



**Department of Kinesiology
Fitness Leadership Concentration
Suggested Four Year Course Sequence
2010-2011**

FRESHMEN YEAR			
FALL SEMESTER		SPRING SEMESTER	
----BIO 111 {C- or above} + BIO 111Lab {GNS}	4ch	----BIO 271 + BIO 271 Lab {pre-BIO 111 + Lab}	4ch
----ENG 101, FMS115, or RCO101 {GRD}	3ch	----CST 105 {GRD} {SI}	3ch
----KIN 250	3ch	----GEC Elective {GFA}	3ch
----PSY 121 {GSB}	3ch	----KIN 120	1ch
----HEA Elective	3ch	----KIN 220	3ch
----UNS 101	1ch	----MAT Elective {GMT}	3ch
	Total----17ch		Total----17ch
SOPHOMORE YEAR			
FALL SEMESTER		SPRING SEMESTER	
----BIO 277 + BIO 277L {pre-BIO 111 + Lab}	4ch	----CHE 104/CHE 114 + CHE 115	3 or 4ch
----CHE 103 + CHE 110/CHE 111 +CHE 112 {GNS}	4ch	----GEC Elective {GLT}	3ch
----GEC Elective {GPR}	3ch	----KIN 351 {WI}	3ch
----KIN 130	1ch	----KIN 353 {pre-BIO 271 + Lab}	3ch
----KIN Activity Elective	1ch	---- KIN 375 {pre-BIO 277 + Lab; *}	4ch
----KIN Activity Elective	1ch	----KIN Aquatic Activity Elective	1ch
----NTR Elective {GNS}	3ch		Total----17/18ch
	Total----17ch	*Apply for Admission into FL concentration w/min. 2.5 GPA or above; cannot take 400 level and above courses without being admitted to FL concentration; maintain 2.5 GPA through completion of degree program	
JUNIOR YEAR			
FALL SEMESTER		SPRING SEMESTER	
----KIN 376 {pre-BIO 271 + Lab}	3ch	----Elective Course	3ch
----KIN 379 {pre-KIN 120, 130, 220} {SI}	3ch	----Elective Course	3ch
---- KIN 467 {pre-~; co-KIN 468}	2ch	----GEC Elective {GHP}	3ch
---- KIN 468 {pre-~; co-KIN 467}	3ch	---- KIN 469 {pre-~; KIN 379; KIN 468; co-KIN 471}	3ch
----KIN 386 {WI}	4ch	---- KIN 471 {Spring only} {pre-~; KIN 375; co-KIN 469}	1ch
----KIN Activity Elective	1ch	----KIN 388 {pre-PSY 121}	4ch
	Total----16ch		Total----17ch
~admitted into FL concentration			
SENIOR YEAR			
FALL SEMESTER		SPRING SEMESTER	
----Elective Course	3ch	----KIN 595 {pre-completed all KIN/FL program courses;~; *}	6ch
----Elective Course	3ch		Total----6ch
----Elective Course	3ch		
----GEC Elective {GFA/GLT/GPR}	3ch		
----KIN 330 {GSB}	3ch		
---- KIN 570 {pre-~; KIN 468; KIN 469}	3ch		
	Total----18ch	*Purchase Student Liability Insurance; current CPR/FA certification required	
		Total----124/125ch	
Speaking and Writing Intensive Elective Courses		Global Perspectives Marker Courses	
One Writing Intensive in Major (WI)		One GN Course	
One Writing Intensive Elective (WI)		One GL or GN Course	
One Speaking Intensive in Major (SI)		One GL or GN Course	
One Speaking intensive Elective (SI)		One GL or GN Course	
		Oct.'10	