THE HORSEPOWER & HHP CONNECTION

HORIZONS

Alumni Magazine of the UNCG School of Health and Human Performance
Greetings from your dean, who is no longer interim! We have had an exciting start to the 2008-2009 academic year, beginning with our new chancellor, Dr. Linda Brady. In addition, we have two new department heads, featured in this issue, Dr. James (Jim) Eddy in Public Health Education and Dr. Joseph (Joe) Starnes in Exercise and Sport Science. With also have new faculty, bringing excitement and energy to HHP as they begin new research programs and strengthen others. We begin the fall with over 1,500 HHP majors and many more taking our courses. We have nearly 1,300 undergraduates and more than 300 graduates, with three of our five departments engaging in strong, research-based doctoral programs.

**THEN AND NOW**

These new activities remind us of our history and the progress we have made as a teaching, research and service leader at UNCG since our first days as a physical education program in 1891!

Our department of Communication Sciences and Disorders will celebrate “fifty years at UNCG; ten years in HHP” at its annual state convention in the spring. All CSD alumni are encouraged to attend, whether you were in the old white house, the basement of Taylor Building, or, most recently, the third floor of Ferguson Building. We hope to see some graduates from that first 1958-59 class, a speech-language pathology and audiology program within Speech Communication in Arts and Sciences.

In Exercise and Sport Science, Athletic Training was successfully re-accredited. With the addition of two new senior faculty in Physical Education pedagogy (see article about Drs. Ennis and Chen), we strengthen the roots of our School in both physical education teaching and research. Another area of growth, with roots in our history, is the activity program for all students at UNCG. As we face an epidemic of
obesity in America, this program will be even more critical to our students and citizens in North Carolina and beyond.

Recreation, Tourism, and Hospitality Management is searching for a new department head. Dr. Stuart Schleien will be stepping down after 12 years as head to concentrate on a grant program designed to train more students to work as certified therapeutic recreation specialists. The program, called TRAIN, is funded with a four-year, $761,000 grant from the U.S. Department of Education.

Dance faculty are leading programs for the community in Greensboro, throughout North Carolina, and in other countries. We celebrate our first endowed professorship, given by one of our Dance alumna, Dr. Minta Little ’54.

Public Health Education is preparing to launch a new distance education program in Health Studies. This will be a partnership with our North Carolina community colleges, enabling citizens to continue working while completing a college degree. PHE added three new faculty members to jump start this program so that Emergency Medical Technicians, allied health workers, and related essential community workers can add to their knowledge base and increase their employment potential. The first cohort of this distance education program is slated to begin in Fall 2009.

**PROGRESS IN SPITE OF THE ECONOMY**

Yes, we have had our share of budget cuts in the current economy, but we like to think of this as an opportunity to examine our programs, save money and spend our resources wisely. A degree from HHP is a great investment in your future, with no loss on your return. Thanks to the fact that our alumni have been generous, enabling HHP to reach 200 percent of its goal for the Students First Campaign, we will continue to award our scholarships for our outstanding students. Our hard-working faculty have submitted several million dollars in research grant applications this fall and will continue creating new knowledge in our disciplines. This academic year we will be forming Community Advisory Boards in each department, and a central Dean’s Advisory Board for HHP, to help us tap the talents of our alumni and friends in each of the five departments. We will continue to seek ways to help faculty in their research and service projects and ways to continue our health and wellness outreach in the Triad and beyond.

**COME AND VISIT!**

In addition to visiting with you on alumni weekend and around the state at our professional conferences, I invite you to stop by and see the newly refurbished dean’s office in the HHP building. As a UNCG alumna myself, I have made sure it is blue, white and gold and you might like to see the UNCG T-shirt quilt on my wall. The first Monday of each month, from 8:30 – 10:30 a.m., is “talk to the dean” time — no appointment necessary. I would welcome a visit from you, our Health and Human Performance alumni, friends and supporters!

**Celia Routh Hooper ’74 MA**

*Dean, School of Health and Human Performance*

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**PUBLIC HEALTH EDUCATION CO-SPONSORS CLEAN WATER MEETING**

Dr. Mark Schulz (PHE) and the Department of Public Health Education recently co-sponsored the 24th annual public meeting of Clean Water for North Carolina. The topic of the meeting was “Managing NC’s Water for Health and Justice.”

The meeting featured national, regional and local speakers on topics including:

- A New Paradigm for Water Infrastructure
- Water and Energy: the Need and Opportunities for Freeing and Protecting Our Water Resources
- Privatizing a Human Right? Economic, Health and Environmental Impacts
- Protecting Safe, Affordable Water for 2.7 Million Rural NC Well-Users

Undergraduate students in Human Development and Family Studies are developing lessons in physical movement for preschool children in Greensboro. The program is being led by Donna Duffy, a Ph.D. candidate in teaching and teacher education with the Department of Exercise and Sport Science.

The seven-week program serves approximately 70 preschool children including homeschool students in Guilford County as well as children at Hester’s Creative School on Vandalia Road, Hester’s Creative School on Benjamin Parkway and UNCG’s Children’s Center.

Each week, the UNCG students work in teams to develop a lesson for the children that focuses on cognitive, affective and psychomotor skills.

Undergraduate students in Human Development and Family Studies on the B-K licensure track are required to take the course.
HHP Honors Banquet
Awards $98,000, Moves to Fall

This year, the Annual Honors Banquet was moved from Spring semester to Fall to allow sponsors and award recipients to forge a year-long connection.

Due to the generosity and commitment to education by HHP friends and alumni, 49 undergraduate and graduate students received $98,000 in awards for research and academic excellence.

More than 130 people attended the Oct. 1 event, including Chancellor Linda Brady and Provost (former HHP Dean) David Perrin.

Students, parents, guests, sponsors and members of the UNCG community came together to celebrate the achievements of the student winners and the generosity of their benefactors.

On the left, back row: Susan Stout Scholarship winners include Florence Masese-Amadi, Bobbi Carson (sponsor), Shayla Bearman; front row: Hannah Bristow, Blair Baucom, Lori Beth Mattox and Bryan Feger

On the right: The Quota Club Scholarship winners include Pat Hartley (sponsor), Cheryl Jablonski, GaBriana King and Helen Woods (sponsor)

DEAN ADVISES WINGATE UNIVERSITY ON STARTING A CSD PROGRAM

- The HHP Dean and former head of the Department of Communication Sciences and Disorders, Dr. Celia Hooper, met with Wingate University officials recently to advise them on starting a Communications Sciences and Disorders (CSD) program at the university.

  Wingate is considering creating the department in response to a shortage of workers in audiology and speech-language pathology.

  Hooper met with the university’s President Jerry McGee, Vice President for Academic Affairs Martha Asti, and the dean of the Wingate School of Pharmacy to discuss starting a program and clinic.
PUBLIC HEALTH DOCTORAL STUDENT PUBLISHES POLICY BRIEF

Louis F. Graham, a graduate research assistant and doctoral student in the Department of Public Health Education, recently had a policy brief published by the Roosevelt Institute, a public policy thinktank in Washington, D.C.

His paper, Empowering the Public Health Service - Increase the Efficacy of the Public Health Service, concerned reorganizing the federal department. He proposed making the head of the U.S. Public Health Service an appointed position with a lifetime term and establishing criteria for PHS leadership to have formal training in population health research and practice.

PUBLIC HEALTH STUDENT RECOGNIZED

Melissa G. Poillot-Micca, a student pursuing a degree in public health education, received an honorable mention for the UNCG Office of Undergraduate Research, Behavior, Economics, Education & Sciences Award. The project, “Research in the Streets,” assessed the needs of IV drug users and their view of Twin City Harm Reduction Initiative.

LAWTHER LECTURE FEATURES DR. ALEX JOHNSON

On Oct. 23, the School sponsored the 34th Annual Lawther Lecture.

The event, held at the UNCG School of Music Collins Lecture Hall, featured Dr. Alex Johnson, Provost for Academic Affairs at Massachusetts General Hospital, Institute for Health Professions. His lecture was called, Connecting the Dots: A Multidisciplinary Perspective on Human Communication Disorders.

Students, faculty, alumni and guests were treated to his engaging speaking style.

UNCG HOLDS FIRST GIRLS IN SPORT SYMPOSIUM

UNCG is holding its first Girls in Sport symposium to help teachers and coaches promote girls’ positive development through sports and physical activity on the field, on the court, in the arena, in the studio and in schools.

The Feb. 20 event features a keynote speech by Dr. Maureen Weiss, co-director of the Tucker Institute for Research on Girls and Women in Sport at the University of Minnesota. The symposium will also include panel discussions by coaches, teachers and female athletes of all participation levels.

The cost of the symposium is:

$20 for teachers and coaches (before Feb. 6)
$10 for undergraduate and graduate students (before Feb. 6)
$35 after Feb. 6 and on-site

The symposium is sponsored by The Center for Women’s Health and Wellness and the Department of Exercise and Sport Science. It will be held from 8:30 a.m. to 1 p.m. in the Elliott Center Auditorium.

To register, contact Dr. Donna Duffy at dmduffy@uncg.edu or call 334-3025.
ALUM AND FORMER ELON COACH RECEIVES NAIA’S HIGHEST HONOR

Jerry Tolley ’82 EdD, the former football coach at Elon, has been selected to the 2008-09 class of the National Association of Intercollegiate Athletics.

The honor, the highest bestowed by the association, recognizes his longtime service to the sport of football.

Tolley was a two-time national champion coach while at Elon. He now serves as a member of the University Advancement staff at Elon, director of the Elon Society and mayor of the town of Elon. Tolley was selected not only for his achievements as a football coach, but also for his success as a student-athlete at East Carolina University and as the writer of five football books and many sports-related articles.

WARD RECEIVES INTERNATIONAL DANCE AWARD

Patricia Ward ’93 MA has received the Anita Zahn Award for the Education of the Child from the Isadora Duncan International Institute Inc.

The award recognizes leaders in contemporary Isadora Duncan dance pedagogy whose efforts embody the principles of lifelong education through dance and a commitment to community-based teaching.

Ward has dedicated her career to dance and dance instruction, with an emphasis on educating the whole child through dance. She has been a dance instructor in the K-12 school systems in Virginia and North Carolina, as well as on the community college level. Ward is an adjunct instructor in modern dance, improvisation, dance history, dance composition/choreography, humanities and pilates yoga.

She is the program coordinator for the arts at The Southern Virginia Higher Education Center and continues to operate a local dance studio specializing in Isadora Duncan Dance for children and adults.

INAUGURAL LPGA REUNION

H.B. MacArthur ’72 hosted a Hawaiian Garden Party for LPGA tour players from the 1950s to the 1970s on April 1.

More than 130 former players and their guests attended, including four founding members of the LPGA.

COLLINS APPOINTED TO SENIOR STATE EDUCATION POST

Paula Hudson Collins ’74 was recently appointed the first senior policy advisor for Healthy Responsible Student Issues in the Office of the State Board of Education. N.C. School Board Chairman Howard N. Lee established this new position with unanimous support from the members of the State Board of Education.

In this role, Collins will champion the ongoing work of the N.C. Department of Public Instruction to promote the positive link between students’ health status and their academic achievements leading to graduation.

Collins has held a variety of professional offices and taken leadership roles in numerous health organizations. She has received various health awards while finding time to volunteer in supporting UNCG. She received the first Distinguished Alumni Award for HHP and served as one of the chairs of the 30-year reunion for the Class of ’74, helping to champion activities and class gift-giving. She recently completed a three-year term on the UNCG Alumni Board of Directors, where she chaired the Awards Committee and conducted the Alumni Board’s planning retreat.

She is a lifetime member of the Alumni Association and a member of the One In A Million Club.

HENNEMAN RECEIVES AWARD

Suzanne E. Henneman ’77 has received the William C. Burdick Award from the Maryland Association for Health, Physical Education, Recreation, and Dance.

Henneman is the dance resource teacher for Baltimore County Public Schools and is responsible for the fine arts dance programs in the county as well as in-service education for physical education teachers and their dance and rhythm units. She taught dance in the classroom for 21 years before pursuing her current leadership role.

“I am indebted to UNCG and the faculty within HHP for giving me a strong background in dance and education and the roots of a realization of a childhood dream,” she says.

ALUMNA TENDS TO EDIBLE ZOO

When Happy Lee ’49 works in the garden, she knows the fruits of her labor will go to good use.

Lee works as a volunteer, tending the Edible Garden at the L.A. Zoo. Here, flowers and produce are grown as treats for the zoo animals.

“The LA Zoo focuses on stimulation of the animals to help them in captivity,” Lee says. “The plants from the Edible Garden are real treats. The gorillas, for example, are crazy about roses. They sniff them, then eat them one petal at a time.”
Growing up in western Pennsylvania in the 1970s, Perry Flynn begged his parents for horse riding lessons. Thinking it was just a phase, they bought him a few sessions for his 10th birthday. “They thought that would cook my goose,” Flynn says. “But it backfired on them.”

Thirty-six years later, Flynn ’85, ’87 MEd is still riding. He’s also finding innovative ways to unite that passion with his career in speech pathology. Flynn, an associate professor in the Department of Communication Sciences and Disorders, helps adults and children with multiple disabilities through HorsePower, a year-round riding camp he helped found in Colfax, NC, in the mid-1990s.

Open every summer, the camp uses horse riding lessons to help everyone from children with developmental delays to adults with traumatic brain injuries. Flynn, a certified therapeutic riding instructor, hopes to expand the camp to include work with injured veterans of the Iraq war. Along with Kristine Lundgren, a fellow Communication Sciences and Disorders faculty member, he has applied for a grant to do the work and is awaiting word from the U.S. Department of Defense.

In the meantime, Flynn is making a big difference for individuals like Jeff Weathers, a former police officer who was critically injured in a car accident in the line of duty. Weathers spent time at the HorsePower camp last summer. Learning how to ride horses and to care for them improved his memory and overall cognitive skills, Weathers said. The friends he made with others recovering from serious injuries also boosted his morale.

“It gives you a chance to meet other people who have similar problems,” Weathers said. “You don’t feel like you’re the only one with problems.”

Flynn has also turned the camp into a learning opportunity for UNCG graduate students, who have joined him there for the past five years. Tracy Ball ’07 MEd spent two summers at the camp working with both preschool children and adolescents. “You’re giving them an experience they would never have otherwise, and that gives you some teachable moments,” Ball said. “You don’t always get those teachable moments if they’re not doing something they enjoy. At the camp, you see more of their potential – and then you really see more progress, too.”

Ball, also a certified therapeutic riding instructor, now works with a horseback riding program in Charlotte. He credits Flynn for launching his own career in speech pathology. “He was my mentor through graduate school,” Ball said. “He definitely helped open opportunities for me.”

When he’s not in the classroom or at the riding camp, Flynn doesn’t get bored. He serves as the N.C. Department of Public Instruction’s only consultant on speech and language pathology. He’s also found yet another way to work his love of horses into his life as the director of sport development for the N.C. Special Olympics equestrian team.

“I’ve been lucky to find ways to combine my career with my love of working with kids and my love of riding horses,” Flynn says. “I really enjoy it.”
Students, Professor Collaborate to Treat Depression Among Disabled Residents
Diagnosed with clinical depression, one elderly resident of WhiteStone Masonic and Eastern Star Community in Greensboro never joined in a single activity.

That changed when staff suggested he try riding a bike equipped for wheelchair use. Now, he not only rides the bikes; he also participates in all the other activities.

And he’s not alone.

The wheelchair biking program, started at WhiteStone this year by Dr. Linda Buettner and two graduate students, is proven to alleviate mild to moderate depression in people with disabilities.

“It led to a culture change at WhiteStone,” says Buettner, a professor in the Department of Recreation, Tourism, and Hospitality Management.

How does it work?

Trained therapists ride a specially designed bicycle that has a rugged wheelchair attached to the front of it.

“For the most part, everyone gets something out of it,” Buettner says. “There’s the thrill of being outdoors, whooshing through the air with everyone waving to you and calling to you. But there’s also more than that.”

Buettner theorizes that the program yields a physiological change in participants because they get more oxygen while riding the bike. In fact, she conducted one study that showed participants’ oxygen levels increased by 4 percent – or the equivalent of giving them a liter of oxygen.

The program is not new. Buettner first saw the German-engineered Duet wheelchair bike in 1989 while at a conference for fellow recreation therapists. She began using it in her practice at a New York hospital in 1990. Since then, she’s seen study after study demonstrate powerful results in a variety of clinical settings.

This year, two graduate students in therapeutic recreation, Brianne Martindale and Laura Freeze, decided to try the wheelchair biking program to see if it would help WhiteStone residents overcome depression.

“They helped staff implement the twice weekly program and then measured the outcome,” Buettner says. “The students saw a proven intervention being implemented in the real world.”

It worked – all participants experienced significantly fewer symptoms of depression after the program.

“At first, I wasn’t sure how the residents were going to react,” says Gina Prevost ’97, the director of activities for WhiteStone.

“At first they had some apprehension because they hadn’t been on a bike in years. But boy, they took to it. They loved it.”

A 96-year-old legally blind resident said she loved “the feel of the bike, the wind and sun on her face, and the outdoor smells.”

A 90-year-old with early signs of dementia said the bike brought back memories of living in Japan, riding rickshaws with her husband at her side.

And at 103, the oldest resident to try the bike said it made her feel young again.

“When we did the program, 40 to 50 people would come outside to watch,” Buettner says. “Almost everyone who lived there was aware of it. The place just came alive.”

To learn more or see a video of the bike in action, visit www.uncg.edu/rth.
DR. SUE STINSON EARN S AWARD FROM HOOD COLLEGE

Dr. Sue Stinson ’84 EdD, a professor in the Department of Dance, earned the Distinguished Alumna Award for Career Achievement from Hood College.

Stinson is “considered a pioneer in the establishment of the field of dance education,” the Hood alumni magazine notes. “A frequent guest lecturer and keynote presenter in numerous academic venues around the globe, Sue developed the only master’s degree program in dance education in the world at UNCG.”

Stinson graduated from Hood College in 1968 with a degree in sociology. She went on to earn a master’s degree in education from The George Washington University and a doctoral degree in curriculum and cultural studies from UNCG. In the last five years, she has published numerous articles and book chapters and has presented numerous papers, presentations and lectures. She is now working on new book chapters on dance and qualitative research and the significance of peer mentoring in dance education.

SCHLEIEN RECEIVES LEADERSHIP AWARD

Dr. Stuart J. Schleien, a professor and head of the Recreation, Tourism, and Hospitality Management department, received the 2008 Victor Hall Leadership Award from The Arc of Greensboro.

The award noted his “exemplary leadership in the field of developmental disabilities.” The award was presented at The Arc Awards Banquet on June 17.

DORWART RECEIVES DOCTORAL DISSERTATION AWARD

Dr. Catherine Dorwart, an assistant professor in the department of Recreation, Tourism, and Hospitality Management, received The American Academy of Park and Recreation Professionals Doctoral Dissertation Award.

She received $1,000 plus her travel expenses to present her dissertation at the Academy’s Annual Meeting at the National Recreation and Park Association Congress in Baltimore. Her dissertation (focusing on exploring visitors’ perceptions of the trail environment and their effects on experiences in the Great Smoky Mountains National Park) will be submitted to the editor of the Journal for Park and Recreation Administration for consideration for publication.

30 YEARS OF SERVICE

Stinson recently received her 30-year service pin. She was one of only 10 people at UNCG to receive this honor.
BUETTNER NAMED TO ITHACA COLLEGE ATHLETIC HALL OF FAME

Dr. Linda Buettner, a professor in the Department of Recreation, Tourism, and Hospitality Management, has been elected to the Ithaca College Athletic Hall of Fame.

The honor recognizes her five-year tenure as coach of the college women’s soccer and women’s track and field teams from 1981 to 1986.

As the soccer program’s inaugural coach, she led the Bombers to a 52-24-5 record and four postseason appearances. The team won the New York State Women’s Collegiate Athletic Association (NYSWCAA) title in 1983 and Eastern College Athletic Conference (ECAC) titles the next two years.

Her track and field teams recorded five top-five finishes at the state championships and seven top-10 ECAC showings. The outdoor team placed 10th at the 1984 NCAA Championships.

She was a two-time Ithaca Journal Female Coach of the Year and was named the 1983 NYSWCAA Coach of the Year in soccer.

PERKO CAUTIONS SOLDIERS ABOUT SUPPLEMENT USE

Dr. Mike Perko, associate professor in the Department of Public Health Education, recently addressed U.S. soldiers about the use of nutritional supplements.

The supplement industry, which generated $22 billion in profits in 2005, is largely unregulated, Perko told U.S. soldiers in Vicenza, Italy. Perko was the first speaker in a series for servicemen and women sponsored by the Center for Health Promotion and Preventive Medicine.

The research he presented included an Army study that indicated 58 percent of male soldiers and 71 percent of female soldiers are taking nutritional or dietary supplements. Ninety percent said they got information about the supplements from friends, magazines or the Internet, rather than their physicians.


DEVELOPMENT OFFICER PROMOTED

David Arneke has been promoted to senior director for corporate and foundation relations at UNCG.

Before coming to UNCG, Arneke managed corporate contribution budgets and developed major grants for the AT&T Foundation as the foundation’s regional representative. He is also an accomplished business entrepreneur and writer, owning his own public relations firm, David Arneke Communications.

He is a graduate of Duke University.

VAN DYKE RECEIVES NATIONAL TEACHING HONOR

Dr. Jan Van Dyke, a professor and head of the Department of Dance, has received the 2008 Dance Teacher Award for Higher Education. Dance Teacher magazine presented the award at the Javits Center in New York, NY.

Van Dyke was honored for her 20 years of teaching at UNCG, helping students to discover their own artistic identities in part through her example as a dance professional. In addition to her work at the university, she directs and choreographs for her own company, the Jan Van Dyke Dance Group, and works with the Dance Project at City Arts, which offers more than 25 weekly classes to children and adults in downtown Greensboro.

PHE FACULTY TO DEVELOP COURSES IN BELL PROGRAM

Dr. Dan Bibeau and Dr. David Wyrick, faculty members in the Department of Public Health Education, will be developing a course in the Building Entrepreneurial Learning for Life (BELL) program.

This program is aimed at ensuring students in any major are exposed to the world of starting and operating not-for-profit and for-profit enterprises.

They will be developing the course, Promoting Health through Entrepreneurship.
NEW FACULTY AND STAFF

**Joseph Brown** has joined the Recreation, Tourism, and Hospitality Management faculty as an AP assistant professor. He has served as an educator with Durham County and Orange County public schools and as a chef/instructor with Johnson & Wales University and The International Institute of Culinary Arts. Most recently, he served as program head for the culinary technology program at Vance-Granville Community College. He is an alumnus of Johnson & Wales University, where he earned an AOS in culinary arts, a BA in food service management and an MA in education.

**Dr. Ang Chen** joined the Exercise and Sport Science faculty in August 2008. Before coming to Greensboro, Dr. Chen taught at the University of Hawaii, Arizona State University and the University of Maryland. He is a leading scholar on student learning and motivation in physical education. His work has been widely published in scholarly journals and presented at national and international conferences. He is an associate editor of *Research Quarterly for Exercise and Sport* and is serving on editorial boards of three other research journals in physical education and educational psychology. Dr. Chen earned his bachelor's degree in education from Nanjing Teachers University, a master's degree in physical education from the Shanghai University of Sport, and his Ph.D. in kinesiology from the University of Maryland.

**Dr. Catherine D. Ennis ’77 MS** is a professor of teacher education and curriculum in the Department of Exercise and Sport Science. She received her bachelor’s degree from Lynchburg College and her master’s degree from UNCG. Since completing her PhD at the University of Georgia, she has taught at the University of Wisconsin-Madison and the University of Maryland-College Park. Currently, she teaches undergraduate and graduate teacher education classes with a focus on preK-12 curriculum theory and development. Recently, she completed a five-year, $1.5 million grant from the National Institutes of Health to design, evaluate and disseminate a science-based approach to elementary physical education.

**Dr. Mike Perko** is associate professor and director of graduate studies in the Department of Public Health Education. Before arriving in Greensboro, he served as chair of the Department of Health Science at the University of Alabama. Dr. Perko has extensive experience in health promotion and disease prevention initiatives and consults with many organizations in the US. In 2008, Dr. Perko was named Health Educator of the Year for the nation and won the Chancellors Teaching Award at UNC-Wilmington in 2002. He has been invited numerous times to Capitol Hill to advocate for healthier schools and greater access for kids to become physically fit. Since getting his PhD from the University of Alabama, Dr. Perko has authored two books and 33 journal articles and has presented more than 90 peer-reviewed papers. He has been quoted in the *New York Times*, the *Los Angeles Times*, the *Wall Street Journal*, and *Sports Illustrated*.

**Dr. William N. Dudley** is the new associate dean for research at the School of Health and Human Performance. He was appointed to this role after serving as interim associate dean during 2007-08. He comes to UNCG from the University of Utah College of Nursing, where he was director of applied statistics in the Nursing Research Center. He earned his BA in computer science from UNC Charlotte and his master’s and PhD in experimental psychology from the University of Georgia. Since then, he has worked primarily in nursing research, first at the Medical College of Georgia and then at Emory University. His research focuses on statistical methods for the study of how individuals change over time.

**Dr. James M. Eddy** is the new head of the Department of Public Health Education. Eddy comes from Texas A&M University, where he was professor and chair of the Division of Health Education...
**Angeles Times and Sports Illustrated** and has appeared on ESPN’s “Outside the Lines.”

**Dr. Cody Sipe** has joined the Exercise and Sport Science faculty as an AP assistant professor. He has received several honors for his work with older adults including the IDEA Program Director of the Year Award. He is certified as a clinical exercise specialist and registered clinical exercise physiologist with the American College of Sports Medicine. He received his MS in exercise physiology from Virginia Tech and his PhD from Purdue University. Cody is the HOPE (Helping Older People Exercise) Coordinator and is overseeing the internships.

**Dr. Aaron Terranova ‘08 EdD** joined the Exercise and Sport Science faculty this summer after completing his doctorate. A certified athletic trainer, he is an AP assistant professor and works primarily as the clinical education coordinator with the entry-level master’s in athletic training program. Previously, he was the head athletic trainer at the United States Merchant Marine Academy in Great Neck, NY. He earned his master’s degree in education from the University of Virginia, and his bachelor’s degree from Penn State University.

**Leah Tompkins** has joined the Department of Public Health Education as AP assistant professor. In addition to teaching undergraduate courses, she is also designing and developing online courses. Several of these courses will be available to students starting in Spring 2009 with the addition of several more online options in Fall 2009. Leah earned her bachelor’s degree in health promotion from Emporia State University in 2004 and her master’s in health education from Texas A&M University in 2007. After graduating from A&M, Leah was the online program coordinator for the Department of Health Education. She completed the Certified Health Education Specialist (CHES) certification in April 2007 and plans to pursue a PhD.

**Mike Walker ’05** is one of the administrative assistants in the Department of Public Health Education. He has been at UNCG intermittently as a student and staff member since 1993. He graduated with a BA in archaeology and classical studies in 2005 and served as a processing assistant for the School of Nursing’s Doctoral Program for the next three years.

**Dr. Greg Wojtowicz** has joined the faculty of the Department of Public Health Education as an AP assistant professor. He joins the UNCG community after serving on the faculties of UNC Charlotte, University of Alabama at Birmingham, University of Southern Illinois at Edwardsville and Penn State University. Greg earned his bachelor of science degree in health, physical education and recreation and his master of science degree in health from SUNY Brockport. He earned his PhD in health science from Penn State University. He has been published in the *Journal of Health* and other professional journals. He has a particular interest in worksite safety issues and public school health education curricula.

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in the College of Education and Human Development. He completed his DEd at Penn State University. He is a recognized authority in worksite health promotion and health education. His scholarly work focuses on the design, implementation and evaluation of worksite health promotion and distance education program applications. He holds Fellow status in the American Academy of Health Behavior and the Association for the Advancement of Health Education.

**DR. JOSEPH W. STARNES** is the head of the Department of Exercise and Sport Science. Starnes comes from the University of Texas at Austin. He received a bachelor’s of science degree from Georgia Tech and a PhD from the University of Massachusetts before his postdoctoral study at the University of Michigan. From 1980-1985, he worked as a research associate at the University of Pennsylvania. He then spent 23 years on the faculty of the University of Texas at Austin before moving to Greensboro in August 2008. Dr. Starnes is an exercise physiologist whose main research interests focus on the effects of exercise and aging on the heart. His laboratory in the Eberhart building is under construction and has an expected completion date of March 2009. A current research interest is the interaction of exercise and statins, which are the largest selling class of drugs in the world. His most recent American Heart Association grant evaluated the interaction of exercise and statins on myocardial ischemia-reperfusion injury. Another current project investigates the effects of one of the statin drugs (simvastatin) on longevity in mice.
HHP RENOVATIONS INCLUDE NEW ROOF, CLASSROOM UPGRADES

The School of HHP now has a new roof and some newly renovated classrooms. The major re-roofing project began just after graduation in May and was completed in October. After 20 years, the main HHP shingle roof needed replacement. The new zinc roof uses the latest roofing technology and promises to last 60 to 80 years.

Several HHP classrooms received upgrades over the summer. The observation classroom, Room 351, was soundproofed. Along with its neighbor, Room 347, it now features circular tables. All the upgrades included new, ergonomically designed chairs.