CHANGING THE CONVERSATION: CONCUSSIONS IN COLLEGIATE STUDENT-ATHLETES
One of the things that impresses me most about our HHS community is the extent to which people give back. This is true of alumni, faculty, staff and friends of our university.

Whether it is staff members volunteering in the public schools, alumni funding scholarships to honor professors, or faculty developing courses to engage and help our community, there is a giving nature here that I have not seen anywhere else.

You’ll see that theme run through the pages of this newsletter.

In this issue, you’ll find stories about students serving the health needs of the Montegnard community, developing innovations to help aging adults, and working to help other first-generation college students. In past issues, we have promoted our growing health coaching program. Today, we have other programs on the horizon, including new efforts with the Peacehaven Community Farm serving people with special needs and our work to improve nutrition for immigrant children in food deserts.

Community engagement is alive and well at HHS.

There is also a long tradition of giving back financially at the School of HHS. You can find some incredible examples of this on the planned giving website. For instance, a group of grateful students funded the Dr. Bob Wineburg Endowed Scholarship in Community Services – both to recognize their professor’s contributions and to ensure that his work inspires students for generations to come. Also, I am touched every year when we award the Jacqueline (Jackie) Cimorrelli scholarship to a student in Communication Sciences and Disorder. Jackie was a friend and mentor for me, and when we award her scholarship, I feel as if a part of her lives on.

In a similar spirit, I joined with my mother several years ago to begin a program fund to provide discretionary spending resources for HHS students and faculty. The Lu Ellen Routh Hooper ’45 and Dr. Celia Routh Hooper MA ’74 Program Fund for the School of Health and Human Sciences provides support for various needs ranging from student emergencies to travel funds for faculty members.

Our next example could be about you! We are always happy to discuss opportunities to be involved at HHS – whether it’s through funding scholarships or building on our long and proud history of making our community a better place. Thank you, as always, for your commitment to our mission and the support you provide in so many ways.

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The UNCG Speech and Hearing Center recently held a seminar on hearing, wellness and recent advances in hearing aid technology. The session was presented in conjunction with Widex, a provider of hearing technology.

UNCG audiologists helped answer questions about how the technology could optimize people’s success with amplification, especially in challenging listening situations.
Graduation was extra special this year for the Departments of Human Development and Family Studies and Specialized Education Services. Students in the Class of 2016 were the first to receive master’s degrees funded by a federal Race to the Top Early Learning Challenge grant.

“We have some great stories from students that really treasured this opportunity to come back to school because it had been a goal of theirs for a long time,” says Dr. Catherine Scott-Little, an associate professor in the department of Human Development and Family Studies.

UNCG’s Master of Education in Birth-Kindergarten Interdisciplinary Studies in Education and Development (BK:ISED) received funding to initiate a new concentration in Early Childhood Leadership & Program Administration. The majority of the Race to the Top Early Learning Challenge funding for graduate studies went toward scholarships for students, allowing them the opportunity to enroll in the program and pay for the tuition through the TEACH Scholarship program. The program is taught entirely online, but it is unlike many other online courses where the students are expected to complete the work individually and on their own time. “The classes meet synchronously,” says Scott-Little. “The classes meet for two hours at the same time each week over the computer using headphones and cameras.”

This spring, the first cohort of 22 students to receive scholarships through the Race to the Top Early Learning Challenge Grant Award graduated from the Master of Education program. “It was a real mix of people already in administrative roles who want to do their job better, and people who wanted to move into leadership roles,” Scott-Little says. About half of the students in the 2014-2016 cohort were already administrators in programs serving children directly, and many of them had waited a long time to come back to school. Others were teachers who wanted to be administrators or individuals who held various leadership roles within the field.

Prior to this funding, the TEACH Scholarship program had always been geared toward associate’s degrees and bachelor’s degrees. This is the first time that it has been offered to students who wanted a master’s degree. “We are very hopeful that when the Race to the Top Early Learning Challenge funding ends in December 2016, that the state will continue to allow students in the master’s program to access TEACH scholarships,” Scott-Little says. “It has been a tremendous benefit for our students who will go on to serve the youngest children of our communities well in the future.”
Gerontology Program to Offer Undergraduate Minor
Based on story by Alyssa Bedrosian, University Relations

UNCG has approved an undergraduate minor in Gerontology beginning this fall.

The minor will be open to undergraduates at UNCG in any major who are interested in a career in aging or simply interested in the topic. This minor may be helpful to undergraduates planning to pursue careers in the allied health fields or in businesses or non-profits serving older adults and their families or after attending graduate school as researchers in their respective fields.

Students will learn to:

• Locate information relevant to the aging experience and communicate it effectively to others.
• Describe the variety of aging experiences.
• Analyze current opportunities and constraints on how people age.
• Interpret data and apply theories of aging to gain perspective on their own futures as older adults and to identify areas for changes.

The minor consists of five 3-credit hour courses, one of which is required and all of which must be outside of the student’s major. The undergraduate minor in gerontology is 15 credit hours total.

For additional information, contact the UNCG Gerontology Program Director Dr. Rebecca Adams or the Gerontology Program office at 336-256-1020.

Grape Study Shows Promise for Health

Antioxidants found in grape skin and seeds may help offset the negative health effects of a high-fat diet, according to a recently published study conducted by a professor in the Department of Nutrition.

The results of two lab studies by Dr. Michael McIntosh, the L. S. Keker Excellence Professor of Nutrition, were published recently in the Journal of Nutritional Biochemistry.

In the first study, the researchers found that consuming a high butter-fat diet enriched with 3 percent grapes (or about five human servings) for 11 weeks resulted in a lower percentage of overall body fat and reduced subcutaneous fat deposits. These reductions were also positively associated with changes in intestinal microbes and health.

In the second study, the researchers used an even higher fat content similar to some Western diets. The results showed that the high-fat diet combined with grape polyphenols reduced the percentage of body fat and also improved intestinal health.

“These two studies suggest that grapes and grape polyphenols may help offset a number of the adverse effects of consuming a high fat diet and trigger improvements in intestinal or systemic health,” McIntosh said. “This is an exciting area of health that merits further study.”

McIntosh’s research group is working to develop dietary strategies — rather than drug-based therapies — to control human obesity.
What do a virtual grocery store, an online interpretation service and an outdoor adventure program have in common? According to the students, all three business models are sustainable, high-impact solutions that can meet the needs of an aging population.

The students recently shared these ideas and others at the first ever Aging Services Innovation Competition. The competition – a partnership between UNCG’s Gerontology Program, UNCG’s Entrepreneurship Cross-Disciplinary Program and Well•Spring Retirement Community – encouraged students of all majors to consider the needs of individuals age 50 and over and develop business models for improving quality of life for older adults.

“I think our residents offered some great perspective and expertise that will really help the UNCG students refine their ideas.”
- GARRETT SAAKE, director of programs and wellness at Well•Spring

The following five entries were selected to be presented at Well•Spring in front of a panel of judges:

- **GeriNutriAnalysis**, presented by master’s student Shea Chrismon
  *Designed specifically for long-term care facilities, GeriNutriAnalysis tracks residents’ dietary intake and conducts nutritional analysis for medical and dietary staff.*

- **Language Access Services**, presented by master’s student Ana Herrera
  *Language Access Services connects older immigrants with professionals who can provide interpretation via conference call. The online service can be accessed at home or in public using a computer, mobile device or tablet.*

- **My Grocery Sidekick**, presented by master’s student Melissa Leonard
  *My Grocery Sidekick is a virtual grocery shopping service with customizable dietary assistance that allows customers to shop from the comfort of their home.*

- **Re-Play**, presented by master’s student Missy Granish
  *Through facilitated adventure and play opportunities designed for older adults, Re-Play seeks to eliminate the age barrier to outdoor adventure.*

- **Sonora**, presented by junior Andrew Burchard
  *The Sonora stereo allows family members and caregivers to customize playlists that are wirelessly synced to a simplified stereo system designed for ease of use by older adults.*

“I was very impressed with the creativity of the student presentations,” said Dr. Rebecca Adams, professor and director of the Gerontology Program. “Each presentation met a unique need of the growing population of older adults – a population that will double by 2030.”

Adams, along with Hayes Distinguished Professor of Entrepreneurship Dr. Dianne Welsh and Associate Professor of Gerontology Dr. Jan Wassel, served as an advisor for participating students. Several courses in gerontology and entrepreneurship were designed specifically to support the competition.

Each of the five presentations received a monetary prize to incentivize the students to build upon their business models.

“It was a very successful event,” said Garrett Saake, director of programs and wellness at Well•Spring. “I think our residents offered some great perspective and expertise that will really help the UNCG students refine their ideas.”

For more information about UNCG’s Gerontology Program, visit gerontology.wp.uncg.edu. To learn more about the ECDP at UNCG, visit bae.uncg.edu/ecdp.
More than a dozen UNCG undergraduates, including many from the School of HHS, have made a big impact in the Greensboro Montagnard community in the last two years. And their work is ongoing.

The Montagnards, also known as Dega, supported U.S. forces during the Vietnam War and have suffered political persecution and violence in the region ever since. From the 1980s onward, Guilford County has welcomed hundreds of refugee Montagnard families. But their health care needs are a concern.

UNCG, in collaboration with Guilford College and NC A&T State University, is helping address this problem through community-engaged research. The day-to-day outreach work is often led by undergraduates.

“These kids will mentor and train each other. They get it done,” says Dr. Sharon Morrison, an associate professor of public health education and research fellow at UNCG’s Center for New North Carolinians.

More than 20 students, some from other states, worked on the Montagnard health projects over the summer of 2015. A variety of majors participated, but a common goal united them — the desire to make a real impact in the world through engaged research.

The students collected hair and saliva, said Jalisa Horne, then a senior nutrition major. “Everyone helped out with the biological measures.” They used the samples to detect cortisol, which indicates levels of stress and can be an indicator of health issues. Then, they gave the results to each participant, so the participants could take the information to a health professional. High cortisol levels, high blood pressure, or survey results could be reasons for concern and follow up.

Horne and then-senior public health major Branda Mlo worked together, supported by a Community Based Undergraduate Research and Creativity Award from the UNCG Undergraduate Research, Creativity, and Scholarship Office, also known as URSCO. “We’ve teamed up to develop a portion of the survey for young adults regarding hypertension,” Mlo explains.

“I wanted to do research!” said Horne, who sought out the professors and the project. She studied in Botswana as a UNCG student two years ago, and recently applied for a Fulbright fellowship to work in Botswana to help young adults with HIV.

Mlo, who is a Montagnard, says, “It’s given me a way to be fulfilled. It links us to all these resources that Montagnards would not know how to access — and it’s being done by college students.” After graduation, she planned to continue work with the Montagnard community.

“I did not know I wanted to do research until I did this project,” she said.

The project is unprecedented at UNCG, said Dr. Sudha Shreeniwas, an associate professor in the department of Human Development and Family Studies. It’s experiential learning with a student group that is diverse in every way. “Our students go out and graduate more competitive in their careers. The students’ names are on publications. They go to conferences.”

With funding from an URSCO Globally Engaged Undergraduate Research and Creativity Award, Oyediya Akaronu researched the use of plants in health management — including hypertension — among Guilford County Montagnards. Through the grant, she also analyzed data collected by Guilford College students the previous summer in Vietnam on plant and herb use in health and hypertension. Impressively, Akaronu was one of only a few undergraduates presenting research at the North American Refugee Health Conference in Toronto in June 2015.
Genetic Counseling Moves to Spring Garden

The Genetic Counseling Program has moved from its “house” at 119 McIver Street, where it was located since the program’s inception in the fall of 2000, to a newly renovated space at 996 Spring Garden Street.

The new location features a larger lecture room and one large student workspace that doubles as a backup classroom. Each room has a flat-screen television for presentations.

Dean Celia Hooper and the School of Health and Human Sciences were instrumental in securing the former bank building on Spring Garden to allow the program to grow and better serve students.

Two Faculty Workshops Address Electronic Resources

The HHS Office of Research recently sponsored a presentation highlighting ways for researchers to better store and manage their data. Called “REDCap: Research Electronic Data Capture,” the session was offered as a networking lunch and presentation in February.

In addition, Dr. Heather Helms, associate professor in the department of Human Development and Family Studies, participated in a panel discussion on using open educational and library resources instead of textbooks in courses. This event was sponsored by the University Libraries and the Scholarly Communications Committee.

Two Seminars Focus on Nutrition

The Nutrition Department recently sponsored two seminars - one about the body’s response to diet and stress, the other about the impact of donated breast milk.

Dr. Maryanne Perrin, a post-doctoral researcher at NC State, provided a February lecture on “Increasing the Supply of Donor Milk: The Impact of Lactation Duration Based Exclusion Criteria and Internet Milk Sharing.”

Later that month, Dr. Steven Fordahl, a post-doctoral research fellow at Wake Forest School of Medicine, spoke about “The Dopamine System’s Response to High Fat, Insulin Resistance and Stress.”
Faculty Members Speak at LEARN Symposium

Several faculty members from the School of HHS participated in the recent LEARN Teaching and Research Symposium exploring gender identity and LGBTQIA research in higher education.

Speakers from HHS included Dr. Paige Hall Smith, Director, Center for Women’s Health and Wellness and a professor of Public Health Education; Dr. Roger Mills-Koonce, associate professor of Human Development and Family Studies and research coordinator for the LGBTQIA Education and Research Network (LEARN); and Dr. Kathy Jamieson, associate professor of Kinesiology.

Kinesiology Series Features Movement Experts

The Department of Kinesiology recently welcomed two speakers as part of the Motor Behavior Research Network series for Spring 2016.

On March 17, Dr. Vivien Marmelat of the Center for Research in Human Movement Variability at the University of Nebraska at Omaha, spoke. The lecture was titled “Fractal fluctuations in human locomotion: Theoretical implications for the detection and treatment of movement disorders.”

This lecture was followed on April 7 by a presentation by Dr. Breanna Studenka of the Department of Health, Physical Education and Recreation at Utah State University. She spoke about “Non-linear aspects of movement variability: Environmental and individual differences.”

Social Work Sheds Light on Foster Care in Triad Stage play

The Department of Social Work gave voice to children in foster care – and trained its own students in the healing powers of art – through a recent Triad Stage production.

“Foster Care Chronicles: Wrongs of Passage” told the real stories of local youth ages 15-23 who have gone through the foster care system.

It was a collaboration between UNCG professor and social worker Alicia Kaplan and theater professional Debra LeWinter.

Written and directed by LeWinter, “Wrongs of Passage” shared the stories of seven of the nine cast members. The remaining two cast members were undergraduate students in UNCG’s Theatre Department.

Preparation began in the fall of 2015, when Kaplan and LeWinter led the cast through a series of group bonding and processing activities. This also helped train social work students in using the arts for self-expression and healing.

Set in a preschool, the show highlighted both the positives and negatives of the foster care experience, including the trauma that many children in the system face. The effort was born out of a similar 2009 production directed by Kaplan.

The production was funded by the Health Resources and Services Administration Behavioral Health Training Grant, through the Department of Social Work.

Alyssa Bedrosian, University Relations, contributed to this article.
CHANGING THE CONVERSATION:
CONCUSSIONS IN COLLEGIATE STUDENT-ATHLETES
Concussions are one of the most untreated injuries in college athletics. Football may make up one-third of reported concussions each year, but other sports can be serious culprits as well: ice hockey, wrestling, soccer, and the like.

It’s difficult to conceal a broken bone or a strained muscle, but because concussions are not immediately visible, as many as three-quarters of concussions in college athletics go unreported. Some student-athletes are unaware of their symptoms; others fail to report them so they don’t have to miss practice or a big game. They don’t want to let down their teammates.

Two faculty members in the Department of Public Health Education are working to change the culture that surrounds concussions among student-athletes and coaches. In February 2016, Dr. Jeff Milroy and Dr. David L. Wyrick received a $400,000 grant from the National Collegiate Athletic Association and the United States Department of Defense to develop a web-based behavioral intervention to help change attitudes and behaviors about concussion reporting among collegiate student-athletes and coaches.

“We’re going to try to normalize reporting of concussive events and symptoms,” said Wyrick, an associate professor of Public Health Education and director of UNCG’s Institute to Promote Athlete Health and Wellness.

The intervention, called BrainCare, will be based on an existing intervention that Wyrick and his colleagues developed to prevent alcohol and other drug abuse among collegiate student-athletes: myPlaybook, which approximately 150,000 student-athletes complete each year. The development and evaluation of myPlaybook was funded by the National Institute on Drug Abuse. BrainCare will use similar strategies as myPlaybook, and the interactive online program will help to create a culture of care seeking in athletics while emphasizing to student-athletes and coaches the importance of reporting concussions to short and long-term health.

Wyrick and Milroy’s project will span three years and will also provide funding for Dr. Kelly Rulison, who will evaluate the public health impact of BrainCare; Samantha Kelly, who will provide overall project management; and Lindsey Sanders, a doctoral student in public health education, who will serve as a full-time graduate research assistant. The funding will allow the research team to focus effort on this project during the academic year and will also allow them to collaborate with other concussion experts from Elon University and the University of Washington.

For these faculty members, the culture surrounding unreported concussions is personal. Milroy played hockey in college in upstate New York, and Wyrick played basketball at Elon University. They know the perceived stigma of reporting concussions is leading to even more serious health problems in athletes later in their lives. If concussions go unreported, they go untreated. Athletes tend to be more vulnerable to further head injuries after they suffer a concussion, but many athletes aren’t aware that it’s something they need to speak up about.

Milroy called this program “the tip of the iceberg” on creating a culture of care seeking in athletics. “This study is focused on increasing concussion reporting,” Wyrick said, “but if we are successful the results of the study will transcend concussions and benefit other stigmatized conditions such as mental health disorder.”

Both Wyrick and Milroy are excited to start working toward being part of the solution.

**SAVE THE DATE: Dean’s Lecture Series to Feature Expert on Brain Trauma**

Dr. Robert Stern, a nationally known expert whose research interests include brain trauma in athletes, will be speaking at UNCG on Nov. 9, 2016 as part of the Dean’s Lecture Series. He will discuss the long-term consequences of repetitive brain trauma.

Stern is a professor of neurology and neurosurgery at Boston University School of Medicine, where he was also co-director of the Center for the Study of Traumatic Encephalopathy and director of the clinical core of the BU Alzheimer’s Disease Center. He recently received a grant from NIH to fund his work on developing methods of detecting and diagnosing chronic traumatic encephalopathy (CTE) during life.
Departments from throughout HHS participated in the 2016 Health and Wellness Expo on March 24 in Elliott University Center.
Lawther Lecture Brings Two Experts to UNCG

The 2016 Lawther Scholar Lecture Series brought two academic leaders to UNCG this spring to present on interprofessional education and emerging technologies of the future.

In the first event, Dr. Robert S. Gold, a professor at the School of Public Health at the University of Maryland-College Park, presented “Emerging Technologies That May Drive the Future of Health and Human Services.” Gold’s research focuses on health communications and technology development in the areas of asthma, cancer prevention, diabetes, HIV prevention, injury and violence prevention. He has played a significant role in the oversight of a broad variety of national research studies and has extensive experience in public health training, career development, mentorship and research training of more than 30 doctoral students. As the founding dean of the University of Maryland’s School of Public Health, he was responsible for the creation of the University of Maryland Global Public Health College Park Scholars Program. During his tenure, the school created the post baccalaureate certificate program in Global Public Health. Dr. Gold is co-director of the UMCP Center of Excellence for Health Information Technology Research. This event was co-sponsored by the School of Health and Human Sciences and the UNCG RISE Network.

In the second event, Dr. Amy Blue, associate vice president for Interprofessional Education at the University of Florida, spoke about the increasing importance of interprofessional education. Blue is also associate dean for educational affairs at the University of Florida College of Public Health and Health Professions, where she oversees the college’s interdisciplinary degree program. This event was co-sponsored by the School of HHS and the UNCG School of Nursing.

Peace and Conflict Studies Forms Network

Faculty members of the department of Peace and Conflict Studies have formed the UNCG Civil-Military Interaction Research and Education Network to build international collaboration, inform and educate policymakers, and promote public policy initiatives that advance civil-military interaction within peacekeeping and humanitarian response communities.

Network organizers plan to offer an ongoing lecture series, workshops, and a series of monographs and white papers. The network is open to all who are interested in advancing civil-military interaction and cooperation.

Founding faculty members include:
• Dr. Thomas Matyok, chair and associate professor in Peace and Conflict Studies.
• Dr. Ali Askerov, an assistant professor in Peace and Conflict Studies.
• Dr. Yuriy Loboda, a visiting Fulbright Scholar from Ukraine at UNCG in 2015-16.
• Stephen Henthorne, adjunct faculty member.
• Colonel R. Scott Buran, USMC (Ret), a non-lethal weapons instructor, Applied Research Laboratory, The Pennsylvania State University.
Dr. Rebecca Adams, professor and director of the Gerontology Program, has been elected as a fellow of the International Association for Relationship Research. She is among only 30 scholars elected to the inaugural class of fellows for the association.

Dr. Arthur Anastopoulos, a professor of Human Development and Family Studies, received additional funding from the National Institutes of Health (NIH) for the project “Longitudinal Outcome of College Students with ADHD.” Although there has been an increase in research investigating ADHD among adults, relatively less research has specifically addressed the manner in which ADHD impacts young adults attending college, the abstract notes. The need for conducting such research has become more evident recently, as increasing numbers of students with ADHD have been enrolling in college. To address this situation, the goals of the proposed study are: to investigate the developmental trajectory of functional impairments associated with ADHD in the college student population, and to identify variables that may predict differential outcomes in this group.

Dr. Andrea Hunter, an associate professor of Human Development and Family Studies and director of the School of Health and Human Sciences’ Office of Diversity and Inclusion (HHSODI), and the HHSODI committee have been awarded the Cultural Pluralism Award by the Association of Schools of Allied Health Professions (ASAHP). The Office of Diversity and Inclusion works to demonstrate the value added by supporting inclusive culture and practices through open dialogue, education, training and professional development. Hunter and her committee’s work has greatly contributed to HHS’s success as it works toward inclusive excellence. Hunter is known nationally for her work on inclusive excellence and cultural pluralism. She co-edited the June 2015 volume of the Journal of Social Issues titled “Psychology, History, and Social Justice: The Social Past in the Personal Present.”

Kelley Massengale, a doctoral candidate in the department of Public Health Education, was named the 2015-16 Outstanding Graduate Teaching Assistant from the School of Health and Human Sciences. She was honored with a prize of $200 and a plaque presented at the Honors Convocation in April.

Dr. Celia R. Hooper, dean of Health and Human Sciences, was recently awarded the Association of Schools of Allied Health Professions, the national deans association, for the past eight years. She has been on the executive board for three years as secretary of the association. She has helped the ASAHP team in representing more than 200 health careers for national advocacy efforts and partnerships with corporate partners.

Dr. Catherine Scott-Little, an associate professor of Human Development and Family Studies, received a continuation of funding from the North Carolina Department of Public Instruction for the project “Supporting Development of the North Carolina K-3 Assessment.”

Louise Raleigh, associate professor and director of the UNCG Speech and Hearing Center, has been inducted as a Fellow of the American Speech Language Hearing Association. In addition, she recently presented at Reading Connections’ annual TutorFest, helping those who volunteer for literacy.

Lisa Walker, the assistant dean for research, finance and operations at HHS, has been named president of the North Carolina Chapter of the Society of Research Administrators International. The North Carolina chapter has approximately 200 members. The society includes 5,200 members from more than 40 countries including representatives of colleges and universities, research hospitals and institutes, government agencies, non-profit funders of research, and industry.

Want to read more about your department in HHS online?
Share your good news with Michael Scotto, Facilities and Communications Manager, at mfsotto@uncg.edu.
Dr. Deb Cassidy, a professor of Human Development and Family Studies, was named UNCG’s nominee for the UNC system’s 2015-16 O. Max Gardner Award. The award was established by the UNC Board of Governors to recognize faculty who have “made the greatest contributions to the welfare of the human race.” A professor of Human Development and Family Studies, Cassidy was selected by the Gardner/Holshouser Award Committee because of her significant contributions to early childhood education. Cassidy has provided substantial leadership for the development and widespread adoption of the 5-star rating system for early education settings, and her contributions include working to increase the efficiency and effectiveness of education for early childhood teachers.

Dr. Bob Wineburg, the Jefferson Pilot Excellence Professor of Social Work, was honored for 35 years of service. Wineburg is the cofounder of the Welfare Reform Liaison Project. He is interested in the relationship between federal domestic social welfare policy and service provision and also the involvement of religious organizations in local service delivery and policy development.

Maggie Jones, the undergraduate administrative assistant in Human Development and Family Studies, received the Staff Excellence Award.

Carrie Rosario ’11 MPH, an assistant professor of Public Health Education and the associate director of undergraduate education, received the Student Learning Enhancement Award.

Chancellor Franklin Gilliam Jr. said the honorees all exhibited characteristics such as dedication, a desire for social justice and fairness, creativity, support, openness, caring and a striving for excellence.

“These are the kinds of values that make UNCG a special place and a great university,” he said.

**DEAN’S OFFICE PARTICIPATES IN FITNESS CHALLENGE**

Faculty and staff from the School of HHS Dean’s Office won honors in their division of the state’s Miles for Wellness initiative.

The program of the NC Office of State Human Resources provided state employees with eight weeks of mindfulness training regarding the amount of physical activity they get, in a competitive and fun platform. Fourteen UNCG teams participated in the Fall 2015 Miles for Wellness Challenge.

The “Mclver ColeStoners” won the “Super Hare Division” with 5,008 miles walked. Members included: Eileen Miller, assistant dean, who served as captain; Charles Dent, assistant dean of operations and administration; Dr. Celia Hooper, dean; Dr. Kathy Williams, senior associate dean of undergraduate programs; Diane Levine, post-award research administrator, HHS Office of Research; Bill Johnson, student success navigator, HHS Advising and Personal Development Center; Verna Leslie, pre-award research administrator, HHS Office of Research; Heather Mitchell, university program associate; Michael Scotto, facilities and communication manager; and Jane Harris, educational innovation and design consultant.
**Student News**

**HHS CONGRATULATES 2015-16 STUDENT EXCELLENCE AWARDEES**
The Student Excellence Award is UNCG’s highest academic honor for undergraduates. These awards recognize excellence in and out of the classroom for creativity, originality, motivation, analytical skills and communication skills.

The following HHS students received this award at the Student Honors Convocation in April.

- Deborah Guthmann - Kinesiology
- Erika Hobbs - Public Health Education
- Charles Holleman - Social Work
- Bess Hopkins - Communication Sciences and Disorders
- Caralee Mason - Nutrition (not pictured)
- Emma Rettew - Human Development and Family Studies
- Aldrea Speight - Public Health Education
- Krystal Speights - Communication Sciences and Disorders
- Lucas Wilkerson - Nutrition

**Public Health Education Student Featured in News and Record**

Carissa Crews knows what it’s like to be the first in her family to graduate from a four-year university. It’s a great accomplishment, yet she experienced challenges along the way, such as navigating complex processes for financial aid and understanding credit hours without family expertise to guide her.

So last fall, Crews ’16 did something to help others in her situation. She started 1st G, a student-led program that provides a support network for first-generation college students.

The accomplishment caught the notice of area media, and Crews was among six area graduates to be profiled in a News and Record feature story in May. But she’s not done yet.

Crews plans to return to UNCG this fall to enroll in the public health education master’s degree program.
STUDENTS INDUCTED INTO GOLDEN CHAIN HONOR SOCIETY

Five students from the School of HHS were among those inducted into the Golden Chain Honor Society in December 2015. They include:

- Shaikhah Almesbah, a senior majoring in Human Nutrition/Dietetics.
- Whitney Kristina Coleman, a senior majoring in Kinesiology.
- Rachel Isom, a senior majoring in Human Nutrition/Dietetics.
- Melissa Roberts, a senior majoring in Sociology and Human Development and Family Studies.
- Dakarai Shipp, a junior majoring in Kinesiology.

Inductees are juniors or seniors with a grade point average of 3.25 or higher who exhibit the qualities of leadership, scholarship, service, judgment, tolerance, magnanimity and character.

RESEARCH EXPO WINNERS ANNOUNCED

The following graduate and undergraduate students from HHS received awards for their research:

**Rose Ewald ’16 and Sarah Howle ’12, ’13 PBC** received an undergraduate research award in Health and Behavioral Sciences for their research, “Hypertension and Obesity in Low-Income, Immigrant and Minority Adolescents.” Their faculty mentor was Dr. Lauren Haldeman, associate professor in Nutrition.

**Andrea Pluskota**, a doctoral candidate in Communication Sciences and Disorders, received a graduate award in Health Sciences for “Black Lives, Literacy and Language Skills Matter: A Summer Program for Culturally and Linguistically Diverse School-Aged Children.” Her faculty mentor was Dr. Alan Kamhi, a professor of Communication Sciences and Disorders.

STUDENTS INDUCTED INTO KAPPA OMICRON NU NATIONAL HONOR SOCIETY

HHS was well represented with a large number of students inducted into the Kappa Omicron Nu National Honor Society in April. Kappa Omicron Nu is the leading honor society for students in the human sciences.

The student inductees were as follows:

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<th>UNDERGRADUATE STUDENTS</th>
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<td>Joel Bartz (SWK)</td>
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<td>Leah Bianco (HDFS)</td>
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<td>Mindy Blackburn (SWK)</td>
<td>Heather Cover (PHE)</td>
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<td>Courtney Blankenship (CSD)</td>
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<td>Erin Carney (KIN)</td>
<td>Chelsea Hudson (HDFS)</td>
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<tr>
<td>Nicholas Chapman (KIN)</td>
<td>Sainabou Jaye-Marong (PCS)</td>
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<tr>
<td>Whitney Coleman (KIN)</td>
<td>Naeun Kim (CAR)</td>
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<tr>
<td>Sidney Corum (HDFS)</td>
<td>Dominique Limprevil-Divers (PHE)</td>
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<td>Chantel Edwards (HDFS)</td>
<td>Monique McLeary (PHE)</td>
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<td>Leigh Gagnon (HDFS)</td>
<td>Sara Mendonca (HDFS)</td>
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<td>Hannah Grogan (NTR)</td>
<td>Emily Miller (IAR)</td>
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<td>Brionna Harpe (SWK)</td>
<td>Larua Pipe (KIN)</td>
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<td>Arielle Kerr (HDFS)</td>
<td>Rochelle Sanders (HDFS)</td>
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<td>Sara Lane (CTR)</td>
<td>Kristin Spence (GRO)</td>
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<td>Sydney Lewis (KIN)</td>
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Alumni News

Vicki Simmons '75, '84 MS, an adapted physical education teacher at Haynes-Inman Education Center, was named the December Guilford County Schools Employee of the Month.

“Victoria Leigh Simmons is the most enthusiastic teacher that I have ever had the pleasure of working with in 40 years,” says physical therapist Margaret Akingbade, in an article recognizing Simmons’ achievement.

“She loves her students and they love her back. Her adapted PE program is the envy of her peers throughout the state of North Carolina. This wonderful teacher is never too busy or too tired to help anyone who needs her help, including staff, parents and students alike. She is an asset to her profession and to our Guilford County Schools community.”

Que Tucker '77 MSPE was named the Commissioner of the North Carolina High School Athletic Association in December 2015.

A native of Rockingham County, Tucker came to the Association in 1991 after serving as assistant coach for the NC State University women’s basketball program, under Kay Yow. She was also a highly successful coach at Reidsville Senior High School, named North Central 4-A Conference Coach of the Year in volleyball in both 1986 and 1987 and winning the corresponding honor in women’s basketball in 1987. She also was the Triad 3-A Conference Coach of the Year in women’s basketball twice.

Tucker earned her bachelor’s degree in physical education from Mars Hill College. While at UNCG, she served as a graduate assistant in women’s volleyball and basketball. She also has an excellent background in officiating, serving as a game official in volleyball, basketball and softball.

HHS ANNOUNCES ALUMNI AWARDS

Each year, faculty and alumni of the School of HHS honor their excellent alumni with a number of awards. Those recognized on April 16 were:

**Distinguished Alumni Award**
Dr. Jeffrey Martin MS ’89, PhD ’92 Kinesiology

**Lifetime Legacy Awardee**
Dr. Margaret Bordeaux Arbuckle MEd ’75, PhD ’83 Human Development and Family Studies

**Public Service Awardee**
Dr. Donna Biederman DrPH ’12 Public Health Education

**Emerging Leader Award**
Dr. Cindra Kamphoff MS ’00, PhD ’06 Kinesiology

**Pacesetter Awardees**
- Dr. Michelle Novakovich ’97, MA ’99 Communication Sciences and Disorders
- Laura Harkins Kelly MS ’10 Community and Therapeutic Recreation
- Rachel Mills MS ’08 Genetic Counseling
- Dr. Joo Hyung Han ’07 Gerontology
- Dr. Ishan Canty Williams MS ’00, PhD ’03 Human Development and Family Studies
- Dr. Michael McKenzie PhD ’06 Kinesiology
- Julie Duffy Dillon RD ’99 Nutrition
- Erin Beacham MA ’12 Peace and Conflict Studies
- Dr. Julia Alber MPH ’12 Public Health Education
- Chauncey Greene MSW ’04 Social Work

Many thanks to the HHS Alumni Association and especially Randi Stewart, Kathi Lester and Mary Kristen Clark for reviewing the nomination packages. Congratulations to all the awardees!
In Memoriam

Dr. Marion O’Brien, MA, PhD, a professor emerita in the department of Human Development and Family Studies, died on Dec. 21, 2015. Diagnosed with cancer in June 2015, she remained active and engaged with friends and family until the last week of her life.

She is survived by three children, son Connor O’Brien of Emeryville, CA, and daughters, Shay O’Brien of Alameda, CA, and Lia O’Brien of Greensboro, NC; their spouses; two grandchildren, Rowan O’Brien and Finian Gibbs, and cousin Judy Bley of San Francisco. She was preceded in death by her parents and brother Albert Meier, all of Philadelphia, and by her husband of 45 years, Dr. W. John O’Brien.

Born on Feb. 4, 1943, to Ferdinand and Eleanor Meier of Philadelphia, PA, she was married to the late W. John O’Brien in 1964. She received her bachelor’s degree from Gettysburg College in Gettysburg, PA in 1964, and went on to receive her master’s degree and doctorate at the University of Kansas, where she enjoyed a distinguished career as an assistant to full professor in Human Development and Family Life. During her 16 years as faculty at KU, she directed a number of significant research programs studying cognitive and social development in young children. At UNCG, she served as a professor of Human Development and Family Studies from 2001 to 2012 and was associate dean of research in the School of HHS from 2007 to 2011. During her academic career, she served on several editorial boards for prominent journals in the field of child development and was nationally prominent as a researcher and policy advocate. She was a mentor to many students and junior faculty during her career.

Throughout her life and especially so following her retirement, she was an avid traveler who had been on every continent except Antarctica. A loving wife, mother and grandmother, beloved as a wise and compassionate person, she maintained throughout her life the curiosity and humane spirit for which she will be fondly remembered by all who knew her. In lieu of flowers, the family requests that donations be made to the Terri Lynne Lokoff Child Care Foundation.

Carol Diane Eustis ’67 died May 9, 2015.
Born September 7, 1945 in Astoria, OR, she was the daughter of the late Harold S. and Dorothy L. Courtwright Eustis. She was the spouse of Linda L. Twenty. After earning her master’s degree in education at Towson University, she began her career as assistant professor of health and physical education for Essex Community College, then became department chair and division chair. In 1999, she became academic dean of Allied Health and Human Performance for the Community College of Baltimore County and, in 2003, became dean of the School of Health Professions for CCBC.

She was a trailblazer of community college women’s athletics at the local, state, regional and national level, leading the CCBC Essex Athletics program as its director of athletics for 12 years. She won three NJCAA Field Hockey National Championships while coaching at CCBC Essex and led three teams to the NJCAA Women’s Basketball National Championship. She was a 14-time coach of the year. Under her tutelage, nearly 20 student-athletes were named NJCAA All-Americans. She was the NJCAA Region XX women’s director from 1985 to 1999. In 2001, she was inducted into the NJCAA Region XX Hall of Fame. She served as the NJCAA vice president for the Women’s Division from 2004 to 2008.

Surviving, in addition to her spouse, are sister Gail E. Franklin of Acworth, GA; niece Emily L. Franklin of Washington, DC; and nephew Kyle D. Franklin of Houston, TX. In lieu of flowers, memorial contributions may be made in her name to CCBC Foundation, 7200 Sollers Point Road, Baltimore, MD 21222.
HHS Tech Showcase

Dr. Jane Harris and Pam Howe (HHS Educational Innovation and Design Consultants) organized the annual HHS Tech Showcase, February 4, in the EUC Maple Room. The showcase offered 30 sessions about online learning. Presentations by UNCG faculty and staff covered such topics as developing online degree programs, promoting the educational use of social media, and igniting student engagement.