

Proposed Course Sequence: Fitness Leadership Concentration

	Semester 1	Credits	Semester 2	Credits
Freshman Year	<i>GLT</i>	3	<i>GFA</i>	3
	<i>GNS</i> BIO 111 (<i>WI</i>)	4	BIO 271	4
	<i>GRD</i> ENG 101	3	<i>GMT</i> STA 108	3
	<i>GSB</i> PSY 121	3	ESS 120	1
	ESS 250	3	<i>ESS 220</i>	3
			ESS activity	1
	Total:	16		15

Sophomore Year	<i>GPR</i>	3	<i>GHP</i>	3
	BIO 277	4	<i>GN</i>	3
	<i>NFS</i> elective	3	ESS 351 (<i>WI</i>)	3
	ESS 130	1	CHE 104; or 114/115	3-4
	<i>GNS</i> CHE 103 & 110 or 111/112	3-4	ESS 388	3
	<i>GRD</i> CST 105 (<i>SI</i>)	3	ESS 203 or equivalent	1
	Total:	14-15		16-17

Junior Year	ESS 375	4	ESS 330	3
	ESS 386 (<i>WI</i>)	4	ESS 379 (<i>SI</i>)	3
			ESS 467	2
	ESS activity	1	ESS 468	3
	ESS 389- <i>fall only</i>	3	<i>GEC (ADDITIONAL)</i>	3
	<i>GL or GN</i>	3	ESS 376	3
	Total:	18		17

Senior Year	ESS 469	3	ESS 595 or equiv.	6
	<i>HEA</i> elective	3	ESS 570	3
	ESS 471	1	<i>GL or GN</i>	3
	<i>GL or GN</i>	3		
	ESS 353	3		
	ESS activity	1		
	Total:	14	Grand total:	12
				123-124

Schedule reflects no "double dipping".

Blue: student elective (GEC)

Red: required GEC or marker course; *WI* = these courses are not always writing-intensive.

Purple: student elective (dept. or free)

Green: must take major's section (denoted by an "8" footnote)