

UNIVERSITY OF NORTH CAROLINA AT GREENSBORO  
Department of Exercise and Sport Science  
Fall 2005

**Course:** Beginning Badminton ESS 171-02

- Class Times: T, TH 8am-9:15am
- Location: HHP 141, meet at HHP 141 for unsuitable weather conditions

**Instructor:** Jared Androzzi

- Office Hours: HHP 2<sup>nd</sup> floor Library, M, W, F 8am-9am or by appointment
- Office Phone: 336-334-3275
- Email: [jared17\\_98@uncg.edu](mailto:jared17_98@uncg.edu)

**Course Objectives:**

Upon completion of this course students will be able to perform the following skills at the level of beginner or higher; grip, stance, footwork and readiness, forehand, backhand, serving, underhand, overhand, and sidearm strokes, shot accuracy and selection, smash, forehand and backhand drive, volley practice and singles strategies, match and tournament play, badminton rules and scoring, game etiquette, and doubles play.

**Grading Policy:**

Students' grades will be based upon attendance and promptness, effort and participation, signs of improvement, skills performance, application of game strategies and etiquette, and a written exam. All of these components play a significant role in your overall grade and are grouped as follows:

**Grading Breakdown:**

1<sup>st</sup> Skills Evaluation: 30%

2<sup>nd</sup> Skills Evaluation: 30%

Attendance, class participation and effort: 10%

Written Exam: 20%

Self-Skills Assessment: 10%

A = 95% or higher

A- = 94%-90%

B+ = 89%-85%

B- = 84%-80%

C+ = 79%-75%

C- = 75%-70%

D+ = 69%-65%

F = 64% or lower

**Attendance Policy:**

Attendance plays a large role in the development of your learning and progress in improving your skills. Class will occur regardless of weather conditions. Showing up to

class on time is required and very beneficial. Be sure to arrive to class and prepared for the day's lesson prior to 8am. Any arrival after 8am will be counted as late. Excused absences are only acceptable with a medical slip signed by medical doctor or a funeral slip. It is the student's responsibility to meet with the teacher prior to an absence. Unexcused absences and failure to arrive to class prepared and on time will negatively affect your grade.

**Attendance Breakdown:**

0-1 absences = + Partial Grade. Ex: 83% (B-) plus 0-1 absences = B+

2 absences = - Partial Grade

3 absences = - 1 Letter Grade

4 absences = -1 ½ Letter Grades

5 absences = 2 Letter Grades

6 absences = 2 ½ Letter Grades

More than 6 absences = Failure of Class

**Attire:** It is required that you wear appropriate footwear and athletic attire at all times during class. Flip-flops, sandals, boots, dress shoes, or other unsuitable clothing will result in an unexcused absence. **Correct footwear and clothing is important for your safety** when participating in badminton.

*\* The following schedule is tentative and subject to change*

Aug. 16 <sup>th</sup> -18 <sup>th</sup>	Introduction, Grip, Stance and Footwork, Forehand
Aug. 23 <sup>rd</sup> -25 <sup>th</sup>	Forehand review and Back Hand Introduction
Aug. 30 <sup>th</sup> - Sept. 1 <sup>st</sup>	Back Hand Practice, Sidearm Strokes
Sept. 6 <sup>th</sup> -8 <sup>th</sup>	Underhand and Overhand
Sept. 13 <sup>th</sup> -15 <sup>th</sup>	Rules, Scoring, etiquette, Volley
Sept. 20 <sup>th</sup> -22 <sup>nd</sup>	Singles Tactics
Sept. 27 <sup>th</sup> -29 <sup>th</sup>	Serving and Returning Serve, Smash
Oct. 4 <sup>th</sup> -6 <sup>th</sup>	<b>1<sup>st</sup> Instructor Performance Evaluation</b>
Oct. 13 <sup>th</sup>	Back, front and mid-court returns
Oct. 18 <sup>th</sup> -20 <sup>th</sup>	Singles Match
Oct. 25 <sup>th</sup> -27 <sup>th</sup>	Doubles Strategies and Teamwork Communication
Nov. 1 <sup>st</sup> -3 <sup>rd</sup>	Doubles Tournament
Nov. 8 <sup>th</sup> -Nov. 10 <sup>th</sup>	<b>Self Performance Evaluation</b> *Bring in VHS tape
Nov. 15 <sup>th</sup> -17 <sup>th</sup>	Overall Skill Practice and technique
Nov. 22 <sup>nd</sup>	Offensive and Defensive tactics, <b>Written Exam</b>
Nov. 29 <sup>th</sup> -Dec. 1 <sup>st</sup>	<b>2<sup>nd</sup> Instructor Performance Evaluation</b> *VS. Mr. Androzzi