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## *Todd F Lewis*

School of Education  
Assistant Professor - Counseling and Educational Development  
Date of Hire: 2002  
[TFLEWIS@uncg.edu](mailto:TFLEWIS@uncg.edu)

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### **Professional Interests**

**Research:** Adolescent substance use, motivational interviewing, leadership in counseling  
**Teaching:** Counseling Adolescents, Theories, Diagnosis/Treatment Planning, Supervision

### **Academic Background**

PhD	2002	Kent State University	Kent, OH	Counselor Education
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### **Certifications**

National Certified Counselor  
Licensed Professional Counselor (Ohio)

### **Memberships**

American Counseling Association  
Association for Counselor Education and Supervision  
Southern Association for Counselor Education and Supervision  
International Association for Addiction and Offender Counseling  
North Carolina Counseling Association  
North Carolina Association for Counselor Education and Supervision  
Chi Sigma Iota

### **WORK EXPERIENCE**

#### **Non-Academic Experience**

Counselor, Triad Behavioral Resources (2004 - Present). Conduct two groups for clients who abuse substances, one related to active addiction and one related to relapse prevention; general outpatient counseling, with emphasis on addictions counseling; arrangement designed to accelerate hours needed for NC LPC .

#### **Consulting**

2005: Dissertation Consultant, Dissertation consultant for Mr. Greg Dickenson, Kent State University  
2004: Consultant, Met with three person team of representatives from England, May 2004 seeking to enhance counseling and supervision practice in the U. K.

#### **Courses Taught**

Advanced Internship (doctoral)  
Counseling in Community Settings (specialized masters)  
Independent Study (specialized masters)  
Internship (specialized masters)  
Prac Coun: Cons in Human Setting (specialized masters)  
Pract in Couns: Community (specialized masters)  
Pract in Couns: Substance Abuse (specialized masters)  
Substance Abuse Counseling (specialized masters)

Understanding & Counsel Adoles (specialized masters)

## Other Teaching Activities

### **Course (Existing) - Compensated Redesign**

2005 - Practicum: Substance Abuse Counseling  
2005 - Substance Abuse Counseling  
2005 - Practicum: Understanding and Counseling Adolescents  
2005 - Understanding and Counseling Adolescents

### **Dissertation Committee Member**

2005 - Carrie Wachter  
2005 - Mike Gomila  
2005 - Amy Wood  
2005 - Mike Silva

## **INTELLECTUAL CONTRIBUTIONS:**

### **Refereed Articles**

Watts, R. E., Lewis, T. F., & Peluso, P. R. (in press). Expanding the acting as if technique: An Adlerian/constructivist integration. *Journal of Individual Psychology*.  
Acceptance Date: 2005

Lewis, T. F. (2005). Readiness to change, social norms, and alcohol consumption among college students. *Journal of Addictions and Offender Counseling, 26*, 22-37.  
Acceptance Date: 2005

### **Non-Refereed Articles**

Lewis, T. F., & Dennis, T. L. (2005). Perceived risks and normative beliefs as explanatory models for college student alcohol involvement: An assessment of a campus with conventional alcohol control policies and enforcement practices. *Journal is not in list - being petitioned, 42*, 202-222.  
Acceptance Date: 2004

Lewis, T. F., Thombs, D. L., & Olds, R. S. (2005). Profiles of alcohol-impaired and marijuana-impaired adolescent drivers. *Journal is not in list - being petitioned, 13*, 145-154.  
Acceptance Date: 2004

Osborn & Lewis, T. F. (in press). Experiential training in substance abuse counseling: Curricular design and instructional practices. *Journal is not in list - being petitioned*.  
Acceptance Date: 2004

Lewis, T. F. (2005). Using the solving circle with an Adlerian and postmodern twist: Fostering relationships with couples and families. *Journal is not in list - being petitioned, 13*, 77-80.  
Acceptance Date: 2004

### **Book Chapters**

#### **Not Refereed**

Lewis, T. F. (2005). Counseling the Court-Mandated Addict. In V. A. Kelly & G. A. Juhnke (Eds.), *Critical Incidents in Addictions Counseling*. Alexandria, VA: American Counseling Association.  
Acceptance Date: 2004

## Presentation of Refereed Papers

### National

- Borders, L. D., Benschoff J., Cashwell, C., Myers, J., & Wester, K. L. (2005, October). *Accountability and collegiality: UNCG faculty members' experiences and peer reviews*. Presented at ACES, Pittsburgh, PA.
- Lewis, T. F., & Osborn, C. J. (2005, April). *Solution-focused counseling and motivational interviewing: A consideration of confluence*. Presented at American Counseling Association, Atlanta, GA.
- Lewis, T. F., Thombs, D. L., & Olds, R. S. (2005, April). *Profiles of alcohol-impaired and marijuana-impaired adolescent drivers*. Presented at American Counseling Association, Atlanta, GA.
- Thombs, D. L., Olds, R. S., & Lewis, T. F. (2005, February). *Profiles of alcohol-impaired and marijuana-impaired adolescent drivers*. Presented at AAHB Conference, Charleston, WV.
- Lewis, T. F., & Wester, K. L. (2004, April). *Leadership in counseling*. Presented at American Counseling Association, Kansas City, MO.

### Regional

- Borders, L. D., Meyers J., Benschoff, J., Cashwell, C., & Villalba, J. A. (2004, September). *Accountability and collegiality: UNCG faculty members' experiences and peer reviews*. Presented at Southern Association for Counselor Education and Supervision, Athens, GA.
- Wester, K. L., & Lewis, T. F. (2004, September). *Mentoring in the field of counseling: Do we need to reframe it?* Presented at Southern Association for Counselor Education and Supervision, Athens, GA.

## Research Grants

### Funded-External

- 2005 - "Pilot Intervention using Motivational Interviewing to Promote Physical Activity and Healthy Eating of Persons with Diabetes Risk." NIH, (\$ 17,000).

### Funded-Internal

- 2005 - "Awarded \$250.00 funds from Dean of the School of Education in research support," School of Education, (\$ 250).

### Pending-External

- 2005 - "Determining the role schools and educators play in the academic and personal-social development of new immigrant Latina/o youngsters in burgeoning,,," Proposal Letter to the Rockefeller Foundation, North American Regional Program/Transitional Communities, (\$ 0).

## Research Reports

- Wester, K. L., & Lewis, T. F. "It's not just another line on your resume" (2005).

## Dissertation

- Exploring Alcohol Related Behaviors through an Adlerian Theoretical Framework

## Papers Under Review

- Lewis, T. F. (2005). "Differences in Ego Identity Status across Levels of College Student Drinking," revised and resubmitted to *Journal of Addictions and Offender Counseling*.
- Gillig, S. E., Cherry A., Duffy, M., Moon, C., & Cingel, P. A., Todd F. Lewis. (2005). "Collaborative evaluation of counseling effectiveness in a counselor-training clinic," revised and resubmitted to *Measurement and Evaluation in Counseling and Development*.

- Lewis, T. F., & Gouker, J. E. (2005). "Identity formation as an explanatory model of alcohol use intensity among college students," initial submission to *Journal is not in list - being petitioned*.
- Coleman, J. C., & Lewis, T. F. (2005). "An examination of the fourth force in counseling: How postmodernism addresses concerns raised by the multicultural movement," initial submission to *Journal of Counseling and Development*.

## **Working Papers**

- Lewis, T. F. (2005). "Survey construction to assess social norming, perceptions of risk, and readiness to change as explanatory models of undergraduate alcohol use."
- Lewis, T. F., & Culbreth, J. (2005). "Motivational interviewing as a supervisory approach."
- Lewis, T. F. (2005). "An exploration of the developmental factors related to consequences of alcohol involvement among college students."
- Lewis, T. F. (2005). "An exploratory factor analysis of the Objective Measure of Ego-Identity Status (OMEIS-2)."
- Lewis, T. F., & Wachter, C. A. (2005). "Adlerian profiles of light and heavy drinking college students."
- Lewis, T. F., & Shoffner, M. A. (2005). "Measuring Adlerian Lifestyle Themes: An Exploratory Factor Analysis."

## **Creative Activities**

### **Other Creative Activities:**

- 2005 - Presentation to CSI Executive Counsel on Leadership in Counseling, CSI: It is not another line on your resume.

## **SERVICE:**

### **Service to the University**

#### **Departmental assignments:**

##### ***Chair:***

- 2005-2006: Master's Comprehensive Exams Committee

##### ***Member:***

- 2005-2006: Review Committee: Committee member to review doctoral summer research assignments
- 2005-2006: Undergraduate Student Grading Appeal Committee: Reviews undergraduate student grading appeal

##### ***Other Institutional Service Activities:***

- 2005-2006: Interviewer: Individually interviewed potential doctoral students -- January 2005/February 2005
- 2005-2006: Coordinator of Master's Comprehensive Exams
- 2004-2005: Guest Lecturer: Guest lecture for Counselors Working with Families class (topic: Addictions in families and motivational interviewing) -- September 20, 2004
- 2004-2005: Guest Lecturer: Guest lecture for Counseling Theories class (topic: Adlerian counseling) -- February 1, 2005
- 2004-2005: ACES: Assisted with the organization of presentations and room assignment for the 2005 ACES conference with Dr. Benschhoff
- 2004-2005: Master's Level Comprehensive Exams: Updated procedures related to Master's level comprehensive exams -- instituted the Counselor Preparation Comprehensive Exam (CPCE) and piloted two approaches (Fall 2004 and Spring 2005)

***Student Placements:***

2004-2005: Letters of Recommendation: Wrote several letters of recommendation for future employers of students (two were hired, one did not take the position, and one will be an intern)

2004-2005: Counseling Clinic Internship: Interviewer for counseling clinic internship position

2004-2005: Departmental Admissions: Assisted the Chair of Admissions with the review of Master's level community counseling student applications

**College/School assignments:*****Member:***

2005-2006: School of Education Research Symposium Committee

***Other Institutional Service Activities:***

2005-2006: School of Education Executive Council -- Junior Faculty Representative

**University assignments:*****Member:***

2005-2006: Undergraduate Research Committee: Faculty member and reviewer of undergraduate research

**Service to the Profession****Board Member: PRJ Editorial Review Board**

2005: International Association for Addictions and Offender Counseling, Serving three-year appointment as member of editorial board for Journal of Addiction and Offender Counseling (term ends Summer 2006) (International).

**Chair: Committee / Task Force**

2005: Committee on Collegiate Addictions, division of International Association of Addiction and Offender, (International).

**Member: Committee/Task Force**

2005: American Counseling Association's Review Team, Served on Review Team for ACA Presentations -- Summer 2003, 2004, 2005 (National).

**Other Professional Service Activities**

2005: Counseling Clinic, Reviewed material to help determine if counseling clinic were appropriate for community bipolar support group (Local).

2005: Chi Sigma Iota, Upsilon Nu Chi Chapter, International Honorary; Association Member (International).

2005: North Carolina Counseling Association, Association Member (Regional).

2005: International Association for Addictions and Offender Counseling, Association Member (International).

2005: Association for Counseling Education and Supervision, Association Member (National).

2005: American Counseling Association, Association Member (National).

2005: Southern Association for Counselor Education and Supervision, Association member, Greensboro, United States of America (Regional).

**Reviewer: Book / Textbook**

2005: Book Review, Completed review of book on mental health counseling for publishing company (National).

**Service to the Community****Member of a Committee**

2004: Evaluation Team Member for Student Projects, Member at Northeast High School (May 2004; December 2004)

### **Other Community Service Activities**

2004: Chaperon Volunteer, Northeast High School Prom (Spring 2004)

## **Faculty Development**

### **Other Professional Development**

2004: Passed National Certified Counselor Exam. Greensboro, NC.

## **Honors-Awards-Grants**

### **Honors:**

2005: Selected as UNCG junior faculty representative young scholar award, Conference of Southern Graduate Schools.

### **Awards:**

2005: Exemplary Research Award, IAAOC, division of American Counseling Association (ACA); presented at the 2005 ACA Conference in Atlanta, GA in April 2005, International Association for Addictions and Offender Counseling (IAAOC).

## **Other Activities**

### **Other**

2005: Attended American Counseling Association International Conference in Atlanta, GA in April.

2004: Attended Southern Association for Counselor Education and Supervision (SACES) Conference in Athens, GA in September.

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