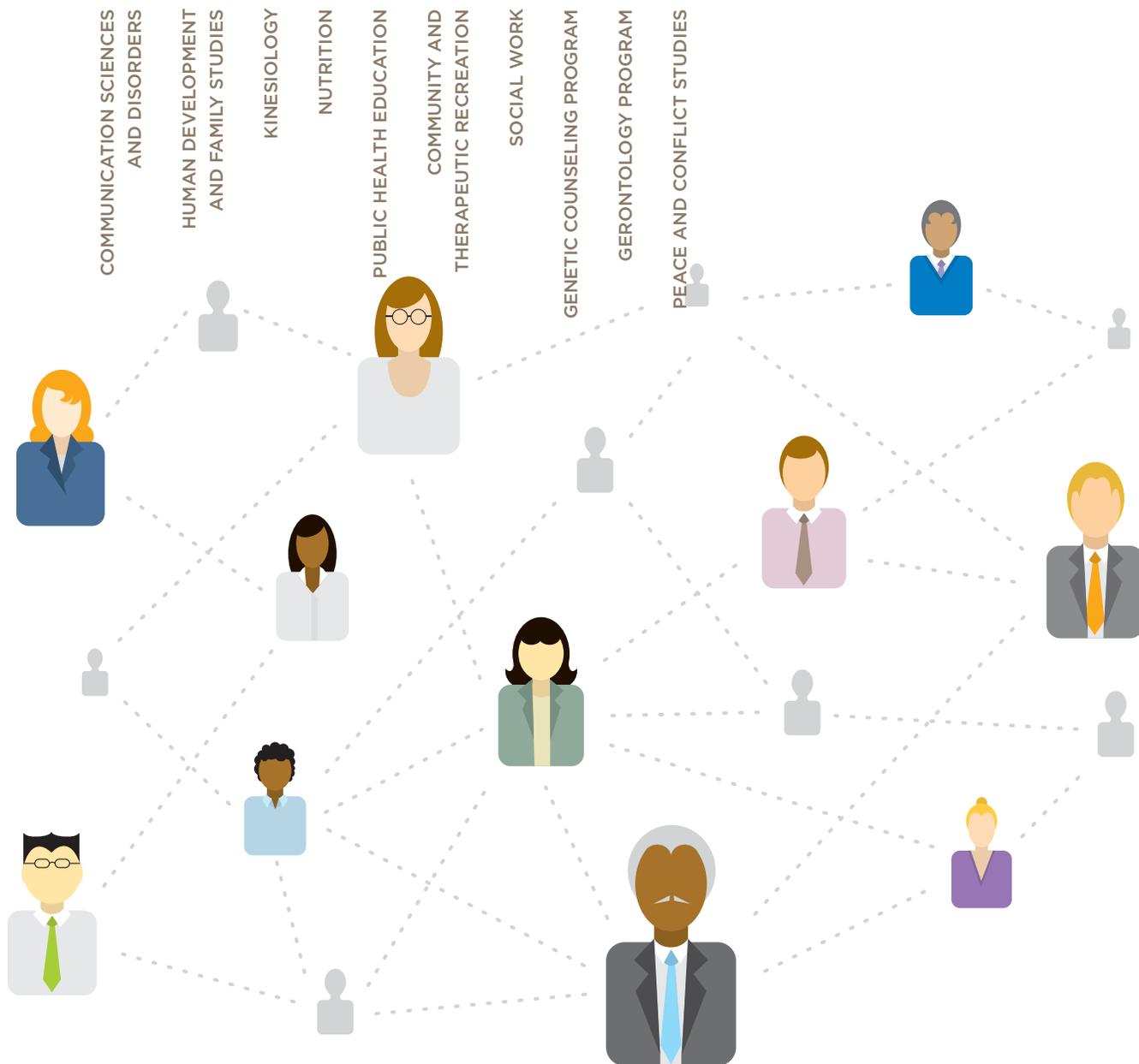


SUMMER 2013

# HHS ONLINE



TEN DISCIPLINES. CHANGING. TOGETHER.



PAGE 5

## HHS SPONSORS SERIES ON PRIVATE FUNDING FOR COMMUNITY WORK

**How can professors gain broad public knowledge and private funding for their community-based work?**

It may mean a culture change at universities nationwide. Learn how one Stanford University professor found great success when he shifted his focus from peer-reviewed journals and federal grants to web sites and Twitter.

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*Tree planting ceremony in honor of Dr. Linda Buettner.*



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*After a national search, Dr. Celia Hooper named Dean of School of HHS*

## Dean's Message



Greetings! Now that we have closed out our second academic year, we are no longer the "new" school at UNCG. I think it's fair to say that as of this fall, we are officially old!

What do I mean by that?

When we formed the School of Health and Human Sciences in July 2011, we proposed a two-year realignment process. In our first year, we focused on designing the very best structure to position HHS for success. This year, we worked to ensure academic excellence, again to give us a strong foundation for our future.

Here are some highlights of this year's efforts:

### 1) NATIONALLY RANKED PROGRAMS

- Our master's program in Communication Sciences and Disorders is ranked 30th out of 280 programs nationwide. This top-ranked program receives 400 applications for 30 spots each year.
- Our PhD program in Kinesiology is ranked 15th nationwide.
- Our master's in Gerontology is ranked first in North Carolina.

These rankings help us attract the very best students and faculty and keep us on the cutting edge in so many fields.

### 2) COMMUNITY ENGAGEMENT

Nearly 88 percent of HHS faculty is involved in some type of community-based partnership with organizations in their field. You can see this important effort featured in the pages of this newsletter, where you will find articles on topics including private funding for community-based research, our work with veterans and a very interesting community-based photography project. You can also read more on my blog at <http://uncgdeanblog.wordpress.com/> or at [www.uncg.edu](http://www.uncg.edu) under the Office of Community Engagement.

### 3) INTERDISCIPLINARY COURSES AND INTERPROFESSIONAL EDUCATION

With the support of Dr. Dave Demo, associate dean for graduate programs, the School of HHS is increasing the number of interdisciplinary courses available. These courses not only help us create



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TWO PROFESSORS KNOWN NATIONALLY FOR RESEARCH ON HEALTH OF COMMERCIAL DRIVERS

#### DEAN'S MESSAGE, *continued*

financial economies of scale; it also prepares our students for their future. To this end, we launched three interdisciplinary courses this academic year, enrolling students from five departments across UNCG. We have more interprofessional education planned for next year, as well as on-the-job training and clinical education for our master's students across disciplines.

#### 4) DIVERSITY AND INCLUSION

Under the leadership of Dr. Andrea Hunter, associate professor in the Department of Human Development and Family Studies, we have assembled a faculty advisory committee to guide this important effort. The committee has planned many activities to broaden student and faculty thinking around inclusive excellence. For instance, students, staff and 80 percent of our faculty have participated in our new DiversiTEAS, which allow people to come together, drink tea and discuss sensitive topics in a social setting. What a fun concept! We all know that building strong diversity and inclusion is not

something that can be done overnight or even in a year's time. Our work this year represents a strong start, putting us on a path to be more accepting of all students and to recruit and retain more minority faculty and administrators.

As always, our alumni are vital partners in all our efforts. This year, I had the opportunity to visit with small groups of UNCG grads across North Carolina and even in Sedona, AZ, during a work-related conference. Over the coming year, I plan to touch base with alumni in Boston, Nashville TN, and Chicago during academic business trips to those areas.

As you can see, we have bold and exciting aspirations for the School of HHS, and we rely on your help and support to achieve them. Please feel free to contact me anytime with your thoughts or ideas. As always, thank you for all you do for our students, our faculty and our mission across HHS and UNCG.

Have a great summer!



## New Kinesiology Scholarship Established

**PICTURED AT THE ESTABLISHMENT** of the scholarship are (*left to right*) Dr. Celia Hooper, Dean of the School of Health and Human Sciences, Dr. JoAnne Safrit '57 and Dr. Sandra Shultz, chair of the Kinesiology Department.

The JoAnne Safrit Undergraduate Kinesiology Scholarship was established in 2012 to assist Kinesiology majors who demonstrate dedication to the field, both scholastically and in practice.

Dr. Safrit '57 spent many years as a researcher and teacher at the University of Madison-Wisconsin. She currently lives in Greensboro and serves on the boards of the UNCG Alumni Association and the Excellence Foundation.

## UNCG Gerontology Course Earns National Recognition

**A COURSE IN THE SCHOOL** of HHS' Gerontology Program has been named one of the nation's top 20 college courses for geriatrics and senior care by Assisted Living Today, a provider of free senior care news and information.

The course is Financing Longevity: Topics in Insurance, which allows students to explore personal, governmental and private-sector roles in financing longevity, including insurance, people's choices and policy options. The gerontology degree with a concentration in Aging and Business requires that students learn about the financial issues of growing old.

Criteria for the list included quantitative measures and metrics from a number of educational resources as well as the input of the senior living editorial staff at Assisted Living Today.

The full list is available at <http://assistedlivingtoday.com/2012/11/top-college-courses-for-senior-care/>

## HHS Sponsors University-Wide Series on Private Funding for Community Work



*Dr. Sam Wineburg*

WHEN DR. SAM WINEBURG of Stanford University published his education research in some of the most prestigious journals in his field, he reached about 30,000 readers.

When he took the same research, packaged it for high school education teachers and shared it via the web, he quickly reached 600,000 downloads and is now approaching 1 million.

Wineburg, whose brother is Dr. Robert Wineburg in the School of HHS, shared his findings during a three-day visit to various UNCG departments in March. He was joined by Mark Constantine, Vice President of the Jesse Ball DuPont Fund. The duo provided individual tutorials to HHS faculty about how to garner broader public knowledge and private funding for their community-based projects.

Attracting private funding is a logical next step for HHS faculty members, 88 percent of whom already share their expertise in various community-based partnerships, said Dr. Robert Wineburg, a social work professor and director of community-engaged scholarship for HHS.

However, this kind of work often means a culture change for universities nationwide, which tend to reward publication in peer-reviewed journals and the receipt of federal grant money over community-based work, he added. Through the leadership of Dean Celia Hooper, Dr. Wineburg and other key faculty, the School of HHS has become a leader in community



*Dr. Mark Schulz with Public Health Education talks with Mark Constantine (right)*



### LEARNING TO TWEET: ONE PROFESSOR'S DIGITAL EDUCATION

FOR MORE INFORMATION, AND TO SEE A 20-MINUTE LECTURE BY DR. SAM WINEBURG ON THIS TOPIC, VISIT [HTTPS://ED.STANFORD.EDU/SPOTLIGHT/LEARNING-TWEET-ONE-PROFESSORS-DIGITAL-EDUCATION](https://ed.stanford.edu/spotlight/learning-tweet-one-professors-digital-education)

engagement and is serving as a model for the growing effort across UNCG.

For instance, in 2011, nine departments and programs of HHS worked with more than 800 agencies on everything from community-engaged learning projects and internships to consultation, research, advocacy, guest-speaking and fundraising.

Dr. Sam Wineburg is a leader in this undertaking nationwide. A scholar of historical pedagogy (or how history is taught in schools), Wineburg advocates using the Internet to share his methods with school districts, teachers and students rather than relying solely on journal publications.

"As we continue to produce ... journal articles we are missing the profound changes in how information is disseminated in modern society," he said. "The university — particularly professional schools that are supposed to be producing knowledge for practitioners — is being left behind. We are becoming less and less relevant to the people who most need our knowledge."

His co-lecturer, Mark Constantine, is Vice President for Strategy, Policy and Learning at the Jessie Ball duPont Fund. Widely known in national philanthropic circles, Constantine has served for more than a decade as a consultant to foundations and national nonprofit organizations on issues related to governance, strategy and learning.

The joint program was a good step to take early in this transformative effort, Robert Wineburg said. "We're putting a seed in the ground and watering it," he said. "In time, it will take root and grow."



**INFOCUS PROJECT PHOTOGRAPHY**

*Clockwise from top: Paul, self-advocate; Wendy, self-advocate; from the series "Living with the Hand you are Dealt"*

## InFocus Project Exhibits Photography

**PHOTOGRAPHS BY** those with intellectual and related developmental disabilities were on display during an April exhibit at The Green Bean in downtown Greensboro. More than 250 people attended the exhibit's opening night and interacted with the photographers.

The photos came from three seasons of the "InFocus" project, a partnership between The Arc of Greensboro and UNCG's Department of Community and Therapeutic Recreation. Through the project, adults with intellectual and related developmental disabilities participated in advocacy photography, individual interviews and group discussions to address their level of community access, feelings of inclusion or exclusion, and quality of life.

The thought-provoking photos depicted perspectives of people with and without disabilities on a wide range of themes, including having talents and



*InFocus exhibit attendees at the Green Bean*

abilities not readily recognized by the community, desiring community membership and independence, and feeling a limited connection to opportunities in the community. More than 2,000 people have attended exhibits across Greensboro featuring this group's work.

For more information about this and other InFocus projects, visit <http://infocus.uncg.edu/wordpress/> or on Facebook at [www.facebook.com/InFocusAdvocacy](http://www.facebook.com/InFocusAdvocacy).

## Peace and Conflict Studies Becomes Department

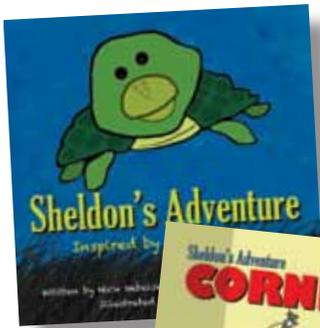
**PEACE AND CONFLICT STUDIES**, formerly a program, is now a full department in the School of Health and Human Sciences.

The department - which trains students in managing conflict to help build supportive, safe communities - joined the School from the Division of Continual Learning in the summer 2012. It offers master's and post-baccalaureate certificates and educates students in mediation, negotiation, violence prevention, anti-bullying initiatives, problem solving and more.

Plans are to launch a bachelor's degree program in Fall 2013. The program already offers two undergraduates courses, including Introduction to Peace and Conflict Studies and Peace and Violence in the Modern World.

With more than 50 students enrolled, the interdisciplinary program attracts students from a broad spectrum of majors and offers individual classes to hundreds across the UNCG community.

For more information, visit <http://conflictstudies.uncg.edu/site/>



## PHE Professor Shares Knowledge in Children's Book Series

**WITH TWO YOUNG CHILDREN,** Dr. Mike Perko has a lot of parenting knowledge. He also has 20 years of research on children's behavioral choices through his work as a professor in the department of Public Health Education.

Perko has combined this experience to write a series of children's books designed to help kids find strength in their own gifts and abilities.

As he says, "The books are all about how kids can learn to love themselves and be comfortable in their own shell." Yes, he said shell.

That is because the books feature Sheldon, a young turtle who happens to have a square shell instead of a round one. As a result, Sheldon struggles with being different – and feeling different – from other kids. Through his various adventures, Sheldon is able to gain self-esteem and identify his purpose.

The first book, "Sheldon's Adventure," chronicles his birth to

early years as he discovers his gifts and learns to trust his mother's faith that he has a purpose in life. In "Cornered," Sheldon is in middle school and learns to be self-confident while dealing with peers who bully and tease him. All the books are illustrated by Perko's childhood friend Nick Nebelsky, who has also designed interactive apps that accompany the series.

In Perko's latest book, "Sheldon's Race," Sheldon trains for a running race but has many doubts and fears he will fail because he is too slow. Ultimately, he finds that his own perseverance serves him better than his friends' reliance on expensive athletic shoes, sports drinks or fancy running shirts.

That lesson pays homage to Perko's research interest, which involves the use of sports performance products among young athletes. According to one of his studies, 1.1 million children, at an average age of 10, used some type of performance-enhancing product.

Perko hopes his books will help kids trust in themselves and avoid such dangerous fads.

"I don't want my kids to be influenced by things that come and go," he says. "These books share some of the core lessons that parents have passed down to children for years: Be nice, be a good friend, have heroes like parents and teachers, love yourself, and realize you already have all the gifts you need to succeed. These are core lessons that keep kids healthy and safe and positive."

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### WANT A COPY?

PERKO WILL SIGN BOOKS ON JULY 13 FROM 1 TO 3 P.M. AT COSTCO ON WENDOVER AVENUE IN GREENSBORO. THE BOOKS ARE ALSO AVAILABLE AT AMAZON.COM AND BARNES AND NOBLE.

YOU CAN FIND INTERACTIVE APPS FEATURING SHELDON IN APPLE'S ITUNES STORE AND ONLINE AT BARNES AND NOBLE. IN FACT, ONE OF THE APPS WAS THE HIGHEST RATED ON BARNESANDNOBLE.COM DURING ONE MONTH IN 2012.

A FOURTH BOOK IS UNDER DEVELOPMENT NOW.

## Professor studies impact of exercise on Alzheimer's

By Lanita Withers Goins, University Relations



**ALZHEIMER'S DISEASE**, the most common form of dementia, has no known cure. But what if something as simple as regular exercise could impact a person's genetic risk for the disease?

That's what UNCG researcher Dr. Jennifer Etnier wants to find out. Etnier, a kinesiology professor in UNCG's School of Health and Human Sciences, has received a \$275,000, two-year grant from the National Institutes of Health to study what preventive strategies may decrease

the risk of dementia for a person who has a first-degree relative or two second-degree relatives with Alzheimer's disease. She's currently recruiting local residents ages 50-65 with that genetic connection to participate in a free exercise program related to her research.

"Evidence from prospective studies with cognitively normal adults shows that physical activity is predictive of less cognitive decline over time and that physical activity decreases the relative risk of dementia," Etnier explained.

"My research is focused on the cognitive benefits that people get from being physically active. I've done research with older people, children and college-age adults. Our research consistently shows that there are benefits to be gained from regularly participating in physical

activity. I've published studies showing benefits for all age groups, and we've done interventions where we ask people to become physically active and show that they benefit cognitively."

Her current Alzheimer's research is designed to find out if the cognitive benefits from becoming physically active differ depending upon a person's genetic risk for Alzheimer's disease. "There is past research which suggests that those people who have a genetic risk for Alzheimer's disease may benefit from being physically active," she said. "Obviously, if our study supports this finding, the idea is that people who know they're at risk for Alzheimer's disease because of a family history may want to seriously consider becoming physically active as a way to perhaps delay the onset of Alzheimer's Disease."

Etnier frequently discusses her findings related to cognitive ability and physical activity. Last summer, she was invited to speak on physical activity and the prevention of dementia at the World Congress on Active Aging.

Etnier's research also shows benefits, both short- and long-term, for other age groups. "We've shown that benefits from single sessions and from regular participation can be achieved by children with Attention Deficit-Hyperactivity Disorder," Etnier said. "Thus, it is possible that physical activity may help ADHD children to be successful in academic settings."



Etnier

## Celia Hooper Named Dean of School of HHS

By Lanita Withers Goins, University Relations

**DR. CELIA HOOPER**, a seasoned administrator who helped establish and has led UNCG's School of Health and Human Sciences since its creation in 2011, has been named the school's permanent dean.

A UNCG alumna, Hooper has a distinguished history with the university. In addition to leading the School of Health and Human Sciences since its founding, Hooper also led the former School of Health and Human Performance for four years, from 2007 to 2011, and the Department of Communication Sciences and Disorders for four years, from 2003 to 2007. A full

professor, Hooper continues to teach classes to undergraduate and graduate students.

UNCG Chancellor Linda P. Brady lauded Hooper's leadership and service to the university. "Celia Hooper is a transformational academic leader, a citizen of the university, and a person who embodies UNCG's commitment to 'Do something bigger altogether,'" Brady said. "I expect great things from the School of Health and Human Sciences under her leadership."

Hooper, a Triad native, is a noted speech-language pathologist

who has held several leadership positions in her field, including national board positions and invitations to present at national conferences on critical issues related to health and human sciences, health care reform and workforce needs in health and wellness. Prior to UNCG, Hooper served as a faculty member, clinician and administrator in roles at UNC-Chapel Hill, the University of Kansas and Case Western Reserve University, and owned and operated a speech-language pathology business.

Following a national search, Hooper's unique insight into the

*continued on page 11*

### Dean Hooper Leads National Convention in Speech-Language Pathology



ASHA/C. Fazio



ASHA/B. Sledge



ASHA/B. Sledge



ASHA/C. Fazio

**DR. CELIA HOOPER**, Dean, School of HHS, served as co-chair for speech-language pathology at the American Speech Language Hearing Association Convention, which drew more than 12,000 industry experts to Atlanta in November 2012.

Former Congresswoman Gabby Gifford and her husband, Capt. Mark Kelly, attended the convention. Gifford was honored with the Annie Glenn Award for her courageous rehabilitation following a critical gunshot wound to her head. Annie Glenn has long been an advocate for the services of the association.

The convention is the premier annual professional education event to share evidence-based research in the fields of speech-language pathology, audiology, and speech, language, and hearing science.

*Clockwise from top left: Dean Hooper is pictured with Dr. Gregg Givens, convention co-chair for audiology; Dean Hooper and Dr. Givens with retired U.S. Senator John Glenn and his wife Annie Glenn; Former U.S. Rep. Gabby Gifford with Dean Hooper; and Capt. Mark Kelly and Gabby Gifford.*




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“The national search for permanent dean of the School of Health and Human Sciences generated an exceptionally competitive group of finalists,” Perrin said. “Celia Hooper was the overwhelming choice of the search committee, faculty, staff, students and alumni. I am confident she will lead the School of Health and Human Sciences to new levels of excellence in collaborative teaching, research and community engagement in the coming years.”

school and vision for its future made her the top choice, said UNCG Provost David Perrin.

“The national search for permanent dean of the School of Health and Human Sciences generated an exceptionally competitive group of finalists,” Perrin said. “Celia Hooper was the overwhelming choice of the search committee, faculty, staff, students and alumni. I am confident she will lead the School of Health and Human Sciences to new levels of excellence in collaborative teaching, research and community engagement in the coming years.”

UNCG’s School of Health and Human Sciences — which has nearly 3,000 students, 130 faculty members and 30 staff members — includes the academic departments of communication sciences and disorders, community and therapeutic recreation, human development and family studies, kinesiology, nutrition, public health education, social work, and peace and conflict studies, counseling, gerontology and the UNCG Middle College.

Having led the school through a strategic realignment, Hooper said she’s excited to see all the disciplines

work together. “We’re stronger as a school with all of us together,” she said, adding that she anticipates the school will play a leading role in helping the university reach its strategic goal of addressing health and wellness across the lifespan.

The school prepares students for careers in the health and human sciences, fields that continue to grow in importance and opportunity. “We know that 60 percent of jobs in the health and wellness workforce will come from the disciplines we teach,” Hooper said.

## Two Professors Known Nationally for Research on Health of Commercial Drivers

*Excerpted from an article by Lanita Withers Goins, University Relations*

**RESEARCH ABOUT THE HEALTH** of commercial drivers by two UNCG faculty members is at the forefront of national discussions about this important area of occupational health and well-being.

The research by Dr. Yorghos Apostolopoulos, an associate professor in the Department of Public Health Education, and Sevil Sönmez, a professor and interim head of the Department of Marketing, Entrepreneurship, Hospitality and Tourism, is among the most cited when it comes to the health challenges experienced by commercial drivers. Their work has been supported by various funding sources, including the National Institutes of Health.

**“Solutions to these lasting and even worsening problems do not rest only in individual drivers eating healthier or getting more exercise,”** Apostolopoulos said. **“Problems in the overall transport sector are much more complex and dynamic than that.”**

Their research was corroborated recently by such studies as the Gallup-Healthways Well-Being Index on the health of working Americans. This index found that transportation occupations -- truck drivers, bus drivers, transit operators, garage mechanics, railway conductors, etc -- ranked last as compared with all other occupational categories in the nation. The poor ranking reflects the fact that these employees have less control over their decisions at work, have minimal physical activity, consume extremely poor diets, are more obese, and smoke heavily. These factors not only negatively impact an individual's health but also can lead to a less productive workforce with alarmingly high turnover rates and the risk of a labor shortage.

**“Solutions to these lasting and even worsening problems do not rest only in individual drivers eating healthier or getting more exercise,”** Apostolopoulos said. **“Problems in the overall transport sector are much more complex and dynamic than that.”**

**“Both the causes and the solutions for transport workers’ health problems lie in the hands of multiple stakeholders — such as government, trucking companies, truck manufacturers, unions and labor associations, and drivers themselves, among many others,”** added Sönmez. The UNCG researchers said that millions in private, state and federal money have been spent on individual-based worksite health promotion programs that fail to make an impact in the long run.

Apostolopoulos and Sönmez propose the use of a more innovative and holistic approach to examining occupational health of transport workers.

**“These issues are particularly relevant for North Carolina, where freight and logistics have emerged as a state priority to aid in improving economic development and competitiveness,”** Sönmez added.

**“Freight transportation and vehicle manufacturing play a key role in the Piedmont Triad region with major players such as Old Dominion Freight, Triad Freightliner and Volvo Group,”** Apostolopoulos said. **“Considering the goals that guide regional freight planning and investment — it should be of utmost importance to focus attention on improving the health and wellness of transport workers.”**

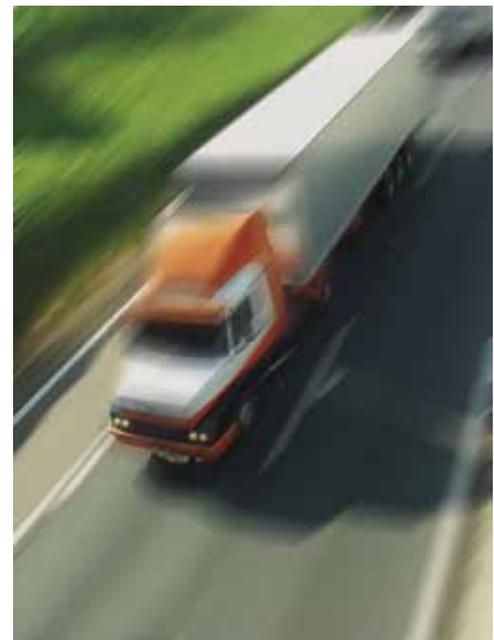
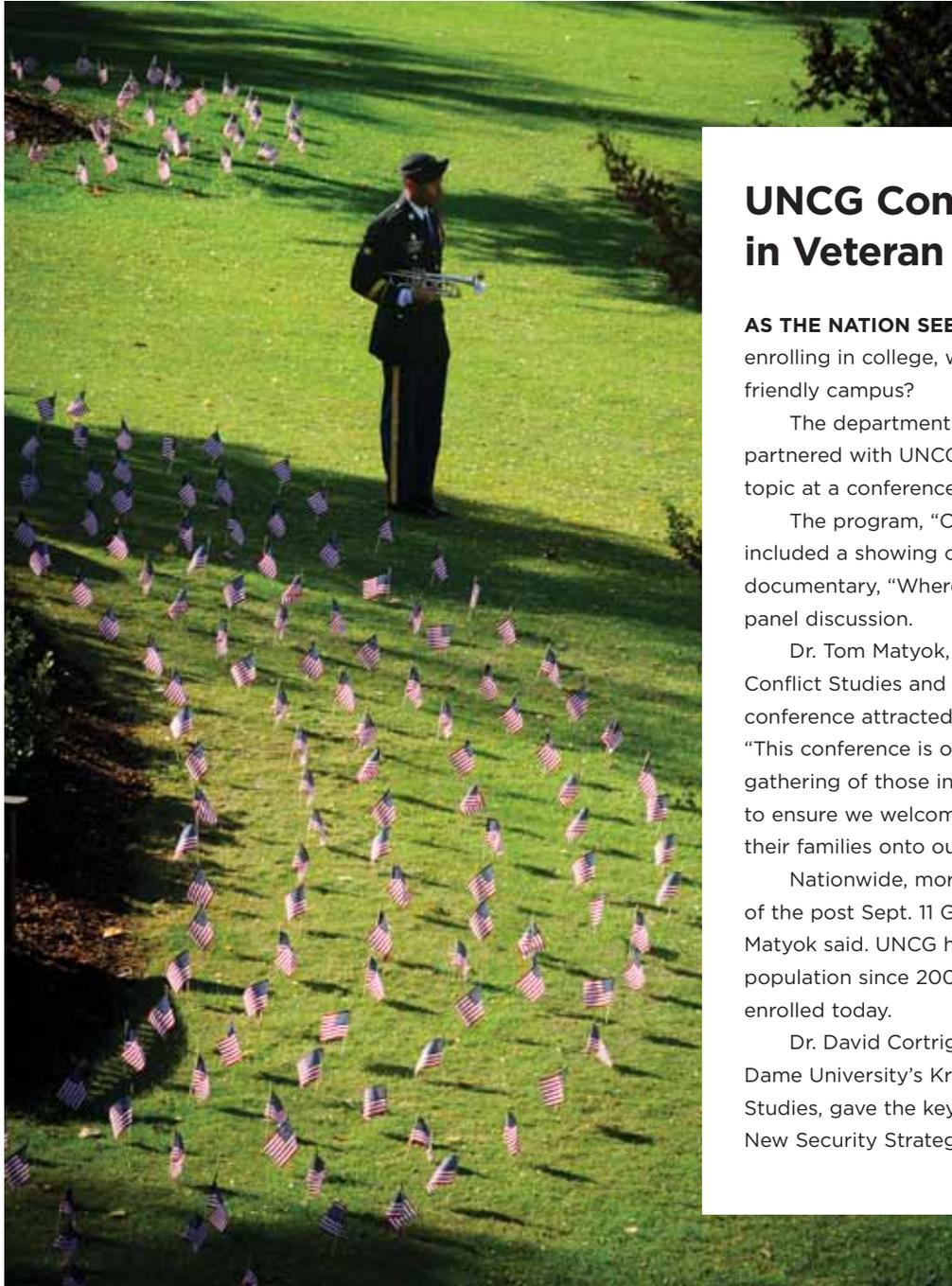


Photo: University Relations



## UNCG Continues to Lead in Veteran Education Efforts

**AS THE NATION SEES** more service men and women enrolling in college, what does it take to create a veteran-friendly campus?

The department of Peace and Conflict Studies partnered with UNCG's Veteran's Services to explore this topic at a conference in February.

The program, "Creating a Veteran-Friendly Campus," included a showing of the Emmy-Award winning documentary, "Where Soldiers Come From," followed by a panel discussion.

Dr. Tom Matyok, assistant professor in Peace and Conflict Studies and an Army veteran, said the three-day conference attracted more than 50 students and faculty. "This conference is our first step in creating an annual gathering of those in the academic community who want to ensure we welcome active duty military, veterans, and their families onto our campuses," Matyok said.

Nationwide, more soldiers are taking advantage of the post Sept. 11 GI Bill, which took effect in 2009, Matyok said. UNCG has nearly doubled its military student population since 2008, with about 500 former soldiers enrolled today.

Dr. David Cortright, director of policy studies at Notre Dame University's Kroc Center for International Peace Studies, gave the keynote address, "Winning Without War: New Security Strategies for the 21st Century."

## Floyd-Pickard to Chair UNCG's Department of Social Work



**DR. MELISSA FLOYD-PICKARD** has been named chair of UNCG's Department of Social Work effective Aug. 1.

Floyd-Pickard, who has been at UNCG since 2002, has directed the bachelor's in social work program since 2007. She earned her doctoral and master's degrees from Virginia Commonwealth University.

She has earned an international reputation for her research focusing on the mental health issues that social workers encounter in their clients.

### HHS SPONSORS SUMMER TRIP TO COSTA RICA

**THE SCHOOL** of Health and Human Sciences sponsored a summer trip to Costa Rica to help immerse students in Latino culture.

Thirteen students participated in the Summer Language and Culture Immersion trip from May 19 through June 8.

To learn more, visit [www.uncg.edu/swk/international](http://www.uncg.edu/swk/international).

# GOING GLOBAL

### DELEGATION VISITS CHINA AS NEXT STEP IN BUILDING RELATIONSHIP WITH UNIVERSITY

**A GROUP OF KINESIOLOGY** scholars from UNCG continued their growing partnership with the Shanghai University of Sport during a trip there in November 2012.

Dean David Perrin and a UNCG delegation traveled to Shanghai to mark the 60th anniversary of the university. He was joined by UNCG alumna, Dr. Jo Safrit '57, and Kinesiology faculty members, Dr. Ang Chen and Dr. Catherine Ennis. Perrin gave one of the event's three keynote speeches, which focused on preparing students to be community engaged citizens. The university then surprised Safrit with an honorary doctorate.

Chen, an alumnus of the Shanghai University of Sport, has

been instrumental in building UNCG's relationship with the school. The partnership has included establishing a Kinesiology Lab and inviting research scholars to work at UNCG. In addition, five UNCG Kinesiology faculty members have taught short courses at the Shanghai university within the last four years.

The delegation also visited two UNCG alumni, Debranna Cook and Robert Johnson, who received scholarships to pursue master's degrees at the Shanghai university.

A group of 20 undergraduate students from SUS will visit Department of Kinesiology in July 2013 as guest students to experience American university culture.

## Student News

**Johnita Ellerby '14**, who is pursuing a bachelor's degree in social work, was featured recently on NPR's award-winning news program, All Things Considered. Host Robert Siegel interviewed Ellerby as part of a series about people's economic situations and related success factors. Ellerby, 35, is a single mother of four children who lives in Sanford and has struggled to leave poverty behind. She currently works full time as a certified nursing assistant and attends UNCG on a scholarship.

**Emily Hensley '13** recently presented her research on end-of-life care to the Southern Gerontological Society meeting in Charlotte. Hensley's research examines end-of-life care knowledge and attitudes among the Russian immigrant community of North Carolina, including elderly people and adult children. She also examined hospice staff preparedness for working with increasingly diverse immigrant clients. She was mentored by Dr. Sudha Shreeniwas, an associate professor of human development and family studies in UNCG's School of Health and Human Sciences. Funding for the project was provided by UNCG's Gerontology Program, which is directed by Dr. Jan Wassel.

**Tou H. Vang '13** created an innovative video to promote the "Sex Has Consequences" campaign, which is part of The National Campaign to Prevent Teen and Unplanned Pregnancy. Vang, a student in the Department of Public Health Education, developed the one-minute video during his internship with the Buncombe County Department of Health and Human Services. The video has aired on Buncombe County Television and throughout Asheville high schools.

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## Four Graduate Students Win Expo Awards

**FOUR GRADUATE STUDENTS** from the School of Health and Human Performance were honored with awards at the recent Graduate Research and Creativity Expo. Each first-place winner received \$1,000 and the opportunity to represent UNCG at various educational events.

The honored students included:

**Jonathan Messer** in Nutrition, who won first place for "Effect of Antioxidant Quercetin on Bone Cell Function."

**Stephen Glass** in Kinesiology, who received honorable mention for "Noise-Enhanced Center of Pressure Complexity in Individuals with Chronic Ankle Instability."

## Five Recognized During Student Honors Convocation

**STUDENTS FROM** the School of Health and Human Sciences were among those honored during UNCG's Student Honors Convocation in April.

**Christine Maynard PhD '13 HDF** received the Outstanding Graduate Teaching Assistant Award. She is a graduate teaching assistant in the Department of Human Development and Family Studies.

Four students received the Student Excellence Awards. They include: **Quinn Fryzel '13** and **Amelia Hopkins '13** from the Communication Sciences and Disorders department; **Timothy Ben Hucks '13** of the Social Work department and **Kyle Lemons '13** of Kinesiology.

**Alexa Barwick** in Communication Sciences and Disorders, received honorable mention for "Can Telepractice Be Utilized Effectively to Treat Speech and Voice Disorders in Individuals with Parkinson's Disease?"

**Ciara Floyd** in Kinesiology, who received honored mention for "The Relationship between a Gymnastics-Specific Fitness Test and Performance Scores."

Dean Celia Hooper noted that HHS students were recognized in multiple categories of the competition. She also congratulated faculty members in the departments of Kinesiology, Nutrition, and Communication Sciences and Disorders for their role in mentoring these students.

## Faculty/Staff News

**Dr. Ang Chen**, a Kinesiology professor, has been named the 2013 Scholar by the American Education Research Association's special interest group in Research in Learning and Instruction in Physical Education. He delivered a keynote address at the association's 2013 convention in San Francisco in April.



**Dr. Catherine Ennis**, a professor of Kinesiology, received supplemental funding from the National Institutes of Health for the project "The Science of Healthful Living." This funding will double the number of middle schools participating in the Science of Healthful Living (SHL) randomized clinical trial. It will allow for 20 schools from three districts to participate in the study.



**Etnier**

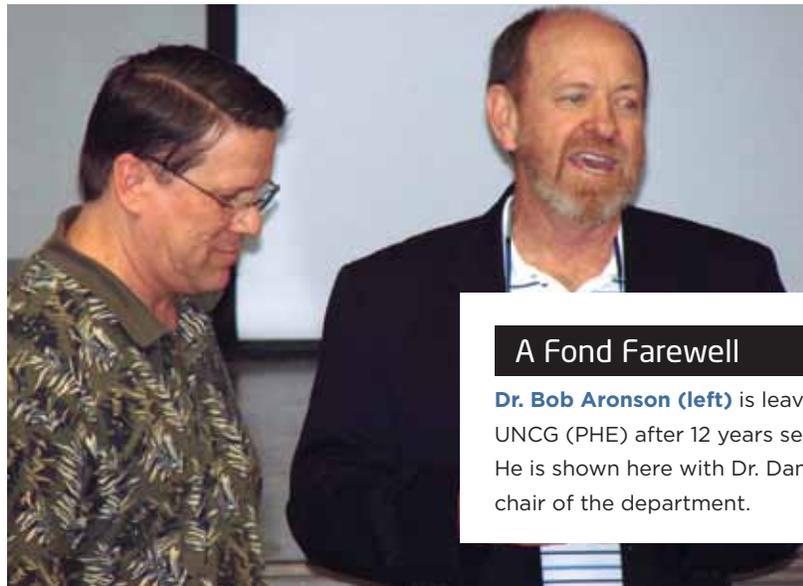
**Dr. Jennifer Etnier** and **Dr. Sandy Shultz** will be inducted this fall into the National Academy of Kinesiology. Shultz is a professor of kinesiology and co-director of the Applied Neuromechanics Research Laboratory. She is a noted expert in women's ACL injuries and conducts research on



**Shultz**

underlying factors that increase women's susceptibility for ACL injury. Etnier, also a professor of kinesiology, researches physical activity and cognition.

**Dr. Mark Fine**, professor and chair of the Department of Human Development and Family Studies, has published "Handbook of Family Theories: A Content-Based Approach." Using the 2000 and 2010 decade-in-review issues of the Journal of Marriage and Family as a resource, the book addresses the most important topics impacting family studies research today.



### A Fond Farewell

**Dr. Bob Aronson (left)** is leaving UNCG (PHE) after 12 years service. He is shown here with Dr. Dan Bibeau, chair of the department.



**Dr. Allan Goldfarb**, a Kinesiology professor, was quoted in a recent article on the Huffington Post's Healthy Living web site. The article tackled the subject of muscle fatigue in exercise.

**Dr. Lauren Haldeman**, an associate professor in the Department of Nutrition, and student Amber Haroldson received funding to study children's influence on dietary behaviors in low-income Hispanic families. The funding comes from the Mississippi State University Southern Rural Development Center to develop an obesity intervention for this target group.



**Dr. Heather Helms**, associate professor of Human Development and Family Studies, delivered the commencement address at UNCG's December 2012 commencement ceremony. Helms is also the 2011-2012 Senior Faculty Teaching Excellence Professor.

**Bill Johnson**, Student Success Coordinator in the Office of Life Planning and Personal Development, has been selected as an On Course Ambassador of the Year. On Course is an organization of more than 1,600 college and university educators. It focuses on professional development and innovative strategies to help students achieve greater success in their academic, personal and professional lives.

**Dr. Sharon Morrison**, associate professor in the Department of Public Health Education, was recently interviewed by WFMY-News 2 about flu prevention. An estimated 25,000 people watched the news program.

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*Associate Dean Dr. Kathleen Williams (right) presents Caroline Pittman (left) with the 2012-13 HHS Outstanding Staff Award*



*Williams presents Dr. Chris Rhea (left) with the HHS Junior Research Award*

# AWARDS

## SEVERAL HHS FACULTY RECEIVED AWARDS DURING UNCG'S 2012 FACULTY AND STAFF EXCELLENCE AWARDS CEREMONY. THEY INCLUDED:

- Dr. Heather Helms**, associate professor of Human Development and Family Studies, who received the Alumni Teaching Excellence Award.
- Dr. Esther Leerkes**, an associate professor in Human Development & Family Studies, who received the Junior Research Excellence Award.
- Dr. Tom Martinek**, a professor in the Department of Kinesiology, who received the Gladys Strawn Bullard Award for his work with the UNCG Middle College.

## ALL HHS AWARD WINNERS:

- Dr. Anne Fletcher**, HDF, received the HHS/UNCG Teaching Excellence Award.
- Dr. Paul Davis**, KIN, received the Gail Hennis Graduate Teaching Excellence Award.
- Dr. Kelly Rulison**, PHE, received the Mary Frances Stone Teaching Excellence Award.
- Caroline Pittman**, CSD, received the Outstanding Staff Award.
- Dr. Andrea Hunter**, HDF, received the Contributions to Diversity Award.
- Dr. Tom Martinek**, KIN, received the Community Engaged Scholar Award.
- Dr. Jenny Etnier**, KIN, received the Graduate Mentoring Award.
- Dr. Chris Rhea**, KIN, received the Junior Research Award.
- Dr. Cathy Ennis**, KIN, received the Senior Research Award.



*Davis*



*Rulison*

## CSD Has New Interim Chair

**Dr. Denise Tucker**, an associate professor of audiology, has been named interim chair of the Department of Communication Sciences and Disorders. Her appointment is for one year.

Dr. Tucker joined the faculty at UNCG in August 1993, having received her doctorate from the University of Virginia. Her research interests include auditory evoked responses, auditory middle latency response, brainmapping and tinnitus.

**Dr. Kristine Lundgren**, the former chair and an associate professor in the department, has been very active in research related to head injury, and she would like to focus on that research. Her areas of interest include cognitive-linguistic disorders in adults with acquired traumatic brain injury (TBI) and in adults with right hemisphere damage (RHD), the use of complementary alternative approaches to treating communication disorders, and narrative and discourse impairments in individuals with acquired brain injury.



**Dr. Chris Payne**, a professor of Human Development and Family Studies and director of the Center for Youth, Family and Community Partnerships, received supplemental funding from the University of Virginia for the project "Banking Time: Supporting the Social Emotional Development of Young Children through Positive Teacher-Child Relationships." The goal is to evaluate the effect of a preschool-based intervention, called Banking Time, for children who display significant classroom behavior problems, including aggression, low frustration tolerance, non-compliance and impulsivity.

**Dr. Mike Perko**, an associate professor in the Department of Public Health Education, was recently interviewed by WFMY News 2 and WGHP Fox News regarding children using performance enhancing supplements in sports. Perko, who was part of a study that surveyed children on this issue, said more than 1.1 million children, with an average age of 10, reported taking some sports-related supplement.



**Dr. Jay Poole**, an assistant professor in Social Work, received continuation of funding for the Congregational Social Work Education Initiative from the Cone Health Foundation. The program offers an integrated care, community-based model to provide healthcare and other support, including housing, for vulnerable population groups.

**Jack Register**, AP Assistant Professor in the Department of Social Work, recently received the Excellence in Teaching Award from the National Honor Society. He was nominated for the award by his students.



**Amy Strickland**, an AP Assistant Professor in Nutrition and director of the Didactic Program in Dietetics, has received the Outstanding Dietetics Educator Award from the North Carolina Dietetic Association. The award recognizes innovative teaching, mentoring and leadership.



## PHE Poster Presentations

**Dr. Robert Strack (PHE)** (left) at PHE poster presentations in Cone Ballroom

## In Memoriam

**Karen Dene Long '70, MA '72 CSD**, of Greensboro, died on Feb. 10, 2013. She was 64.

A Forsyth County native, Karen owned Long Associates Communications Disorders and Voice-Ergonomics. She was deeply committed to her patients and clients throughout her 40-year career as a speech language pathologist. She enjoyed painting water colors, gardening, entertaining close friends, having vibrant political debates and visiting Sunset Beach, NC. She was also actively involved in the American Speech-Language-Hearing Association.

Karen is survived by a host of dear friends, neighbors and her loving pet, Annabelle.

In lieu of flowers, memorial donations may be given to Holy Trinity Episcopal Church, 907 N. Greene St, Pastoral Services Fund, Greensboro, NC 27401 NC; or to the Wounded Warrior Project.org, PO Box 758517, Topeka, KS 66675.

**Ruth Rogers Magher '39**, of Spartanburg, SC, died Feb. 4, 2013. She was 94.

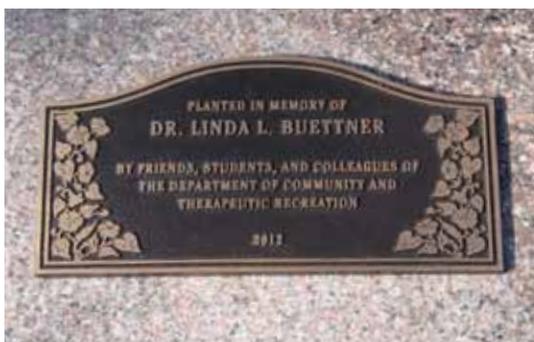
Born in Haywood County, NC, she received her bachelor's degree in physical education and completed graduate work at UNC-Chapel Hill and John Hopkins University. She then began her life-long relationship with the American Red Cross, serving on the faculty of 58 National Aquatic Schools. She also taught at Louisburg College and at YWCAs in Norfolk, VA, Baltimore, MD, Oklahoma City, OK, and Charlotte, NC.

She served 26 years as an associate professor and head of the Physical Education Department at Queen's College in Charlotte.

She is survived by two daughters, Gail M. Dove and her husband John Dove of Elizabethtown, and Tena Magher of Spartanburg, SC; a sister, Dorothy Greenleaf of Waynesville; and seven nephews and nieces, including Barbara Kucharczyk '70.

In lieu of flowers, memorials may be made to Disaster Service, the Piedmont Chapter of the American Red Cross, 104 Garner Road, Spartanburg, SC 29303-3149; or the Spartanburg Humane Society, 150 Dexter Road, Spartanburg, SC 29303.

*Friends and family of the late Dr. Lin Buettner (CTR) participate in the planting of a tree outside of the Therapeutic Recreation Lab (Ferguson Bldg) in her honor. Pictured: CTR Department Chair, Dr. Stuart Schleien, and CTR Professor, Dr. Leandra Bedini take their turn at the shovels.*





Share Your News

**WANT TO READ MORE ABOUT YOUR DEPARTMENT IN HHS ONLINE?** Share your good news with Michael Scotto, Facilities and Communications Manager, at [mfscotto@uncg.edu](mailto:mfscotto@uncg.edu).

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