The UNCG Speech and Hearing Center, an integral part of the Department of Communication Sciences and Disorders (CSD), has as its mission to provide evaluation and intervention services on campus and in the community to individuals of all ages with hearing and communication disorders and differences. The Center also has a mission to provide clinical education to students and to engage in clinical research and prevention services.

In operation since 1967, the Center provides a comprehensive service program for diagnosis and therapy in speech, language, and hearing for children, adolescents, and adults. The Center, a modern, handicapped-accessible facility on the third floor of the Ferguson Building on campus, has eight therapy rooms with observation suites, a large preschool room with an observation suite, two diagnostic suites for hearing evaluations, a room for hearing aid fittings, and a tinnitus counseling conference room.

Services at the Center are provided by graduate student clinicians in the Department of CSD, carefully supervised by faculty members who are state licensed and nationally certified by the American Speech-Language-Hearing Association. Faculty supervisors are responsible for the diagnosis and management of all clients assigned to graduate clinicians. The faculty have many years of experience.
The tradition of excellence, so strongly established by our alumni and faculty is one I value deeply and pledge to continue. In the last issue of Horizonshorizons, I shared my excitement for the Students First Campaign (SFC) because of the unique opportunity it gave HHP’s community to build on this tradition and help create the most relevant and powerful educational experiences possible for our students. It has given us just that, and I am pleased to report that we are making excellent progress toward our five-year goal for the SFC. For example:

• Seventy alumni — a fourth of whom are first time donors — have sent gifts to establish the Marge Leonard Scholarship.
• Five new funds have been established to support research and service programs within the School of Women’s Health and Wellness — the Allight Initiative for Breast Cancer Survivorship, the Ulrich Fund, and the Caroline Furey Matney, Doris S. Tanger and Loretta M. Williams Research Funds.
• The Dean’s Student Advisory Council has launched a campaign to solicit gifts from fellow students to award a scholarship to one of their peers during the 2005-06 academic year.

Our school and students also benefit from external funding from grants and contracts. This is a critical source of support for today’s universities in the face of decreasing support from the state. Your faculty have truly responded to the challenge through the spirit of cooperation and the concept of differential work assignments. Through these efforts, we have substantially increased our annual external funding to more than $2 million dollars since July 1, 2004 (see chart). In addition to supporting HHP research, these dollars are creating graduate assistantships and helping to support new teaching initiatives within the School.

I hope you will consider joining the HHP community and your fellow alumni and friends in considering ways to help maintain the tradition of excellence. As always, I welcome your comments and suggestions and can be reached at dperrin@uncg.edu or by calling (336) 334-5744.

Marge Burns

The Ellen Griffin Rolex Award, given by the LPGA since 1989 to honor Ellen Griffin, recognizes women and men who made a major contribution to teaching golf and who emulate Griffin’s love and dedication to students, teachers, teaching skills and the game. Griffin, who died in 1986, was one of the best-known women’s golf professionals in American history, according to the LPGA.


UNCG Alumnus Receives National Award from LPGA

The Ladies Professional Golf Association has given Marge Burns, a 1946 graduate of Woman’s College, the Ellen Griffin Rolex Award — its highest award for golf instructors. Burns holds 10 N.C. State Amateur titles from the 1950s and 1960s. Five times, she was named the Carolinas Outstanding Amateur Athlete, an honor no one else has received more than twice. She was the Carolinas champion six times, qualified and played in 14 USGA Amateur Championships and six U.S. Opens. “It means a great deal to me to win this award,” said Burns, who has been an LPGA teaching and club professional since 1971. “I have been associated with golf since I was 7 years old. Golf has been my life, and it is hard to put into words.”

During her historic amateur career, Burns amassed more than 40 victories and either reached the semifinals or was runner up in an event 50 times. Her experiences with golf began after her family moved to Greensboro in 1931. On Sundays, when her mother was visiting with friends and family, Burns was on the golf course with her father. At his urging, she took up the clubs herself and began playing.

She attended WC from 1942 to 1946, graduating with a bachelor’s of science degree in physical education. She was a student of Ellen Griffin while at WC. “There are great golfers and there are great golf instructors. Rarely, though, does one person achieve excellence in both skills,” the Greensboro News & Record wrote of Burns in 2000.

The School of Health and Human Performance at UNCG gave her a distinguished alumni award in 1991. In 2000, she was among the inaugural inductees into the UNCG Athletic Hall of Fame. “Her abilities in golf led to extraordinary accomplishments as an amateur competitor and teacher over the past 50 years,” UNCG officials wrote when she was inducted. Strokes have limited Burns’ ability to play golf, but not her love of the game. She continues to be an avid fan, to teach and to rack up the accolades.

The Ellen Griffin Rolex Award, given by the LPGA since 1989 to honor Ellen Griffin, recognizes women and men who made a major contribution to teaching golf and who emulate Griffin’s love and dedication to students, teachers, teaching skills and the game. Griffin, who died in 1986, was one of the best-known women’s golf professionals in American history, according to the LPGA.

HHP Students First Campaign Update  by Kate Barrett

Since my retirement in 1997, I have become increasingly sensitive to the unique qualities and strengths that characterize the School of HHP. I accepted Dean David Perrin's offer to chair HHP’s Students First Campaign Committee because I think HHP is on the cutting edge of knowledge—and I want to help it stay there. To keep our place in the forefront of health and human performance schools, we need to show our support to the school financially in any way we can.

My belief in the school is unwavering, and I am inviting you to play an important part in its future. Chancellor Patricia A. Sullivan said it best when she spoke to us at the start of the campaign. “Each of us must play a role in the next evolution of UNCG, empowering us all to take a dramatic step into the future,” she said. “Together there is much we can achieve. Join us in making this impact.”

As Dean Perrin shared in the last issue of Horizons, “The excitement for the ‘Students First’ campaign is palpable throughout the HHP community.” He is right, we are excited, and we are off to a great start. Let me share some specifics with you:

- Endow a scholarship or add to one already in existence.
- Faculty Initiative (HHP goal: $790,000)
  • Endow an Excellence Professorship or create a current (restricted) fund to assist faculty in their professional development needs.
- Environment initiative (HHP goal: $160,000)
  • Endow or create a current fund to support academic programs that provide innovative professional development experiences for undergraduate and graduate students.

Research and Service initiative (HHP goal: $1 million)
- Endow a fund or add to one already endowed; create a current fund or add to one to support the mission of the Center for Women’s Health and Wellness.

With an endowed fund, your gift is invested, and a portion of the earnings is used each year for the fund’s specific purpose (e.g. UG scholarship, G fellowship, program fund).

With a current (restricted) fund, your gift is not invested, and its use is guided by the fund’s specific purpose(s).

Speech and Hearing continued from front page

and expertise in the field of communication disorders.

Our on-campus referrals come from UNCG students and faculty from physicians, educators, parents, agencies, and individuals in the Greensboro and surrounding areas. The following services are available to community members of all ages:

- Evaluation of hearing, speech, language, fluency, and voice
- Language-literacy evaluations in the areas of reading, written language, and phonologic awareness
- Hearing-aid consultation and fitting
- Evaluation of auditory processing
- Auditory evoked potential evaluations
- Tinnitus retraining therapy (TRT)
- Therapy for disorders of articulation, language, language literacy, voice, and fluency
- Individual or group therapy for transgendered individuals in the areas of voice and language
- Preschool language groups for young children with language delay
- Assistance in accent modification for speakers of English as a second language
- Assistance for persons wanting to code-switch between Standard American English and a dialect

A recent addition to the Center is the Voice Care Clinic, a collaborative effort between Morehead Memorial Hospital of Eden, NC, and the Department of CSD at UNCG. This specialized clinic offers prevention, assessment, and treatment services to clients with a wide variety of voice disorders. Individual or group screening and prevention programs are offered for individuals at high risk for voice disorders, including singers, actors, teachers, and other professional voice users. After a physician’s referral, complete evaluations and treatment plans are provided for clients with disorders ranging from spasmodic dysphonia and vocal nodules to voice problems resulting from Parkinson’s disease and other neurologic disorders. The Voice Care Clinic also provides rehabilitation for persons who have had a total laryngectomy; a surgical procedure to remove the entire larynx, or voice box.

Postlaryngectomy services include artificial larynx use, esophageal speech training, and tracheo-esophageal puncture management (voice prosthesis).

In addition to the evaluation and therapy services at the on-campus clinic, the center also provides screenings, evaluations, and therapy in the community. Through a personnel preparation grant from the US Department of Education entitled A Master’s Degree Program in Speech-Language Pathology and a Community Partnership to Identify and serve Language-Literacy Impaired Adolescents in the Juvenile Justice System, the graduate clinician-trainees will provide language-literacy therapy for middle school youth at the Juvenile Justice System, the graduate clinician-trainees will provide language-literacy therapy for middle school youth at the Juvenile Justice System.

Speech and hearing screenings are conducted at preschools in the area and through Senior Resources at community centers. For additional information on the UNCG Speech and Hearing Center, please visit http://www.uncg.edu/csd/center.html or call (336) 334-5939.

We have much to celebrate as we see alumni and friends demonstrating their unqualified belief in the school with a remarkable commitment to its future through their generous planned gifts. These gifts help to ensure the long-term viability and excellence of the school and we are truly grateful.

Those donors know that their gifts alone cannot ensure the next phase of our school’s development. There are current needs that must be addressed to have the school maintain the quality of excellence it now enjoys.

It is clear we need to challenge ourselves to support HHP today — just as we are doing to support it for tomorrow.

Here are some examples of ways we can all participate within the context of HHP’s four initiatives and monetary goals:

Students First Initiative (HHP goal: $1 million)
- Endow a scholarship or add to one already in existence.

Faculty Initiative (HHP goal: $790,000)
- Endow an Excellence Professorship or create a current (restricted) fund to assist faculty in their professional development needs.

Environment initiative (HHP goal: $160,000)
- Endow or create a current fund to support academic programs that provide innovative professional development experiences for undergraduate and graduate students.

Research and Service initiative (HHP goal: $1 million)
- Endow a fund or add to one already endowed; create a current fund or add to one to support the mission of the Center for Women’s Health and Wellness.

Financial support is essential to the school's continued growth and excellence. Your gift, no matter how small, will make a difference. Let’s work together to build a bright future for the HHP.

We look forward to everyone finding a role to play in HHP’s future.

Horsey Awards

The 2004 Ethel Marius Lawther Alumni Award, pictured with Dean David Perrin, are from top to bottom: Heidi Mezel Majors ’94, ’90 MS; Elizabeth “Betti” Marshall ’73, ’77 MA, with Dr. Marilana Newton; and Caroline Tisdale Moseley ’97, with Dr. Kay Loveless. Ms. Majors is the executive director of the High Point YWCA. She is also active in the community, serving on the High Point Violence Task Force, North Carolina Youth and many other committees. Ms. Marshall is the director of the Danville Speech and Hearing Center. She has been appointed by the Virginia governor to the licensing board and also served on numerous boards of nonprofit organizations. Ms. Moseley works for the Guilford County Board of Health and has contributed to improving treatment and prevention records for human immunodeficiency virus and sexually transmitted disease infections in Guilford County.

School of HHP Students First Campaign Committee

Kate R. Barrett, Chair
Bobbi Carson ’08, Honorary Chair
Bill Evans ’76
Ron Morrow ’84, ’00
Betty Finchum ’57
Mary Lou Tromborg ’53
Pat Hieshaw ’65
Len Wilckerson

Honorary Committee Members

Marian Sabelder
Rosemary McGee
Dick Seawright
Mariana Newton
Celeste Uhrich ’46
Marcie Wiley
Sue Van Dyke ’47
Sally Robinson ’81
Gay Cheney

2004 Ethel Marius Lawther Alumni Award Winners

Figures for the Period Ended April 30, 2005

University Grand Total: $25,834,564
HHP’s Contribution
Total received gifts: $403,416
Total outstanding pledges: $94,247
Total planned gifts: $2,166,079
Grand total: $2,663,742

Horizons
$2.5 Million Grant to Fund Family Planning Center Targeting Males

Historically, family planning has targeted young women and ignored the other half of the equation — young men. A new grant from the federal Department of Health and Human Services creating a national center for male family planning could change that.

The University of North Carolina at Greensboro has received a grant, which will total more than $2.5 million over five years, to develop a national Family Planning Male Training Center for public health workers who will work with young men to prevent unwanted pregnancies and sexually transmitted diseases.

"This male-targeted center for family planning can help reduce unwanted pregnancies and sexually transmitted diseases in the Triad," said Dr. David Perrin, dean of the School of HHP. "Moreover, through the education of family planning personnel across the country, it will have a national impact on this serious public health concern."

Dr. Bill Gruchow, a professor in the Department of Public Health Education in the School of HHP, has focused much of his efforts on male health, and directs the project. It is worth $500,000 in the first year and renewable for up to five years.

Many state and community health departments lack the materials or training for male-targeted programs. This project aims to improve these deficiencies in two phases.

First, national training activities will prepare personnel to provide young men with family planning resources, information and training.

Second, a strategy will be developed to ensure that current research findings on evidence-based resources are available to family planning organizations. In addition, existing male-focused health resources will be identified and refined.

Dr. Gruchow and Aronson also will work with the Male Advocacy Network (MAN), a national organization that focuses on male health issues.

The grant will help the group develop a web site for the Family Planning Male Training Center.

UNCG’s Department of Exercise and Sport Science Endorsed

The Department of Exercise and Sport Science at UNCG has received the endorsement of one of the nation’s leading sports science organizations.

The American College of Sports Medicine has endorsed the department of ESS, which is housed in the School of HHP. The endorsement specifically recognizes the fitness leadership curriculum.

“This is an important endorsement for our students because the ACSM is the gold-standard agency for fitness-related careers,” said department head Dr. Paul Davis.

The department applied for the endorsement by sending in application forms, class syllabi and curriculum vitae of professors in the certification program. The endorsement is reviewed annually. The department is working on a similar endorsement for the master’s degree program.

“This endorsement shows that our undergradate curriculum meets the objectives established by the ACSM for the Health Fitness Instructor certification,” said Dr. Paul Davis, an assistant professor in the department who helped work on the application. “And ACSM is one of the most widely recognized sports medicine organizations in the world. This, in essence, adds another level of prestige to the program.”

Department Gets New Name and Interdisciplinary Focus

A new department name in the School of Health and Human Performance will give the reorganized academic unit a comprehensive and interdisciplinary focus, according to department leaders.

The Department of Recreation, Parks, and Tourism has merged with the Hospitality Management Program, forming the new Department of Recreation, Tourism, and Hospitality Management in a move that department leaders say will provide students with expanded access to education, training and research in these fields.

“The synergy between hospitality, tourism and recreation is very exciting. This merger was carefully considered by university and community personnel representing several disciplines,” said Dr. Stuart J. Schleien, department head. “It offers us an interdisciplinary approach to our teaching, research and community service. There are several advantages resulting from this merger. Most importantly for our students, we will be in position to present a comprehensive curriculum to address all facets of the hospitality and tourism industries, including hotels, restaurants, travel and tourism.”

In this new configuration, the department provides two undergraduate programs: a Bachelor of Science degree in Recreation and Parks Management and a Bachelor of Arts degree in Hospitality and Tourism Management. The department also offers a Master of Science degree in Recreation and Parks Management. The Recreation and Parks Management Program is directed by Dr. Nancy Gladwell, and the Hospitality and Tourism Management Program is directed by Dr. Bonnie Canziani.

Programs in recreation, parks and tourism have been part of UNCG since 1947, when they began within the Department of Physical Education. The hospitality curriculum commenced in fall 2000. Since 2003, four new faculty have joined the department to help carry out this mission in teaching, research and community outreach. The Department of Recreation, Tourism, and Hospitality Management currently boasts 230 students, including a strong cohort of graduate students. Faculty members have established strong relationships with recreation, parks and hospitality/tourism agencies across the Piedmont Triad and throughout North Carolina.

“The synergy between hospitality, tourism and recreation is very exciting.”

Dr. Eliza Santos will be on a research assignment in the fall semester (2005) to conclude work on “Coyolxauhqui ReMembers,” the first group choreography by the Latina Dance Project (LDP), begun in the summer of 2004. The LDP is a group of four nationally recognized Latina dance artists who explore the unique, dynamic, and passionate voices of the hybrid cultures of Brazil, Mexico and the United States. It was founded in 2002, with its premiere coordinated by Dr. Santos at UNCG. It represents the rising voice of a new aesthetic in contemporary dance, supporting the expression of the Latina experience through concert performance and research/scholarship. The first creative collaboration of LDP, “Coyolxauhqui ReMembers,” is a full-evening dance-theater piece developed by the group and its committed presenting partner, the National Hispanic Cultural Center (Albuquerque, NM). The dance-theater piece will premiere at the National Hispanic Cultural Center in Albuquerque, N.M., in January. After that, it will tour nationally, including a residency at UNCG. This work is funded research, having received financial support totaling $15,500.

Dr. Jan Van Dyke has been granted a leave for next year. She will spend the time as a first-year MFA student in film and video production at UNCG.

Her goal is to learn as much as possible about new technology, so that she can extend her abilities into the area of making dance for film. Dance for film is not the same thing as filmmaking at all stages. It involves designing movement specifically for the camera, with all its possibilities, and then editing the footage for the desired flow and content. This is a growing area within dance, a means of producing choreography without the expense of rehearsing for each performance. It is also a way to show work nationally and internationally without arranging travel for a company of dancers. After completing her sabbatical, Dr. Van Dyke will have produced her first film and will explore integrating this technology into her teaching.

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**UNCG Professors and Alumni Win State Honors**

Dr. Tammy A. Schilling '99 PhD, an assistant professor in the Department of Exercise and Sport Science at UNCG, has been named the Physical Education Association University Physical Education Teacher of the Year and the Edgar W. Hooks Jr. Young Professional of the Year by the North Carolina Alliance for Athletics, Health, Physical Education, Recreation and Dance (NCAAHPERD).

Dr. Janie Brown '80 EdD was presented with the Physical Education Association Lifetime Service Award. She teaches at Elon University, where she holds the Watts Thompson Professorship in the Department of Health and Human Performance. She has been the department chair for nearly 20 years.

Katie Carter '91 has been named director of Dance Education Programs by NCAAHPERD. She currently serves as the director of dance education and the Arts Education Academy at Seventy-First High School in Fayetteville, N.C. She is also a professional grant writer and is the recipient of more than $300,000 in grant money in the last three years. She was named to “Who’s Who Among American High School Teachers” for the fifth time and is the 2004-2005 Teacher of the Year for Seventy-First High School, where she teaches a curriculum of modern dance and ballet.

Kacy E. Crabtree ’87 MFA has been named the College and University Dance Educator of the Year by NCAAHPERD. She is an arts educator and administrator and has been teaching for 25 years. She has been on the faculty at Lees-McRae College for 15 years. She is past president of the Dance Association for North Carolina Educators and currently serves as a board member and the director of state and district relations for the National Dance Association.

Ernest Holcomb '76 MS has been named the High School Physical Education Teacher of the Year by the Physical Education Association. For nearly 21 of his 30 years in education, he has served as a health and physical education instructor and head baseball coach at Reidsville High School in Reidsville, N.C. He is nationally board certified.

Mary Grady Norkus ’80 BFA has been named Community Dance Educator of the Year by NCAAHPERD. In 1991, Mary opened Danceentre studio with Melody Eggan and continues to teach ballet, modern dance and creative movement to students 3 to 18 years old. In 1996, Mary began teaching dance and physical education at Durham Academy Middle School to students in fifth through eighth grade.

Dr. Amy Stringer '04 PhD was selected the Middle School Teacher of the Year by the North Carolina Association for the Advancement of Health Education. Dr. Stringer’s teaching career spans 17 years and two continents. She has taught health and physical education in Ecuador, Haiti, Michigan and North Carolina. Since 2000, she has worked as a family life education resource teacher for the Guilford County Schools. Her responsibilities include serving four middle schools, being a mentor and providing parent education.

Michelle Wallen '99 MA has received the Edgar W. Hooks Jr. Young Professional Award from NCAAHPERD. She has a master’s degree from UNCG in public health and is pursuing her doctorate at UNCG. With experience as a public school teacher in Alamance County and Chapel Hill-Carrboro, she currently is a consultant in healthful living for the N.C. Department of Public Instruction.

Nicole Willis '95 has received the Community Dance Educator of the Year Award. She teaches at Elon University, where she holds the Watts Thompson Professorship in the Department of Health and Human Performance. She has a master’s degree from UNCG in public health and is pursuing her doctorate at UNCG. With experience as a public school teacher in Alamance County and Chapel Hill-Carrboro, she currently is a consultant in healthful living for the N.C. Department of Public Instruction.

**CSD Career Fair — Alumni helping the next generation**

**This page:** Natalie Slade Stokes ‘90, ’92 MA (at left) talks to student Jihan Ali

**Above right:** Emily Berry ’99 (at left) and Kerem Parimah ’10 (center) talk to student Laura Khorozov

**Bottom right:** Student Laura Bowers talks to Miller Chastain ’78, ’79 MA

Two HHP alumni, Karen Lux and Amanda Shoe, were honored by Project Fit America (PFA) in its All Star Teacher Showcase. The PFA All Star Teacher Showcase puts a national spotlight on teachers and their ideas, sharing their lessons plans and creativity so that teachers across the country can benefit. Karen Lux, a 2000 ESS graduate, teaches at Jesse Wharton Elementary School in Greensboro and received a PFA grant in 2001.

Karen is a fifth-year teacher at the school and faces the challenge of seeing her students only once a week. Searching for ways to make a difference in her students’ fitness and bring consistency to their physical activity, she has offered a variety of games, challenges, clubs and hallway promotions to the school. These efforts have won the support of the teachers, principal and parents.

Amanda Shoe, a 2001 ESS graduate, teaches at Lindley Elementary School in Greensboro and received a PFA grant in 2001. She has decorated the walls of her gym with motivational messages for students, promotional wall charts and wonderful exhibits of every student’s accomplishments. Amanda creates a fun and nurturing environment that helps her students to succeed in their physical goals. She also serves as a role model, which brings out the best in her students, colleagues and community.
Phenomenal Women: The Physical Education Majors of WC
Isabel Wilson Taylor, 1934

Isabel Wilson Taylor ’34 clearly recognized the value of a college education. She spent the rest of her life using that education to teach others.

Isabel Wilson Taylor ’34, was born in Dunn, N.C., in 1914, the youngest in a family of 10 children — five girls and five boys. Education was important to Isabel’s parents. Her mother had received a teaching certificate from Smithfield and her father had put himself through law school. It was expected that all the children would go to college, and all but one of her siblings did.

Isabel had no doubts about which school she would attend. “I knew I was going to WC,” she says. “All my sisters had gone there. I was bound to go.” Unfortunately, her father died when Isabel was a senior in high school. Even though her mother started her own dairy farm business as a widow, Isabel knew that staying in college in the midst of the Depression would be difficult.

With what little savings the family had left, Isabel began her studies in the Physical Education department of WC in 1930. She took jobs on campus, including one in the office of Miss Mary Channing Coleman. In spite of her financial worries, she remembers her years at WC as a very happy time.

By Sharon Storm Brown

Projects Aim to Promote Physical Activity in the Triad
Dr. Wideman

The second project is the Stairwell Usage Project. Based on the Centers for Disease Control and Prevention’s stairwell project, a pilot program was tested last year at Grogan Residence Hall on the UNCC campus and at the Guilford Department of Public Health. With signs posted beside the elevators and stairs in multi-story buildings, the Stairwell Usage Project encourages people to use the stairs rather than elevators. Five businesses will receive $2,500 grants to improve their stairwells and place permanent signs in their buildings.

The third project promotes neighborhood walking groups. Wideman and others will work with neighborhood groups who start their own walking teams. The teams will receive informa- tion packets on developing a program and a route as well as funding for incentives, such as water bottles or smaller gift certificates.

“I think the people who are dedicated to the idea of physical activity aren’t the people we need to reach right now,” Wideman said. “We are trying to focus on the individuals who aren’t engaged in physical activity.”

Inaugural Recipient of Loretta M. Williams Undergraduate Research Scholarship in CHW Selected

The Center for Women’s Health and Wellness is pleased to announce that Elizabeth Messick is the inaugural recipient of the Loretta M. Williams Undergraduate Research Award.

This award was established this year by Dr. Kathleen Williams, professor and head of the Department of Exercise and Sport Science, and her father, Theodore S. Williams, in honor of her mother, Loretta Williams. The award supports an undergraduate student scholarship related to women’s health and wellness. The recipients of the award are undergraduate students from any department in the School of HHP.

Elizabeth Messick, an undergraduate in the Department of Exercise and Sport Science, will work with Dr. Paul Davis on his research project to examine the effects of moderate exercise on insulin resistance in moderately obese women between the ages of 18 and 30. If moderate exercise lowers insulin resistance, as these researchers hypothesize, the study will show how exercise could help to prevent diabetes as well as obesity.
In this issue of Horizons we have enclosed an envelope that provides a simple way to give a gift to the School of HHP Students First Campaign and to let us know about changes and accomplishments in your life, which may be shared in a future issue of Horizons.

In addition, we hope you will take a minute to look over the various initiatives and funds, as it is individual support that enhances our ability to stay on the forefront of quality education and research. If you would like to give a gift, please complete all necessary information on the bottom portion of the envelope.

**New Initiative of the Center for Women's Health and Wellness — A cohort study of Woman's College Alumnae**

The Center For Women's Health and Wellness (CWHW) will soon survey alumnae of Woman's College as part of a study to learn more about the factors that influence the health, wellness and quality of life of women as they age.

Researchers will examine the effect of the alumnae's life choices, health behavior, environmental stressors, and personal and family health history. They expect the study results to expand knowledge about ways to improve women's health.

The study revolves around the idea that the significant events in women's lives — the multiple roles they balanced (as daughters, partners, mothers, community members) and the choices, obligations and trade-offs they encountered along the way — can affect women's health and well-being in later life.

The alumnae of Woman's College provide an opportunity to study these issues in depth. For instance, the women in this cohort will be entering or be in retirement from their careers. Many will have raised their children, while others never had any. Many will be grandparents or be caretakers for their elderly parents. Some will have never married, while others will be married or will be widows. Many consistently worked full-time, while others went in and out of the workforce to raise children or did not choose to have a career outside the home.

Different pathways through life can also result in different resources in later life, such as retirement income, support from children, self-awareness and esteem, and community ties. These resources can have an important effect on health status.

The study will begin with focus group discussions with alumnae who live in the Triad. These small group discussions will provide important qualitative data and personal stories about the course of women’s lives. This information will be used to develop a questionnaire that will be sent to the nearly 10,000 Woman’s College alumnae across the country.

If you receive a letter and questionnaire, please take time to complete it. If you would like more information, please call the CWHW office at (336) 334-4736 or visit our web site at www.uncg.edu/hhp/cwhw.