

Module 2: Upgrading your roles and clinical skills

You will be asked to consider the major problems faced in long term care, and consider the ways a physician or nurse practitioner may think about these problems. You will also evaluate the evidence to support RT practice in these areas. In this module you will also be asked to clarify some of the new and important roles that you may take on as MDS 3.0 rolls out in October 2009. One of the roles includes training others for aftercare. There is an online training module for you to complete with aides from your facility. The assignments and resource books will help you prepare for these opportunities. The time required to complete Module 2 will be at least 15 hours over the course of one month.

Objectives:

1. Participants will compare and contrast medical and recreation therapy intervention approaches for three specific problems common in long term care.
2. Participants will develop five evidenced based RT protocols to be used for “difficult to treat” residents. Select 5 possible RT protocols that have research to support them and create protocols that you will use in the future when you receive and referral.
3. Participants will educate activities team and CNAs how to maintain residents at the highest level after a time limited recreation therapy intervention. <http://www.ithaca.edu/aging/training/> Go through Training #4 with your aides and have them evaluate the session.
4. Participants will propose methods to integrate advanced recreation therapy roles into current practice.

ASSIGNMENTS:

- ARROW presentation: watch and listen.
- Sample RT protocols: View sample protocols in any of the resources listed below and create five on your letterhead that could be used for difficult to treat residents. This is required for CEUs.
- Train your staff to implement “aftercare” using the online module #4 linked. Be sure to turn in the written workbook materials for each person taking part in your training session. <http://www.ithaca.edu/aging/training/> Use workbook and questions on the website with your staff. Turn in materials to receive CEUS. This is required for CEUs only.
- Sample roles and responsibilities: View presentation and self-evaluate your assessment competencies. Describe how you will gain these skills before MDS 3.0. Turn in the Assessment Competency Checklist for CEUs.

Useful resources for completion of this module:

1. Dementia practice guidelines (Available through ATRA)
2. Recreational Therapy for the treatment of depression in older adults: a clinical practice guideline (Weston Medical Publishing, call 781-899-2702)

3. Wheelchair biking guideline for recreational therapy (Summary http://www.guideline.gov/summary/summary.aspx?ss=15&doc_id=3682&nbr=2908)
4. Guidelines for reducing falls using recreational therapy interventions (Summary: <http://www.recreationtherapy.com/articles/falls.htm>)

OPTIONAL

CEUs available: 1.5 (15 hours)

To Receive Continuing Education Credit submit copies of:

1. Five (5) protocols for RT,
2. Assessment competency self evaluation form,
3. Proof of offering staff training for aftercare, and
4. Evaluation form of the learning module.

Attention: Linda L. Buettner

ARROW Training CEUs

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Evaluation of Learning Module 2 by Recreational Therapist

NAME _____ PREFERRED CONTACT _____

Listed below you will find a series of questions related to the module you just completed. Please answer each question as accurately as possible. Circle the number that corresponds to your response on the scale provided. Thank you for your time.

1. The objectives for this learning module were clearly stated.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

2. The information presented in this learning module was explained concisely.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

3. The suggested written material in this learning module was easy to follow.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

4. The voice narrative accompanying this learning module increased my understanding of the presented material.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

5. The assignments accompanying this learning module increased my understanding of the material presented.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

6. The process for receiving continuing education credits was clear/easy to follow.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

7. I would take another online training course like this one if it was offered to me.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree