

# **Mentoring Program Sigma Theta Tau, Gamma Zeta Chapter**

## **Mentee Application Form**

***Please submit this completed form to  
LaVern W. Delaney, Leadership Succession Committee Chair  
E-mail: [lavern.delaney@mosescone.com](mailto:lavern.delaney@mosescone.com)  
Address: Nursing Administration, Moses Cone Health System  
1200 North Elm Street  
Greensboro, NC 27401  
Fax; 832-7589***

**Mentee's Name:**

**Your complete application includes:**

Contact information form  
Biographical Statement, Résumé,  
Or abbreviated CV  
Personal Statement (1-page maximum)

**Why you should get involved:**

- As a Mentee, you can expect to expand your personal networking opportunities, have a sounding board for testing your ideas and plans, receive positive and constructive feedback on professional and personal development, and increase your self-awareness and self-discipline.
- Your mentor will have the opportunity to strengthen his/her coaching skills, demonstrate leadership, and contribute to the development of nurses in the Gamma Zeta Chapter.

**We are confident that you will find this to be one of the most rewarding experiences in your professional career!**

## **Contact Information Form**

**Full Name:**

**Preferred First Name (if different):**

**Professional Credentials:**

**Member Number:**

**Place of Employment:**

**Work Title:**

**Work Address**

**Street:**

**City:**

**State/Province:**

**Zip/Postal Code:**

**Country:**

**Work Telephone:**

**Work Fax:**

**Work E-mail:**

**Home Address**

**Street:**

**City:**

**State/Province:**

**Zip/Postal Code:**

**Country:**

**Home Telephone:**

**Home Fax:**

**Home E-mail:**

**Name of Mentor:**

**I prefer to receive postal mail    at home    at work**

**I prefer to receive electronic mail    at home    at work**

**How did you learn about the Gamma Zeta Chapter Mentoring Program?**

**Biographical Information** (If you have a resume or abbreviated CV you can submit in lieu of completing this section. If you chose to complete this section, include education, professional experience and other relevant professional accomplishments with your information.)

## **Personal statement** (1-page maximum)

Introduce yourself to us—your present, your past, your preferred future—and how becoming a mentee will benefit your career development. Also clearly state 2 goals you would like to accomplish if selected.

Please illustrate your statements with specific examples. The following questions may stimulate your thinking and reflection.

- What are your strengths? What are 2-3 areas you have identified for development and growth?
- What are you doing now? What do you plan to do next? Why?
- How do you expect the mentoring experience to make a difference in your career?
- How do you expect that your involvement in the mentoring program will make a difference for others?
- Sustainability, stamina, flexibility, commitment—how do these qualities apply to you?
- How will you assure that you are making the time available for this program?

**Personal Statement** (1-page maximum)