 randomized clinical trials.

Dr. Jill Whitall, a professor in the department of Physical Therapy & Rehabilitation Science at the University of Maryland, spoke about new directions in increasing people’s participation in society after strokes. Whitall presented another lecture during the Kinesiology department’s Fall 2014 Colloquia on “Sensorimotor Abilities in Children with and without Developmental Coordination Disorder Compared to Non-Disabled Adults.”

In March, Dr. Adam Kiefer from Cincinnati Children’s Hospital Medical Center gave a talk titled “Embrace the unpredictable: How an American tradition, Australian waterfowl, and Greek mythology are changing the way we consider injury prevention.”

In April, Dr. Geoffrey Wright from Temple University spoke about virtual reality balance devices in recovery. Specifically, his talk was “Validating an affordable and portable virtual reality balance device for assessing mTBI symptoms and recovery.”
HHS Announces Alumni Award Recipients

The School of HHS presented its alumni awards at a reception on April 11. Those recognized included:

- **Distinguished Alumni Award: Vikki Krane ’90 PhD in Exercise and Sport Science (now Kinesiology)**
- **Lifetime Legacy Award: Vira Kivett ’55, ’60 MS, ’76 PhD in Child Development and Family Relations**
- **Public Service Award: Mary Ross (Rossie) Lindsey ’63**
- **Emerging Leader Award: Juné Rogers ’05 MPH**

In addition, the HHS Pacesetter Awards were presented to:

- **Louise Raleigh ’83 MA for the Department of Communication Sciences and Disorders**
- **Dr. Candice Bruton ’93 for the Department of Community and Therapeutic Recreation**
- **Ann Katherine (Kate) Foreman ’09 MS for the Genetic Counseling Program**
- **Brittany Singhas ’MS 11 for the Gerontology Program**
- **Dr. Kari Adamsons ’02 MS, ’06 PhD for the Department of Human Development and Family Studies**
- **Vicki Simmons ’75, ’84 MS for the Department of Kinesiology**
- **Dr. Corinth Auld ’00, ’06 PhD for the Department of Nutrition**
- **Barry Murray ’14 MA for the Department of Peace and Conflict Studies**
- **Mossaab Benhammou ’11 MPH for the Department of Public Health Education**
- **Audrey Hart ’12 for the Department of Social Work**

“We offer special thanks to the HHS Alumni Association and the awards subcommittee, including Brittan Wood, Randi Stewart and Kathi Lester for their hard work,” says Eileen Miller, MPH, assistant dean for projects and programs.
Dr. Beverly Warren ’70 was inaugurated on May 1 as the 12th president of Kent State University. The ceremony was attended by Susan McDonald ’67 and Dr. Kathleen Williams ’74, associate dean of the School of HHS. As the university’s chief executive officer, Dr. Warren oversees Kent State’s eight campuses, which provide more than 300 academic programs to more than 41,000 undergraduate and graduate students. An internationally respected and widely published scholar in the fields of education and exercise physiology, Warren has said she is full of gratitude for what she learned as an undergraduate at UNCG and that she looks forward to following the continued accomplishments of those at HHS. Previously, she was provost and senior vice chancellor at Virginia Commonwealth University. A North Carolina native, she has also held faculty positions at Smith College in Massachusetts; Auburn University in Alabama; Appalachian State University in North Carolina; and Lander University in South Carolina. In addition to her bachelor’s degree, she holds a master’s of science degree from Southern Illinois University and two doctorates, an EdD in administration of higher education from the University of Alabama and a PhD in exercise physiology from Auburn University.
Dr. Kymm Ballard ’08 EdD Kinesiology has been named the executive director of SPARK, a renowned physical and health education program. SPARK is a key physical education offering of School Specialty Inc., a leading distributor of educational products, programs and services. Dr. Ballard has been a partnership development specialist since 2009. She also continues at Campbell University as an assistant professor and the HPETE coordinator.

Jeanne S. Batten ’75 received Teacher of the Year at St. John Neumann Regional Catholic School in Lilburn, GA, where she teaches physical education. An avid tennis player, Batten recently became one of the girls’ lacrosse coaches at St. Pius X Catholic High School in Georgia.

Von Stanley Gossi ’09 PHE recently led UNCG’s Zumbathon charity event benefiting the Greensboro chapter of the American Heart Association. Gossi is a program manager for Optum/UnitedHealth Group. He also leads and choreographs Zumba dance fitness classes and trains other Zumba instructors.

Harriett Pearce ’75 now works as area rehabilitation director for Gentiva Home Health, where she is responsible for working with nine branches on best practices and guidelines. She also teaches a falls prevention program for Gentiva.

Barbara Alley Simon ’57 recently showcased her vintage skiwear collection in a fashion show at the Alf Engen Ski Museum in Park City, Utah. Barbara donated the collection of ski apparel, accessories and equipment from 1968 to 1998. The event was held in connection with the International Ski History Association’s Ski History Week. Regarded as the “First Lady of Ski Fashion,” Barbara was the fashion editor for Skiing Magazine in 1974, wrote fashion editorials for Snow Country Magazine, and appeared on daytime TV shows with Merv Griffin and Oprah Winfrey during the 1980s. In the 1990s, she also produced and hosted fashion shows for Snowsports Industries America. Throughout her career, she coordinated and hosted ski fashion shows for touring ski shows directed by her late husband, Jerry Simon. Photos from the fashion show are available at https://www.engenmuseum.org/interactive-library?type_1=All&field_reference_tid=All&field_event_tid=67.

In Memoriam

Sarah Young Austin ’47, an advocate for the field of social work and for children and families throughout the Triad, died on March 5, 2015, at age 88.

She worked at Family Services in Winston-Salem for 43 years, including 10 years as executive director. While there, she helped place 300 children in loving homes. She was a leader in the field of social work, working with legislators to help the discipline become licensed in North Carolina and supporting both the Social Work department and the Genetics Counseling Program at UNCG.

As the Winston-Salem Journal wrote, “For almost half a century, she bridged the gap between hurt and hope, improving the lives of hundreds of families, battered women and poor children.” She was known for mentoring new social workers, some of whom went on to strong careers of their own.

In addition to her UNCG degree, Sarah received her master’s degree in social work from the University of North Carolina at Chapel Hill. For the last several years she lived at Arbor Acres retirement community in Winston-Salem, where she enjoyed playing card games and watching basketball and baseball.

Memorials may be made to the Sarah Young Austin Enrichment Fund through UNCG Advancement Services, P.O. Box 26170, Greensboro, NC 27402-6170.

Did you know?

There are about 15,500 living alumni of the School of HHS.

About 12,200 of those are alumni of our undergraduate programs. The group includes alumni who have more than one UNCG degree.

About 3,200 have a graduate degree only.
Dr. Kate Barrett, a professor emerita in Kinesiology, is serving as a Centennial Ambassador for the 100th anniversary of physical therapy education at Bouvé College of Health Sciences at Northeastern University in Boston. Barrett was associated with the program as a student at nearby Tufts University, where she received a physical education degree in 1957.

Dr. Deb Cassidy, a professor in the Department of Human Development and Family Studies, has been elected president of the National Association for the Education of Young Children. This global organization is devoted to the research and practice of early childhood education. Cassidy will serve a four-year term in this role.

Amy Chandler, Administrative Assistant, Community and Therapeutic Recreation, received the UNCG Staff Star Award for outstanding service and dedication on behalf of the UNCG Staff Senate. Amy has 18 years of service to the university, including 13 with the Department of Community and Therapeutic Recreation.

Dr. Donna Duffy, AP assistant professor in the Department of Kinesiology and program director for the Program for the Advancement of Girls and Women in Sport and Physical Activity, is also president of the Greensboro YWCA Board. Last winter, the organization opened a new 19,400-square-foot building on E. Wendover Avenue that includes an emergency shelter for women and families. Duffy told the News and Record that the project was special to her because she had experienced homelessness herself in high school. The shelter provides families with stability, shelter, food, financial responsibility classes and access to community resources.

WANT TO READ MORE ABOUT YOUR DEPARTMENT IN HHS ONLINE? Share your good news with Michael Scotto, Facilities and Communications Manager, at mfsotto@uncg.edu.

Dr. Catherine Ennis, a professor in the Department of Kinesiology, is currently serving as President of the National Academy of Kinesiology. The Academy strives to encourage and promote the study and educational applications of the art and science of human movement and physical activity.

Dr. Diane L. Gill, a professor in the Kinesiology department, recently gave a keynote address at the State University of New York at Cortland. She spoke during the student research showcase, called Transformations: A Student Research and Creativity Conference. Gill’s work focuses on the connections between psychology and physical activity.

Jack Register, formerly an AP assistant professor in the Department of Social Work, is now the executive director of the NC National Alliance for the Mentally Ill. He started the new role in January 2015.

Dr. Sandra Shultz, professor and chair of the Department of Kinesiology, will be inducted into the National Athletic Trainers’ Association (NATA) Hall of Fame. Shultz is among eight professionals nationally selected for this year’s Hall of Fame class, recognizing her role in shaping the profession through “noteworthy accomplishments and dedication to service, leadership and professionalism.” A renowned expert on ACL knee injuries in female athletes, she has published more than 60 journal articles on the topic. With more than $1.6 million in funding from the National Institutes of Health, the NATA Foundation and NFL Charities, her research explores risk factors associated with women’s ACL injuries and seeks strategies to prevent them. She also serves as section editor for the Journal of Athletic Training, a grant review panelist for NIH, and an editorial board member for Medicine and Science in Sports and Exercise, Journal of Sports Health, and Isokinetic and Exercise Science.

Dr. Danielle Swick, an assistant professor in the Department of Social Work, received new funding from Durham Public Schools for a project to evaluate the effects of a school-based support program. The goals of the program are to: (1) increase the capacity of elementary schools to recognize and meet the needs of students with mental health issues that threaten their school success; and (2) improve the academic and social outcomes for children with mental health needs.
Student News

NINE HHS STUDENTS EARN UNCG’S HIGHEST UNDERGRADUATE AWARD

Nine HHS students were among those who received a prestigious Student Excellence Award from UNCG. This is the highest award given to an undergraduate at UNCG.

“Only about 50 students across the university receive this award each year, so for nine to be named from the School of HHS is quite an achievement,” said Dean Celia Hooper. “We are very proud of these outstanding individuals.”

The student winners include:

- Public Health Education: Kathleen Stewart and Ashelyn Myers
- Human Development and Family Studies: Kelsey Myers and Shamika Robinson
- Social Work: Aneli Hernandez
- Kinesiology: Jason Baitly and Sabrina Gregory
- Nutrition: Leanne King and Elisa Smith

STUDENTS RECOGNIZED FOR HEALTH SCIENCES AND PUBLIC HEALTH RESEARCH

Students from the School of HHS and Guilford College recently showcased their research at two events and brought home honors.

The students attended the 9th Annual Carolyn & Norwood Thomas Undergraduate Research and Creativity Expo at UNCG and the Big South Undergraduate Research Symposium at Campbell University.

Two of the teams won Best Poster in the Health Sciences and Public Health category at the Big South event. They included Jalisa Horne (Nutrition), Kayo Robinson (Human Development and Family Studies) and Branda Mio (Public Health Education) and Guilford College students Aiperi Iusupova, LeK Siu and Hvung Ksor.

Students Jalisa Horne, Kayo Robinson, Aiperi Iusupova (from Guilford College) and Branda Mio are shown here with their certificates.

Ted Monnich ’14 had an article about ice hockey coaching published on goaliepro.com, a Finnish web site. Monnich, who is currently pursuing a master’s degree in Kinesiology at UNCG, has been involved with all levels of ice hockey goaltending, coaching and instruction for more than 40 years throughout the world. He currently works as a mental conditioning coach and goaltending consultant with teams, coaches, and players in the NHL, NCAA and other hockey associations.

Ted Monnich (right) talks with Jukka Ropponen at 2014 GoaliePro camp.
HHS Alumnae Recognized with University Awards

The School of HHS had several alumnae honored during the Alumni of Distinction Awards during Homecoming Weekend. The HHS alumni are highlighted in this list of those recognized:

Alumni Distinguished Service Award
Carolyn Elizabeth Burnette Ingram ’69
Josephine Alexander Foster ’52, ’64 PhD

Alumni Excellence Award
Judge Beth Keever ’72

Young Alumni Award
Cristina Rolo ’04 PhD

WC Legacy Award
Sally Cone ’72
Betty Ervin ’50
Linda Flowers ’68
Eric Hart ’96
Jessie Howard ’49
Tom Martin ’70
Carol Matney ’63
Neill McLeod ’57
Whitty Ransome ’67
Sadye Dunn Doxie ’57