

	<p><b>School of Health and Human Performance Department of Exercise and Sport Science</b></p>
<p><b>ESS 207 Selected Physical Activities I Fall, 2003 Syllabus</b></p>	<p>Instructor: <u><a href="#">Dr. Mary Lou Veal</a></u>  E-mail: <u><a href="mailto:mlveal@uncg.edu">mlveal@uncg.edu</a></u>  Office Hours: M 1-3pm; T 10:30am-12:30pm  Phone: (336) 334-3038  Office: 268 HHP Building</p>

**Course Description:**

Survey of selected physical activities, with special emphasis on personal performance.

**Purpose of the Course:**

In ESS 207, the instructor will strive to present a vision of good physical education instruction through clear progressions, an emphasis on learning and assessment, frequent feedback, and effective management. In addition, ESS 207 presents key skills and concepts that provide a foundation for future learning.

**Student Learning Outcomes and Teacher Goals:**

Performance and Knowledge

- Perform skills at a level sufficient to provide an accurate representation to learners. (S)
- Acquire basic knowledge of skills, vocabulary, history, safety procedures, etiquette, aesthetics, and informational resources. (S)

Organization and Management

- Establish a safe environment for learning. (T)
- Apply principles of effective management to maximize levels of meaningful participation (T)

Skills as Content

- Identify the critical components of selected skills. (S)
- Select appropriate tasks for developmental levels. (T)

Assessment

- Distinguish formative from summative assessment. (S)
- Use assessment to shape planning. (T)

**Required Text:** This text will be used throughout your program at UNCG so it should be kept as part of your professional library. Do **not** sell this text at the end of the semester.

Schmottlach, N., & McManama, J. (2000). *The physical education handbook*. 10<sup>th</sup> ed. Boston: Allyn & Bacon.

## Learning Experiences and Assessment

Each unit is worth 50% of your grade. Learning will be assessed in a variety of ways and students will be provided feedback on their progress through self, peer, and teacher assessments. The grade will be based on:

- **Psychomotor 40%** (performance assessments)
- **Cognitive 35%** written final exam (December 10 at 3:30pm - 6:30pm)
- **Affective 25%** (positive social behaviors and active participation)

Students are expected to participate fully and enthusiastically in the class and to continue practicing when the opportunity is given. During this class, students will have the opportunity to partner with every other person in the class, and it is expected that students will practice positive social behaviors at all times.

Positive social behaviors in dance include: (a) courtesy and respect for the group and partners; (b) practicing good dance etiquette that includes thanking one's partner and recognizing the success of the group; and (c) using the allotted time to practice and learn each dance.

Positive social behaviors in badminton include: (a) gracious winning and losing; (b) complimenting your opponent on good shots; and (c) helping willingly with equipment.

## Preparation Standards

Students are expected to wear appropriate activity clothing (i.e., loose fitting clothing and comfortable activity shoes) and should be dressed for participation at every class session. Hats are not appropriate for an indoor activity class and should be removed upon entering the gym. Students should be in the gym and ready to participate at 1pm. Three tardies will result in a 1 point deduction from the final grade.

## Ethical Standards

The UNCG [Academic Integrity Policy](#) will guide all work and tests in this course. Students are expected to read and understand the policy and must sign the pledge on all major work submitted to the instructor. Violations of the Academic Integrity Policy will be reported to the Vice Chancellor.

## Attendance Standards

Students are expected to attend and be actively involved in all class meetings. Since this is an activity class and since new material is presented in almost every class, an absence makes it very difficult for students to keep up with new skills that are taught. If a class is missed, it is the student's responsibility to make up any missed work and to find out from the instructor what was missed. A student who misses more than three classes may be dropped from the course with a W or WF.



I hope you enjoy taking this  
class as much as I enjoy  
teaching it !

