HHP plans new center for Women’s Health and Wellness

Plans are under way for a new Center for Women’s Health and Wellness (CWHW) to be housed in the School of Health and Human Performance.

The mission of the center is to advance the understanding of issues related to the health of all women through collaborative research and educational programs. The center will have a strong emphasis on the promotion of positive health, quality of life and the well being for women of all ages, backgrounds and communities. The center also supports UNCG’s legacy as a college for women.

“We want to foster UNCG’s history as a Woman’s College and maximize the current research of all faculty related to women’s health and wellness,” said HHP Dean Dr. David Perrin.

“We hope to develop a place that can serve as a think tank for research ideas to advance our understanding of issues related to women’s health. We want to be able to provide vital information that will ultimately benefit the community.”

The brainchild of Dean Perrin, the center will help to facilitate ongoing research and will promote collaboration throughout the university, with other institutions and community partners. He plans to pull from the faculty research currently being conducted in the five HHP departments as well as from other UNCG schools and departments. Some of the ongoing research that relates to women’s and girls’ health and wellness includes:

• Injury prevention and treatment in dancers
• Women’s experiences with battering and the health care response to battered women
• Health literacy needs of immigrant women in English as a Second Language classes in Guilford county
• Physical activity and quality of life in breast cancer survivors
• Physical activity in the lives of adolescent Latina girls
• Influence of recreation participation on body image and self-esteem in adolescent females

“As work continues, we will be making connections, developing new directions and collaborative programs and continuing our research activities,” said Exercise and Sport Science Professor Dr. Diane Gill, who is working with Perrin to make CWHW a reality. “The proposed center also will complement the work of two UNCG research centers, the Center for the Study of Social Issues and the Institute for Health, Science and Society. We’re really excited about this initiative.”

Perrin and Gill have worked hard to define the center’s purpose and recently received approval from the office of UNC System President Molly Broad to continue with center plans. Once the center is established, Perrin and Gill hope grants to continued on page 9
Message from the dean

We are making great strides in addressing the priorities and initiatives I presented in the fall issue of Horizons. In the area of teaching and advising excellence, four faculty attended the Master Advisor Program sponsored by the Chancellor and Provost this spring.

This initial group of faculty will help their colleagues improve their developmental advising methods and develop assessment tools to be used as part of the evaluation of teaching in faculty reviews.

To increase our emphasis on research and external funding, eight faculty attended a major grant-writing workshop and will submit proposals later this year (see page 11). We also created a new Director of Research position to help advance the HHP research enterprise. We are searching for a distinguished scholar for this position as we go to press with this issue of Horizons.

We continue our mission of being a diverse school and one that creates a warm and welcoming environment for our diverse population of students. This past fall, I created the Dean’s Student Advisory Council (see below). These exceptional undergraduate and graduate students have provided me with invaluable input on this and other issues of concern to our students in HHP.

Finally, we are expanding our outreach activities in the community. One good example

Dean’s new council gives voice to students

Hearing students’ concerns and suggestions for improving the academic and social environment for the School of Health and Human Performance has been one of Dean Perrin’s goals. The recently established Dean’s Student Advisory Council, which consists of undergraduate and graduate students from each of the five HHP departments, is a way for students to do just that. The main purpose of the council is to allow students a way to interact and communicate with the dean on various school-related issues.

“I want students to know they have a voice as well as a platform to express their views and opinions related to the climate of the school,” Perrin said.

The council has been a successful forum that students appreciate.

“Often times, students’ perspectives are missed, but this is a great opportunity for us to be heard,” said Kevin Martin, a graduate student majoring in Recreation, Parks, and Tourism, who serves on the council.

“My hope is that our group is paving the way for more student involvement within the school. I definitely think it has been a great idea.”

The school has also hosted “Town Hall” meetings to give all HHP students an opportunity to meet with Dean Perrin and a forum to voice their concerns and opinions. During those meetings, Perrin has shared with students his plans for HHP.
of this is the relationship we have established with Pyramids (see page 10). This and other outreach activities will create educational internship and funding opportunities for our students. At the same time, the residents of the Piedmont Triad will benefit from the expertise of our outstanding faculty.

On the cover page you will read about the progress we are making with the Center for Women’s Health and Wellness. Many of you have provided support for this initiative — financial and advisory — and I am grateful for your expressions of enthusiasm. I shall keep you posted as we move forward with our proposal for this center.

We have had an exciting and productive year, even in the face of some difficult economic challenges. The spirit and morale of our faculty, staff and students remains high. I appreciate your support and invite you to visit the HHP web page at www.uncg.edu/hhp to read more about the programs and current activities in the School of Health and Human Performance.

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**Alumni news**

<table>
<thead>
<tr>
<th>Name</th>
<th>Field</th>
<th>Background/Achievements</th>
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<tbody>
<tr>
<td>Marge Burns ’46 (Physical Education)</td>
<td>has been chosen as one of the Golf for Women “50 Top Teachers” of 2002.</td>
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<tr>
<td>Kay Cheshire (Nelson) ‘61 MEd (Public Health)</td>
<td>is doing clinical trial research with Wake Forest University.</td>
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<tr>
<td>Margaret “Jo” Safrit ’57 (Physical Education)</td>
<td>is one of seven alumni honorees for the UW-Madison School of Education where she received her MS in ’62 and her PhD in ’67, both in Physical Education.</td>
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<tr>
<td>Becky Sisley ’63 MS/’72 EdD (Physical Education)</td>
<td>currently resides in Oregon where she is semi-retired from the University of Oregon. She was inducted into the National Masters Track &amp; Field Hall of Fame in December 2001.</td>
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<tr>
<td>Patricia Barry ’64 (Physical Education)</td>
<td>is a retired administrator with Montgomery County Public Schools in Maryland. She is currently serving as the Business Liaison for the Maryland Public Secondary Schools Athletic Association.</td>
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<tr>
<td>Kathy Manos (Burns) ’70 (Physical Education)</td>
<td>received National Board Certification in 2001.</td>
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<tr>
<td>Cindy Coltrane (Little) ’73 (Physical Education)</td>
<td>is serving as a full time mentor with the Professional Development Center in the Charlotte/Mecklenburg School System.</td>
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<tr>
<td>Deborah Jones ’75 BS/’82 MEd/’97 EdD (Physical Education), principal of Southeast Middle School, is now a member of the advisory board for the School of Education.</td>
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<tr>
<td>Rita Wiggs ’75 (Physical Education)</td>
<td>has been named the first full-time Commissioner of the Dixie Conference.</td>
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<tr>
<td>Suzie Henneman (Eggleston) ’77 (Dance Education)</td>
<td>is currently working as the Dance Resource Teacher with the Baltimore County Public Schools where she has been teaching dance for 25 years.</td>
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</tr>
<tr>
<td>Mary Norkus (Grady) ’79 (Dance)</td>
<td>received the LPGA Southeast Section Teacher of the Year for 2001 and has also been chosen as one of the Golf for Women “50 Top Teachers” of 2002.</td>
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</tr>
<tr>
<td>Joy DeSensi ’80 EdD (Physical Education)</td>
<td>received the Presidential Award from the National Association for Girls &amp; Women in Sport.</td>
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</tr>
<tr>
<td>Mary Beth McGirr ’80 (Physical Education)</td>
<td>received the LPGA Southeast Section Teacher of the Year for 2001.</td>
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</tr>
<tr>
<td>Ida Milan ’80 (Public Health)</td>
<td>is currently serving as the Deputy Director at the Guilford Center (County Mental Health).</td>
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</tr>
<tr>
<td>Ken Crouse ’81 (Physical Education)</td>
<td>retired in 1999 from the U.S. Marine Corp. as an officer and attack helicopter pilot.</td>
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**Durham camp loses founder**

*Associate Professor Emerita Betsy Umstead molded children*

Summers at Camp Riverlea in Durham County won’t be the same without camp founder and director, Elizabeth C. “Betsy” Umstead ’49 (Physical Education). Umstead, who was an associate professor in the UNCG Department of Exercise and Sport Science for 25 years, died Thanksgiving Day at Duke Hospital after a two-year battle with cancer. She was 73.

Upon graduation from Woman’s College, Umstead served as instructor at Goucher College for two years. She took a graduate assistantship at the University of North Carolina at Chapel Hill and earned her Master of Arts in 1952. Between 1952 and 1956 she served as department head at Limestone College, S.C., and from 1956 to 1959 served on the faculty at UNCG. Umstead received her Master of Education degree from Harvard University in 1965 and her doctorate from Chapel Hill in 1968. Following a brief stint at Radford College Betsy returned to UNCG, where she retired.

Upon graduation from Woman’s College, Umstead served as instructor at Goucher College for two years. She took a graduate assistantship at the University of North Carolina at Chapel Hill and earned her Master of Arts in 1952. Between 1952 and 1956 she served as department head at Limestone College, S.C., and from 1956 to 1959 served on the faculty at UNCG. Umstead received her Master of Education degree from Harvard University in 1965 and her doctorate from Chapel Hill in 1968. Following a brief stint at Radford College Betsy returned to UNCG, where she retired.

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Visit the Health and Human Performance Web Page at [http://www.uncg.edu/hhp](http://www.uncg.edu/hhp)
ESS makes strides in community development and research

Breast cancer survivors may soon learn how exercise effects their recovery with a three phased investigation of the psychosocial impact of breast cancer experience and implications for physical activity. Called the Breast Cancer Initiative, the study will focus on physical self-perceptions of breast cancer survivors. Conducted by Dr. Jeff Katula, this project compares the effects of multiple modes of physical activity on quality of life of breast cancer survivors. Support for this project has been provided by the UNCG Center for the Study of Social Issues, UNCG Women’s Studies, UNCG Office of Research Services Grants Fund, the local office of the American Cancer Society and Moses Cone Regional Cancer Center.

Other exciting community projects under way include: UNCG Helping Older People Exercise is a randomized trial comparing the effects of strength training vs. Tai Chi in a group of healthy, sedentary older adults ages 55-80. Program evaluation includes fitness and quality of life outcomes. The goal of the project is not only to be effective, but also to ensure it evolves into a self-sufficient, community-based physical activity program serving older adults in the Triad. ESS faculty who play key roles in the program are Dr. Paul Davis, Dr. Jeffrey Katula, Dr. Laurie Wideman, Dr. Kathleen Williams and Ms. Nancy Stoudemire. Support for this project comes from the Dean’s Initiative Fund.

Project Effort, conducted by Drs. Tom Martinek and Tammy Schilling, is an ongoing, multifaceted program for youth that teaches personal and social responsibility through physical activity. Goals focus on respect for others, effort, self-direction, caring for and leading others and transferring skills outside the gym. Elementary school participants join a Sports Club with activities focused on one or more responsibility goals. Middle School Sports Club members take on leadership roles of peer coaching and teaching. When they enter high school, “veteran” participants become part of the Youth Leader Corps. As youth leaders, they run their own Sports Club, plan and teach sport activities and responsibility goals to younger children. In addition, several “career nights” are also provided for Youth Leader Corps members and their families. The latest project expansion is development and implementation of a preschool physical activity program for Hispanic youngsters in High Point. Visit the Project Effort web site at www.uncg.edu/~tjmartin/projeffort

ESS faculty news

Dr. William B. Karper is currently examining the effects of a structured, group exercise program on women (aged 47-52 years) with physician-diagnosed fibromyalgia syndrome, chronic fatigue and immune dysfunction syndrome. Participants exercise 3-5 times per week performing activities aimed at increasing cardiovascular and muscle strength/endurance. Outcomes of interest include fitness, pulmonary function, perceived stress, depression and quality of life, pain, fatigue, cognitive function and sleep quality.

Dr. Katherine Jamieson teaches and investigates sociological aspects of sport, with a special interest in experiences of girls, women and minority communities. Her current work is funded through a grant from the Center for the Study of Social Issues and is a participant observation study of physical activity in the lives of Latina adolescents in Guilford County. Jamieson also facilitates a service-learning component as part of an undergraduate course on socio-cultural aspects of sport and exercise. This year, nearly 150 students provided more than 1,200 hours of community service in programs such as Horsepower Therapeutic, Boys and Girls Club, YMCA, Special Olympics, and National Disabled Sport Association. The service-learning component connects real-life experiences with classroom learning and enhances the preparation of civic-minded ESS professionals. Additional information on Jamieson’s research may be found on her web page at www.uncg.edu/~kmjamies.

Karen “Pea” Poole has been named Director of the Aquatics Program.

Dr. Dick Swanson recently completed a chapter entitled “Knowing when your job is done and what to do about it,” which appeared in Administrative Leadership in Health, Kinesiology and Leisure Studies (edited by James E. Bryant and Barbara A. Passmore, 2001, Kendall Hunt Publishing).
**RPT receives re-accreditation**

The UNCG Department of Recreation, Parks, and Tourism (RPT), has been re-accredited by the National Recreation and Park Association, American Association of Leisure and Recreation’s Council on Accreditation.

**RPT faculty news**

Dr. Denise Anderson and Dr. Terry Schwartz led an expedition of 16 RPT undergraduates on an 11-day educational field trip to the 2001 National Recreation and Parks Association Annual conference in Denver, Colo. last September.

Earlier this spring, Dr. Leandra A. Bedini gave a keynote address, “Hidden Treasures of Therapeutic Recreation: What Blackbeard Didn’t Know” at the NC Recreation and Park Society - Therapeutic Recreation Division’s Annual Conference at Wrightsville Beach.

Dr. Nancy J. Gladwell was elected to a three-year term on the Board of Directors for the National Recreation and Park Association’s Society of Park and Recreation Educators.

Dr. Terry Schwartz was instrumental in securing a three-year partnership arrangement with Pyramids Wellness Centers, LLC. Valued at $36,000, the partnership allows a fully funded RPT graduate assistant to help develop a master plan for the development of Pyramids Wellness Centers and adjacent properties owned by the City of Greensboro.

In addition to earning the re-accreditation, the department received commendations for scholarship and faculty diversity. Dr. Nancy Gladwell spearheaded the department’s re-accreditation efforts.

Donna Jeffers-Brown is chair of the Program Committee for the North Carolina Recreation and Park Society’s Annual Conference, which will be held in Greensboro in November.

Dr. Terry G. Schwartz and Dr. Denise M. Anderson were awarded a $8,900 grant from the Village of Lincolnshire, Ill., to conduct an assessment of need to help determine the future recreation facilities and programs in the Village.

Dr. Jim Sellers was elected Chair of the 2001-2002 HHP Faculty Assembly.

Dr. Charlotte Stone was approved for reappointment to the Department of Recreation, Parks, and Tourism.

The following students received awards from the Department of Recreation, Parks, and Tourism for 2001-02: Megann Lucas, a senior, received the RPT Outstanding Undergraduate Award; Cecilia Rider, a graduate student planning to graduate in 2003, received the RPT Outstanding Graduate Student Award; Andrew Stuchiner, a senior, received the 2001-2002 Dorothy Davis Award.

Grant helps individuals with varying abilities provide service

Few agencies make it possible for the large numbers of people with disabilities, who are often recipients of service, to give back to their communities. But a recent grant awarded to Dr. Stuart J. Schleien, professor and head of the Department of Recreation, Parks, and Tourism (RPT) will help to do just that.

A grant from the Rehabilitation Services Administration of the U.S. Department of Education will help to continue Community Partnership F.I.V.E. (Fostering Inclusive Volunteering Efforts), a 3-year initiative (funding is $139,451 for the first year) to foster community partnerships with the Volunteer Center of Greensboro, area nonprofit agencies, advocacy organizations and self-advocates to promote inclusive volunteering opportunities. The partnership will encourage people with and without disabilities to work side-by-side within their communities. Kimberly Miller ’01 MS (Recreation, Parks, Tourism), a certified therapeutic recreation specialist, will serve as project coordinator.

Community Partnership F.I.V.E. is established on the premise that every citizen has a basic right to full community volunteerism and should have the opportunity to give to others. The partnership, which will create a network of support in Greensboro, High Point and Raleigh, also encourages every citizen who has strengths and abilities to offer their community a way to enhance the capacity by involving individuals of varying abilities. This requires the presence of community advocacy and supports – and not a special program to facilitate their involvement.

“Several agencies and their staff are experts in managing volunteers but often have little experience on how to include volunteers with disabilities,” Schleien said. “The mission of this partnership is to mobilize volunteers with disabilities and build the capacity of area organizations to involve volunteers of varying abilities, so we can continue to address community needs.”
Popularity of Dance department leads to competitive admissions

Because the growing reputation of the UNCG Department of Dance has caused enrollment to exceed the department’s physical space capacity, the department has implemented a selective admissions process for undergraduate students entering this fall.

The department currently serves a record number of students, with more than 150 undergraduate dance majors and 23 graduate dance students.

The new admissions process includes an audition, a writing sample and an interview.

“The department is well aware that the dance world needs many different kinds of professionals,” said Sue Stinson, department head. “The selection process is designed to attract students from diverse backgrounds and with different career goals. The process will allow a student’s strengths to surface, whether that strength is in technique, improvisation, writing or communicating through an interview.”

The department scheduled two days for auditions this spring — Feb. 23 and April 13. During the day, prospective students were interviewed and asked to write about dance. They also demonstrated technique and improvisation through an audition class.

Dance faculty news

Dr. Ann Dils and Dr. Jill Green have been named editors of Dance Research Journal, a scholarly publication of Congress on Research in Dance (CORD). They begin their editorship in January 2003.


The John Gamble Dance Theater, organized and managed by John Gamble, collaborated with NC A&T for the International Day for the Elimination of Racism project. The collaborative group was also part of the first Martin Luther King Day celebration in Davidson County and performed in two civic events in response to the Sept. 11 terrorist attacks.

Dr. Jill Green wrote “Socially Constructed Bodies in American Dance Classrooms” for Research in Dance Education.

As a resident at the University of Kansas, Eluza Santos taught classes, performed a solo concert and developed new choreography for the University Dance Company.

Dr. Sue Stinson wrote “Choreographing a Life: Reflections on Curriculum Design, Consciousness and Possibility” for the Journal of Dance Education.

B.J. Sullivan toured in New York, Paris, Ohio and Michigan last summer before joining the department as assistant professor this fall. Her 18-month commission, The Isadora Project, was performed this past fall at the Joyce Soho and University Settlement Theater in New York City.

Dr. Jan Van Dyke wrote “Intention: Questions Regarding its Role in Choreography” for the Journal of Dance Education.

Tammy Mosteller, a Master of Arts student has been honored for her work as part of an arts education team at Jacobs Fork Middle School, where she has taught since 1995.

Jacobs Fork, in Newton, was one of five schools selected as a National School of Distinction by the Kennedy Center for doing an outstanding job of making the arts an essential part of a student’s education.

Stay connected
If you want to share your current activities with alumni, e-mail your information to dance@uncg.edu. Please indicate if you would like to share your contact information with other alumni.
Some of the university's top students choose CSD

Several of UNCG's most academically skilled students are majoring in Communication Sciences and Disorders (CSD).

Last fall, nine of the university's 20 Golden Chain Honorary undergraduate inductees were CSD Majors. In addition, the Graduate School selected 10 CSD students to receive prestigious undergraduate research assistantships and several other CSD students have earned scholarships.

The CSD students inducted into the Golden Chain were Jennifer Albright, Kati Creel, Jessica Fantazos, Matthew Highfill, Julie Manning, Sarah Shaver, Ka'Nessia Shepard, Ashley Valas and Virginia Woodlief. Seven of those students — Albright, Creel, Fantazos, Highfill, Shepard, Valas and Woodlief — also received undergraduate research assistantships, as did Kelly Marie Griffin, Natalie Hill and Mary Ann Kozikowski.

Tonia Brown, Miranda Fletcher-Meadows, April Kallam and Kelly Merriman received the Greensboro Graduate Scholarship and Lori Jones earned the Ellen Tucker Lyon Scholarship.

CSD faculty news

Dr. Denise Tucker received $181,010 in congressional funding to establish the new Tinnitus Clinic in the UNCG Speech and Hearing Center, which was dedicated on April 8. Congressman Howard Coble, who provided support for the grant, attended the dedication. The award from the Human Resources and Services Administration (HRSA) was awarded this past year for the establishment of the UNCG Tinnitus Clinic. The funds will be used to purchase new equipment and for the renovation of space in the UNCG Speech and Hearing Center for the testing and treatment of patients suffering Tinnitus (ringing in the ears). The UNCG Tinnitus Clinic is the first audiology clinic in North Carolina to provide a new tinnitus treatment called Tinnitus Retraining Therapy (TRT) and is the only clinic in the state where audiology graduate students are receiving clinical training in the area of tinnitus management.

Five CSD faculty members presented a total of seven papers at the annual convention of the American Speech-Language-Hearing Association (ASHA) in November.

Dr. Jacqueline Cimorelli and Vicki McCready presented three papers at the convention; Dr. Susan Dietrich, two papers; Louise Raleigh, one; and Perry Flynn, one.

Dr. Susan Dietrich received a $10,000 grant from the Stuttering Foundation of America. Dietrich was also one of two primary presenters at the sixth annual Stuttering Foundation of America Workshop. The workshop was held on the UNCG campus for five days last June.

Dr. Ginger Hinton spent 10 days this spring in Bogota as part of an Operation Smile team of health professionals. The team worked with children and adults with cranio-facial problems.

Lyn Mankoff and Vicki McCready hosted the CSD Department’s annual Supervisors’ Appreciation Day in March.

Vicki McCready is in her second year as legislative counselor from North Carolina to American Speech-Language-Hearing Association (ASHA).

Wayne Martin '86 MEd (Public Health) earned a BSN degree and has been doing drug research since ’93 near Seattle.

Sonya Reid (Alston) ’87 (Public Health) is a Health Educator II with Wake County Human Services.

Blythe McNamara (Bracey) ’91 (Dance) is the owner of Body Balance Therapy, LLC, located in Raleigh. Blythe is also the owner of the only Pilates studio and certification center in the state.

Laura Mrosa ’92 (Public Health) is the Healthy Carolinians coordinator for the Guilford Health Partnership and works for the Guilford County Department of Public Health.

Heidi Menzel Majors ’94 BS/’00 MS (Recreation, Parks, and Tourism) has been hired as the Executive Director of the High Point YWCA.

Noel Grady Smith ’95 (Dance) was the second UNCG alum in three years to be named K-12 Dance Educator of the Year by the National Dance Education Organization. In October 2001, she was also selected as a member of the USA Today All-American Teacher Team.

Steve Haine ’97 MEd (Public Health) is living and teaching in Charlotte. He teaches and serves as the Athletic Trainer for Butler High School, where he is also the head coach for Lacrosse.

Rick Patterson ’97 (Recreation, Parks, and Tourism) is the director of activities at the Presbyterian Home of Hawfields. He was awarded the Activity Professional of the Year by the NC Activity Professionals Association.

Rosemary Ferguson ’98 (MPH, CHES) has moved from Wilmington to take a job at the Brocker Health Center at UNC-Charlotte.

David Howard ’98 (MPH, CHES) Coordinates a local coalition, New Hanover Safe Communities/SAFE Kids. They are affiliated with the National SAFE KIDS Campaign.

Jim Gusler ’99 (Public Health) is now the assistant training officer for the Guilford County EMS.

Terr Phoenix ’99 MS (Recreation, Parks, and Tourism) received the “Outstanding Teaching Assistant Award” at the University of Georgia’s awards banquet last April. Terr is enrolled in the doctoral program in UGA’s Department of Recreation and Leisure Studies.

Jessica Brueggeman (Stewart) ’00 MPH and Amanda Cook ’00 MPH (Public Health) are Behavioral Specialists at MicroMass in Cary.

Wendy Fuller ’01 (Public Health) is working as a health educator at the Randolph County Health Department.

Kelley Anderson ’02 (Public Health) has been hired by the Office of Emergency Medical Services to coordinate the collaborative effort of the state medical response system to terrorist events.
Academic scholarships often allow good students to become great ones and great ones to accomplish more than ever dreamed.

Such was the case with Kristina Paabo ‘01 (Exercise and Sport Science), recipient of the Carol Jean Eiserer Memorial Scholarship. The full academic scholarship is intended to encourage outstanding students to pursue a degree in physical education, exercise and sport science or sports medicine at UNCG. Leonard A. and Loraine E. Eiserer established the scholarship in 1986 in memory of their daughter, Carol Jean Eiserer ’64 (Physical Education). Carol Jean Eiserer was a Montgomery County, Md., physical education teacher who died of a brain tumor in 1986.

The scholarship allowed Paabo to focus on academics while at UNCG. As a result, she received several honors including the university’s Student Excellence Award, UNCG Outstanding Senior, Alpha Delta Pi International Leadership Award and Student Athletic Trainer of the Year, which she received two consecutive years.

“I feel very privileged. I had friends who struggled having to balance academics, work and social life,” said Paabo, who also studied abroad in Finland.

“The scholarship allowed me to balance all those things without added financial pressures.”

The Maryland native also was inducted into the Golden Chain Honor Society, Gamma Sigma Alpha Greek Honor Society and the Alpha Delta Pi Academic Honor Society. She served UNCG and the community by volunteering 2,000 hours of service as a student athletic trainer, gaining experience in injury evaluation and prevention. That experience qualified her for her current position as a medical assistant for Murphy-Wainer Orthopedic Specialists Sports Medicine Center. This summer, Paabo will begin graduate studies at Wake Forest University Baptist Medical Center, where she will study to become a physician assistant.

“The Eiserer family has helped me so much,” Paabo said. “They have helped to mold and shape who I have become. I consider them like family.”

“Academic scholarships like the Carol Jean Eiserer Memorial Scholarship enable us to compete for the very best students,” said Dean David Perrin. “Kristina Paabo is the quintessence of what we look for in a person and a student. We are indebted to Mr. and Mrs. Eiserer for their support of this scholarship.”

To show their appreciation, Paabo and her family have spent time at a Montgomery County camp for sick children, established as a tribute to Eiserer by her sister Beverly Gough. Paabo’s family visited the camp and met with Gough to express their gratitude. Paabo’s brothers also lent a helping hand. Todd has served as a volunteer, and Erik built a pond at the camp as his Eagle Scout project.

“I may never be able to repay them for what they’ve given me,” Paabo said. “But I hope to be able to start a scholarship, even if it’s a small one, to give what was given to me.”
Public Health welcomes new faces, recognizes work of PHE grad

The face of the Department of Public Health Education (PHE) is changing. In the last Horizons, PHE welcomed three new faculty. The department now welcomes Mark Schultz.

Schultz comes from UNC-Chapel Hill where he is finishing his PhD in epidemiology. He has a Masters of Science in Public Health from UNC-Chapel Hill and has over 13 years work experience in occupational and environmental health. His dissertation will focus on sports-related injuries in NC high school students.

PHE faculty news

Dr. Bob Aronson and Dr. Willie Baber (Anthropology) are studying the adjustment to college life among minority males at UNCG.

Dr. Kay Lovelace continues her research in organizational conflict and collaboration, public health workforce development and public health preparedness and infrastructure development. She recently submitted a proposal to the Center for Disease Control (CDC) to study factors that predict the performance of local public health systems. She is working on a project to understand the job responsibilities of health educators in the state’s local public health agencies.

Dr. Bill Gruchow has returned to the department from the Institute for Health, Science, and Society, where he served as director for five years. He received funding from the CDC to study means of reducing obesity among school-aged children. Gruchow led the evaluation of Wise Guys, an adolescent pregnancy prevention program for males.

Dr. Keith Howell is investigating the role of genomics in public health and preparing a grant proposal to assess genomic literacy competencies among public health professionals and the general public. He completed a two-year term as chair of the UNC System Faculty Assembly.

Dr. Karen King wrote the department’s report on the undergraduate program to be included in the University’s self-study for re-accreditation by the Southern Association of Colleges and Universities. King also chaired the HHP Personnel Committee.

Dr. Sharon Morrison has been working on a health literacy and disease prevention project with local immigrants and refugees.

Dr. Paige Smith is changing her scholarly emphasis and has returned to school to expand her research and practice to include breast-feeding and lactation. She is taking two classes at UNCG and doing a clinical internship program at UNC Women’s Hospital. Smith is collaborating with three PHE graduate students and other UNCG faculty on breast-feeding research. She is continuing her research on domestic violence and is in the second year of a five-year funded study evaluating health care based interventions for battered women.

Dr. Bob Strack is talking to local agencies about collaborating on research focused on adolescent risk taking behaviors.

PHE alumni news

Julie Orta ’01 (MPH ) has been working as a post-graduate intern in the CDC National Immunization Program, Immunization Services Division since September where she drafted the division’s strategic plan, drafted an evaluation plan of state-based first dollar coverage laws for vaccinations and helped to coordinate regional meetings of the National Vaccine Advisory Committee. As with many in public health, the events of Sept. 11 changed her job description suddenly and drastically. Since the end of October she has been working almost exclusively on designing, developing and pilot testing a smallpox self-study for public and private practice clinicians. She has CDC smallpox experts serve as content reviewers of this educational tool. Many of them provided their technical expertise during the early stages. Once revisions are made, the product will be pilot-tested by physicians, nurses, health educators and immunization program managers across the country. She presented the product at the “CyberCafe” of the National Immunization Conference in Denver this spring.

Ellen Essick ’86 (MEd) is working on her doctorate in Educational Leadership and Cultural Foundations in the UNCG School of Education. Essick oversees undergraduate advising and has served the Freshman Learning Communities and Residential College by teaching health courses. She serves on the Board of the Eastern Triad HIV Consortium and N.C. Alliance for Health Education.

Regina Pulliam ’98 (MPH ) continues to oversee the undergraduate field experiences and heads up the Eta Sigma Gamma health sciences honorary. She and her husband Danny are expecting their second child this May.

Center for Women’s Health and Wellness from front cover

support these research initiatives will be made available, as well as funding to conduct educational programs and workshops designed to disseminate the research findings to people in the community. Perrin hopes to hire a center director, who will report directly to the dean of HHP.

Perrin’s own sports medicine research is related to girls’ and women’s health and focuses on the reasons female athletes have a disproportionately higher rate of knee injuries compared to males. He is currently principal investigator on a National Institutes of Health grant to study the effects of estrogen and progesterone on compliance of the anterior cruciate ligament and ultimately the potential implications of the menstrual cycle on ligament injuries to the knee.
Listening helps Feisler establish corporate relationships for HHP

Carol Feisler ’76 prides herself on being a good listener. Her role as the university director of corporate and foundation relations for the School of Health and Human Performance requires good use of that characteristic when she is establishing partnerships with businesses for UNCG and HHP.

“Listening is important when I’m trying to determine what the needs are of a company or organization,” Feisler said. “I am then able to carefully match those specific needs with resources of one of our schools to develop a partnership that is mutually advantageous.”

With Feisler’s guidance, HHP established an alliance with Pyramids Wellness Centers, an indoor sports recreation complex in Greensboro that focuses on improving and promoting the overall health of the community (see related story, below). As a result of the arrangement, UNCG faculty and students will be involved in the development and operations of the new outdoor Pyramids Sports Complex.

In addition to corporate development for HHP, Feisler’s other UNCG responsibilities include the School of Education, Jackson Library and the Bryan School of Business and Economics, where Feisler serves on the Alumni Advisory Board. She graduated cum laude with a Bachelor of Arts in economics and business from UNCG.

Prior to coming to UNCG in July 2000, Feisler, a Pennsylvania native, worked for several prominent financial institutions and has more than 25 years of corporate experience in the financial services industry. She and her husband, Bill, have lived in Greensboro 28 years.

Pyramids forms partnership with UNCG

By Thomas Russell, Triad Business News

Management overseeing the Pyramids Village project at the former Carolina Circle Mall has partnered with UNC Greensboro (UNCG) in a way that could significantly boost the sports center’s regionwide and even nationwide presence.

Bob Mays, executive director of Pyramids Wellness Centers and a two-year member of the UNCG Board of Visitors, said this week that Pyramids is looking to work with UNCG on different aspects of the development.

For instance, UNCG is looking to let graduate students in the School of Health and Human Performance do internships at Pyramids and have certified athletic trainers at the PhD level to offer their services at the complex.

Through such an arrangement, Pyramids would establish parts of the center as a satellite campus and even allow the project to better market itself to nationwide groups, such as the U.S. Olympics Committee for use as a testing and training center for various athletes.

Pyramids Village is being developed by Pyramids owner Dr. Don Linder. Last year, Linder purchased buildings and out parcels at Carolina Circle Mall off US 29 for indoor and outdoor sports and recreation activities. It would also have a gym and a mix of retail.

In recent months, Mays started talking about a partnership and possible Olympic connection with Carol Feisler, university director of corporate and foundation relations, and Dan Gould, a UNCG professor of exercise and sport science.

Gould said it’s not entirely realistic to think Pyramids would get a designation as an official Olympics training center. But he said the center could work with individual Olympics governing bodies to establish Pyramids as a testing site for different sports.

There are other areas of collaboration as well. For instance, the Bryan School of Business and Economics may send some of its students there to help with management and development programs. And with plans to have a hotel on the site, Pyramids may also look to partner with the school’s hospitality management division.

“It includes all departments,” said Feisler of the partnership. “It’s important to make sure it’s inclusive of the whole school. It’s just so exciting to have a partnership between the two,” she added.

“It’s a situation where it’s mutually advantageous. They need the resources and we are here.”

Editor’s note: excerpt taken from the Friday, January 18 issue of Triad Business News
**CSSI Grants Awarded to Faculty**

The Center for the Study of Social Issues and the Office of the Provost have made seven CSSI collaborative Grants of $8,500 each to faculty members and community partners. Included amongst the recipients were several HHP faculty members. Those members and projects include:

- **Dr. Katherine Jamieson**, Dr. Tammy Schilling and Dr. Diane Gill (Exercise and Sport Science), Dr. Kay Lovelace (Public Health Education) and Philip Kollithanath (Pastor, Christ the King Catholic Church of High Point) for “Mujeres Activas/ Active Women: Physical Activity in the Lives of Adolescent Latinas in North Carolina”.
- **Jeffrey Katula** (Exercise and Sport Science), Karen Mustian (Exercise and Sport Science doctoral candidate), Kate Sullivan (American Cancer Society) and Kelly Johnson (Moses Cone Health System) for “Surviving Breast Cancer: Physical Activity and Quality of Life”.
- **Dr. Paige Smith** (Public Health Education), Dr. Jacalyn Claes (Social Work) for “Family Violence Prevention in Immigrant and Refugee Communities”.
- **Dr. Stuart Schleien** (Recreation, Parks, and Tourism), Dr. Robert Strack (Public Health Education), Kids Korps USA, ARC of High Point, Clara Cox Boys and Girls Club, and Home Depot for “Teaming-up for Inclusive Volunteering”.
- **Dr. Robert Aronson** (Public Health Education), Dr. Willie Baber (Anthropology) and Brother 2 Brother for “Exploring Masculine Constructs and Adjustment to College Life Among Men of Color at UNCG: Using Research to Strengthen the Work of Brother 2 Brother”. Brother 2 Brother is a group that helps male students of color cope with a variety of issues.

**HHP faculty attend grant writing workshop**

As part of Dean Perrin’s priorities on research/inquiry and external funding to support scholarly endeavors for the School of Health and Human Performance, eight faculty members attended a grant-writing workshop last winter. The workshop helped these faculty members write grants in pursuit of the following research projects:

- **Robert Aronson** (Public Health Education) African American Masculine Constructs, Context and Risk for HIV.
- **John Gamble** (Dance) The Arts and Public Discourse: Forming Alliances between the Arts and the Community that Address Issues of Public Concern.
- **Ginger Hinton** (Communication Sciences and Disorders) Communication in Postmenopausal Women.
- **Keith Howell** (Public Health Education) Measuring Genomic Literacy Competencies.
- **Katherine M. Jamieson** (Exercise and Sport Science) Physical Activity and Community-based Initiatives for Wellness: A Participatory Research Effort for Disease Prevention.
- **Kay Lovelace** (Public Health Education) Increasing the Public Health Infrastructure for Evidence-Based Community Prevention.
- **Bob Strack** (Public Health) The influence of “visually-personalizing” health risks on the initiation of behavior change.

After nine years at the helm of the Department of Dance, Dr. Susan Stinson will step down at the end of the academic year. Dr. Larry Lavender, head of the dance program at the University of New Mexico, will become the new head August 1.

“Sue has worked tirelessly on behalf of the Department of Dance for longer than one is normally asked to serve as a department head,” said Dean David Perrin. “She has done an exceptional job and the School of HHP owes her a debt of gratitude for nine years of dedicated service”.

Stinson is proud of the many accomplishments made in the department during her tenure as chair. The milestones include a 78 percent increase in enrollment of undergraduate dance majors, from 86 to 153. The number of faculty positions also has increased to 11.75 positions including eight tenure-track positions, a music accompanist, a technical director and a full-time guest artist. During the past nine years, the department has also:

- Received accreditation from the National Association of Schools of Dance
- Developed a minor curriculum in Community Dance
- Established international relationships to enable students to study dance abroad

But the soft spoken, conscientious Stinson quickly pronounces she cannot take all the credit for the development and progress of the department.

“Everyone has worked hard and given of themselves,” she said. “They have been dedicated and committed to developing and strengthening the program.”

Stinson has also valued being part of initiatives in collaboration with colleagues in other arts units, to make arts more visible at UNCG.

As she leaves her administrative position, Stinson plans to focus more on the work she loves most — continuing her research on how young people make meaning of their experiences in dance as well as teaching and advising students.
In this issue of *Horizons* we have enclosed an envelope that provides a simple mode for giving a gift to the School of HHP, and for letting us know about changes and accomplishments in your life, which will be shared in a future issue of *Horizons*.

For a change in information or for class notes, please complete the lower-left half of the envelope and enclose any information of interest.

In addition, we hope you will take a minute to look over the various initiatives and funds, as it is individual support that enhances our ability to stay on the forefront of quality education and research. If you would like to give a gift, please complete all necessary information on the bottom portion of the envelope.

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**University news**

**Handheld computers help track student progress**

One of the newest innovations in higher education is being classroom-tested in the Bryan School of Business and Economics.

This fall, the Bryan School began a partnership with eLearning Dynamics to bring new technology known as LearnTrac, a patented software application, to campus.

LearnTrac allows students using handheld computers to respond to their professor without ever saying a word. Within seconds, instructors know how each student is responding to questions and what percentage of the class answered correctly. The instructor also learns which students need additional help.

**Teen pregnancy prevention program works**

College Bound Sisters, a nationally recognized teen pregnancy prevention program in the School of Nursing, is putting a dent in North Carolina’s high rate of out-of-wedlock teenage births.

Five years into the program, college attendance is 100 percent for graduates of College Bound Sisters. There have been three pregnancies and two high school dropouts from the participating group, compared to 10 pregnancies and 11 dropouts in the control group.

Participants are girls, ages 12 to 18, from economically disadvantaged backgrounds who are the younger sisters of teenage mothers.

**UNCG scientists attack bioterrorism through research**

Bioterrorism research will continue at UNCG through a congressional grant renewal of $500,000 to a trio of biologists for their ongoing research into an early-detection system for bioterrorist attacks on public water supplies. Project directors are Dr. Vince Henrich, Dr. Parke Rublee and Dr. Neal Stewart.

The project is one of the first made possible by UNCG’s investment in the Gene Microarrays Application Project, a state-of-the-art technology that enables scientists to quickly zero in on genes that produce the traits they are seeking.