

Curriculum Vitae

Linda L. Buettner, Ph.D., CTRS, FGSA

Professor Recreation, Tourism, and Hospitality Management
School of Health and Human Performance
University of North Carolina at Greensboro
Greensboro, NC 27402
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Certifications: Certified Therapeutic Recreation Specialist #13049
Licensed Delta Society Pet Partners Instructor #26519-VI
Licensed Delta Society Pet Partners Team Evaluator #26519-TE
State of Florida Certified Dementia Training Specialist – Level 1 & 2 ALF and Nursing Home
Licensed Master Recreation Therapist Utah
Licensed Recreation Therapist North Carolina

PROFESSIONAL EDUCATION

- Ph.D. Pennsylvania State University, 1994. College of Health: Leisure and Recreation Therapy/Gerontology. Federal Traineeship. Dissertation: Recreation therapy to treat agitation for individuals with dementia: an efficacy study.
- M.S. Empire State College, 1989. Community Health and Human Service Certification: Therapeutic Recreation. Research: Caring for frail older adults in Sweden: a comparison study.
- M.ED. Bowling Green State University, 1981. Major: Adapted Physical Education Therapeutic Recreation Minor. Thesis: Personality factors in cancer patients outcomes: efficacy of individualized exercise programs.
- B.S. State University of New York at Cortland. Major: Adapted Physical Education Art Minor

PROFESSIONAL EXPERIENCE

- 2000-2007 Professor Health Science and Director Interdisciplinary Center for Positive Aging Florida Gulf Coast University (2001-2006), Acting Recreational Therapist, PI Alzheimer's Research Grant Projects, online development and teaching of graduate and undergraduate gerontology and recreational therapy courses. Curriculum development for gerontology program and recreational therapy program. Created Master's in Geriatric Recreation Therapy. Director Gulf Coast Pet Partners.
- 1993-2000 Director of Casella Alzheimer's Education Center
Assistant Professor Decker School of Nursing, Binghamton University
Teaching community based workshops and classes on clinical aspects of Alzheimer's Disease and related disorders, initiating Alzheimer's related

research projects, assessment of geriatric clients in the community with memory disorders, teaching in the geriatric nursing program at the graduate level. Undergraduate teaching as needed.

- 1991-94 Penn State Doctoral Trainee-Therapeutic Recreation/Gerontology
Worked in the Gerontology Center as a research assistant and taught as needed for faculty members from therapeutic recreation and human development and aging programs. Doctoral thesis research was funded by the College of Health and Human Development on the topic of: Efficacy of Therapeutic Recreation Interventions for Nursing Home Residents with Dementia and Agitation.
- 1990-91 Ithaca College - Adjunct Faculty Therapeutic Recreation
Taught undergraduate courses in leisure education, program planning and evaluation, leadership, foundations of therapeutic recreation, policies and professional procedures in therapeutic recreation, assessment in therapeutic recreation, and creative interventions for individuals with chronic diseases.
- 1985-91 Willard Psychiatric Center - Therapist for Psycho-geriatric Rehabilitation.
Responsible for assessment, program planning and development, implementation of therapy programs, and evaluation of geriatric clinical services. Supervised mental health therapy aides and recreation workers.
- 1981-86 Ithaca College - Professional Staff/Faculty
Taught courses on adapted physical activities, therapeutic swimming-adapted aquatics (Certified WSI Adapted Aquatics), and recreation therapy. Head coach of women's soccer and track & field. Two time ECAC Coach of the Year winner.
- 1977-80 Victor Central School – Faculty District-Wide Recreation Therapist/Adapted physical education teacher. Lifetime leisure skills and health education for children with disabilities K-12. Varsity coach girls' soccer, volleyball, and track & field. Special Olympics Community Program Director.

PUBLICATIONS

Refereed articles and book chapters

Buettner, L. & Fitzsimmons, S. (2007). Introduction to evidence based recreational therapy practice, Annual in Therapeutic Recreation, ATRA publications, Volume 19.

Kolanowski, A., Buettner, L. & Moeller, J. Treatment Fidelity Plan for an Activity Intervention Designed for Persons With Dementia, Am J Alzheimers Dis Other Demen 2006 21: 326-332

Buettner, L. (2006), Peace of mind: a pilot community based program for people with memory loss, American Journal of Recreation Therapy, (3), 33-41.

Buettner, L. & Fitzsimmons, S., Atav, S. (2006) Predicting outcomes: therapeutic recreation for behaviors in dementia, *Therapeutic Recreation Journal*. Arlington: First Quarter 2006. Vol. 40, Iss. 1; p. 33

Buettner, L. & Fitzsimmons, S. (2006) Recreation Clubs: an outcome based alternative to day care for older adults with dementia, *Activities Directors Quarterly*, (3) 12-14.

Buettner, L. & Fitzsimmons, S. (2006) Agitation and apathy in dementia: a new paradigm for treatment, *Journal of Gerontological Nursing*. Thorofare: Jul 2006. Vol. 32, Iss. 7; p. 15

Fitzsimmons, S. & Buettner, L. (2006) *Health promotion for the mind, body, and spirit, a college course for older adults with mild dementia*. Venture Publishing, State College, PA.

Buettner, L. & Fitzsimmons, S. (2006) *N.E.S.T. evidence based behavioral approach for dementia*, FGCU Center for Positive Aging press.

Kolanowski, A. & Buettner, L. (2005) Efficacy of Theory-Based Activities for Behavioral Symptoms of Dementia, *Journal of Nursing Research*.

Watson, N., & Buettner, L. (2005). Simple Pleasures Items Bring Stimulation, Empowerment and Joy to a Dementia Unit, *American Journal of Nursing*

Buettner, L. & Fitzsimmons, S. (2004) Exercise on the special care unit: impact on passive and agitated behaviors in older adults with dementia, *American Journal of Recreational Therapy* (3)4. 8-24.

Richeson, N., Shalek, M. & Buettner, L. (2004) Air mat therapy for agitated wandering on a dementia special care unit, *American Journal of Recreational Therapy*, (2) 4, 18-26.

Kolanowski, A., Buettner, L., Promoting health in community-dwelling older adults using recreational activities, *American Journal of Recreational Therapy* (1)4, 20-28

Buettner, L. (2004) Pet Partners: teaming up for therapy and fun, *Activities Directors Quarterly*, 5: 1, 23-26.

Fitzsimmons, S. & Buettner, L. (2003) Therapeutic cooking for older adults with dementia: effects on agitation and apathy, *American Journal of Recreational Therapy*, Fall 2003, 23-33.

Buettner, L. & Fitzsimmons, S. (2003) Activities calendars: want you see is not what you get, *American Journal of Alzheimer's Disease*, 18(4), 215-226.

Fitzsimmons, S. & Buettner, L. (2003) Health Promotion for the mind, body, and spirit: a college course for individuals with early stage dementia, *American Journal of Alzheimer's*

Disease(19)3, 282-290.

Buettner, L. & Kolanowski, A. (January-February 2003) Recreation therapy for people with dementia, *Geriatric Nursing*, 24, 1, 18-25.

Buettner, L. & Fitzsimmons, S. (March 2003) *National Practice Guidelines for Treating the Disturbing Behaviors of Dementia*. American Therapeutic Recreation Association publication.

Fitzsimmons, S. & Buettner, L. (2003). *Practice Guidelines for Wheelchair biking for the treatment of depression in older adults with dementia*. University of Iowa Gerontological Nursing Research Dissemination Core.

Landy, K. & Buettner, L. *SW Florida Caregiver Resource Manual* (October 2002-Present). A bi-lingual publication book and online directory for caregivers provided through a grant by Senior Solutions of SW Florida. Online at: www.fgcu.edu/cfpa

Voelkl, J., Buettner, L. & St. Pierre, J. (2002) *The at-home recreation program: an innovative approach to serving community dwelling older adults with dementia and their caregivers*, Special National Therapeutic Recreation Society Publication, *In-Home Recreation: Successful Strategies and Services* edited by Barbara Wilhite and Jean Keller.

Buettner, L. & Fitzsimmons, S. (2002) AD-Venture: wheelchair biking for treatment of depression, *American Journal of Alzheimer's disease*,17(2):121-127. Created Educational Video.

Buettner, L. & Fitzsimmons, S. (December 2002) In-home recreational therapy for older adults with dementia and disturbing behaviors. *American Journal of Alzheimer's Disease*.

Colling, K. & Buettner, L. (October 2002). Simple Pleasures: interventions from the need-driven dementia compromised behavior model. *Journal of Gerontological Nursing*.

Buettner, L. (2002). Preventing falls in the nursing home special care unit, Funded by the American Recreation Therapy Foundation. Published by ATRA as a Research Monograph and Best Practice Guide.

Buettner, L. Recreational therapy: preventing falls in nursing home residents with dementia, Provider Magazine (Feb.2, 2002) Cover story.

Buettner, L. (2001). Therapeutic recreation in the nursing home: reinventing a good thing, *Journal of Gerontological Nursing*.

Buettner, L. Preventing falls in long term care, PADONA Journal – The American Society for Long Term Care Nurses, September/October, 2001, co-authored with Janet Waitkavicz, GNP.

Buettner, L. Preventing falls in nursing home residents with dementia: a cost benefit analysis, ATRA Publication, August 2001.

Kolanowski, A., Buettner, L. & Costa, P. (2001) Capturing interests: Therapeutic recreation activities for persons with dementia Therapeutic Recreation Journal, Third Quarter 2001.

Fitzsimmons, S. & Buettner, L (2001) Wheelchair biking program for nursing home residents with dementia and depression, Activities Directors Quarterly, Fall 2001.

Buettner, L. (2001) Gerontological Recreation Therapy in the 21st Century, Special Issue Annual in TR, .

Buettner, L. (2001) Therapeutic Recreation in the Nursing Home: reinventing a good thing, Journal of Gerontological Nursing.

Buettner, L. & Langrish, S. (2000) Comparing ADL and recreational needs and interests of rural and urban caregivers. Journal of Activity, Adaptation, and Aging, February, Special Issue on Caregiving.

Wilhite, B., Keller, J. Gaudet, G. & Buettner, L. (2000) Sensory stimulation: a literature review for therapists. (1999) Annual in Therapeutic Recreation 2000.

Buettner, L. (1999) Simple Pleasures: a multilevel sensorimotor intervention for the nursing home. American Journal of Alzheimer's Disease, Jan/Feb. 1999. Created Training Manual.

Buettner, L. (1998) Team approach to therapeutic activities on the special care unit. Journal of Gerontological Nursing, January issue.

Buettner, L., Activities as Interventions for disturbing behaviors of dementia. In Best Practices in Dementia Care, (Eds. Hoffman & Kaplan), March 1998.

Falls as a constraint to leisure among older adults: what recreation therapists can do. Co-authored with Janet Waitkavic, RN, B.S. Global Therapeutic Recreation V., 1998.

Alzheimer's disease and children: educating them to help. Co-authored with Amber Buettner (age12), Global Therapeutic Recreation V, 1998.

The therapeutic recreation-nursing team as an intervention for nursing home residents with dementia. Co-authored with Joyce Ferrario, RN, PhD. Annual of Therapeutic Recreation, 1998.

Buettner, L., Lundedren, H., Lago, D., Farrell, P. & Smith, R. (1996) Therapeutic recreation as an intervention for nursing home residents with dementia and agitation: an efficacy study. American Journal of Alzheimer's Disease, Sept./Oct. 1996.

Buettner, L. (1995) Therapeutic Recreation and Agitation: A Case History of Mrs. M, First Quarter, 1995, Therapeutic Recreation Journal *Special Fourth Quarter TRJ highlighted this article as Best Practice in Therapeutic Recreation and Aging.

Buettner, L. (1994) Never too old, too sick, or too bad for T.R. , In International Therapeutic Recreation III, (Eds. Hitzhusen, G. and Thomas, L.) University of Missouri Press.

Buettner, L. & Kennison, J. (1994) Outdoor Adventures for the Frail Elderly, Camping Magazine, May 1994, Golden Quill Award 1994- Co-authored with Dr. Judy Kennison, Ithaca College .

Buettner, L. (1990) T.R. for Frail Elders: A new approach, Global Therapeutic Recreation I, 1990. University of Missouri Press.

Buettner, L. (1988). Utilizing a developmental approach and adapted equipment for frail older adults with dementia - Therapeutic Recreation Journal, 1988.

Books

Dementia Practice Guidelines for Disturbing Behaviors. American Therapeutic Recreation Association, 2003 with Suzanne Fitzsimmons.

Recreation therapy interventions to prevent falls in the nursing home. American Therapeutic Recreation Publication, 2002.

SW Florida Caregiver Resource Manual (October 2002-2006). A bi-lingual publication book and online directory for caregivers provided through a grant by Senior Solutions of SW Florida. Online at: www.fgcu.edu/cfpa with Karen Landy.

In-home recreation: Preparing future health-care providers. Course book and training manual written in collaboration with Dr. Judith Voelkl, and Jill St. Pierre, 1999.

Simple Pleasures: a multilevel sensorimotor intervention for nursing home residents with dementia (1998). Training manual produced with a New York State Dementia Research Grant.

The Art of Dementia Care: A training manual. (1996) Decker School of Nursing Publication supported by NYS Dept. of Health grant.

Therapeutic Recreation in the Nursing Home. (1995) Co-authored with Shelley Martin Venture Publishing, State College, PA.

NATIONAL/INTERNATIONAL PRESENTATIONS REFEREED

Gerontological Society of America (November 2006) 1) *Peace of mind: maintaining older adults with dementia in the community*, 2) *Relaxation in dementia: a two phase study*, and Convener for

Recreational Therapy Research Interest Group.

American Therapeutic Recreation Association (September 2006) 1) *Geriatric Recreational Therapy Masters Degree* and 2) *Infusing Gerontological Research into Recreational Therapy Education*.

International Dementia Prevention Conference, Washington, DC (July 2005) *Innovative community based programs for persons worried about memory*.

Gerontological Society of American Conference in Orlando, FL (November 2005) *Nursing and Recreational Therapy: time of day for recreational therapy exercise on the special care unit*.

American Therapeutic Recreation Association Annual Meeting in Kansas City (10/04/04) 1) *ATRA Research Agenda*, 2) *DPG training*, and 3) *Airmat therapy for agitated wandering*.

International Alzheimer's Research Meeting in Philadelphia, 7/21/04, Research Poster: *Personality driven prescription of activities therapy* (2nd author with Ann Kolanowski)

Alzheimer's Association in Philadelphia, 7/20/04, Research Poster: *Agitated Wandering in Dementia*.

Alzheimer's Association in Chicago, 7/23/03 (2 papers) 1) *Dementia Practice Guidelines for Recreation Therapy* & 2) *Health Promotion for the Mind, Body, and Spirit*.

Gerontological Society of America in San Diego, 11/24/03, 1) *Therapeutic recreation interventions for disturbing behavior in dementia* and 2) *Enhancing meaningful engagement in dementia special care units*.

AGHE in Tampa, FL (2003) *Simple Pleasures project as service learning in gerontology*.

American Therapeutic Recreation Association Washington, DC (March 2003) 1) *Dementia Practice Guidelines Training Program for Therapists* and 2) *Train the trainers for DPG*.

GSA in Boston 11/25/02 (2 papers) Media presentation – 1) *Wheelchair biking for the treatment of depression in the nursing home*, 2) *Best of Practice Symposium: National Practice Guidelines development for disturbing behaviors of dementia*.

American Therapeutic Recreation Association, Keystone, Colorado (9/02) (3 sessions) 1) *Dementia Practice Guidelines Consensus Process*, 2) *Educators introduction to the ATRA treatment networks*, 2) *Who let the dogs out: animal assisted therapy*.

American Therapeutic Recreation Association, New Orleans (9/01) *Preventing falls in the nursing home*, *Winning over your nursing staff*, *Wheelchair biking for treatment of depression in nursing home residents with dementia*, *Research in practice panel with Leandra Bedini*.

Gerontological Society of America – Washington, DC (2000) (2) sessions *TR for Dementia Care*,

Preventing Falls in the Nursing Home.

Gerontological Society of America – San Francisco, CA, November 1999. (2) *Needs-driven dementia compromised behavior symposium* and *Simple Pleasures Rural Partnership Project.*

American Therapeutic Recreation Association-Portland, Oregon, 1999. (2) 1) *Sensory Stimulation Therapy Programs that Work* & 2) *Measuring Therapeutic Outcomes in Long Term Care.*

National Alzheimer's Association – Long Beach, CA, 1999. *Simple Pleasures Rural Partnership.*

National Alzheimer's Association - Chicago, IL, 1998. *PRN Recreation Therapy for disturbing behaviors of dementia.*

American Therapeutic Recreation Association National Meeting, Boston, Sept. 1998. (3) 1) *Winning over your nursing staff*, 2) *Sensory stimulation programs that work*, 3) *Gerontology Treatment Network Research Symposium.*

International Therapeutic Recreation Symposium, Edmonton, Alberta, Canada, August 1998. (2) *Alzheimer's disease and children: Educating them to help; Preventing falls in older adults with therapeutic recreation interventions.*

Gerontological Society of America Conference, Cincinnati, 1997. *Simple Pleasures Project: multilevel sensory intervention.*

Second International Therapeutic Recreation Symposium, August 1996, San Juan, Puerto Rico. *Never too old, too sick, or too bad for T.R.*

American Society on Aging International Case Management Conference, Toronto, September 1994, *Education and Clinical Practice for Successful Alzheimer's Case Management-Decker School of Nursing Model.* Presented with Joyce Ferrario, RN, Ph.D. and Anne Walls, C.S.W.

First International Therapeutic Recreation Symposium - *T.R.:A new approach for Frail Elders* July 1989 Nottingham, England

Stockholm Institute on Aging - August 1989 - *Using a developmental approach for therapy for cognitively impaired elders*, Stockholm, Sweden.

American Society on Aging Conference - March 1989-*Using a developmental interdisciplinary program with older adults with mental illness*, Washington, D.C.

Selected Invited Presentations

University of Arkansas Visiting Scholar in Gerontology (Oct. 9, 2006) Innovative Programs for

Older Adults with Dementia.

Arkansas Tech Visiting Scholar in Gerontology (October 6, 2006) Innovative Programs for Older Adults with Dementia.

Ithaca College (February 2006) Visiting Scholar in Gerontology.

University of Madrid (March 2006) *Autism and Alzheimer's: recreational therapy approaches using Simple Pleasures sensori-motor recreational items.*

Michigan Hospice and Birchum Hills Retirement Community (January 2005) in Lansing 1) Simple Pleasures research into practice, 2) CFPA model of community based dementia care, and 3) DPG training.

A new approach to dementia care in the community setting, University of Arkansas Medical School Visiting Scholar (November 2004)

NYS Homes and Services for the Aged Annual Conference Keynote Address (August, 2004)

Lee Memory Care Annual Conference (2004), Hyatt Coconut Grove, Bonita FL, *Dignity in Dementia Care in our Communities.*

Cutting edge dementia care with Dr. Bruce Robinson for the National Nursing Home Surveyors Conference in Tampa, FL (October 2004)

Simple Pleasures: an intervention for nursing home residents, University of Rochester College of Nursing (March 2004) and repeated (October 2004)

Continuum of Cognitive Health: a new approach for dementia care, Binghamton University, Decker School of Nursing Faculty Retreat (March 2004).

Community of Caring Conference (March 2004) Port Charlotte, FL, (3) Behaviors in dementia, Intergenerational programs, and caregiver panel.

Dementia with Dignity (May 2003) Finger Lakes GEC, Ithaca College Gerontology Institute.

Alzheimer's Disease: advances in care. Finger Lakes GEC. Ithaca College Gerontology Institute, October, 2002.

RT for the Mind, Body, and Spirit. Lee Memory Clinic Alzheimer's Conference, June 2001.

Simple Pleasures: sensory motor intervention for nursing home residents with dementia, Hebrew Home of Washington, DC, Hurowitz Lecture, March 2001.

Alzheimer's Disease: caring in the 21st Century. Delhi College, April 21, 2000.

Creative Solutions to Alzheimer's Care, Florida International University, Miami, April 28, 2000.

NYS Department of Health Dementia Research Conference- April 10-11, 2000, Albany, NY.
Simple Pleasures.

NYS Therapeutic Recreation Association, March 9, 2000, Suffern, NY. Pre-conference workshop on Dementia Programs for Recreation Therapists.

Canadian Nursing Home Providers –(6) Full day workshops for International Year of the Older Person on the Simple Pleasures Project held at University of Waterloo, Edmonton Health Care Center, Beaverton, Ontario, Toronto, Kingston, and Montreal, 1998-99.

Penn State University 4-H Extension Conference – Simple Pleasures for 4-Hers in the rural community. Keynote address for national conference, 1999.

Creative Solutions: therapeutic programming for people with dementia. One day hands-on conference at Binghamton University (May 26, 1999). Planned and presented 8 sessions with Suzanne Fitzsimmons, RNC, BS.

Hebrew Home of Boston Workshop and Training Program, March 1998. Full day interdisciplinary program on dementia programming.

University of Arkansas, College of Nursing Annual Dementia Training Program, Therapeutic recreation interventions for the treatment of sleep problems in persons with dementia, November, 1998.

University of Kentucky at Lexington, Aging Series, (2) presentations for annual conference On Therapeutic Recreation-Nursing Team in the Care of Persons with Dementia and Simple Pleasures, 1997.

Mid-East Therapeutic Recreation Symposium- Keynote address-"T.R. in the 21st Century in the field of aging services." May 5-6, 1996, Ocean City, MD

University of Alabama at Birmingham, Annual Alzheimer's Conference May 17, 1996 - Keynote address. Birmingham, LA

Alzheimer's 96 - June 1996, SUNY Health Science Center, Syracuse, NY. Activities as interventions for individuals with Alzheimer's.

Ithaca College Gerontology Institute's Geriatric Rehabilitation Conference, May 1996.
(2)"Therapeutic recreation in the 21st Century" and " Alzheimer's activities for wellness."

Keynote address: NW Louisiana University Geriatric Rehabilitation Conference, July 12, 1996.

National Alzheimer's Association Conference, July 17-20, 1996 Invited round table discussion sessions(3) on "the use of therapeutic recreation as an therapeutic intervention for the agitated nursing home resident." Chicago, IL.

Penn State University Gerontology Teleconference, February 21, 1996. "A therapeutic intervention for the nursing home: Result of the National Alzheimer's Association Pilot Research Project." Teleconferenced to Hershey Medical Center.

American Therapeutic Recreation Association Conference, Louisville, Kentucky, October 1995. "A National Alzheimer's Association Efficacy Research Project - The therapeutic recreation - nursing team"

Gerontological Society of America, Los Angeles, November, 1995. "A therapeutic intervention for nursing home residents with dementia" Co-authored with Joyce Ferrario, RN, PhD.

Art of Caring Alzheimer's Conference, Binghamton, NY, September ,1995. "A Therapeutic Recreation-Nursing Intervention for Nursing Home Residents with Dementia" Co-presented with Suzanne Fitzsimmons, RN.

Keynote Address at Centre Crest Nursing Home's Alzheimer's Unit Grand Opening, July 1995. "Special Interventions and Care for Residents with Alzheimer's Disease"

Ithaca College Gerontology Institute: Alzheimer's Conference, May 1995, Keynote: " Recreation Therapy-Nursing Team to reduce disruptive, agitated, and aggressive behaviors" with Joyce Ferrario and Janet Mentes; "Activities for Group Setting"; and "Activities for the Home Setting". University of Alabama at Birmingham: The Art of Caring Alzheimer's Conference, May 1995, "Activities as interventions for persons with Alzheimer's disease"

Mental Health and Aging Conference, Binghamton Regency Hotel, November 1994, "Disruptive, agitated, and aggressive behaviors in clients with dementia" presented with Jan Mentes, RN

Keynote speaker for Rebecca Manor's Alzheimer's Unit Grand Opening. Johnstown, PA, 12/94.

American Society on Aging International Case Management Conference, Toronto, September 1994, " Education and Clinical Practice for Successful Alzheimer's Case Management-Decker School of Nursing Model." Presented with Joyce Ferrario, RN, Ph.D. and Anne Walls, C.S.W.

"Closing the Gap: Education and Practice-" New York State Alzheimer's Best of Practice Conference. Albany, November , 1994.

Alzheimer's - Activities and Interventions that Work Conference - July 1994
Conference Coordinator and speaker: a) Fitness for Function b) Assessment and Interventions for Nursing Home Residents with Dementia

Update on Alzheimer's - 1994 - Altoona Hospital- Full day workshop.

Penn State Gerontology Colloquia - March 1994 - Presented doctoral research "Therapeutic Recreation as an Intervention for Agitation".

Pennsylvania Therapeutic Recreation Symposium - "Therapeutic Outcomes for Residents with Dementia" May 1993.

LSU Medical Center Gerontology Education Program - " Sensory Motor Therapy for Frail Older Adults." Preventing Falls in Older Adults with Mental Illness" "Using modified exercise as an intervention" 1990, 1991, 1992

Mid-East Therapeutic Recreation Conference - May 1990 - "The neurodevelopmental approach to providing therapeutic recreation in the nursing home"

Local presentations

Quarterly Delta Society Pet Partners 8 hour training course rotated between Collier, Lee, and Charlotte Counties (20 eight hour training in the past 5 years)

Over 150 local gerontology lectures, workshops, support group sessions have been provided in Charlotte, Lee, and Collier Counties (2000-2006).

Over 100 local Alzheimer's education programs have been provided to family, paraprofessional, and professional caregivers in New York State. Over 4,000 caregivers have attended sessions provided by the Decker School of Nursing, Binghamton University Alzheimer's Education Center since 1994.

RESEARCH/CONTRACT ACTIVITIES

Rosalynn Carter Caregiver Center and Johnson & Johnson Hurricane relief award, \$10,000 (December 2004-2006).

NINR-NIH Project Co-PI with Ann Kolanowski, Penn State University, Recreational therapy in the nursing home: a prescription for quality care. (Four years of funding 2005-2009) Interdisciplinary project to improve long term care. (1.4 million)

Health Promotions for the Mind, Body, Spirit: a college course for persons with mild dementia, (2003-2006) Retirement Research Foundation, \$98,000

HRSA Grant to Infuse Gerontology/Geriatrics into Recreational Therapy, Occupational Therapy and Physical Therapy at the Master's Level (co-PI with Linda Martin, Ph.D., OTR) 2003-2005 \$250,000

Relaxation in Dementia Project (2004-2006) to study at home techniques to reduce anxiety, \$25,000 from a private donor through the FGCU Foundation.

Florida Alzheimer's Disease Initiative (\$180,000, \$100,000 & \$180,000 continuation funding) 2003-2006 Innovative Programs for persons with dementia in SW FL.

Delta Society and Robert Wood Johnson subcontract to evaluate a new AAT Tool (\$35,000) 2003-2006.

"SW Florida Caregiver Resource Guide" (\$50,000) Contract with Sr. Solutions (October, 2002-04)

"Therapeutic Recreation Interventions for Needs Driven Dementia Compromised Behaviors of dementia" (2000-2003). National Alzheimer's Association for \$180,000.

"At-Home Recreation Therapy Interventions for Needs Driven Behaviors of Dementia" (2001-2002). Retirement Research Foundation for \$27,000.

"Simple Pleasures Intergenerational Project with Dr. Piper Center", SW Florida Foundation, \$25,000 (2001)

"AD-venture: wheelchair biking for the treatment of depression in nursing home residents with dementia" (2000-2001). New York State Dementia Research Grant funded for \$191,076 for research and educational video.

"In-Home Dementia Course: Preparing Future Healthcare Providers"(1999-2001) with University of Iowa and Dr. Judith Voelkl. Funded by Retirement Research Foundation for \$74,000.

"Therapeutic Recreation Protocols to Prevent Falls in Long Term Care: costs benefit analysis", (1999-2001) funded by the American Therapeutic Recreation Foundation, \$3,000.

Helen Thomas Howland Foundation Grant (\$5,000) April 1999 –"Pet Partners Training Program", Program Director for Delta Society Program held at Binghamton University, April 8-9, 1999.

NYS Department of Health Dementia Research Grant October 1995 - December 1997 (\$240,000) "Simple Pleasures: multilevel sensorimotor intervention for nursing home residents with dementia" - Linking community youth organizations, with families, and professional caregivers to provide specially designed recreation equipment to nursing home residents .

NYS Rural Health Grant (\$50,000) July - September 1998 "Simple Pleasures Rural Partnership" Principal Investigator and Project Director with the Family and Children's Society of Binghamton. Project utilized respite volunteers to initiate therapeutic activities in the home of rural families. Person with Alzheimer's became a community volunteer by building projects for others.

Decker Foundation Grant (1996) \$5,000," Biofeedback pilot study to measure efficacy of

interventions for late-stage dementia patients in the nursing home”. Principle Investigator to examine the physiological responses to Simple Pleasures interventions.

National Alzheimer's Association Pilot Research Grant (1995) - \$30,000
“Therapeutic Recreation as an Intervention for Agitation: A 30 Week Efficacy Study”
Examined the effect of intensive therapeutic recreation interventions integrated with nursing programs on the behaviors and functioning of later stage individuals with dementia.

Atlantic Philanthropic Association (1994)- \$30,000 Alzheimer's Training Grant 1994
“Therapeutic Recreation in the Nursing Home: Training for the Special Care Unit”

Penn State University Doctoral Traineeship (1993-94) - \$10,000 per year.

AWARDS

Fellow Gerontological Society of America (November 2003) Social Policy, Research and Practice Section.

Florida Gulf Coast University Sr. Faculty Scholar Award (April 2003) for research and scholarship to better the lives of older adults.

Florida Best of Practice Award for Gulf Coast Pet Partners Program (9/2002).

Florida Best of Practice Award for “Health Promotion for the Mind, Body, & Spirit” college course for newly diagnosed individuals with dementia.

Interdisciplinary Programming Award with Dr. Piper Center for the Simple Pleasures Project, December 2001 – Florida Elder Affairs through Sr. Solutions of SW Florida.

American Therapeutic Recreation Association 1999 – **ATRA Academic Achievement Award** for outstanding scholarly achievement on behalf of the profession. Presented in Portland, Oregon.

ATRA Presidential Citation from the American Therapeutic Recreation Association for research and advancement of the profession in the area of gerontology. Presented in Boston, MA 1998

American Therapeutic Recreation Association Institutional Citation 1996
Decker School of Nursing National Winner - presented at San Francisco, for innovative collaborative treatment of individuals with Alzheimer's disease.

Outdoor Adventures for the Frail Elderly, Camping Magazine, May 1994, **Golden Quill Award** 1994- Co-authored with Dr. Judy Kennison, Ithaca College.

Lehman Research Award 1990 for therapeutic recreation research utilizing a developmental

approach and adapted equipment with frail older adults.

New York State Therapeutic Recreation Research Award 1988-89 for outstanding published research in the area of geriatrics.

CURRENT EDITORIAL BOARDS

American Journal of Recreational Therapy 2003- Present (Editor-in-chief)

American Journal of Alzheimer's Disease 1999-Present

Therapeutic Recreation Journal 1998-2001

Activities Directors Quarterly 2000-2003 (Editor-in-chief)

CONSULTING/MENTORING

2004-2005 Grants on Aging Fellowship Mentor for Karen Tomasello
2002-2004 NIA Emerging Minority Scholars Mentor for Cris Meneses-Diaz and Lourdes Martinez
2003-2004 Consultant for Shady Rest Nursing Home
2001-Present NINR Grants with Ann Kolanowski, Penn State University
1999-2000 CHE Senior Psychological Services, Downey, CA-Clinical Consultant
1998-Present Therapeutic activities to enhance sleep in veterans with dementia.
Interventions Consultant on NINR Grant and VA Grant
1998-2000 Therapeutic recreation mentor for NIA Grantee Alan Stevens, Ph.D.
1998-2000 Oxford Veterans Home, Oxford, NY -Clinical Consultant
1994-1999 Willow Point Nursing Home, Binghamton, NY-Clinical Consultant
1996 River-Mede Nursing Home, Binghamton, NY-Clinical Consultant
1997 Centre Crest Nursing Home, State College, PA-Clinical Consultant
1995 Iroquois Nursing Home-Therapeutic Programming/Research Consultant
1994-95 Reconstruction Home-Alzheimer's Unit Programming/Research
1993-94 Taylor Brown Nursing Home-Special Care Unit -Therapeutic Programming
1992-94 University Park Nursing Center - Alzheimer's Unit Programming/Research
1990-95 Senior Health Care Network - Ottawa, Ontario

FGCU ONLINE COURSES DEVELOPED AND TAUGHT (2000 – Present)

GEY 6334-35 Advanced Practice Ger. Rec. Therapy I & II (New Master's degree)
GEY 5005 Orientation to Gerontology
GEY 5255 Aging and Adaptation
GEY 5934 Animal Assisted Therapy and the Older Adult
GEY 6613 Science of Aging
GEY 6645 Psychosocial Aspects of Aging
GEY 5934 Assessment of the Older Adult
GEY 6942 Internship in Gerontology
GEY 3001 Introduction to Gerontology

LEI 4713 Principles and Practices in Recreation Therapy
LEI 4711 Assessment and Documentation in Recreation Therapy

LEI 4719 Program Development and Evaluation
LEI 4703 Facilitation Techniques for Recreation Therapy
LEI 4780 Concepts and Issues in Recreation Therapy

INTERDISCIPLINARY COURSES TAUGHT

HSC 4736 Correlations in Professional Practice
HSC 6921 Correlations in Professional Practice
HSC 4930 Topics in Health Professions Practice

Binghamton University Courses (Graduate Team Taught)

Nursing 510 Aging and Wellness 1994, 1995, 1996, 1997
Nursing 511 Gerontological Nursing I 1996, 1997, 1998, 1999
Nursing 512 Gerontological Nursing II 1998, 1999
Nursing 513 Gerontological Nursing III 1997, 1998, 1999
Nursing 537 In-home independence (experimental) 1999

Undergraduate

Nursing 334 Computer Applications in Healthcare 1998, 1999
Nursing 358, 558 In-home independence: dementia care (experimental) 1999

THESIS/PROJECT COMMITTEES (FGCU)

Cris Meneses (NIA Minority Scholar)
Lourdes Martinez (NIA Minority Scholar)
Karen Tomasello (Grant Makers in Aging)
Debbie Hayes
Doug Potts
Barbara Pagano-Westgate
Jennifer Popp
Seongok Chang
Melissa Hoover
Nancy Zant

COMMUNITY SERVICE PROJECTS

Director Gulf Coast Pet Partners (Delta Society Affiliate) Ongoing Pet Partners Workshops
AAT visits with my daughter and my therapy dog/horse
Director Memory Walk 2001 on FGCU Campus – Memory Walk 2002 Punta Gorda
Charlotte County Elder Ready Community Team (Oct, 2001-Present)
Charlotte County Accessible Bike Paths Committee (August 2001 – Present)
SW FL Alzheimer's Association Board Member (2001-2004)
Dr. Piper Center Board Member and Board Secretary (2001-2004)
Senior Friendship Centers Board of Governors (2003-Present)
RSVP Board of Directors (2004-Present)

Past

Advisory Board member Willow Point Nursing Home (1997-2000)
Director and Initiator of the Southern Tier Memory Walk (1996, 1997, 1998)
Pet Partners Program Director for the Binghamton, NY Community 1996 & 1999

Alzheimer's Community Education Programs (1993-2000) provided training for over 4,000 caregivers of people with dementia in Broome, Chenango, and Tioga Counties through Decker School of Nursing, Binghamton University Alzheimer's Education Center.

PROFESSIONAL SERVICE

National Task Force Early Stage Alzheimer's (Alzheimer's Association 2005-2006)

Faculty Senate Graduate Affairs Team (GAT)

Director FGCU SW FL Interdisciplinary Center for Positive Aging 2001-2006

College of Health Professions Representative on FGCU International Education Committee

Faculty Senate 2001-2003

Faculty Affairs Committee (CHP) Co-Chair 2000-Present

Graduate Affairs Committee (2004-Present)

FGCU Awards Selection Committees for Teaching, Scholarship, Service (2002, 2003, 2004, 2005)

FGCU Institutional Review Board 2001-2004

National Alzheimer's Association Early Stage Task Force

Board of Governors Senior Friendship Centers of SW FL

Board of Directors Cultural Center of Port Charlotte

National Board Member At-Large American Therapeutic Recreation Association (2001-2003)

Board Member SW Florida Alzheimer's Association (2000-2003)

ATRA Research Subcommittee to develop national research agenda (2004-2005)

American Therapeutic Recreation Association National Coordinator for All (9) Treatment Networks (1999-2001). National Executive Committee of ATRA 2002-03.

American Therapeutic Recreation Association National Coordinator for the Gerontology Treatment Network (1997-1999). Elected by national membership.

Grant Reviewer for Alzheimer's Association Research Grants (1998-Present).

National Planning Committee for the World Alzheimer's Education Conference 2000.

Mentor for Empire College students in the field of Therapeutic Recreation (1998-Present).

Advisory Committee for the Ithaca College Gerontology Center (1997-2000). Assist in program planning and other committee work in gerontology.

Chairperson Voting Faculty Decker School of Nursing, Binghamton University (1997-2000).

Chairperson Continuing Education Committee, Decker School of Nursing, Binghamton University (1997-Present).

PRACTICE

Director FGCU Center for Positive Aging: applied research, education, and practice center.

Animal Assisted Therapy with shut in older adults in Charlotte County, and numerous long term care facilities.

Almost Family Medical Day Program, Fort Myers Florida (2001-Present) Recreation Therapy Consultant

Millennium House Adult Day Program, Fort Myers Florida (2002 – Present) Recreation Therapy Consultant

Animal Assisted Therapy – Five long term care facilities in SW FL (Present)

Therapeutic recreation specialist at Oxford Home for Veterans, Oxford, NY (1998-2000).

Alzheimer's Disease Assistance Center (ADAC) Clinician-Case Manager (1993-2000).

Pet Partners Therapist at Lakeside Nursing Home, Ithaca, NY (1999-2000).

Consulting recreation therapist for CHE Psychological Services (1997-2000).

PROFESSIONAL MEMBERSHIPS

American Therapeutic Recreation Association – National Board of Directors and member since 1994.

Gerontological Society of America (GSA) – 2003 Fellowship Status

Institutional Contact for Association of Gerontology in Higher Education (AGHE)

Gulf Coast Alzheimer's Association – Regional Board Member

Southern Gerontological Society

Florida Council on Aging

American Medical Directors Association

Delta Society of America (Pet Partners)-Affiliate Gulf Coast Pet Partners Director