

Summer Course – Information Sheet
HEA – 407/697 (6 credits)
Community-based Service Learning in International Health
Livingstone, Zambia

June 27 –August 4, 2011

Tentative Schedule for Trip to Zambia: Between July 4 or 5, and 26 or 27, 2011

Sponsored by: The University of North Carolina Greensboro, The Department of Public Health Education, Office of Leadership and Service Learning in partnership with *Bridge Volunteers/African Impact*, and the International Program Center

Program Overview:

The Department of Public Health Education is offering a second summer session course that includes travel to Livingstone, Zambia to learn about international public health in that region. The course includes one week in Greensboro, 21 days in Zambia and then another week after the trip in Greensboro. While in Zambia, students will spend time in Livingstone, a southern town known as the “adventure capital of Zambia and located just across from the famous Victoria Falls. The purpose of trip is for the students to develop an understanding public and community health issues impacting the population as well as learn about health and educational systems in that region. Specific focus will be given to primary health care; maternal and infant health issues; child health; HIV/AIDS and TB; home based care for victims of these diseases; adult/women’s literacy; micro-farming, food security enterprises and nutritional well-being; environmental health in international health. While in Zambia students will be taken to their service site M-F in the morning and will meet with partners/coordinators to plan and implement activities. This will continue in the afternoon (after lunch). Evenings will be used for re-capping and reflection of the day’s activities and for personal time. Some afternoons/evenings and weekend days are free to allow students time to study and to explore Livingstone and nearby Victoria Falls.

PROJECT ORIENTATION

Upon arrival in Livingstone all students will participate in a comprehensive orientation and basic language course in the local dialect. This will be facilitated by your project coordinator and a qualified local teacher involved in the community. The course will entail:

- an introduction to the town of Livingstone and the sites that you will be working with
- an opportunity to learn some of the local cultural nuances, as well as basic greetings and customs in the local language: Nyanja
- time to meet other students/volunteers that are also working with local projects
- a detailed “welcome packet”, which will contain further useful information, and
- basic instruction for your roles as public health volunteers
- basic training in home-based care procedures

All of this will facilitate smooth transition into the local community, clinics and lives of the children and adults that you will be working with.

DAILY SCHEDULE

In general, a student will work approximately 5-7 hours a day (with breaks) and have the evenings and weekends off. Though there will be a lot of variation in the schedule, this is how a typical day might look:

- **7:15:** Breakfast
- **8:00:** Leave volunteer compound/housing site for your assigned public health projects
- **9:00:** Start work at local clinic or home based care visits
- **11:30:** Pick up from assigned community health projects
- **12:00:** Lunch break. This will take place at the volunteer house.
- **1:30** Leave for one of the community development projects.
- **2:00** Students/teams will spend the afternoon with e.g. working the children in local community, assisting with the elderly at the Old People’s Home, adult literacy project, fanning, etc.
- **Approx 4:30pm: Home Time Your driver/ coordinator will pick you up and** take you back to the volunteer house
- **6:00pm: Dinner**
- **Evenings** are very sociable affairs. Generally, students discuss their days over dinner, prepare for their projects the next day, or visit to one of the local night spots with a local partner as chaperone. Group Reflection time will occur during that time at least 2 times per week

UNCG students will get 6 academic credits. The course carries a SVL marker and GN marker. Space is limited to 15 students.

Tentative Travel Schedule:

Week 1:
<ul style="list-style-type: none"> ➔ Location – Greensboro, USA <ul style="list-style-type: none"> ○ Course introduction including international service-learning overview ○ Review & discussion of readings on region history, economy, politics, culture and health ○ Cultural and Field Service/Research Preparedness exercises ○ Finalize trip plans and travel to Zambia
Week 2:
<ul style="list-style-type: none"> ➔ Location – Arrive in Livingstone, Zambia <ul style="list-style-type: none"> ○ Community Orientation activities ○ Service-learning assignments, introductions & reflections ○ Travel to cultural/historical site
Week 3:
<ul style="list-style-type: none"> ➔ Location – Livingstone, Zambia <ul style="list-style-type: none"> ○ Service-learning activities & daily reflections (including participant observations) ○ Travel activities – Tour to historical/cultural site
Week 4:
<ul style="list-style-type: none"> ➔ Location –Livingstone, Zambia <ul style="list-style-type: none"> ○ Service-learning activities & daily reflections (including participant observations) ○ Service-learning evaluation ○ Travel Activities – leave Zambia (July 23/24)
Weeks 5/6:
<ul style="list-style-type: none"> ➔ Location – Greensboro, USA <ul style="list-style-type: none"> ○ Return & Recover from jetlag, etc ○ Post international service learning reflections (including participant observations) ○ Activity – Submit final report (GOOGLE sites/written paper) ○ Course evaluation

Grants/Scholarships:

UNCG Students may apply for a travel grant from the International Program Center. Students may also visit the UNCG Endowment for International Program website for more information. Qualified students may also apply for Summer Financial Aid (at the Office Financial Aid). Additional scholarship and funding may be available through HHP/PHE and other academic divisions at UNCG.