

## Information Sheet for Exchange Students

(Tuition/Fee/Room/Board Exchange)

Academic Year 2008-2009

*The following information is accurate as of the time of its writing; however, it is subject to change without notice. The International Programs Center (IPC) will make every effort to communicate any program changes.*

### 1. Director, Study Abroad and Exchanges

Penelope Pynes, Ph.D.

Director

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**Home telephone:** (336) 279-8475 (Penelope Pynes; emergencies only)

**Office hours:** 8:00 a.m. - 5:00 p.m. (Mon-Fri.)

**Other Study Abroad &** Mr. Tom Martinek, Jr., Assistant Director, Study Abroad & Exchanges  
**Exchange Staff:** Ms. Denise Bellamy, Assistant Director, Study Abroad & Exchanges

**Other IPC Staff:** Dr. Lyn Lawrance, Associate Provost for International Programs  
Mr. Michael Elliott, Director of International Student and Scholar Services  
Ms. Norma Velazquez, Assistant to the Director of International Student and Scholar Services  
Ms. Cindy Harden, Office Manager  
Ms. Katie Ostrowka, Program Coordinator

*For more information about UNCG and Greensboro, please visit our Web Page at:*

<http://www.uncg.edu>

### 2. When should you arrive?

**A. On-Campus:** Your housing is expected to be available beginning on the following dates:

**First semester:** Monday, August 18, 2008

**Second semester:** Tuesday, January 13, 2009

See "On-Campus housing" (Paragraph 7) below.

**B. Off-Campus:** If you will be living off-campus, it is suggested that you arrive no later than August 8 (for Fall Semester) or December 31 (for Spring Semester) to have sufficient time to locate appropriate housing. See "Off-Campus" housing (Paragraph 8) below.

### 3. 2008-2009 Academic Calendar:

#### Fall 2008 Semester:

Arrival/Move-in day	August 18, 2008
Orientation:	August 19-22, 2008
Registration:	August 19-22, 2008
Classes begin:	August 25, 2008
Classes end:	December 8, 2008
Reading Day:	December 9, 2008 (no classes or exams)
Exam period:	December 10-12; 15-17, 2008
Fall Holiday:	September 1, 2008 (Labor Day)
Vacation periods:	October 18-21, 2008(Fall Break) November 26-November 30, 2008 (Thanksgiving) December 18, 2008 - January 13, 2009 (Christmas Break)

#### Spring 2009 Semester:

Arrival/Move-in day	January 13, 2009
Orientation:	January 14-16, 2009
Registration:	January 14-16, 2009
Classes begin:	January 20, 2009
Classes end:	May 5, 2009
Reading Day:	May 6, 2009 (no classes or exams)
Exam period:	May 7-9; 11-13, 2009
Spring Holidays:	January 19, 2009 (Martin Luther King, Jr. Day) April 10, 2009 (Spring Holiday)
Vacation period:	March 7, 2009 - March 15, 2009 (Spring Break)

### 4. Place to stay for temporary accommodations:

The Ramada Inn and The Battleground Inn are a short drive from the university. Costs will be paid by the participant. Students should call/fax the inn directly for reservations. Make sure you identify yourself as an international student studying at UNCG. Students also should call IPC as soon as possible to arrange pick-up and transportation to campus.)

Please make sure that you say that you are a UNCG INTERNATIONAL STUDENT!

Ramada Inn Greensboro
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Battleground Inn
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2003 Athena Court, Greensboro Tel: (336) 294-9922 Fax: (336) 294-9922 Estimated costs: Single/Double Approximately: \$55.00 per night Mention special UNCG Student Rate	1517 Westover Terrace, Greensboro Tel: (336) 272-4737 Fax:(336) 274-6242 Estimated Cost: Single: Approximately: \$55.80 per night; Double: Approximately: \$59.40 per night
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## 5. Getting to Greensboro, North Carolina

You can fly to the Greensboro airport: Piedmont-Triad International Airport, Greensboro, North Carolina. From the airport, Greensboro/UNCG is ten miles away. A 15-20 minute cab ride costs approximately \$18-24.

All exchange students may be met and greeted by a staff member at the airport provided The International Programs Center is advised of your arrival schedule (airline, flight number and arrival time) at least two weeks in advance and provided arrival is before 10:00 p.m. (including flight delays). IPC will also arrange pick-up for you by a local taxi/limousine company. After 10:00 p.m., we can not assure that you will be met and greeted by a staff member, but IPC will make every effort to arrange pick-up by the taxi/limousine company, provided we know your arrival time in advance. If you arrive late and are not met at the airport, you should take a taxi to your lodging. Please email IPC at [studyabroad@uncg.edu](mailto:studyabroad@uncg.edu) indicating the following information: your name, complete arrival information including flight number (or train or bus information), date and time of arrival and the hotel where you have made a reservation.

\*Greensboro is also served by Amtrak trains (<http://www.amtrak.com>) from all points north and south.\*

## 6. Orientation Program.

The Fall 2008 Orientation for all international exchange students takes place beginning on Tuesday, August 19, 2008 (for the Spring Semester, Wednesday, January 14, 2009.)

**Please try to arrive no later than the previous day in Greensboro. (See arrival in paragraph 2.)**

You will participate in university orientation activities for all international students, with special orientation programs and events for exchange students. Various activities will be scheduled at UNCG and in the community including tours, shopping trips, a lake trip and parties.

## 7. Housing and Meal Benefits During Academic Sessions

You will receive housing benefits and the equivalent of 19 meals per week for the full period of the exchange. For provision of benefits during vacation periods, see Paragraph #8.

### Benefits - Housing

Type of housing provided: **Shared-Residence hall room (exc. Tower Village or Spring Garden Apartments)**

How many students share a room or apartment? **TWO**

How many students share bathroom facilities? **TEN**

Are cooking facilities provided? **No (minimal) exception: Tower Village**

Are bed linens provided? **No**

Are blankets provided? **No**

Are towels provided? **No**

Are laundry facilities available? **Yes**

How far is housing from institution? **Located on campus**

**As an exchange student, you are NOT required to send a housing deposit for accommodations.**

Note regarding single room accommodations: single rooms are generally not available at UNCG with the exception of Tower Village (as-available) . **Exchange students interested in living in Tower Village or Spring Garden Apartments may need to pay supplementary charges for rent and food (approximately \$200-\$250 per month plus some grocery expenses.)**

Note: Housing contracts are for the full year or semester (if that is the duration of your exchange). You will sign a full-year or semester contract and must petition to be released from that contract.

*Married, Co-ed or family rooms are not available. Co-habitation is considered a violation of the housing contract.*

### Benefits - Meals

You will have many meal plan options (subject to change):

## **2007-2008 Residential Student Meal Plans** *(Rate for 2008-2009 will be slightly higher)*

Meal Plan Eligibility	Meal Plan	Declining Balance	Meals/Semester	2007-2008 Cost
All Classes	Platinum 75	\$75	Unlimited	\$1,262
All Classes	Platinum 150	\$150	Unlimited	\$1,312
All Classes	Platinum 200	\$200	Unlimited	\$1,362
Soph, Jr, Sr, Grad, TVLS, Spring Garden	Gold 200	\$200	200	\$1,162
Soph, Jr, Sr, Grad, TVLS,	Gold 300	\$300	175	\$1,162

Spring Garden				
Soph, Jr, Sr, Grad, TVLS, Spring Garden	Silver 400	\$400	150	\$1,162
Soph, Jr, Sr, Grad, TVLS, Spring Garden	Silver 500	\$500	125	\$1,162
Jr, Sr, Grad, TVLS, Spring Garden	Bronze 725	\$725	25	\$825
Jr, Sr, Grad, TVLS, Spring Garden	Bronze 825	\$825	0	\$825
Jr, Sr, Grad, TVLS, Spring Garden	Bronze 1000	\$1000	0	\$1000
Only persons assigned to either Tower Village or Spring Garden Apartments will be eligible to sign-up for the following plans.				
Spring Garden Apartments or Tower Village	Apartment 300	\$300	0	\$300
Spring Garden Apartments or Tower Village	Apartment 450	\$450	0	\$450
Spring Garden Apartments or Tower Village	Apartment 600	\$600	0	\$600

Cafeteria meals are "all you can eat". Declining balance options mean students will receive debit cards which can be used at food service concessions across campus such as Java Café, fast food, salad bar, university restaurants, etc.

## 8. Housing and Meal Benefits during Vacation Periods

**Housing:** If you do not travel during vacation periods, you can either stay in your own residence hall room or if this is not possible you will be offered alternative residence accommodations.

**Meals:** You will receive a meal stipend (approx. \$20 per day) to cover meals over vacation and holiday periods.

## 9. Estimated personal expenses:

You should probably budget a minimum of \$150 - \$300 per month for miscellaneous costs such as local travel, entertainment, supplies etc.

Insurance: about \$350 per semester--(UNCG health insurance is mandatory and you will be billed upon arrival.)

Books: you should budget between \$200 - \$450 per semester. Actual cost depends upon classes taken.

## 10. Medical Requirement/Health Services

In this packet you have received a memo entitled "Student Medical Form" with

instructions concerning your medical forms. You should now follow the instructions on that sheet. It is far less expensive for you to have your forms completed at home than to do it once you arrive.

**Important:** You should bring copies of vaccination records. If you have insufficient evidence of proper inoculations, you may receive these upon your arrival at your own expense. Most vaccinations cost between \$10 and \$20.

There is a full-service university infirmary on campus providing medical services. There is also a counseling center with counselors and psychologists on staff.

### **Insurance**

U.S. Government regulations require you to have sufficient medical insurance coverage to participate on an exchange to the United States. Accordingly, insurance coverage through a UNCG-approved plan is mandatory and you will be billed through your student account upon your arrival. The UNCG insurance plan costs about Approximately: \$350 per semester in 2004-2005. For more information on the policy, see the following web site: <http://www.uncg.edu/ipg/studyabroad/jinsuranceinfo.html> (*NB:* ISEP participants pay their insurance through ISEP).

### **11. Miscellaneous:**

**Transportation:** Like many U.S. cities, Greensboro does not have an extensive public transportation system (there is limited bus service). Greensboro is an automobile town, with most students getting around by car. Some international students choose to buy an older car to get around during their studies at UNCG.

**Employment:** Exchange students are eligible to work on-campus up to 20 hours per week when classes are in session; 40 hours per week during holiday periods. More detailed information about on-campus employment will be discussed at orientation.