

**INSTRUCTIONS FOR ABSTRACT SUBMISSION**  
**(Deadline for Abstract Submissions is November 27, 2011)**

**ACL Research Retreat V**  
**March 22 – 24, 2012**  
**Greensboro, North Carolina**

**MEETING DETAILS:**

The format will feature presentations by well known experts in the field, as well as 15-minute podium presentations (10 minute presentation, 5 minute questions) and poster presentations of research relating to non-contact ACL injury epidemiology, risk factor identification, and prevention. Significant time will be provided for group discussion following each keynote and each group of podium presentations. At the conclusion of the meeting our goal will be to revisit and update the consensus statement from the 2010 research retreat and set sights on future research directions based on progress in the field which will be published in the *Journal of Athletic Training*. Abstracts will be published on-line with the *Journal of Athletic Training*

**CONTENT:**

All abstracts must be original research not previously presented, and be related to non-contact ACL injury. Topics relating to structural, hormonal, or neuromuscular/biomechanical, and covering areas of epidemiology, risk factor identification and screening, and prevention would all be appropriate. Abstracts previously presented will not be accepted.

**FORMAT:**

**Please see next page for full instructions.**

**SUBMISSION:**

An original and one blinded copy of the abstract (authors and affiliations removed) with 'First author's last name - ACL Retreat Abstract' (eg. Shultz – ACL Retreat Abstract) in the subject line should be emailed to: [anrl@uncg.edu](mailto:anrl@uncg.edu).

Abstracts are due November 27, 2011. Abstracts will be reviewed for both content and scientific merit, and will be considered for both 15-minute podium and poster presentation formats. Notification of acceptance and presentation format will be given to authors no later than Dec 20, 2011. Please include your mailing and email address along with your phone and fax numbers in your email communication. If you do not wish your abstract to be considered as an oral presentation (i.e. considered as poster only), please designate this in your email correspondence.

**For more information regarding abstract submission, please contact:**

Randy Schmitz PhD ATC  
336-334-3031  
[rjschmit@uncg.edu](mailto:rjschmit@uncg.edu)

Complete information on the Meeting can be found online at:

<http://www.uncg.edu/kin/anrl/aclretreat.html>

## ***Instructions for Preparation of Abstracts*** **(DEADLINE FOR ABSTRACT SUBMISSION IS November 27, 2011)**

Please read all instructions before preparing and submitting the abstract. An individual may submit only one abstract as the primary (presenting) author but may submit unlimited abstracts as a secondary author. All abstracts will undergo blind review. All presentations should be of original work and not previously published.

Prepare your abstract in accordance with the following instructions. Abstracts that do not comply with this format will be returned.

1. Top, bottom, right, and left margins of the body of the abstract (in a WORD file) should be set at 1" using the standard 8.5" x 11" format. Use either Arial or Helvetica 12pt. font with single spacing. Provide the title of the paper or project starting at the top left margin.
2. On the next line, indent 3 spaces and provide the names of all authors, with the author who will make the presentation listed first. Enter the last name, then initials (without periods), followed by a comma, and continue the same format for all secondary authors (if any), ending with a colon.
3. On the same line following the colon, indicate the name of the institution (including the city and state) where the research was conducted. If primary author is not at the institution where the work was completed place an \* after their name and following the institution where the research was conducted the primary author can indicate their present institution (including the city and state). For collaborative projects where portions of the project were conducted at different institutions, list all authors as described above (#3), then list institutional affiliations using the following consecutive symbols (\*, †, ‡, §, ||, ¶, #, \*\*, etc.) See example below or click <http://www.uncg.edu/kin/anrl/sample.doc> for formatted .doc file
4. Double space and begin entering the body of the abstract flush left in a single paragraph with no indentions. **The text of the body must be structured** (with the headings as indicated in the various formats below). Do not justify the right margin. Do not include tables or figures. **The body of the abstract is limited to 450 words.** A word count generated by MS Word must be included at the bottom of the abstract. The word count should include the body of the abstract and structured headings.
5. The required formats for the structured abstract are as follows. For further clarification, authors should consult the AMA Manual of Style 9<sup>th</sup> edition.

### **Format For Original Research Abstracts** (See sample abstract below)

**Context:** Write a sentence or two summarizing the rationale for the study, providing a reason for the study question and/or uniqueness of study. **Objective:** State the precise objective(s) or question(s) addressed in the report, including a *priori* hypotheses if applicable. **Design:** Describe the overall study design of the project reported (e.g., randomized controlled trial, case-control, crossover trial, cohort or cross-sectional). **Setting:** Describe the environment in which the study was conducted to help readers understand the transferability of the findings, (e.g., patient clinic, research laboratory or field). **Patients or Other Participants:** Describe the underlying target population, selection procedures (e.g., population based sample, volunteer sample or convenience sample) and important aspects of the final subject pool (e.g., number, average age, weight, height and measures of variance, years of experience or gender). Appropriate sample size should be evident. **Interventions:** Interventions are the independent variables in the study. Describe the essential pieces of the experimental methods, types of materials, measurements and instrumentation used, and data analysis procedures and statistical tests employed. Provide validity and reliability information on novel instrumentation. For survey research, describe the essential pieces of the experimental methods, the mode of survey administration (e.g., in-person interview, telephone, self-administered, online or computer-assisted), details of the survey development (formative research or pre-testing for new instruments), execution and data collection process, and instruments utilized. Provide validity and reliability information for all new instruments. **Main Outcome Measures:** Clearly identify primary or critical dependent variables that support the primary objective(s) of the study. Describe how any data was manipulated (e.g. scoring process for scaled instruments or categorization of variables). Indicate the statistical analysis employed to answer the primary research objective(s). **Results:** The main results of the study should be given. Comparative reports must\* include descriptive data (e.g., proportions, means, rates, odds ratios or correlations), accompanying measures of dispersion (e.g., ranges, standard deviations or confidence intervals) and inferential statistical data. Results should be accompanied by the exact level of statistical significance. The *P* value should not exceed 3 digits to the right of decimal. When the exact significance is below  $P < .001$ , the exact significance should be reported as  $P < .001$ . **Conclusions:** Summarize or emphasize the new and important findings of the study. The conclusion must be consistent with the study objectives and results as reported and should be no more than three to four sentences. If possible, relate implications of the findings for clinical practice. **Word Count:** Limited to 450 words including headings.

See example - click <http://www.uncq.edu/kin/anrl/sample.doc> for formatted .doc file

### **Format For Systematic Review and Meta-Analysis Research Abstracts**

**Context:** Write a sentence or two summarizing the rationale for the study, providing a reason for the study question. **Objective:** State the precise objective(s) or question(s) addressed in the report, including a *priori* hypotheses if applicable. **Data Sources:** Identify how relevant research papers were identified - include databases and timeframe, key words and search limits. **Study Selection:** Describe the processes through which studies were selected for inclusion for further analysis. **Data Extraction:** Identify the number of investigators, the descriptive and measurement data obtained and how the quality of study methods was evaluated. **Data Synthesis:** Describe how the data were organized, the statistical procedures applied (during assessment of heterogeneity) and the results (e.g., effect sizes, odds ratios and confidence intervals) of the analysis. **Conclusions:** Summarize or emphasize the new and important findings of the study and relate implications of the findings for future research and/or for clinical practice and offer an indication as to the strength of the evidence provided. The statement of your findings must be consistent with the results as reported. **Word Count:** Limited to 450 words including headings.