

(updated 8/1/05)

**University of North Carolina at Greensboro**  
**Department of Exercise and Sport Science**  
**ESS 250-02 Fall 2005**

**Credits:** 3:0:3

**Prerequisites/Corequisites:** None.

**CRN:** 81871

**For Whom Planned:** The course is intended for students entering or exploring the Exercise and Sport Science major. This may include both freshmen as well as transfer students.

**Class Meetings:** MWF 9-9:50am **Location:** 130 Moore Bldg.

**Instructor:** Dr. Pam Kocher Brown **Office:** 237D HHP  
**Phone:** 336-334-3271 **Email:** plkocher@uncg.edu  
**Office Hours:** MWF 12-12:50pm & by appointment

**Catalog Description:** Survey of the discipline of exercise and sport science. Analysis of the nature and importance of physical activity, knowledge base of the discipline, and careers in physical activity professions.

**Student Learning Outcomes (SLO):** Upon completion of this course, students will be able to:

1. demonstrate an understanding of the importance of physical activity in daily life and the implications of this on the discipline of exercise and sport science;
2. demonstrate an understanding of the rationale for a discipline of exercise and sport science, how it is structured, and the types of knowledge studied by its scholars and applied in professional practice.
3. demonstrate an understanding of the nature and demands of professional occupations, the career options available to students graduating from departments of exercise and sport science, and the qualifications associated with each.
4. demonstrate an understanding of the structure and sub-disciplines within the department of Exercise and Sport Science at UNCG; and
5. demonstrate an understanding of departmental faculty expectations for student conduct and academic performance.

**Teaching Strategies:** This course will involve lecturettes, class discussions, guest lectures, and online instruction and discussions. Students will be able to access course material via Blackboard 6.3 ( <http://blackboard.uncg.edu> ), as well as, participate in online discussions and communication.

**Required Text:** Hoffman, S.J. (Ed.). (2005). *Introduction to Kinesiology: Studying Physical Activity 2nd Edition*. Champaign, IL: Human Kinetics.

**Additional Readings:** Additional readings may be assigned. These readings will be made available through reserve at the Jackson Library or be accessible on the Internet.

**Grades:**

A	1350-1500	D	900-1049
B	1210-1349	F	≤ 899
C	1050-1209		

**Evaluation:**

Midterm (SLO 1-5)	150pts
Final Project (SLO 1-5)	350 pts
Assignments & In-Class Activities (SLO 1-4)	600 pts
Background Assignment	
PA journal	
Resume & Career Preparation Assignment	
Goals & Philosophy Statement	
Ethics Assignment	
PPA Observation	200 pts
Discussions	200 pts

**EXAM:**

**Students who are absent on the exam day will not be allowed to make-up the exam unless arrangements were made prior to the absence. Missing an exam without prior notice will result in a zero.** Students will be responsible for all class materials, which includes lectures, discussions, assignments and readings, even if the material is not covered directly in the traditional classroom or online.

**ASSIGNMENTS:**

Additional information about these assignments will be provided at a later time.

Students are required to include the following information on all submitted work: student's name, date, course and section, assignment title, and initialed UNCG honor policy.

(i.e. Pam K. Brown 10/2/2004  
ESS 250-02 Career interview  
I have abided by UNCG honor policy *PKB* )

**Assignments submitted without this information will not be graded and the student will receive a 0 for the assignment.**

**MULTIPLE PAGE ASSIGNMENTS must be STAPLED prior to submission. Papers that are not stapled will not be accepted and a 0 will be given as the grade for the assignment.**

Students who **fail to complete in-class assignments because they are absent will not be allowed to make-up these assignments unless arrangements were made prior to the absence.** Students who do not complete these in-class assignments will receive a 0 for each assignment missed.

**Assignments completed outside of class must be submitted during class on the assigned due date.** Students will receive a zero for all work that is not submitted by this time.

**DISCUSSION (In-class and online):** This requirement will involve students actively participating in class/small group discussions. Some discussion dates are listed on the course schedule, while others will be added at a future time. Additional information about these discussions will be provided. **Students are required to actively participate in the discussions (both in class and online); all students should be contributing to the dialogue. Students will receive a grade for their discussion involvement (in-class& online). Students who do not actively participate in these discussions--this includes online discussions (asynchronous & synchronous)—will receive a 0 for the discussion. Students who are absent from class discussions (in-class or online) will receive a 0 if arrangements were not made prior to the absence.** Students are expected to be respectful of one another in their discussions; foul language and/or inappropriate and disrespectful comments will not be tolerated. **Student**

responses/comments that are deemed inappropriate will result in a zero for the discussion grade, repeat violations may result in the student's failure in the course.

Course Outline: See Attached

**Attendance Policy:**

**General:** Students are expected to attend and be actively involved in all class meetings. *Attendance is required in this course. A maximum of four (4) absences are allowed. More than 4 absences will result in the student being dropped from the course and receive the grade of either "W" or "F. Attendance will be taken using a "sign-in" sheet—students should sign-in when they arrive to class (lying about attendance and/or forging another student's signature/initials is a breach of the honor policy and will not be tolerated). Students are responsible for "remembering" to sign-in, the sign-in sheet will be used as the official attendance sheet—failure to initial the sheet will be considered an absence. **A student who misses class(es) is (are) expected to submit all work on time unless prior arrangements have been made (failure to submit work by the due date will result in a 0 for the work).** Student-athletes must make prior arrangements if missing class on the day of an exam or a day when an assignment/discussion is due. *Failure to participate in online discussions (submit questions and/or responses) by the assigned dates is equivalent to being absent for a class discussion and will result in a zero for their discussion grade(s) for that day.**

**Exam, Observation, Project and Assignment and Discussion Due Dates:** Students who are absent on an exam day will not be allowed to make-up the exam unless arrangements were made prior to the absence. A student who is absent on a day that an assignment/observation/presentation/discussion is due is responsible for submitting the assignment on that day unless arrangements were made prior to the absence. **No assignment/observation/presentation/discussion will be accepted late without prior arrangements (failure to submit work by the due date will result in a 0 for the work).**

**In-Class Assignments/Activities may not be announced in advance of a class meeting. In-class assignments/activities must be submitted before leaving the classroom unless students are instructed otherwise, failure to do so will result in a 0 for the assignment/activity. Failure to attend class may result in students receiving a 0 for any work missed while they were absent from class unless arrangements were made prior to the absence.**

**Academic Honor Policy:** Students are expected to abide by the UNCG Academic Integrity Policy (<http://studentconduct.uncg.edu/policy/academicintegrity/>) for this class whether in the traditional classroom or online. Cheating and academic dishonesty will not be tolerated in the traditional classroom or online. The Honor Code is to be observed in completing all in-class and out-of-class assignments & activities; **(in addition, the Honor Code is to be written [typed] on ALL class assignments and exams and initialed by the student. Online assignments should include this statement with the student's initials typed immediately following the statement)**

*"I have abided by the UNCG Academic Integrity Code." PJK*