The King’s Speech
SHINES SPOTLIGHT ON SPEECH AND HEARING ISSUES
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HORIZONS
Alumni Magazine of the UNCG School of Health and Human Performance
not long after I received my master’s degree from UNCG, I heard that my former academic program was moving from Arts and Sciences into the School of HHP. I remember that this news gave me pause.

I wondered what the university was doing, what prompted the change and what it might mean for alumni and students.

Now, looking back, I can see the good that came from this transition. That realignment helped make the program in Communication Sciences and Disorders into the department of Communication Sciences and Disorders. They moved from a good program to a great department, and I am proud to say we are now ranked 30th out of 280 departments nationwide.

Clearly, being with the right people and in the right organization makes departments grow and flourish.

That’s why I’m particularly honored to help lead our latest transition: the creation of a new School of Health and Human Sciences. This is an exciting time! (See article on pg. 4).

As a fellow alum, let me assure you that we will honor our heritage. In fact, we are even discussing creating a small museum area in our library or...
somewhere on campus to contain memorabilia from both the School of Human Environmental Sciences and the School of Health and Human Performance. We want to honor the legacies.

At the same time, it’s equally important for us to look toward the future.

Like colleges around the country, we must change and realign ourselves to respond to our students’ needs and to help them plan for careers in health and human sciences.

Our new school represents a strategic shift to meet the unprecedented challenges and opportunities that our University faces. These challenges include the economic downturn and resulting defunding by the state, fierce competition for external funding dollars, and competition for students and faculty from other institutions of higher education.

It is vital, now more than ever, to ensure our students and faculty have the very best organization possible, so they can work more easily and more effectively.

The goal of our new school is to be a single academic unit that enhances collaboration through interdisciplinary approaches to curricula, community engagement, and research.

The departments and programs joining the School were chosen because they are, first and foremost, human-centered. They also all emphasize research, have a professional orientation and share interdisciplinary foundations, especially relating to health, wellness and the human condition.

Based on our vision of interdisciplinary curriculae and research, and community-engaged scholarship, we expect the new School of Health and Human Sciences will:

- Lead systematic, creative thinking about new programs to meet the goals of the UNCG strategic plan;
- Increase our work with potential partners at the local, state and national level;
- Incorporate research and graduate programs;
- And provide the leadership and follow-through to meet our goals.

How will we get there?

I plan to embark on a listening tour this summer and into next year. Starting July 1, we will have a transition website along with a dean’s blog that will help keep everyone updated. Beginning in July, we will have a Transition Task Force to help us get organized for the fall. This fall, we will become even more active with a variety of faculty/staff/alumni and student transition committees to help with the transition. Watch www.uncg.edu/hhs for more news!

We will start some of this work immediately, and other aspects of our plan will be phased in over time. I fully expect that, by our second year, we will be on our way to being the very best school at UNCG and one of the best schools of Health and Human Sciences nationwide. As my dean colleagues around the country who have experienced a similar realignment tell me, a year from now we will be amazed at our progress!

Most importantly, in all that we do, we will ask ourselves, “Are we serving students?” This will be our core focus as we create this new school, this new culture and this new way of educating future generations.

We look forward to partnering with you, our dedicated alumni, in our effort to build something magnificent!
New School of Health and Human Sciences Opens July 1

The UNCG Board of Trustees has voted to create a School of Health and Human Sciences. The new school will replace the School of Human Environmental Sciences (HES) and the School of Health and Human Performance (HHP) on July 1.

The new school will have seven departments – communication sciences and disorders, human development and family studies, kinesiology, nutrition, recreation and gerontology, social work, and public health education – and the Genetic Counseling Program.

“This restructuring reflects UNCG’s focus on health, wellness and quality of life across the lifespan,” Chancellor Linda P. Brady said. “In the years ahead it will create new opportunities in what is already one of our areas of strength.”

Two departments in HES are slated to become parts of other campus units. The Department of Consumer, Apparel, and Retail Studies would move to the Bryan School of Business and Economics; the Department of Interior Architecture will join the College of Arts & Sciences in a previously announced move.

The Recreation Program in the Department of Recreation, Tourism, and Hospitality Management in HHP would merge with the Gerontology Program to form a Department of Recreation and Gerontology in the new school, while its Hospitality and Tourism Management Program would move to the Bryan School.

The trustees also voted to appoint Dr. Celia Hooper dean of the new school during the upcoming transition. She has been dean of HHP since 2008 and was interim dean 2007-08. The university plans to launch a nationwide search for a permanent dean no later than July 2012 and to make an appointment no later than July 2013.

“Hooper has helped strengthen the School of HHP’s offices of research, academic programs and academic outreach and has supported development of the telepractice program at Gateway University Research Park and the UNCG Early/Middle College,” said Provost and Executive Vice Chancellor David H. Perrin. “She will provide positive leadership in organizing the new school.”

UNCG AND WESTERN CAROLINA PARTNER ON DOCTORAL CSD PROGRAM

THE UNCG CURRICULUM COMMITTEE has approved a new part-time distance doctoral education program in Communication Sciences and Disorders.

The program, a partnership between UNCG and Western Carolina University, is called the UNCG-WCU Inter-Institutional Doctoral Education Arrangement for Learning and Leadership (IDEALL). Faculty from both institutions will partner in the program, which is the first of its kind in the UNC system and must still be approved by the General Assembly.

The program is geared toward part-time students in western North Carolina, who will apply to and receive their degree from UNCG.

The Communication Sciences and Disorders Program at WCU was named the university’s Department of Excellence last year and has three endowed professors and much funded research.
ALUMNA MASTERS TRACK AND FIELD EVENTS

FOR MANY OF US, aging can present a hurdle to staying in shape.

But for Becky Sisley ’64 MS, ’73 EdD, the hurdles are actually what keep her fit.

Sisley was 70 years old in August 2009 when she claimed the bronze medal in the World Masters Athletics Championships in Lahti, Finland. She finished the 200-meter hurdles in 41.08 seconds, an American record for her age group.

With 22 years of track and field competition under her belt, she also earned gold medals in the heptathlon, the 80-meter hurdles, the pole vault and the 400-meter relay. She took silvers in the javelin and the 100-meter relay at that competition.

“I did nine events, and I was just amazed that I survived,” she recently told the Oregon Quarterly, the alumni magazine for the University of Oregon, where she is a professor emerita and served as the first women’s athletic director.

Today, she maintains her level of fitness with yoga, weight training, golf and exercises to strengthen her core.

Her outstanding efforts continued at the 2010 national championship when she won the two events she entered – the pole vault and the javelin. Sisley currently holds world records in the heptathlon and pole vault for women 70-74 and U.S. records for the javelin, 80-meter hurdles and 200-meter hurdles in the same age group.

GERIATRIC THERAPEUTIC RECREATION COURSES NOW OFFERED ONLINE

THE SCHOOL OF HEALTH AND HUMAN PERFORMANCE now has an online series of three courses in geriatric therapeutic recreation – the first such offering nationwide.

This unique and innovative program will provide practicing recreational therapists across the country with a broad range of specialized knowledge and skills to enhance their ability to work with older adults. The program is offered thanks to a partnership between the Department of Recreation, Tourism, and Hospitality Management and the Office of Academic Outreach in the School of HHP.

Courses include:

• Geriatric Recreation Therapy Practice: Roles and Responsibilities,
• Geriatric Assessment for Therapists, and
• Evidence Based Interventions in Geriatric Therapeutic Recreation.

Students may enroll to obtain either Continuing Education Contact Hours or graduate credit from UNCG. For more information, please contact Dr. Lin Buettner at lbuettn@uncg.edu or Maggie Chrismon at mlball@uncg.edu.
Lawther Lecture Highlights Problem of Physical Inactivity

Is physical inactivity the biggest public health problem of the 21st century? It very well could be, according to Dr. Steven N. Blair, a professor in the departments of Exercise Science and Epidemiology/Biostatistics at the Arnold School of Public Health at the University of South Carolina.

Blair came to the School of HHP in March to offer the 2011 Lawther Lecture. His groundbreaking research focuses on the associations between lifestyle and health, with a specific emphasis on exercise, physical fitness, body composition and chronic disease.

Low cardiorespiratory fitness accounted for more deaths than a variety of other risk factors including obesity, smoking, high cholesterol and diabetes, according to the Aerobics Center Longitudinal Study of a large group of men and women, Blair says.

In a separate study following 2,316 men with type 2 diabetes over an average of 16 years, obese men who were moderately/highly fit had less than half the risk of dying of cardiovascular disease in that time period than normal-weight men who were unfit.

Given that, Blair advocates for physicians to stress physical activity, not only for weight loss but also for its health benefits.

Blair has published more than 500 papers and chapters in the scientific literature, delivered lectures to medical, scientific, and lay groups in 49 states and 49 countries, and is one of the most highly cited exercise scientists, with more than 25,000 citations to his work. He also was the senior scientific editor for the U.S. Surgeon General’s Report on Physical Activity and Health.

The Lawther Lecture is given annually in honor of Ethel Martus Lawther, who served the university for 43 years, including as a professor, head of the physical education department and dean of the School of Health, Physical Education and Recreation (now Health and Human Performance).

LOW CARDIORESPIRATORY FITNESS ACCOUNTED FOR MORE DEATHS THAN A VARIETY OF OTHER RISK FACTORS INCLUDING OBESITY, SMOKING, HIGH CHOLESTEROL AND DIABETES.
VIRTUAL REALITY LAB AIDS IN STUDY OF KNEE INJURY REHABILITATION

WHEN PEOPLE RECOVER from injuries, there can be bumps in the road.

Dr. Christopher Rhea will help create even more of them in his new lab in the Kinesiology department.

Using a virtual reality system and a new, high-tech treadmill, Rhea and his team can create a sensation of uneven terrain – or even trips and slips – to study how people recover from knee injuries.

"It’s really important to get people out of their comfort zone to see how well they adapt," says Rhea, who started in January as an assistant professor in Kinesiology.

His focus on rehabilitation will be a new area of study for the widely recognized ACL research program in Kinesiology.

“Dr. Sandy Shultz and Dr. Randy Schmitz have done a lot of nice work looking at what can lead to ACL injury,” Rhea says. “My work is complementary, examining the rehabilitation side. Together, we will really look at ACL injury from a holistic perspective.”

Rhea is now setting up the Virtual Environment for Assessment and Rehabilitation (VEAR) Laboratory, which will offer two types of virtual reality experiences for study participants recovering from knee injuries. Participants can walk on a treadmill that faces a 10-foot screen broadcasting high-definition 2D video. Participants can also wear 3D goggles contained within a helmet-like device, creating a sensation of being immersed in a video game. The 3D goggles can be used while walking over ground or on the treadmill, allowing for the development of diverse virtual environments.

Nationally, Rhea says, most virtual reality research in rehabilitation is aimed at boosting patients’ psychological motivation. Therapy can be more interesting, for instance, if patients feel they are walking through a field or through a virtual city.

But his research takes this a step further, examining how a virtual environment can actually influence a person’s walking. “We can see how they adapt to stepping over a virtual pothole or how they handle an avatar coming out of nowhere and cutting them off,” Rhea says.

The specialized treadmill in the VEAR lab can stop abruptly for a millisecond, creating a sensation of tripping over a curb. The treadmill also can speed up for a millisecond, creating a sensation of slipping briefly on ice. This technology allows Rhea and his colleagues to determine how effective their virtual reality training environments are.

Rhea and his team also can develop avatars that show injured patients exactly how they are walking compared with avatars who model a healthy gait. In this way, patients can try to improve their walking and get instant visual feedback.

The ultimate goal is to develop a clear-cut method to determine an injured patient’s readiness to return to activity. “Usually, this is a judgment call from an orthopedist or physical therapist, but there’s no good way to say, ‘Yes, you are definitely ready to return to physical activity,'” Rhea says. “And if patients return too soon, they can tear their ACL again. We’re trying to develop a quantifiable metric to show they are ready to adapt to the real world.”

Rhea comes to UNCG after working as a research scientist with the Department of Veterans Affairs’ Providence VA Medical Center in Rhode Island. There, he saw many ACL injuries, which are 10 times more common in soldiers than in the general population because of their high rate of physical activity. Concurrently, he was a visiting scholar at Brown University.

He received his bachelor’s degree in physical education from the University of Central Missouri, his master’s in movement science specializing in sports biomechanics from Barry University, and his doctorate in motor behavior specializing in biomechanics from Purdue University.

His career reflects a combination of his interest in math, physics and physical activity. “This really is the intersection of all things I found interesting.”

IN BRIEF

HHP ALUMNI ASSOCIATION HAS NEW PRESIDENT

David Haynes ’82 is the president of the newly formed Alumni Association at the School of Health and Human Performance.

Haynes is the director of marketing at Comfort Keepers, an organization dedicated to supporting senior citizens in their homes. He and his wife Amy Haynes ’81 are residents of Summerfield.

The alumni association was created to enhance the unity of the alumni by creating a connection and network.

NEW SPORTS PSYCHOLOGY LAB OPENS

The department of Kinesiology has a new lab for Sports Psychology classes. Located in HHP 236, the former classroom was renovated into a lab space.
The role of a speech-language pathologist took center stage in the recent Oscar-winning film The King’s Speech.

That was a wonderful development in the eyes of professionals at the UNCG Speech and Hearing Center.

“Rarely is the role of a speech language pathologist – or the role of a person who stutters – profiled in a movie that wins multiple Oscars,” says Dr. Celia Hooper, Dean, School of Health and Human Performance. “This film brings attention and dignity to a disorder that affects many people.”

It also brought some attention to the Center, which was profiled in a WFMY News 2 segment about stuttering recently. The news story featured two UNCG students – Senior Zeb Perrell and Sophomore Ben Eklund – who are receiving treatment for stuttering at the Center.

“This movie has truly given us an opportunity to educate people about stuttering and to share information that there is help for those who stutter,” says Vicki McCready, an AP professor and director of the Center. “I can’t tell you how meaningful it was for those two students to talk about their experiences in the news story. They become overnight celebrities on the UNCG campus.”

Therapy for stuttering is just one aspect of what the Center does.

In operation since 1967, the Center provides a comprehensive program for diagnosis and therapy in language, speech and hearing. In the last year, the center served 682 children, adolescents and adults from throughout the region, with an additional 830 people served off-site.

Services are provided by graduate student clinicians in the Department of Communication Sciences and Disorders under supervision of faculty members who are state-licensed and nationally certified by the American Speech, Language and Hearing Association. The Center has contracts to provide speech and language services in area school districts.

The Center also offers a variety of support groups, classes and summer camp programs. For more information, and to view the WFMY news story, please visit www.uncg.edu/csd.
Former Actress Transfers Skills to Career in Speech-Language Pathology

GRETCHEL MCGINTY will soon earn a graduate degree in speech-language pathology from UNCG, after transforming her stage skills into a career helping others speak.

A Charlotte native, McGinty began her career as an actress on the television soap opera “All My Children” in 1997. Later, she was an off-Broadway theater actress, traveling the East Coast to perform in long-run plays.

She decided to go back to school in 2008, dedicating her life to learning how to work with people of all ages on speech-language issues like stuttering, aphasia, swallowing disorders, language and articulation delays, autism and accent modification. Much of her graduate research focused on transgender issues.

Her story was recently featured in the Charlotte Observer.

“In speech-language pathology, I help people find their voice,” McGinty told the newspaper. “Someone who suffers from stuttering or autism might have spent a lifetime feeling ashamed. Speech-language pathology is about showing them how to be confident and proud of the way they communicate, even if it’s not the same as everyone else.”
Four Recognized with Ethel Martus Lawther Alumni Awards

The School of HHP recently honored four people with 2011 Ethel Martus Lawther Alumni Awards.

The awards are given to outstanding alumni who attain local, state or regional recognition through achievements in scholarship, leadership or service in their career and/or civic involvement.

Lawther was the first Dean of the School of Health, Physical Education and Recreation (now Health and Human Performance). She helped build the School from a department and then helped expand its scope and breadth.

THE WINNERS INCLUDE:

Monica Gragg ’03 is currently working as a hospitality lecturer and student activities manager in Shanghai, China. While a student in Hospitality Management at UNCG, Gragg co-founded the Hospitality Management Club and served on the Dean’s Student Advisory Council. Every step she has taken since graduation has led to increased international leadership and recognition for furthering education in the hospitality field at a global level. She spent time with a cruise company honing her skills in cross-cultural communication and guest services before deciding to continue her formal education. Upon receiving her master’s degree from the Glion Institute of Higher Education in Switzerland, Gragg continued her focus on cultural sustainability in tourism settings. She works with Chinese organizations to develop advanced conceptions of tourist and community responsibility. Gragg was nominated for this award by Dr. Bonnie Canziani, associate professor in the Department of Recreation, Tourism, and Hospitality Management.

Marilyn “Que” Tucker ’77 MS serves as deputy commissioner of the North Carolina High School Athletic Association (NCHSAA). She began her career playing basketball at Mars Hill College, where she earned her bachelor’s degree in physical education and was inducted as a charter member of the college’s Athletic Hall of Fame. She earned her master’s degree in physical education from UNCG, while serving as a graduate assistant in women’s volleyball and basketball. Her first teaching and coaching opportunity was at West McDowell Junior High in Marion, where she compiled a record of 145-104 in women’s basketball and a 58-16 record as head volleyball coach. She has received several conference coach of the year awards. A member of the NC Athletic Director’s Hall of Fame, Tucker served as an assistant women’s basketball coach at NC State from 1989 to 1991. Now with the NCHSAA, she supervises the association’s 22-sport program. She also serves as a game official at basketball, volleyball and softball games. Ruth McSwain ’45, a Lawther Alumni Award recipient, nominated her for the award.

Dr. Jason Robertson ’02 MPH has served as wellness coordinator at UNCG since 2005. Among his many duties, Robertson collaborates with campus organizations, faculty and staff to develop health education programming; he provides tobacco cessation services to members of the campus community; and he has developed templates and timeframes for data collection for the office of Student Health Services.

continued next page
Lawther Alumni Awards continued

Robertson also serves as the director of Outreach and Training for UNCG’s “Friends Helping Friends Suicide Prevention Project.” Before coming to UNCG, Robertson served as the wellness coordinator at Longwood University in Farmville, VA. He has been an adjunct instructor in the department of Public Health Education since 2005, holding many certifications and distinctions in the profession, having presented at numerous conferences and events. He most recently received a Doctor of Health (DHSc) through Nova Southeastern University. He was nominated for this award by Dr. Muhsin Orsini, Director of the Undergraduate Program in Public Health Education.

Cindy Ling ’75, ’76 MEd is co-owner of Ling and Kerr Therapy Services in Greensboro. This 16-year-old firm employs approximately 40 speech-language therapists, occupational therapists and physical therapists. A well-known mentor, Ling supervises the clinical fellowship years of many of her new therapists and accepts many graduate interns from UNCG. Ling and her firm serve the needs of speech-impaired and other children through contracts in North Carolina public schools. Her expertise in augmented communication, apraxia and intellectual disabilities makes her a highly sought-after professional by school districts across the state. She has served in various leadership and board roles in the North Carolina Speech Hearing Language Association, is a certified therapeutic riding instructor and is an American Hippotherapy Association Registered Therapist. She has worked as an Operation Smile volunteer and been on mission trips to Honduras, Morocco and Vietnam. In 2009, Ling received an ACE Award from the American Speech-Language Hearing Association for her extensive participation in continuing education. She continues to provide research opportunities for the Department of Communication Sciences and Disorders. Ling was nominated by Perry Flynn, an AP Associate Professor in the Department of Communication Sciences and Disorders.

TRITSCHLER RECEIVES THE 2011 DISTINGUISHED ALUMNI AWARD

Dr. Kathleen Tritschler ’85 EdD received the Distinguished Alumni Award, the highest honor given by the School of HHP to outstanding alumni.

It recognizes those who have attained national and/or international stature through achievements in teaching, coaching, administration, service, leadership, performance, research, writing or creative endeavors.

On the faculty of Guilford College, Tritschler is a nationally recognized measurement specialist in physical education and exercise science. She is well known for her authorship of two measurement textbooks, Barrow & McGee’s Practical Measurement (2000) and Assessment and Practical Measurement in Physical Education and Sport (co-author, 1989). Dr. Tritschler has played a major leadership role in guiding Guilford College and the Department of Sports Studies for more than 25 years, including serving twice as chair of the department. She is currently the director of the Business and Policy Studies Division at Guilford College. Locally, she has organized numerous workshops, clinics and scholarly meetings including the Physical Best Testing and Youth Fitness Testing Workshops for school districts. Dr. Tritschler served as the Physical Best State Coordinator for the national fitness program sponsored by the American Alliance for Health, Physical Education, Recreation, and Dance. She has been a consultant for SportsDreams, a Greensboro non-profit that works to involve adolescent girls in organized sport programs. She also has shared her expertise with the Outdoor Adventure Program at Guilford Middle School.

She was nominated for the honor by Dr. Catherine Ennis, a Kinesiology professor in the School of HHP.
Kinesiology Researchers Partner with Cone Health to Help Weight-Loss Patients

Bariatric surgery patients often see quick success on the scales. But other obstacles may hinder achievement of their long-term goals, including getting adequate and appropriate exercise.

That’s where faculty members from UNCG are helping. In a partnership with Wesley Long Community Hospital, Kinesiology researchers are developing an exercise program designed to assist post-bariatric surgery patients achieve their fitness targets.

Often, bariatric surgery patients lose weight rapidly after their surgeries, but “exercise is a behavior that’s difficult for them to adopt,” says Dr. Cody Sipe, a former AP Assistant Professor in the Department of Kinesiology. (Sipe left UNCG in May for a post at Harding University in Searcy, AR.) He points to a number of reasons, including lingering body image issues and other concerns about their size.

“Patients have expressed their dissatisfaction with training in ‘regular’ gyms due to feelings of embarrassment and inability to participate,” says Jeannie Wilson, RN, director of the bariatric surgery program at Wesley Long Community Hospital, which is part of Cone Health. “Our patients need an outlet that provides ongoing exercise instruction in a safe and compassionate environment.”

Eight people, ranging from six to 18 months post surgery, enrolled in the initial phase of the Helping Other People Exercise (HOPE) program last fall. Researchers lead them in appropriate exercises at UNCG’s Student Recreation Center, with a focus on cardiovascular exercise and strength training. Cone Health is providing funding to support a graduate assistant and to provide supplies and materials for the project.

The partnership also has a strong research component. “People realize exercise is very good for people recovering from bariatric surgery. Few people have researched to see if certain types of exercise work better than others,” says Dr. Paul Davis, an associate professor of Kinesiology who is working with the project.

“When most people go through the surgery, their weight loss peaks one to two years after surgery. Then many start to regain some of the weight. Some people may even gain as much as almost half of it back. We want to see if exercise helps maintain the weight loss associated with their surgery and maintain diabetes reversal, lowering of blood pressure and reversal of other health problems related to obesity.”

The long-term goal for the program is to include patients before they have surgery and, eventually, include overweight and obese people who either do not qualify or do not want the surgery.

“What we see nationally is that there aren’t very many bariatric surgery programs that include an exercise component, especially with a university,” Sipe says. “We’re trying to take it to another level.”

KINESIOLOGY RANKS 15TH IN NATION

THE UNCG DEPARTMENT OF KINESIOLOGY now ranks 15th in the country for doctoral programs, according to the National Academy of Kinesiology’s most recent ranking.

The nation’s 54 programs were ranked on 16 indices of faculty contributions and doctoral student performance. UNCG was in the top 10 in six indices, including:

• National visibility of faculty;
• Number of research presentations;
• And number of graduates employed in the field.

The department also did well in the area of student assistanceships, ranking 11th.

“We are extremely pleased,” says Dr. Joe Starnes, a professor and head of the Kinesiology Department. “The high recognition of our faculty is important to all degree programs as these professors also teach undergraduate and master’s level students. We are already noticing an improvement in the quality of our applicants (as judged by standardized admissions tests), which is another factor considered in the ranking.”

The 2010 ranking is a significant improvement over the last ranking in 2005, when UNCG was ranked 24th nationally.

“Improvements over the next five years in student quality and amount of extramural funding are needed for us to jump another few notches when the next rankings come out in 2015,” Starnes says.
**FACULTY NEWS**

**RTH PROFESSORS RECEIVE NATIONAL HONORS**

Two professors in the Department of Recreation, Tourism, and Hospitality Management – **Dr. Leandra Bedini** and **Dr. Linda Buettner** have received recognition from the American Therapeutic Recreation Association.

Buettner, a professor of gerontology and therapeutic recreation, has received the association’s Presidential Award for “her national contribution to the profession and her lifetime of advocacy for geriatric recreational therapy.”

Buettner is the only member of the association who has won this award three times. The association honored her for writing dementia practice guidelines, winning the International Reisberg Award for clinical and research work in dementia and contributing dozens of scholarly research papers in medical, gerontological and other journals.

Buettner’s research for the past 15 years has examined therapeutic programs for older adults with secondary symptoms of dementia, depression and delirium and has evaluated non-pharmacological interventions.

Bedini, a professor and director of graduate study in the Department, has received the Distinguished Fellow Award from the association. It is the highest award that the organization offers. Dr. Bedini’s work focuses on therapeutic and special recreation services, and her research interests include the leisure caregivers of older adults, attitudes toward people with disabilities, and women with disabilities.

**RECREATION PROFESSORS RECEIVE AWARDS**

**Dr. Stuart Schleien** and **Dr. Charlsena Stone** have received awards in their fields.

Schleien, a professor and director of graduate study in the Department of Recreation, Tourism, and Hospitality Management, has received the 2010 Gonzaga da Gama Award.

The award is named in memory of Dr. Gonzaga da Gama, a former student of Schleien’s, who modeled inclusion, empowerment and enhancement of life through empathy, interest, understanding and activism.

The award was presented at the National Institute for Inclusive Recreation conference in Chicago in November. Schleien was recognized for his ability to inspire others in professional performance as well as to increase inclusiveness in communities, particularly in leisure settings. He also inspires others to invest in their students and colleagues for the enhancement of life for those with disabilities.

Dr. Charlsena Stone, an associate professor in the Department of Recreation, Tourism, and Hospitality Management has been named the 2010 Best TR Instructor by the NC Recreation and Park Association Conference’s TR Section.

**FACULTY DEPARTURES**

**Dr. Jolene Henning**, an associate professor specializing in sports medicine and athletic training in the Department of Kinesiology, will be leaving to join the faculty of High Point University. She has been with the School of HHP since 2004.

**Chef Joseph Brown**, an AP assistant professor in the Department of Recreation, Tourism, and Hospitality Management, has announced his departure from the School of HHP, where he has been on the faculty since 2009. He will continue as president of the Black Tie and Tails Restaurant Consulting Firm in Durham.

**Dr. Cody Sipe**, an AP assistant professor in the Department of Kinesiology, has accepted a post at Harding University in Searcy, AR. He has been with the School since 2008.
Ruth Rogers Magher ’39 was inducted into the Royals Hall of Fame at Queens University of Charlotte, as a coach/administrator. Magher worked at Queens College from 1956 to 1973, establishing herself as a regionally famous synchronized swimming choreographer and producer. She also wrote text books and teaching manuals on swimming, was twice given the Clara Barton Award for service to humanity by the American Red Cross and contributed to teaching special populations to swim.

Alumna Named Provost at Virginia Commonwealth University

Dr. Beverly Warren ’70 has been named provost and vice president for academic affairs at Virginia Commonwealth University.

Warren’s appointment as VCU’s chief academic officer follows a national search. She has served as interim provost since April 2010.

“Dr. Warren has done an outstanding job of providing strong and visionary academic leadership at VCU in her interim role,” said Michael Rao, VCU president. “She is a well-respected, credible and effective academic and administrative colleague who also is a tireless advocate for students, faculty, staff and our community.”

Warren said she is honored. “This is an outstanding university community with a true spirit of collaboration,” she said. “I look forward to working together with faculty, staff, students and the administration as we shape what I know will be a bright future for the university.”

Warren has served in various leadership roles at the university since 2000. Previously, she has worked at Lander University, Appalachian State University, Auburn University, Smith College and the University of Montevallo in Alabama.

Her work in the areas of childhood obesity and the impact of physical activity on metabolic health earned her the title of Fellow of the American College of Sports Medicine.

She holds a PhD in exercise physiology from Auburn University and an EdD in administration of higher education from the University of Alabama.
IN MEMORIAM

The School of HHP mourns the loss of Donna Jeffers-Brown

Donna A. Jeffers-Brown, 54, an academic professional associate professor in the Department of Recreation, Tourism, and Hospitality Management and assistant director of service learning in the Office of Leadership and Service Learning, died on Sept. 2, 2010.

A practitioner and educator in the parks and recreation field, Jeffers-Brown was pursuing her doctorate in educational leadership and was actively involved in the National Recreation and Park Association and the NC and NJ Recreation and Park Associations.

She was known for her love and dedication to the profession.

"Her students and colleagues will remember her as an amazing teacher, advisor and professional," says Dr. Celia Hooper, Dean, School of HHP. "Her infectious smile, determination, compassion and joyful spirit will remain in the hearts of her family, friends, students and colleagues. She had a positive impact on all who were fortunate to know her."

ALUMNA WINS ELLEN GRIFFIN ROLEX AWARD

Mary Beth McGirr ’80 has received the 2010 Ellen Griffin Rolex Award for superior contributions to teaching golf.

The LPGA award honors the late Ellen Griffin ’40 WC, who was a faculty member at UNCG from 1940 to 1968 and a nationally known golf instructor for more than three decades.

McGirr studied golf instruction under Griffin at her teaching facility, The Farm, from 1977, until Griffin’s death in 1986. McGirr then continued as the sole proprietor of The Farm until its closing in 1993.

“Thanks to Ellen’s influence, I am able to seamlessly integrate life lessons with golf instruction,” McGirr says. “I know deep down in my heart that I am positively influencing the lives of young people because of her.”

McGirr, who was a collegiate coach for 15 years, is now the director of programming and instruction for the First Tee of Roanoke Valley.

“Every day when I am working with kids, I can still see the excited twinkle in Ellen’s electric-blue eyes that came from her true passion for helping people become better golfers, and more importantly, become better people,” McGirr says. “I am excited to join the list of incredible LPGA professionals who carry on the innovative lessons of Ellen Griffin.”

MEMBERS OF THE 1961 CLASS GATHER AT THE RECENT ALUMNI AWARDS AND RECEPTION.

MARKING A RETIREMENT

Polly Rich, a former administrative assistant for undergraduate programs in Kinesiology, has retired from HHP after more than ten years of service to the school.
FRESHMAN COMPETES AT WORLD TAEKWONDO COMPETITION

Bernard Posey, a student majoring in sports medicine at UNCG, traveled to the world taekwondo competition in early May after making the United States National Team in the sport. Unfortunately, he suffered a broken leg in the first round of competition and had to withdraw.

Posey, a freshman in the Department of Kinesiology, earned his spot on the U.S. team during the national competition in January in Colorado Springs, Colo. He is ranked 46th in the world and competes at the 138.9 pound weight class.

He returned to Colorado Springs twice to train with the U.S. team at the Olympic Training Center before leaving for South Korea and the World Taekwondo Federation world competition.

Posey trains three days a week with Barry Partridge at the United Taekwondo Academy in Winston-Salem and also teaches the martial art in Kernersville. Both of his parents competed in taekwondo.

Taekwondo is a Korean martial art and the national sport of South Korea. In Korean, taekwondo may be loosely translated as “the art of the foot and fist” or “the art of kicking and punching.” As with many other martial arts, it combines combat techniques, self-defense, sport, exercise, meditation and philosophy.

In 1989, taekwondo was the world’s most popular martial art in terms of numbers of practitioners.

AWARD WALL GETS A FACELIFT

This atrium in the School of Health and Human Performance building was recently upgraded to showcase honorees and award winners.

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