

U448 HEALTH STUDIES CONCENTRATION SEQUENCE (122 hours)

B.S. degree in Public Health Education (as of Fall 2009)

This is a recommended sequence that should serve as just a guide, not an absolute. The PHE major courses beginning your junior year are set in stone (bolded); however, the health electives, GEC and cognates can be shuffled based on your interests and schedule. You may need to fit in additional courses if you are a second-major or have an additional minor. In addition, you may have other requirements such as marker courses and deficiencies to include as needed.

FRESHMAN YEAR					
FALL			SPRING		
GEC 1	GEC	3	GEC 4	GEC	3
GEC 2	GEC	3	GEC 5	GEC	3
GEC 3	GEC	3	ENG 101	GRD	3
Free Elective	FREE	3	Free Elective	FREE	3
Free Elective	FREE	3	Free Elective	FREE	3
Semester credits: 15			Semester credits: 15		

SOPHOMORE YEAR					
FALL			SPRING		
STA 108 or MAT 115	GMT/HRA	3	CST 105 or 341-SI	GRD/HRA	3
BIO 111+L	GNS/HRA	4	HEA 201	GSB	3
PSY 121 or SOC 101	GSB/HRA	3	NTR 213	GNS/HRA	3
Free Elective	FREE	3	Free Elective	FREE	3
Free Elective	FREE	3	Free Elective	FREE	3
Semester credits: 16			Semester credits: 15		

JUNIOR YEAR					
FALL			SPRING		
HEA 308 (fall only)	CHE	3	HEA 316	HS	3
HEA 314 (fall only)	CHE	3	HEA Content Core (1)	HS	3
HEA 315 (fall only)	CHE	3	HEA Content Core (2)	HS	3
HEA 325 (or HEA EL. 1)	CHE	3	HEA Elective (1) or HEA 325	HS	3
Free Elective	FREE	3	Free Elective	FREE	3
Semester credits: 15			Semester credits: 15		

SENIOR YEAR					
FALL			SPRING		
HEA 412	HS	3	HEA 490-WI and SI	HS/SI	3
HEA Elective (2)	HS	3	HEA Elective (4)	HS	3
HEA Content Core (3)	HS	3	HEA Content Core (4)	HS	3
HEA Elective (3)	HS	3	Free Elective	FREE	3
Free Elective	FREE	3-4	Free Elective	FREE	3
Semester credits: 15-16			Semester credits: 15		

GEC Courses (15) (that aren't Cognate or co-requisites)

- GLT
- GFA
- GPR
- HFA
- GHP

Health-Related Area (18)

- BIO 111- GNS
- NTR 213- GNS
- CST 105 or 341- GRD
- ENG 101 - GRD
- PSY 121 or SOC 101- GSB
- MAT 115 or STA 108- GMT

Public Health Core Requirements (24)

- HEA 201-GSB
- HEA 308
- HEA 314
- HEA 315
- HEA 316
- HEA 325
- HEA 412

Health Studies Content Core (15)

- HEA 490-WI/SI
- HEA 260-GSB
- HEA 310
- HEA 331
- HEA 470 (spring)

Health Electives (12) 12 credits

300-Level courses (36)

A minimum of 36 semester hours must be completed at the 300 level or above to meet graduation requirements.

HS= Health Studies Courses
SI= speaking-intensive

GEC= General Education Courses
WI= writing intensive

HRA= health-related area
FREE= free elective/minor courses