

# James M. Eddy

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## EDUCATION

- The Pennsylvania State University**, University Park, PA. **D.Ed.** 1979  
*Major: Health Education    Minor: Educational Gerontology*
- State University of New York**, Brockport, N.Y. **M.S.** 1974  
*Major: Health Education*
- State University of New York**, Brockport, N.Y. **B.S.** 1971  
*Major: Health Education    Dual Major: Biology*

## PROFESSIONAL EXPERIENCE

- 2008- **Professor and Head, Department of Public Health Education, School of Health and Human Performance, The University of North Carolina-Greensboro** Provide leadership for the teaching, research and outreach mission of a diverse academic department.
- 2007-2008 **Interim Head, Department of Health and Kinesiology, College of Education and Human Development, TAMU** Provide leadership to large academic department consisting of four distinct units; Health Education, Kinesiology, Sport Management and the Physical Education Activity Program.
- I  
2003-2007 **Professor and Chair, Division of Health Education, College of Education and Human Development, TAMU** Provide Administrative leadership for undergraduate and graduate programs in Health Education. Coordinate planning, budgeting and development function for the Division.

- 1997-2003 **Professor and Chair, Department of Health Science and Professor of Health Behavior and Promotion, College of Human Environmental Sciences.** Provide Administrative leadership for undergraduate and graduate programs in Health Behavior & Promotion and Athletic Training/Sports Medicine Health Care. Coordinate planning, budgeting and development function for the Department.
- 1997-2003 **Director, Distance Education Master of Arts Program in Health Studies.**  
Responsible for the administration of a distance education program in Health Studies offered to student across the United States. This includes the design of courseware, recruitment of students and management of the budget. Since the inception of the program, over 150 students have graduate from this program. Presently approximately 135 students are enrolled in classes.
- 1996-1997 **Interim Area Head, Area of Professional Studies**  
Provide administrative leadership for the programs in Higher Education Administration, Athletic Training, Counselor Education, Educational Leadership, Educational Psychology, Educational Research and School Psychology, and Health Studies.
- 1994-1996 **Director, Healthy Tides**  
A comprehensive health promotion program for employees of the University of Alabama (N=3750) and their dependents
- 1992-2005 **Director, Good Health Make \$ense Program**  
A comprehensive health promotion program offered to employees and dependents of Alabama Power (N=6750). This program has received Well Workplace Gold Level designation from the Wellness Council of America and the U.S. Secretary of Health and Human Services Award for Excellence.
- 1991-2003 **Director, Ph.D. Program in Health Education and Health Promotion,**  
This program was offered jointly by The University of Alabama, and the School of Public Health and the School of Education at UAB.
- 1989-1998 **Professor and Chair, Health Studies Program**  
The University of Alabama, Tuscaloosa, AL
- 1987-1989 **Associate Professor and Chair, Health Studies Program**  
The University of Alabama, Tuscaloosa, Alabama

- 1984-1987 **Associate Professor of Health Education and Coordinator of Graduate Programs and Director of the Center for Worksite Health Enhancement**, The Pennsylvania State University, University Park, PA
- 1979-1984 **Assistant Professor of Health Education**  
The Pennsylvania State University, University Park, PA.
- 1976-1979 **Instructor of Health Education**  
The Pennsylvania State University, University Park, PA.
- 1974-1976 **Instructor, Health Science Department**  
The State University of New York, Brockport, N.Y.
- 1973-1974 **Graduate Assistant, Health Science Department**  
The State University of New York, Brockport, N.Y.
- 1971-1973 **Health Educator**  
Columbia High School, East Greensbush, N.Y.

## PUBLICATIONS

### Books and Monographs

Perko, M.A., **Eddy, J.M.**, and Kahler, H. (1996). *Making Your Workplace Smoke Free: A Decision Maker's Guide*. Written for the Office on Smoking and Health. Centers for Disease Control and Prevention, U.S. Department of Health and Human Services.

**Eddy, J.M.** & Kahler, H. (1992) *WellNow: A Manager's Guide to Worksite Health Promotion*. Omaha, NE.: Wellness Councils of America.

**Eddy, J.M.** & Alles, W.F. (1983). *Death Education*. St. Louis: Mosby Publishing Company.

### Refereed Articles (\* denotes student advisees)

97. Perko, M.A., Chaney, J.D., **Chaney, E.H.**, Gordon, B.C., & Eddy, J.M. (2008). Lessons lived: Development and discovery in health education distance education programs. *The Health Educator*, 25(1), 11-17.

96. Chaney, J.D., **Chaney, E.H.**, Stelfefon, M.L., & Eddy, J.M. (2008). Strategies for designing distance education programs/courses. *The Health Educator*, 25(1), 18-22.

95. **Chaney, E. H.**, Chaney, J. D., Eddy, J. M., & Stellefson, M. L. (2008). Making the case for distance education in the health education and health promotion profession. *International Electronic Journal of Health Education*, 11(Supplement), 5-18.
94. **Chaney, E.H.**, Chaney, J.D., & Eddy, J.M. (2006). Utilizing a multi-level approach to support advocacy efforts in the advancement of health education. *American Journal of Health Education*, 37(1), 41-50
93. Stellefson, M.L.\*, **Eddy, J.M.**, Chaney, B., & Chaney, D. (2008). The marketing of distance education. *International Electronic Journal of Health Education*, Vol. 11, pp 85-96.
92. Chaney, E. H., Chaney, J. D., Eddy, J. M., & **Stellefson, M. L.\***. (2008). Making the case for distance education in the health education and health promotion profession. *International Electronic Journal of Health Education*, Vol. 11, pp 5-18.
91. **Eddy, J. M.**, Stellefson, M. \* (2007). Health Education and Marketing Processes: Two Related Methods for Achieving Behavior Change. Accepted for publication in the American Journal of Health Behavior.
90. Chaney, E.H., **Eddy, J. M.**, et al, (2007). A primer on quality indicators of distance education. Accepted for publication in *Health Promotion Practice*.
89. Chaney, E.H., **Eddy, J.M.**, et al, (2007). Development of an instrument to assess student opinions of the quality of distance education courses. Accepted for publication in *American Journal of Distance Education*. Vol. 21, No .3. (September 2007).
88. Chaney E.H., Chaney J.D., Wang, M.Q. & Eddy, J.M. (2007). Effect of lifestyle behaviors and mental health of American adults. *Psychological Report*. Vol. 100, pp 294-302.
87. Goodwin, D.\*, Knol, L., **Eddy, J.M.**, Fitzhugh, E., and Donahue, R. (2006) Sociodemographic correlates of overall dietary intake of US adolescents. *Nutrition Research*, 26, 105-110.
86. Hensleigh, K.E.\*, Chaney, J.D., & **Eddy, J.M.** (2005). Utilizing multilevel approach to support advocacy efforts in the advancement of health education. *American Journal of Health Education*. In press.
85. McNeil, E.E.\*, **Eddy, J.M.** (2005). Planning ADE: Implications from the Literature on Student Perspectives, *International Electronic Journal of Health Education*, 8, 70-79.
84. Hensleigh, K.E.\*, **Eddy, J.M.**, Wang, M.Q., Dennison, D., & Chaney, J.D. (2004). The impact of a computerized dietary assessment on nutrition knowledge. *International Electronic Journal of Health Education*, 7, 43-49.

83. Notaro, S.J., O'Rourke, T.W., **Eddy, J.M.** (2004). An Analysis of Doctoral Programs in Health Education. *American Journal of Health Studies*, 19, 84-90.
82. O'Rourke, T.W. & **Eddy, J.M.** (2004). Supply side health education – a Rx for failure; demand side health education – a Rx for success. *American Journal of Health Education*. 35, 298-301.
81. Hensleigh, K.E.\*, **Eddy, J.M.**, Wang, M.Q., Dennison, D., Chaney, J.D. (2004). The impact of a computerized dietary assessment on nutrition knowledge. *International Electronic Journal of Health Education*, 7, 43-49.
80. Chaney, J.D.\*, **Eddy, J.M.**, & O'Rourke, T.O. (2004). Ranking Doctoral Programs of Health Education: Methodological Revisions and Results. *American Journal of Health Education*, 35, 3, 132-140.
79. Donahue, R.E.\*, Fitzhugh, E.C., Boling, W., **Eddy, J.M.**, Leaver-Dunn, D., Abbott, R.L., Carter, T.M., Chaney, J.D., Childress, R., Lewis, M., Murphey, P.A., Filoromo, C., Strasser, S., Hardy, M.L., Notaro, S.J., O'Rourke, T., Watts, G. (2002). Using the responsibilities of the health educator to rate journals in the field. *American Journal of Health Studies*, 18, 1, 1-9.
78. **Eddy, J.M.**, Donahue, R.E.\*, Webster, R.D., & Bjornstad, E.D. (2002). Application of an ecological perspective in worksite health promotion: A review. *American Journal of Health Studies*, 17, 4, 197-202.
77. Watts, G.F.\*, Donahue, R.E.\*, **Eddy, J.M.**, & Wallace, E.V.\* (2001). Use of an ecological approach to worksite health promotion. *American Journal of Health Studies*, 17, 3, 144-147.
76. **Eddy, J.M.**, Donahue, R.\*, & Chaney, J.D.\* (2001). A contextual relative approach to designing a masters program in health education. *International Electronic Journal of Health Education*, 4, 377-384.
75. Dunn, S.M.\*, **Eddy, J.M.**, Wang, M.Q., Nagy, S., Perko, M.A., & Bartee, R.T. (2001). The influences of significant others on attitudes, subjective norms and intentions regarding dietary supplement use among adolescent athletes. *Adolescence*, 36, 583-591.
74. Wang, M.Q., Fitzhugh, E.C.\*, & **Eddy, J.M.** (2001) Social influences on adolescent smoking progress, *The Prevention Researcher*, 8, 2, 6-7.
73. Wang, M.Q., **Eddy, J.M.** & Fitzhugh, E.C.\* (2000) Smoking acquisition: Peer influence and self-selection. *Psychology Reports*, 86, 1241-1246.
72. Perko, M.\*, Bartee, R.\*, Dunn, M.\* Wang, M. & **Eddy, J.M.** (2000) Influences on the use/non-use of dietary supplements among adolescent athletes. *Journal of Health Studies*, 16, 2, 99-106.

71. Notaro, S.N., O'Rourke, T.W. & **Eddy, J.M.** (2000) Ranking doctoral programs in health education. *Journal of Health Education*, 31, 2, 81-89.
70. **Eddy, J.M.** & Bartee, R.T.\* (1999) How to Choose a Distance Education Program. *Worksite Health*, 6, 2, 36-37.
69. Wang, M.Q., Fitzhugh, E.C., Green, B.L., Turner, L., **Eddy, J.M.** & Westerfield, R.C. (1999) Prospective social-psychological factors of adolescent smoking development. *Journal of Adolescent Health*, 24, 1, 2-9.
68. Wang, M.Q., Fitzhugh, E.C., **Eddy, J.M.** & Westerfield, R.C. (1999) Attitudes and beliefs of smoking among school dropouts. *Psychology Reports*, 85, 984-986.
67. Turner, L.W., Hunt, S., Kendrick, O., & **Eddy, J.M.**(1999) Dairy product intake and hip fractures among older women. *Psychology Reports*, 85, 423-430.
66. Wang, M.Q., Fitzhugh, E.C., **Eddy, J.M.**, Westerfield, R.C., & Fu. Q. (1998) Tobacco use among school adolescents: National sociodemographic risk profiles. *Journal of Health Education*, 29, 3, 174-178.
65. Wang, M.Q., Fitzhugh, E.C., **Eddy, J.M.**, & Westerfield, R.C. (1998). School dropouts' attitudes and beliefs about smoking. *Psychology Reports*, 82, 984-986.
64. Wang, M.Q., Fitzhugh, E.C., **Eddy, J.M.**, Fu, Q. & Turner, L.W. (1997) Social influences on adolescent's smoking process: a longitudinal analysis. *American Journal of Health Behavior*, 21, 2, 111-117.
63. Turner, L.W.\* , Fu., Q.\* , Wang, M.Q. & **Eddy, J.M.** (1997) New evidence on antioxidant nutrients: guidelines for health education. *American Journal of Health Behavior*, 21, 3, 216-289.
62. **Eddy, J.M.**, Fitzhugh, E.C., Wojtowicz, G.G., & Wang, M.Q. (1997). The Impact of worksite-based safety belt programs: A review of literature. *American Journal of Health Promotion*. 11, 4, 281-289.
61. **Eddy, J.M.**, & O'Rourke, T.W. (1997). Organizational and departmental issues in the preparation of graduate level health educators. *Journal of Health Education*. 28, 1, 55-56.
60. **Eddy, J.M.**, Fitzhugh, E.C.\* , Gold R., & Wojtowicz, G.G. (1996). A worksite health promotion model for public schools. *Journal of Health Education*. 27, 1, 48-50
59. Wang, M.Q., Fitzhugh, E.C.\* , **Eddy, J.M.**, & Westerfield, R.C. (1996). Attitudes and beliefs of adolescent experimental smokers: A smoking prevention perspective. *Journal of Alcohol and Drug Education*, 41, 3, 1-12.

58. Wang, M.Q., Fitzhugh, E.C.\*, & Westerfield, R.C., **Eddy, J.M.** (1995). Family and peer influences on smoking behavior among American adolescents: An age trend. *Journal of Adolescent Health, 16*, 3, 200-203.
57. Wang, M.Q., **Eddy, J.M.**, Cowdery, J.E.\*, & Trucks, J.K.\* (1995). Categorization of U.S. demographics and their estimates. *Health Values, 19*, 6, 54-56.
56. Wang, M.Q., **Eddy, J.M.**, & Fitzhugh, E.C.\* (1995). Application of odds ratios and logistic models in epidemiology and medical research. *Health Values, 19*, 1, 59-62.
55. Cowdery, J.\*, Wang, M.Q., **Eddy, J.M.**, & Trucks, J.\* (1995). A theory driven health promotion program in a university setting. *Journal of Health Education, 26*, 4, 248-250.
54. Wang, M.Q., Fitzhugh, E.C.\*, Westerfield, R.C. & **Eddy, J.M.** (1994). Predicting smoking status by symptoms of depression for U.S. adolescents. *Psychological Reports, 75*, 911-914.
53. Wang, M.Q., Fitzhugh, E.C.\*, Green, L.\*, **Eddy, J.M.**, & Westerfield, C.R. (1994). Tobacco use among American adolescents: Geographic and demographic variations. *Southern Medical Journal, 7*, 6, 607-610.
52. Wang, M.Q., **Eddy, J.M.**, Westerfield, C. R., Fitzhugh, E.C.\*, & Green, L.\* (1994). Predicting smoking status by smoking-related beliefs and attitudes for middle school youth in the United States. *Wellness Perspectives: Research, Theory and Practice, 10*, 2, 34-44.
51. Green, L.\*, Fitzhugh, E.C.\*, Wang, M.Q., Perko, M.\*, & **Eddy, J.M.** (1993). Influence of living arrangements on dietary adequacy for U.S. elderly: 1987-88 nationwide food consumption survey. *Wellness Perspectives: Research, Theory and Practice, 10*, 1, 32-40.
50. Fitzhugh, E.C.\*, Wang, M.Q., **Eddy, J.M.**, & Westerfield, R.C. (1993). A risk-rated approach to a worksite health promotion needs assessment. *Health Values, 17*, 5, 57-60.
49. Fitzhugh, E.C.\*, **Eddy, J.M.**, & Hilyer, J. (1993) Evaluation of a medical self-care program in a hospital setting. *Wellness Perspectives: Research, Theory & Practice, 9*, 66-70.
48. Wojtowicz, G.G., Peveler, L.A., **Eddy, J.M.**, & Waggle, S.B.\*, & Fitzhugh, E.C.\* (1992). The Midfield high school safety belt incentive program. *Journal of School Health, 62*, 9, 407-410.
47. Wang, M.Q., **Eddy, J.M.** & Westerfield, R.C. (1992). Causal modeling in health survey studies. *Health Values, 16*, 4, 55-57.

46. **Eddy, J.M.** (1991). Cholesterol: Setting the record straight. *American Journal of Health Promotion*, 4, 5, 393-395.
45. Wang, M.Q., **Eddy, J.M.**, & Fitzhugh, E.C.\* (1992). Towards a standardization of measures in health assessment. *Health Values*, 16, 1, 52-56.
44. Thomas, S.E.\*, Kendrick, O.W. & **Eddy, J.M.** (1990). Modification of a nutritional questionnaire for older adults and the ability of its knowledge and attitude evaluations to predict dietary adequacy. *Journal of Nutrition for the Elderly*, 9, 4, 35-43.
43. **Eddy, J.M.**, Eynon, D., Nagy, S., & Paradossi, P.J. (1990). Examination of selected outcomes of the health and fitness program at Rohm and Haas. *Health Values*, 14, 6, 14-2.
42. **Eddy, J.M.** et al. (1989). Wellness perspectives history, philosophy, and emerging trends. *Wellness Perspectives*, 6, 2, 3-19.
41. Nagy, S. & **Eddy, J.M.** (1989). The health illness continuum: an elusive paradigm. *The Eta Sigma Gamman*, 21, 1, 11-13.
40. Rose-Colley, M.L.\* , **Eddy, J.M.** & Cinelli, B\* (1989). Relapse Prevention: implication for health promotion professionals. *Health Values*, 13, 6, 21-30.
39. **Eddy, J.M.** & Beltz, S.M. (1989). Health related outcomes of participation in CIGNA'S preventive medical program. *Fitness in Business*, 3, 1, 164-170.
38. Rose-Colley, M.L.\* , **Eddy, J.M.** & Cinelli, B.\* (1989). A study of health promotion within school districts: Implications for planning. *Health Values*, 13, 6, 21-30.
37. **Eddy, J.M.**, Gold, R.S. & Zimmerli, W.H. (1988). Evaluation of worksite health enhancement programs. *Health Values*, 13, 1, 3-9.
36. Rose-Colley, M.\* & **Eddy, J.M.** (1988). Interactions of university students with the elderly. *Educational Gerontology*, 14, 1, 33-43.
35. **Eddy, J.M.**, Marotto, D.A.\* & Beltz, S.M. (1988). Analysis of the effectiveness of a safety belt incentive program at CIGNA Corporation. *American Journal of Health Promotion*, 2, 3, 31-38.
34. **Eddy, J.M.**, Paradossi, P. & Marotto, D.\* (1987). The impact of a safety belt program at Rohm and Haas. *Fitness in Business*, 2, 3, 31-38.
33. Charles, K.\* & **Eddy, J.M.** (1987). In-service training on dying and death for residence hall staff. *NAPSA Journal*, 25, 2, 126-129.

32. Cole, G., **Eddy, J.M.** & Friedman, G. (1987). A protocol for selecting health enhancement and disease prevention service providers. *Occupational Health and Safety*, 56, 4, 30-34.
31. Olds, R.S.\* & **Eddy, J.M.** (1986). Negative health messages in schools. *Journal of School Health*, 56, 8, 334-336.
30. **Eddy, J.M.**, Bibeau, D. & Duff, P. (1986). Moral education: Review and implications for health educators. *Health Values*, 10, 5, 39-44.
29. Mayer, P.A.\* & **Eddy, J.M.** (1986). Using microcomputers to develop a personalized health fitness student handbook. *Health Education*, 17, 3, 24-25.
28. **Eddy, J.M.** (1986). Should values clarification be a goal of death education? *Death Studies*, 10, 2, 155-163.
27. Hayes, D.M.\* & **Eddy, J.M.** (1985). Stress management education: A life skills approach for health promotion professionals. *Wellness Perspectives*, 2, 4, 9-11.
26. Alles, W., Buckley, W. & **Eddy, J.M.** (1985). A practical guide to the study of sports related injury. *JOPHER*, 56, 7, 17-20.
25. **Eddy, J.M.** & Bibeau, D.\* (1985). A model to plan, implement and evaluate corporate health enhancement programs. *Wellness Perspectives*, 2, 3, 19-24.
24. Charles, K.\* & **Eddy, J.M.** (1985). Knowledge and attitudes of residence hall students toward dying and death. *Eta Sigma Gamman*, 17, 2, 22-25.
23. Bibeau, D.\* & **Eddy, J.M.** (1985). The effect of death education course on dying and death knowledge, attitudes, anxiety and fears. *Eta Sigma Gamman*, 17, 1, 15-18.
22. **Eddy, J.M.**, St. Pierre, R.W. & Alles, W.F. & Davis, D.M. (1985). Counseling in school age populations. *Health Education*, 16, 1, 36-39.
21. Byrd-Bredbenner, C., O'Connell, L.H., Shannon, B. & **Eddy, J.M.** (1984). A nutrition curriculum for health education: Its effects on students' knowledge, attitudes, and behavior. *The Journal of School Health*, 54, 10, 385-388.
20. **Eddy, J.M.** (1984). The ethics of public affirmation in the health education classroom. *The Journal of School Health*, 8, 4, 316-317.
19. St. Pierre, R. & **Eddy, J.M.** (1984). Health promotion for the aging. *Eta Sigma Gamman*, 16, 1, 3-6.

18. Heinold, W.\*, Alles, W. & **Eddy, J.M.** (1984). Helping responses as a function of training in first aid. *Eta Sigma Gamman*, 16, 1, 12-15.
17. Skolnick, B.\*, **Eddy, J.M.** & St. Pierre, R. (1984). Medication compliance and the aged: An educational challenge. *Educational Gerontology*, 10, 307-315.
16. **Eddy, J.M.** & Bower, D.\* (1984). Moral education vs. values clarification: A health education dilemma. *The Pennsylvania Journal of Health, Physical Education, Recreation, and Dance*, 54, 2, 28-30.
15. Cottrell, R.\*, **Eddy, J.M.** & Alles W.F.(1984). An analysis of college students' attitudes and beliefs concerning body disposal. *Death Education*, 8, 2-3, 113-122.
14. Alles, W. & **Eddy, J.M.** (1983). How to avoid controversy in school health education. *The Pennsylvania Journal of Health, Physical Education, Recreation, and Dance*, 53, 1, 2-4.
13. Mayer, P.\*, **Eddy, J.M.** & Alles, W.F. (1983). Health fitness concepts: A confluent approach. *The Pennsylvania Journal of Health, Physical Education, and Recreation*, 53, 1, 5-6.
12. Davis, D.\*, Ward, K.\*, Alles, W. & **Eddy, J.M.** (1983). Interpreting the EQA. *The Pennsylvania Journal of Health, Physical Education, Recreation, and Dance*, 53, 2, 17-19.
11. **Eddy, J.M.**, St. Pierre, R.W., Alles, W.F. & Monismith, S.W. (1983). Death education: Enhancing competence across the life span. *Health Values*, 7, 1, 29-32.
10. **Eddy, J.M.** & Alles, W.F. (1982). A teaching strategy on euthanasia. *Health Education*, 13, 6, 25.
9. **Eddy, J.M.**, St. Pierre, R.W. & Alles, W.F. (1982). Life spans human development: Intervention implications for concepts of aging. *The Journal of School Health*, 52, 9, 259-263.
8. Alles, W.F., **Eddy, J.M.** & Monismith, S.W. (1982, Spring). Understanding the dynamics of stress. *The Pennsylvania Journal of Health, Physical Education, Recreation, and Dance*, 52, 10-11.
7. Alles, W.F. & **Eddy, J.M.** (1980). Ten year survey of public attitudes toward education with implications for health education. *The Journal of School Health*, 50, 2, 62-65.
6. **Eddy, J.M.**, St. Pierre, R.W. & Sutherland, M.S. (1980). Consumerism and the aging. *Educational Gerontology*, 5, 3, 309-316.

5. **Eddy, J.M.**, St. Pierre, R.W., Alles, W.F. (1980, November-December). Consumer aspects of death and dying: The forgotten dimension. *Health Education*, 11, 6, 10-12.
4. **Eddy, J.M.**, St. Pierre, R.W., Alles, W.F. & Shute, R.W. (1980, January-February). Conceptual areas of death education. *Health Education*, 11, 1, 14-15.
3. St. Pierre, R. & **Eddy, J.M.** (1979, March-April). Nutrition knowledge and attitudes of prospective elementary educators. *Health Education*, 10, 2, 6-7.
2. **Eddy, J.M.** & Shute, R. (1979, January-February). "I am me" AAHE membership survey: Report two. *Health Education*, 10, 1, 17-19.
1. Shute, R. & **Eddy, J.M.** (1978, May-June). "I am me" AAHE membership survey: Report one. *Health Education*, 9, 3, 35-37.

#### NON-REFEREED ARTICLES

13. **Eddy, J.M.** (1989). (Book Review) Taking charge: How families can climb out of chaos of addiction, by S. Schlesinger and L. Horberg. *Health Values*, 13, 6, 21-30.
12. **Eddy, J.M.** & Napp, J.P. (1989). Making your case: How joint fitness programs cut company costs. *Perspectives: Journal of Professional Directors of YMCA's*, 15, 4, 36-39
11. **Eddy, J.M.** (1989). (Book Review) Controlling stress: Effective human resource management and strategies, by M.T. Matteson and J.M. Ivanewich. *Health Education Quarterly*, 16, 1, 138-141.
10. Napp, J. P. & **Eddy, J.M.** (1989). Joint fitness programs help company health and morals. *Perspective: Journal of Professional Directors of YMCA's*, 15, 3, 37-43
9. **Eddy, J.M.** (1986). (Book Review) Elementary school health instruction, by M. Pollack and K. Middleton. *Health Values*, 10, 4, 45-46.
8. **Eddy, J.M.** (1985). Employee health gains in importance. *Pittsburgh Business Times*, 5, 6, 35.
7. **Eddy, J.M.** (1984). Penn State checklist promotes work & health. *Pittsburgh Business Times*, 4, 17, 1.
6. **Eddy, J.M.** (1984). (Book Review) The consumer's guide to death, dying and bereavement, by Roger Shipley. *Health Values*, 8, 2, 43-44.
5. **Eddy, J.M.** (1983). The teenage health teaching modules, the state of the art in adolescent health promotion. *The Pennsylvania School Health Association Newsletter*, 1, 10, 1-5.

4. **Eddy, J.M.** & St. Pierre, R.W. (1979, March). Death education: An overview. Resources in education, ERIC # 161867, *14*, 3: 14 pp., Arlington, VA.
3. St. Pierre, R.W. & **Eddy, J.M.** (1979). Application of behavioral principles to the control of smoking behavior. Resources in Education, ERIC # 117-413, *15*, 3: 12pp., Arlington, VA.
2. **Eddy, J.M.** & St. Pierre, R.W. (1978, October). Genetic counseling as an educational process. Resources in Education, ERIC # 152-274, *9*, 10: 21 pp., Arlington, VA.
1. **Eddy, J.M.** & Zimmerli, W.H. (1977, June). Contract grading, -traditional grading: A comparison. Resources in Education, ERIC #134623, *9*, 5: 16pp. Arlington, VA.

## GRANTS & CONTRACTS

23. Technical support for the designing distance education courses for the College Health and Human Performance, University of Maryland, 2006-2007, \$20,000 (**Project Director**).
22. Community Voices, a special issue of the American Journal of Health Studies founded by the Morehouse College of Medicine, 2007. \$8,000 (**Project Director**).
21. Good Health Make \$ense, funded by Alabama Power, 1992-2005. A thirteen-year, \$6.18 million project to design, implement and evaluate a comprehensive health promotion and disease prevention program for the employees of Alabama Power (N=6750). (**Project Director**).
20. American Cancer Society – Mid-South Division, 2004-2005, \$10,000 Design of Health Promotion Interactive Website for Employers. (**Project Director**)
19. Office of Distance Education (TAMU) Course Conversion Grant, 2004-2005. \$67,000. Funds to convert Masters level courses for online delivery. (**Project Director**)
18. Demand Management Education Program, funded by St. Vincent's Hospital, 1998-99. \$14,774. To provide technical assistance for design, implementation and evaluation of a medical self-care demand management program. (**Project Director**)
17. Design of a Comprehensive Health Promotion and Disease Prevention Program for the Employees of Huntsville Hospital, funded by Huntsville Hospital, 1997-98. \$20,000. Provide technical assistance for the needs assessment process use as the basis to design a comprehensive health promotion and disease prevention program for employees. (**Project Director**)

16. Good Health Makes Sense, Funded by Gulf Power 1993-1996. \$358,200. To provide health promotion programs and services for the employees of Gulf Power Company (N=1545). **(Project Director)**
15. Health at Work, funded by Baptist Health System in Birmingham Alabama, 1991-1997. Health at Work is a comprehensive health promotion and disease prevention program provided to employees (N=7000+) and their dependents. \$88,500 average per year. **(Project Director)**
14. Health Tides, funded by the Office of Employee Benefits at The University of Alabama to provide health promotion and disease prevention services to employees of UA (N=3750) and their dependents. 1994-1995 funded at \$78,500. 1995-1996 funded at \$114,250. **(Project Director)**
13. Revision of A Decision-Makers Guide to Reducing Smoking in the Workplace. Office on Smoking and Health, Centers for Disease Control and Prevention, SBIR, 1993-1994, \$23,723. **(Project Director)**.
12. Design an Evaluation of Medical Self-Care Program for Champion International Corporation, Champion International Corporation, Courtland, Alabama. 1993, \$2,136.75. **(Project Director)**.
11. Health Link: A Distance Education Approach to Enhance Comprehensive School Health Education in Alabama. The U.S. Department of Education, 1991-1992, \$63,080. **(Project Director)**
10. A Proposal to Reduce Health Risks and Health Care Costs at Baptist Medical Centers. Birmingham, AL., 1989-1990, \$14,209. **(Project Director)**
9. Analysis of the Impact of a Pilot Health and Fitness Program for Employees of Alabama Power Company. Birmingham YMCA., 1989, \$1250. **(Principal Investigator)**
8. The Examination of Selected Components of the Health and Fitness Program at Rohm and Haas, Inc. Rohm and Haas of Philadelphia, Inc., 1987, \$1000. **(Project Director)**
7. The Development and Evaluation of a Model Seat Belt Incentive Program. CIGNA Corporation, Philadelphia., 1987, \$2000. **(Project Director)**
6. Promoting Awareness of the Need for Occupant Restraint in a Blue Collar Workforce. Pennsylvania Public Health Association., 1986, \$1000. **(Project Director)**
5. Development of a Slide-Tape Presentation and Support Materials Titled, Health Promotion in a Small Business. Central Pennsylvania Health Systems Agency,

Lewisburg, PA., 1985, \$3150. (**Project Director**)

4. In-Service Health Education for Curriculum Specialists and Classroom Teachers. Capital Blue Cross, Harrisburg, PA., 1981, \$12,177. (W.F. Alles, Project Director)
3. Emergency Care Course Improvement Project. Penn State University, Division of Instructional Services, 1980, \$7382. (**Project Director**)
2. Drug Misuse: Problems of the Aged. Central Pennsylvania Region Area Agency on Aging-Training Project, 1980, \$1912. (**Project Director**)
1. Generic Drugs: Implications for the Aged. Central Pennsylvania Region Area Agency on Aging-Training Project, 1980, \$1765. (**Project Director**)

## **PRESENTATIONS**

(\* denotes student advisees)

117. **Stellefson, M.L.**, Chaney, J.D., Chaney, B., & Eddy, J.M. (2008, April). *Securing an NIH-AHRQ Dissertation Grant for Health Services Research*. Poster accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Forth Worth, TX.
116. **Stellefson, M.L.**, Chaney, J.D., Chaney, B., & Eddy, J.M. (2008, April). *Preparing Students to Market and Advocate for Health Education*. Poster accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Forth Worth, TX.
115. **Stellefson, M.L.**, Chaney, B., Chaney, D., Eddy, J., Voyer, N. (2007, August) *Integrating Health Marketing Strategies into a Federally Funded Dissertation Grant Proposal: A Student's Experience*. Poster accepted for presentation at the National Conference on Health Communication, Marketing and Media, Atlanta, GA.
114. **Stellefson, M.L.**, Hanik, B.W., Chaney, E.H., Chaney, J.D., & Eddy, J.M. (2007, March). *A tutorial on calculating and interpreting regression coefficients in health behavior research*. Poster accepted for presentation at the American Academy of Health Behavior (AAHB) Scientific Conference, Savannah, GA.
113. **Stellefson, M.L.**, Chen, C., Zhang, J., Chaney, J.D., Chaney, B., & Eddy, J.M. (2007, March). *Engaging Students in Active Discussion Through the Use of RSS Technology in Health Education*. Poster accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Baltimore, MD.

112. **Stellefson, M.L.**, Wang, Z., Klein, B., Chaney, B., Chaney, D., & Eddy, J. (2007, March). *Effects of cognitive dissonance on intentions to change diet and physical activity among college students*. Poster accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Baltimore, MD.
111. March 2007, American Academy of Health Behavior, Savannah, GA. *The Virtual Academy: A Living History of Health Education*. **Eddy, J.** (lead), Gold, R.S., Chaney, D., Chaney, B.
110. March 2007. American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD). Baltimore, MD. *Evolution of the University of Alabama's Distance Education Program*. Gordon, B. (lead), Perko, M., Eddy, J., Chaney, D.
109. March 2007. American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD). Baltimore, MD. Health Educators' Reflection on Dr. Seffrin's Keynote Address. **Eddy, J.** (panelist).
108. March 2007. American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD). Baltimore, MD. *Powering Up the Classroom: Podcasting in Health Education*. Hanik, B.\*, Voyer, N.\*, **Eddy, J.**, et al..
107. March 2007. American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD). Baltimore, MD. *The AAHE/FAHE HEP Network: Solutions in Distance Education*. Elphinstone, J., Videto, D., Wang, M., **Eddy, J. (lead)**.
106. November 2006. Society for Public Health Education. Boston, MA. *Communicating and Advocating for Health and Human Rights: An Ecological Perspective*. Chaney, J.D., (lead) Chaney, B.H., **Eddy, J. M.**, et al.
105. April 2006, American Alliance for Health, Physical Education, Recreation, and Dance (AAPHERD), Salt Lake City, UT. AAHE scholar address titled, *Epistemology of the Health Education Process*, **Eddy, J.M.**
104. April 2006, AAPHERD, Salt Lake City, UT. *The HEP Network: Technological and Administrative*. **Eddy, J.M.**, (Lead) Chaney, E.H.\*, Chaney, J.D.\*, & Videto, D.
103. April 2006, AAPHERD, Salt Lake City, UT. *Utilizing a Multi-level Approach to Support Advocacy Efforts in the Advancement of Health Education*. Chaney, E.H. (lead)\*, Chaney, J.D., & **Eddy, J.M.**
102. April 2006, AAPHERD, Salt Lake City, UT. *A Qualitative Analysis of Student Satisfaction with Asynchronous Web-based Undergraduate Courses in Health Education*. Chaney, E.H. (lead)\*, Chaney, J.D., Stellefson, M.L., & **Eddy, J.M.**

101. March 2006, Southern District Alliance for Health, Physical Education, Recreation, and Dance (SDAPHERD) Convention, Virginia Beach, VA. *Technological Strategies to Enhance Effectiveness of Asynchronous Distance Education*. Chaney, E.H. (lead), Chaney, J.D., Stellefson, M.L.\*, & **Eddy, J.M.**
100. March 2006, SDAPHERD Convention, Virginia Beach, VA. *Incorporating Entrepreneurial and Marketing Principles in Worksite Health Promotion*. Stellefson, M.L. (lead)\*, **Eddy, J.M.**, & Perko, M.A.
99. February 2006, Third National Congress for Institutions Preparing Health Educators: Linking Program Assessment, accountability, and Improvement, Dallas, TX. *Characteristics of Quality Distance-based Instruction in Health Education*. Alperin, M., Chaney, E.H.\*, **Eddy, J.M.** (lead).
98. December 2005, Society for Public Health Education (SOPHE) Annual Convention, Philadelphia, PA. *An evaluation of Student Satisfaction with Asynchronous Web-based Undergraduate Courses in Health Education*. Chaney, E.H. (lead), Chaney, J.D., Stellefson, M.L.\*, & **Eddy, J.M.**
97. April 2005, AAPHERD, Chicago, Illinois. *Comparison of selected Quality Indicators for On-campus and Distance Education Courses*. Chaney, E.H. (lead), Chaney, J.D., Stellefson, M.L.\*, & **Eddy, J.M.**
96. April 2005, AAPHERD, Chicago, Illinois. *Utilizing a Technological Innovation in Designing Distance Education Courseware*. Chaney, J.D. (lead), **Eddy, J.M.**, Hensleigh, E.\*
95. April 2005, AAPHERD, Chicago, Illinois. *Designing Undergraduate Health Courses for Online Delivery*. Stellefson, M.L. (Lead)\*, **Eddy, J.M.**, Chaney, J.D., Hensleigh, E.\*
94. February 2005, American Academy of Health Behavior (AAHB), Charleston, SC. *How to Handle Missing Data: A Review of Missing Data Techniques*. Hensleigh, E. (lead)\*, Chaney, J.D., **Eddy, J.M.**
93. February 2005, AAHB, Charleston, SC. *A Comparison of Traditional Classroom and Asynchronous Distance Education Course Evaluations*. Don Chaney (lead), **Eddy, J.M.**, Chaney E.H.\*
92. April 2005, AAHPERD, Chicago. *HEDIR Technology Seminar: Designing Undergraduate Courses for On-line Delivery*. Michael Stellefson (lead), **James Eddy**, Don Chaney, and Beth Hensleigh\*.
91. April 2005, AAHPERD, Chicago. *Utilizing a Technological Innovation in Designing Health Education Courses*. Don Chaney (lead), Beth Hensleigh, **James Eddy**, and Michael Stellefson\*.

90. April 2005, AAHPERD, Chicago. *Who's the Boss? How to Convince a CEO of any Company They Need Worksite Health Promotion*. Michael Stellefson (lead)\* and **James Eddy**.
89. April 2005, AAHPERD, Chicago. *Student Opinions of a Distance Education Masters Program in Health Education*. **James Eddy** (lead), Don Chaney, Eugene Fitzhugh and Michael Perko.
88. April 2005, AAHPERD, Chicago. *Comparison of Selected Quality Indicators for On-campus Distance Education Courses*. Beth Hensleigh (lead)\*, Michael Stellefson, Don Chaney and **James Eddy**.
87. June 1-4, 2005, IUHPE European Conference, Stockham Sweden. *Strengthening the Health Education Workforce through Distance Education*. Becky Smith (lead), **James Eddy**, et. Al.
86. October 2004, NIOSH Steps to a Healthier Workforce Conference, Washington, DC. *Alabama Power's Good Health Makes Sense Program*. **James Eddy** (lead), Amy Eades\* and Erik Bjornstad.
85. July 2004, Texas Comprehensive Tobacco Prevention Conference, Houston TX. *Making Your Workplace Smokefree: Best Practice Examples*. **J. Eddy**
84. May 2004, The Society for Public Health Education Conference, Orlando, FL. *The HEP Network: A Collaborative Partnership Designed to Enhance Professional Development*. **J. Eddy** (lead) with J. Don Chaney.
83. March 2004, The American Association for Health Education, Recreation and Dance, New Orleans, LA. *Instructional Technology Solutions to Train the Health Promotion Workforce*. **J. Eddy** (lead) with Lee Green.
82. March 2004, The American Association for Health Education, Recreation and Dance, New Orleans, LA. *A Tailored Stress Management Intervention with a College Population*. R. Abbott (lead) with R. Donahue, J. Cowdery, and **J. Eddy**.
81. March 2004, The American Association for Health Education, Recreation and Dance, New Orleans, LA. *The Role of Culture in Health Promotion*. **J. Eddy** (lead) with T. O'Rourke, C. Symons, and D. Chaney.
80. March 2004, The American Association for Health Education, Recreation, and Dance, New Orleans, LA. *Utilizing a computerized diet analysis program with a college population*. K. E. Hensleigh (lead) with D. Chaney, **J. Eddy**, and D. Dennison.

79. October 2003, American School Health Association Conference, El Paso, TX. *Children and Adolescent Health Education Journals Addressing the Responsibilities of the Health Educator*. R. Donahue (lead)\* with **J. Eddy** and D. Chaney\*.
78. June 2002, The National Athletic Trainer's Association Annual Meeting and Clinical Symposium, Dallas, TX. *Stress and burnout of college football coaches in the United States*. R. Childress (lead) with M. Lewis\*, S. Skene\*, and K. Wright and **J. Eddy**.
77. May 2002, The Society for Public Health Education Midyear Scientific Conference, Cincinnati, OH. *Qualitative and process approaches to make the business case for worksite health promotion*. **J. Eddy** (lead) with R. Donahue\*, E. C. Fitzhugh, and D. Chaney\*.
76. May 2002, The Society for Public Health Education Midyear Scientific Conference, Cincinnati, OH. *A systematic contextual approach to evaluating the validity of online health resources*. J.D. Chaney (lead)\* with **J. Eddy**, E. Fitzhugh, D. Leaver-Dunn, and R.E. Donahue\*.
75. April 2002, The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, San Diego, CA. *Overselling the health care cost containment argument in worksite health promotion*. **J. Eddy** (lead) with R.E. Donahue\*, M. Perko, and E. Fitzhugh.
74. April 2002, The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, San Diego, CA. *A review of the CHES responsibilities and competencies addressed in leading health education journals*. R.E. Donahue (lead)\* with **J. Eddy**, P. Murphey\*, M. Lewis\*, R. Childress, R. Abbott\*, and M. Hardy\*.
73. April 2002, The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, San Diego, CA. *An analysis of stress and burnout levels of major college football coaches in the United States*. S. Skene (lead)\* with R. Childress\*, M. Lewis\*, **J. Eddy**, and K. Wright.
72. February 2002, Southern District AAHPERD/Eastern District Joint Convention, Baltimore, MD. *An analysis of CHES responsibilities and competencies addressed in health-related journals*. R.E. Donahue (lead)\* with R. Abbott\*, W. Boling\*, J.D. Chaney\*, C. Filoromo, M. Hardy\*, P. Murphey\*, S. Notaro\*, **J. Eddy**, T. O'Rourke, T. Carter, and G. Watts\*.
71. October 2001, The American Public Health Association National Convention, Atlanta, GA. *An analysis of faculty productivity and student indices of doctoral programs of health education*. S. Notaro (lead) with T. O'Rourke and **J. Eddy**.

70. March 2001, The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Cincinnati, OH. *The University of Alabama CD-ROM graduate-level courseware in health education*. R.E Donahue (lead)\* with **J. Eddy**.
69. March 2001, The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Cincinnati, OH. *Incentive programs in worksite health promotion*. R.E Donahue (lead)\* with **J. Eddy**.
68. March 2001, The Alabama Association of Family and Consumer Sciences Annual Meeting, Birmingham, AL. *Development of an intergenerational family communication survey instrument*. G. F. Watts (lead)\* with R. E. Donahue\*, and **J. Eddy**.
67. November 2000, The Society for Public Health Education Annual Meeting, Boston, MA. *The evolution of health communication activities in a multi-site corporation*. **J. Eddy** (lead) with R.E Donahue.
66. September 2000, Department of Applied Health Science, Indiana University. *Entrepreneurial possibilities in health education*. (invited presentation) **J. Eddy**.
65. September 2000, Health Education Department, Kent State Universities. *Criteria to rank doctoral programs in health education*. (invited presentation) **J. Eddy**.
64. March 2000, The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Orlando, FL. *Evolving needs in worksite health: A decade of change*. **J. Eddy** (lead) with L. Linnan and M. Wilson.
63. November 1999, The American Public Health Association National Convention, Chicago, IL. *Ranking doctoral programs in health education*. S. Notaro (lead) with T. O'Rourke and **J. Eddy**.
62. April 1999, The American Alliance for Health, Physical Education, Recreation and Dance National Convention, Boston, MA. *Dairy products intake and hip fracture among older women: Health behavior implications*. L. Turner (lead)\* with S. Hunt, **J. Eddy**, and O. Kendrick.
61. April 1999, The American Alliance for Health, Physical Education, Recreation and Dance National Convention, Boston, MA. *Upstream/Downstream Approach to Health Promotion*. T. O'Rourke (lead) with **J. Eddy**.
60. April 1999, The American Alliance for Health, Physical Education, Recreation and Dance National Convention, Boston, MA. *Methodology to Rank Doctoral Professional Preparation Programs in Health education*. S. Notaro (lead) with T. O'Rourke and **J. Eddy**.

59. November 1998, American Public Health Association, Annual Convention, Washington, D.C. *Cigarette smoking and type 2 diabetes: Findings from the NHANES III*. Q. Fu (lead)\* with M. Q. Wang, **J. Eddy**, and B. L. Green.
58. November 1998, American Public Health Association, Annual Convention, Washington, D.C. *Bridging the language gap between business and health promotion*. **J. Eddy** (lead) with T. Bartee\*.
57. February, 1997, The Southern District American Alliance for Health, Physical Education, Recreation, and Dance Conference, New Orleans, LA. *A comprehensive non-facility based health promotion and disease prevention program for a multi-site company*. **J. Eddy** (lead) with T.R. Bartee\*, P. Morton\*, and M.A. Perko.
56. November 1997, American Public Health Association, Annual Convention, Indianapolis, IN. *Correlates for osteoporosis diagnosis among older U.S. women*. L. W. Turner (lead) with Q. Fu\*, M. Q. Wang, **J. Eddy**, and R. C. Westerfield.
55. November 1997, American Public Health Association, Annual Convention, Indianapolis, IN. *Attitudinal and social environmental factors on African-American school adolescents' smoking progress*. M. Q. Wang (lead) with E. C. Fitzhugh\*, **J. Eddy**, and R.C. Westerfield.
54. November 1997, American Public Health Association, Annual Convention, Indianapolis, IN. *Overweight in predictive of development of diabetes mellitus for women with gestational diabetes mellitus*. Q. Fu (lead)\* with L. Turner\*, M.Q. Wang, and **J. Eddy**.
53. November 1996, American Public Health Association, Annual Convention, New York, NY. *Tobacco use among school adolescents: National sociodemographic risk profiles*. M.Q. Wang (lead) E.C. Fitzhugh\*, **J. Eddy** and R.C. Westerfield.
52. November 1996, American Public Health Association, Annual Convention, New York, NY. *Ethnic smoking acquisition: A theory-based longitudinal study*. E.C. Fitzhugh (lead) with M.Q. Wang, and **J. Eddy**.
51. November 1996, American Public Health Association, Annual Convention, New York, NY. *A theory driven health promotion program in a university setting*. J.E. Cowdery (lead\*) with **J. Eddy** and J.A. Pesa\*.
50. November 1996, American Public Health Association, Annual Convention, New York, NY. *Creating your own home page using HTML*. Q. Fu (lead)\* with L.W. Turner\*, M.Q. Wang, and **J. Eddy**.
49. November 1996, American Public Health Association, Annual Convention, New York, NY. *Racial differences of risk factors for diabetes mellitus for women with*

*gestational diabetes mellitus*. Q. Fu (lead)\* with M.Q. Wang, **J. Eddy**, and L.W. Turner\*.

48. April 1996, The American Alliance for Health, Physical Education, Recreation and Dance National Convention, Atlanta, GA. *Development of incentive based behavior change programs for university of health promotion program*. M.J. King (lead\*) with R.T. Bartee\*, J.E. Cowdery\*, and **J. Eddy**.
47. April 1996, The American Alliance for Health, Physical Education, Recreation and Dance National Convention, Atlanta, GA. *The prediction of health promotion resistance of African-Americans using the Health Belief Model*. L. Green (lead) with M.Q. Wang and **J. Eddy**.
46. October 1995, The American Public Health Association Annual Meeting, San Diego, CA. *Participation in health-promotion activities and health research by African Americans: Effects of the Tuskegee syphilis study*. B.L. Green (lead) with R. Maisiak, M.Q. Wang, **J. Eddy**, M.F. Britt, and N. Ebeling.
45. October 1995, The American Public Health Association Annual Meeting, San Diego, CA. *Demographic variations of older adults with prostate cancer*. Q. Fu (lead) with M.Q. Wang and **J. Eddy**.
44. October 1995, The American Public Health Association Annual Meeting, San Diego, CA. *Is cigarette smoking a risk factor of having prostate cancer?* Q. Fu (lead)\* with M.Q. Wang, **J. Eddy** and L.W. Turner\*.
43. October 1995, The American Public Health Association Annual Meeting, San Diego, CA. *African-American adolescent smoking acquisition based on the theory of reasoned action*. E.C. Fitzhugh (lead)\* with M.Q. Wang and **J. Eddy**.
42. October 1995, The American Public Health Association Annual Meeting, San Diego, CA. *Influences of social models on adolescents smoking progress: A longitudinal analysis*. M.Q. Wang (lead) with E.C. Fitzhugh\*, **J. Eddy**, and R.C. Westerfield.
41. October 1995, The American Public Health Association Annual Meeting, San Diego, CA. *American adolescent smoking acquisition based on the theory of reasoned action*. E.C. Fitzhugh\* (lead) with M.Q. Wang, and **J. Eddy**.
40. October 1995, The American Public Health Association Annual Meeting, San Diego, CA. *Up all night: Health promotion for shift workers and their families*. **J. Eddy** (lead) with M. A. Perko\*, J.E. Cowdery\*, and B.L. Green\*.
39. October 1995, The American Public Health Association Annual Meeting, San Diego,

- CA. *Association of depressive symptoms and school adolescents smoking: A cross-lagged analysis.* M.Q. Wang (lead) with E.C. Fitzhugh\*, **J. Eddy** and R.C. Westerfield.
38. March 1995, The American Alliance for Health, Physical Education, Recreation and Dance National Convention, Portland, OR. *Violence prevention at the worksite: Implications for health promotion.* C.S. Jones (lead)\* with **J. Eddy**, M.A. Perko\*, and R. Webster.
37. November 1994, The American Public Health Association Annual Meeting, Washington D.C. *Family and peer influences on smoking among adolescents.* M.Q. Wang (lead) with E.C. Fitzhugh, **J. Eddy**, and C. Westerfield.
36. November 1994, The American Public Health Association Annual Meeting, Washington, D.C. *First year results of an 800 number health information line.* **J. Eddy** (lead) with C. Jones, and M.A. Perko\*.
35. November 1994, The American Public Health Association Meeting, Washington D.C. *Smoking initiation and experimentation among African American Adolescents.* E.C. Fitzhugh (lead)\* with **J. Eddy**, M.Q. Wang, and L. Green\*.
34. November 1994, The American Public Health Association Meeting, Washington D.C. *Tobacco use among American adolescents: Geographic and demographic variations.* M.Q. Wang (lead) with E.C. Fitzhugh\*, B.L. Green\*, **J. Eddy**, and R.C. Westerfield.
33. January 1994, The Southern District American Alliance for Health, Physical Education, Recreation and Dance Regional Convention, Nashville, TN. *Alabama Power Company's Good Health Makes Sense Program.* **J. Eddy** (lead) with B.L. Green\*, M.A. Perko\*, E.C. Fitzhugh\*.
32. October 1993 The American Public Health Association Annual Meeting, San Francisco, CA. *Smoking related emotional problems of teenagers in the United States.* M.Q. Wang (lead) with R.C. Westerfield, **J. Eddy**, M.A. Perko\*, B.L. Green\*, and E.C. Fitzhugh\*.
31. October 1993, The American Public Health Association Annual Meeting, San Francisco, CA. 1993. *Smoking-related attitudes and beliefs of teenagers in the United States.* M.Q. Wang (lead) with R.C. Westerfield, E.C. Fitzhugh\*, **J. Eddy**, M.A. Perko\*, B.L. Green\*.
30. October 1993, The American Public Health Association Annual Meeting, San Francisco, CA. *The effect of skipping meals on the dietary adequacy of the elderly: 1987-88 National Food Consumption.* B.L. Green (lead)\* with E.C. Fitzhugh\*, M.Q. Wang, **J. Eddy**, R.C. Westerfield, and M.A. Perko\*.

29. March 1993, The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Washington D.C. *Implementation of a comprehensive multi-site cancer prevention and early detection program.* E.C. Fitzhugh (lead)\* with **J. Eddy** and S.C. Allison\*.
28. March 1993, The Wellness in the Workplace Conference, Toronto. *Alabama Power's Good Health Makes Sense Program.* **J. Eddy** (lead) with Kay Windham.
27. March 1993, The Wellness in the Workplace Conference, Toronto. *Evaluation of the Health at Work program at the Baptist Health System.* **J. Eddy** (lead) with John Hilyer.
26. November 1992, The American Public Health Association Annual Meeting, Washington, DC. *Comparison of dietary factors contributing to colorectal cancer among blacks and whites.* L. Green (lead)\* with **J. Eddy** and S. Allison\*.
25. November 1992, The American Public Health Association Annual Meeting, Washington D.C. *Dietary adequacy for independent and non-independent elderly.* L. Green (lead)\* with **J. Eddy**.
24. November 1992, The American Public Health Association Annual Meeting, Washington, DC. *Reduced smoking prevalence rates among women of reproductive age: An association with state tobacco prevention and control activities.* E.C. Fitzhugh (lead)\* with M.Q. Wang, **J. Eddy**, B.L. Green, and M.A. Perko\*.
23. October 1992, The American School Health Association Annual Meeting, Orlando, FL. *Project Health Link: State wide teacher in-service and student instruction conducted via satellite Distance Education.* E.C. Fitzhugh (lead)\* with **J. Eddy** and M.A. Perko\*.
22. April 1992, The American Alliance for Health Physical Education, Recreation and Dance National Convention, Indianapolis, IN. *Models to design, implement, and evaluate worksite health enhancement programs.* **J. Eddy** (lead) with D. Bibeau, C. Hyner and H. Kahler.
21. April 1992, The American Alliance for Health Physical Education, Recreation and Dance National Convention, Indianapolis, IN. *The effect of risk reducing cardiovascular disease diets on dietary quality.* E.C. Fitzhugh (lead)\* with J. Taylor\*, M.Q. Wang, and **J. Eddy**.
20. November 1991, The American Public Health Association Annual Meeting, Atlanta, GA. *The Health at Work employee health promotion program.* **J. Eddy** (lead) with J. Hilyer and E. Fitzhugh.

19. April 1991, The Wellness in the Workplace Annual Conference, Baltimore, MD. *Design and implementation of a comprehensive health promotion program at a multisite hospital.* **J. Eddy** (lead) with J. Hilyer and E. Fitzhugh\*.
18. April 1991, Annual Conference of the American Journal of Health Promotion, Atlanta, GA. *The Baptist Medical Centers employee health promotion program.* J.T. Hilyer (lead) with **J. Eddy** and E.C. Fitzhugh\*.
17. April 1991, The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, San Francisco, CA. *Selling health promotion services and determinant of safety belt use from BRFSS data.* **J. Eddy** (lead) with C. Ketter.
16. February 1991, The Southern District of The American Alliance for Health, Physical Education, Recreation, and Dance Regional Convention, Norfolk, VA. *Designing internships to fit the worksite.* **J. Eddy**.
15. February 1991, The Annual Conference of the American Journal of Health Promotion, Hilton Head, S.C. *Methodological issues in the evaluation of Worksite Health.* **J. Eddy** (lead) with D. Bibeau and N. Gottlieb.
14. February 1991, The Annual Conference of the American Journal of Health Promotion, Hilton Head, S.C. *The Baptist Medical Centers employee health programs.* J. Hilyer (lead) with **J. Eddy** and E. Fitzhugh\*.
13. April 1990, the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, New Orleans, LA. *Impact of Levels of Taxation and Smoking Restrictions on Smoking Behavior.* **J. Eddy** (lead) with C. Ketter.
12. April 1990, the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, New Orleans, LA. *Formative Evaluations in Worksite Health Enhancement Programs.* **J. Eddy** (lead) with R. Cottrell.
11. April 1989, The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Boston, MA. *Discussion of a pilot safety belt incentive program at CIGNA Corporation.* **J. Eddy** (lead) with S. Beltz, D. Waalkes, and M. Cochran.
10. April 1989, The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Boston, MA. *Analysis of the impact of safety belt initiatives in selected states.* **J. Eddy** (lead) with L. Godsey\* and M. Leavey\*.
9. February 1989, the Southern District Alliance for Health, Physical Education, Recreation, and Dance National Convention, Chattanooga, TN. *Examination of participation in the Alabama Power/YMCA fitness program on selected health, subjective and cost containment variable.* **J. Eddy** (lead) with J. Napp and M. Leavey\*.

8. October 1998, The American Public Health Association Meeting, Boston, MA  
*Health related outcomes of CIGNA's preventive medical program. J. Eddy.*
7. September 1988, the Association for Fitness in Business Annual Conference, Buffalo, N.Y. *A discussion of the impact of safety belt initiatives at CIGNA Corporation. J. Eddy* (lead) with D. Waalkes\* and S. Beltz\*.
6. May 1988, The Wellness in the Workplace Annual Meeting, Baltimore, MD.  
*Evaluating Health Behaviors in the Worksite: Pre-convention Workshop. J. Eddy* (lead) with P. Paradossi, R. Gold, and S. Beltz.
5. April 1988, The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Kansas City, MO. *Evaluation of health promotion in worksite settings: Health enhancement programs at work-that work. J. Eddy* (lead) with P. Paradossi and C. Chambers.
4. May 1987, The Wellness in the Workplace Annual Meeting, Philadelphia, PA.  
*Worksite occupant restraint programs. J. Eddy* (lead) with D. Marroto, S. Beltz, and P. Paradossi.
3. April 1987, The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Las Vegas, NV. *Impact for week safety belt program in blue collar work force. J. Eddy* (lead) with P. Paradossi and D. Marroto.
2. May 1985, The Wellness in the Workplace Annual Meeting, Norfolk, VA. *Using intern students to enhance program effectiveness. J. Eddy* (lead) with G. Hyner and L. Castner.
1. March 1985, The Eastern District of the American Alliance for Health, Physical Education, Recreation and Dance Regional Convention, Atlantic City, NJ *Health Promotion in hospital and corporate settings. J. Eddy* (lead) with J. Jenkins\* and W.F. Alles.

## CREATIVE WORKS

2006-Present

Principal in the Virtual Academy: A Living History of Health Education Project. The Virtual Academy is Joint Effort of the College of Health and Human Performance at the University of Maryland and the Division of Health Education at Texas A&M to capture in digital/video format the thoughts of the key leaders and scholars in the health education field for the purpose of developing a video/digital archive for use by present and future generations of health educators.

2003-Present

Administrative oversight for the development of undergraduate and graduate degree courses in the Division of Health Education,

Office of Health Informatics at TAMU. These courses use multiple technologies including, streaming audio, streaming video, compressed audio, and MP3 files. Courses developed by OHI are:

- HLTH 231, Healthy Lifestyles
- HLTH 236, Race, Ethnicity, and Health
- HLTH 334, Women's Health
- HLTH 342, Human Sexuality
- HLTH 354, Medical Terminology
- HLTH 403, Consumer Health
- HLTH 410, Exercise and Health in the Workplace
- HLTH 605, Research Technologies
- HLTH 609, Epidemiology

2002-Present

Administrative Coordinator for the Health Education and Promotion Network (HEP Network). This initiative is a joint effort of the American Association for Health Education, the Foundation for the Advancement of Health Education, Expert Health Data Systems and the Division of Health Education at TAMU to develop, offer, and evaluate health education courses offered via distance education technologies for use by other universities and educational agencies. Course developments to date include:

- Foundations of Health Education
- Health Behavior: Theory and Planning
- Health Education Curriculum and Instruction
- Health Education in the Elementary School
- Health Education in Secondary school
- Drug Education and Prevention
- Applied Epidemiology
- Human Sexuality
- Women's Health
- Worksite Health Promotion
- Research Techniques in Health Education

1999-2003

Production of CD-ROM Courseware for Distance Education Master of Arts Program in Health Studies. Producer responsibilities included field shoots, script writing, re-formatting video materials and editing. Course produced for CD-ROM:

- HHE 515, Advances in Health Science
- HHE 520, Health Behavior
- HHE 530, Health Promotion Techniques

- HHE 667, Design and Evaluation of Health Promotion Programs

1996-1998

Production of video courseware to support the Distance Education Master of Arts Program in Health Studies. Producer responsibility included script writing, personnel acquisition, talent and editing. Courses produced:

- HHE 506, Research Techniques
- HHE 515, Advances in Health Science
- HHE 520, Health Behavior
- HHE 530, Health Promotion Techniques
- HHE 566, Evaluation of Health Promotion Programs
- HHE 595, School Health Programs
- HHE 604, Seminar in Environmental Health
- HHE 667, Design and Implementation Health Promotion Programs

1992-1997

Production of Linear Video and Educational Manuals and Interactive Satellite Broadcasts (30 minutes each) for Alabama Powers, Good Health Make \$ense Programs. Linear Videos with Support Manual Titles:

- "To be Tobacco Free"
- "Coping with Shift Work"
- "Heart Health"
- "Ounce of Prevention: Primary Prevention and Early Detection of Cancer"
- "Take Care of Yourself: Medical Self-Care"

Interactive Satellite Broadcast Titles:

- "Being a Wise Health Consumer"
- "Back Pain"
- "Prevention of Cardiovascular Disease"
- "Coping with Change"
- "Alzheimer's"
- "Dietary Supplements"
- "Stress and Stress Management"
- "Sports Injury Prevention"
- "Physical Activity"
- "Personal Communicator"
- "Sleep and Sleep Disorders"
- "Osteoporosis"
- "Medical Self Care"

- "Home Exercise Equipment"
- "Healthy Kids"
- "Food Myths and Fads"
- "Coping with Change"
- "Prevention of Cardiovascular Disease"
- "Eating Well"
- "Aging Healthfully"

## PROFESSIONAL ORGANIZATIONS

1976-Present	<p><b>American Association for Health Education</b>          Research Consortium Representative (1989-1990)          Chair, Board of Associate Editors (1993-1995)          Finance Committee (2004- )          Fellows Committee (2004- )</p>
1980-Present	<p><b>The American School Health Association</b>          ASHA Study Committee of Aging (Chair, 1985)          Scholarship Committee (Chair, 1986)          Research Council (1981-1998)          Finance Committee (2003-2005)</p>
1980-Present	<p><b>The American Public Health Association</b>          Governing Council, Public Health Education &amp; Health Promotion          Section. (1998- 2000)</p>
1984-Present	<p><b>The Association for Fitness in Business</b>          President-Region II. (1986-1987)          Alabama State Representative (1988)</p>
1987-Present	<p><b>The Society for Public Health Education</b>          Member-Editorial Board (1993-98)          Chair, Publications Committee (2000-2002)          Chair, Resource Development Committee (2002-Present)</p>
1998-Present	<p><b>The American Academy of Health Behavior</b>          Fellow (1998)</p>
1981-1987	<p><b>The Pennsylvania Association for Health, Physical Education,          Recreation and Dance</b>          Vice President for Health (1983-1984)</p>
1981-1987	<p><b>The Pennsylvania School Health Association</b>          Convention Coordinator (1983-1985)</p>

President (1984 and 1985)

1987-1995      **Health Educator's Association of Alabama**  
President (1989)

## **EDITORIAL CONTRIBUTIONS**

**Publisher**, *American Journal of Health Studies* (1990 – Present)

**Board of Associate Editors**, *The Journal of Health Education*. (Chair 1993-1995)

**Senior Associate Editor**, *American Journal of Health Behavior*. (1993-Present)

**Editor**, Practitioners' Forum, *American Journal of Health Promotion*. (1990-1992)

**Editorial Reviewer**, *Journal of School Health*.

**Editorial Board**, *Health Education & Behavior*. (1993-1998)

## **HONORS**

**Scholar Award**, American Association for Health Education, 2005

**Fellow**, American Association for Health Education, 2003

Jones & Bartlett, **HEDIR Technology Award** (2001)

**Fellow**, American Academy of Health Behavior, 1998

Association for The Advancement of Health Education, **Worksite Health Educator of The Year**. (1995)

Southern District Association of AAHPERD, **Worksite Health Education Award**. (1995)

Association for Fitness In Business, Region III, **President's Service Award** (1990)

**Fellow**, Association for Worksite Health Promotion (1988)

Eastern District Association of AAHPERD, **Service Award** (1985)