

CURRICULUM VITAE

Debra A. Neblett, PhD, RN, ANP-BC, BC-ADM

daneblet@uncg.edu

EDUCATION:

2022	Doctor of Philosophy	University of North Carolina - Greensboro Greensboro, NC	Nursing
1998	Master of Science	University of North Carolina - Chapel Hill Chapel Hill, NC	Nursing/Adult Nurse Practitioner
1991	Bachelor of Science	University of North Carolina - Greensboro Greensboro, NC	Nursing

LICENSURE AND PROFESSIONAL CERTIFICATION

RN Licensure: Active NC Multistate License #116841

NP Licensure: Active NC Approval #900296

Certifications:

American Nursing Credentialing Center – Adult Nurse Practitioner, ANP-BC

Initial Certification March 2001

Certificate Number 0346198

Current Certification valid from April 1, 2025 – March 31, 2030

Association of Diabetes Care and Education Specialists – Board Certified in Advanced Diabetes Management

Initial Certification June 2021

Certificate Number: 200914448

Current Certification valid June 25, 2021 – June 25, 2026

Basic Cardiac Life Support – current

ACLS Provider

ENA TNCC Provider

PROFESSIONAL EXPERIENCE

Academia

Dates	Position	Institution	Location
2025 -	Assistant Professor	University of North Carolina at Greensboro School of Nursing	Greensboro, NC
2023 - 2025	Postdoctoral Scholar	University of North Carolina at Greensboro School of Nursing	Greensboro, NC
2014 – 2015	Clinical Assistant Professor – Adjunct Faculty	North Carolina Agricultural & Technical School of Nursing	Greensboro, NC
2012 – 2014	Clinical Assistant Professor/ Coordinator for Accelerated BSN Entry Option	North Carolina Agricultural & Technical School of Nursing	Greensboro, NC
2010 – 2015	Clinical Assistant Professor	North Carolina Agricultural & Technical School of Nursing	Greensboro, NC

2010 – 2012	Assistant Coordinator for Accelerated BSN Entry Option	North Carolina Agricultural & Technical School of Nursing	Greensboro, NC
2006 – 2009	Clinical Instructor	North Carolina Agricultural & Technical School of Nursing	Greensboro, NC
2000	Clinical Instructor	Randolph Community College Department of Nursing	Asheboro, NC
1996 – 1997	Teaching Assistant – Fundamental Skills Lab	University of North Carolina – Chapel Hill School of Nursing	Chapel Hill, NC

Hospital or Affiliated Institution Appointments

Clinical Practice

Dates	Position	Institution	Location
2023 -	Adult Nurse Practitioner	Community Clinic of High Point	High Point, NC
2018 – 2022	Adult Nurse Practitioner	Atrium Wake Forest Baptist Health Transitional Care Clinic	High Point, NC
2016 – 2020	Adult Nurse Practitioner (Independent Contractor)	Your Home Advantage – Humana	Deerfield, FL
2014 – 2018	Pulmonary Clinical Nurse Specialist	Cone Health System	Greensboro, NC
2005 – 2008	Adult Nurse Practitioner	University of North Carolina –Chapel Hill, Department of Family Medicine	Chapel Hill, NC
2001 – 2005	Adult Nurse Practitioner	High Point Pulmonary	High Point, NC
2001 – 2014	Staff Nurse – ED (Relief)	Cone Health System	Greensboro, NC
1997 – 2001	Staff Nurse – Flexible Resources	Moses Cone Health System	Greensboro, NC
1995 – 1997	Staff Nurse (CC Float Pool)	Rex Healthcare	Raleigh, NC
1994 – 1995	Staff Nurse (Special Surgery ICU)	Durham Regional Hospital	Durham, NC
1992 – 1994	Staff Nurse (Surgical ICU)	Moses Cone Hospital	Greensboro, NC
1991 - 1992	Nurse Intern – Critical Care	Moses Cone Hospital	Greensboro, NC

POSTDOCTORAL SPECIFIC PROFESSIONAL DEVELOPMENT (selected)

- NINR Director’s Lecture - Ending Unequal Treatment Report: Implications for Nursing Science, Virtual, August 27, 2024
- Professional NIH Grant Development Workshop, Virtual format, Completed July 18-19, 2024
- American Academy of Nursing – Alarming Trends to Limit Health Equity, Virtual, June 17, 2024

- National Nurse-Led Care Consortium – Optimizing Nursing to Advance Health Equity in Primary Care, Virtual, May 30, 2024.
- NC Translational and Clinical Sciences (TraCS) Institute Development Biostatistics Seminar Series, Virtual format, Completed December 1, 2023
- Be a More Productive Scholar Webinar Series (5 webinars), Virtual format, Completed November 16, 2023
- NC TraCS Institute Qualitative Research Series, Virtual format, Completed September 26, 2023
- Sigma Virtual Academy: Writing for Publications (February 2023 - July 2023)
- NC TraCS Institute Development Seminar Series: Communication Skills, Virtual/in-person format, Completed May 5, 2023
- NC TraCS Institute – Engagement in Research Series, Virtual format, Completed April 12, 2023
- NIH Workshop – Inclusive Participation in Clinical Research, Virtual format, March 30-31, 2023

PROFESSIONAL DEVELOPMENT (selected)

- 2025 Nursing Science Incubator for Social Determinants of Health (SDOH) Solutions (N-SISS) Methodological Workshops and NIH Grant Development
 - Randomized Controlled Trials: A Quick Tour of Several Designs, Virtual Format, May 21, 2025
 - Drafting Innovative and Impactful Specific Aims, Virtual format, April 9, 2025
- American Diabetes Association 85th Scientific Sessions, June 20-23, 2025, Chicago, IL.
- NINR’s 2025 Artificial Intelligence Bootcamp, Virtual format, June 2-3, 2025
- Cone Health’s Second Annual Health Equity Summit, Building a Business Case for Health Equity, May 2, 2025, Greensboro, NC
- ADCES (Association of Diabetes Care and Education Specialists) Conference. August 8-12, 2024. New Orleans, LA.
- Southern Nursing Research Society 38th Annual Conference. February 21-23, Charlotte, NC
- 25th Annual Diabetes Management Conference (2023). November 24, 2023. Winston-Salem, NC.
- Patient-centered Outcomes Research Institute (PCORI) Annual Meeting. Virtual format, October 4, 2023
- 2023 Council for the Advancement of Nursing Science Advanced Methods Conference. Virtual format, September 13, 2023
- ADCES (Association of Diabetes Care and Education Specialists) Conference. August 4-7, 2023. Houston, TX
- NIH Grants Conference. Virtual format, February 1-2, 2023
- Patient-centered Outcomes Research Institute (PCORI) Annual Meeting. Virtual format, October 26-27, 2022
- Intermediate Qualtrics Workshop. UNC-Greensboro, June 2022
- Cayuse Human Ethics Training. UNC-Greensboro, April 2021
- Introduction to Online Survey Using Qualtrics, April 2021
- ADCES (Association of Diabetes Care and Education Specialists) CORE Concepts. Online Course, July - September 2020
- CITI Training, July 2020 (expires July 2025)

HONORS/AWARDS/RECOGNITIONS

2025	ADA Scholars Program
2025	Inaugural Cohort for Nursing Science Incubator for Social Determinants of Health Solutions Fellowship – Institute of Policy Solutions at Johns Hopkins School of Nursing
2023	North Carolina ADCES 2023 Annual Conference Scholarship, August 2023, Houston, TX
2023	PhD/DNP Award - The University of North Carolina at Greensboro School of Nursing, Sigma Theta Tau International Gamma Zeta Chapter, Greensboro, NC

- 2023 Excellence in Nursing Outstanding Dissertation Award, Sigma Theta Tau International Gamma Zeta Chapter, Greensboro, NC
- 2023 Union Baptist Church Jamestown High Point Women of Excellence Award; “Recognition to Your Ongoing Commitment and Dedicated Service to Health Care,” High Point, NC
- 2015 Southern Correctional Institution Community Volunteer of the Year, Troy, NC
- 2014 Certificate of Appreciation for Excellent Work in the Accelerated BSN Entry Option from Spring 2010 to Spring 2014, Greensboro, NC
- 2008 Sigma Theta Tau Induction – Mu Tau Chapter, Greensboro, NC

PROFESSIONAL AND LEARNED SOCIETIES

- 2020 – Association of Diabetes Care & Education Specialists
- 2008 – Sigma Theta Tau International Honor Society
Mu Tau Chapter (2008 – Present)
Gamma Zeta Chapter (2022 – Present)
- 2001 – North Carolina Nurses Association
- 2001 – American Nurses Association
- 2001 – American Academy of Nurse Practitioners

PUBLICATIONS

***Data-based**

Peer-Reviewed Manuscripts

***Neblett, D. A.,** McCoy, T. P., Kennedy-Malone, L., Wallace, D. C., & Morrison, S. D. (2024). Self-care of diabetes and diabetes distress in Non-Hispanic Black adults with type 2 diabetes. *The Science of Diabetes Self-Management and Care*, 26350106241249157. <https://doi.org/10.1177/26350106241249157>

Neblett, D. A., & Kennedy-Malone, L. (2024). Establishing and affirming social connections: Recruiting Non-Hispanic Black adults with type 2 diabetes. *Clinical Nursing Research*, 10547738231216530. <https://doi.org/10.1177/10547738231216530>

Neblett, D., & Williams, W. M. (2023). Interventions Addressing Breast Cancer Mammography Screening Barriers in Non-Hispanic Black Women: An Integrative Review. *Cancer Health Disparities*, 7. <https://companyofscientists.com>

Bagwell, D., Hall, N.R, Worsley, T., & **Neblett, D. A.** (2022). Critical race theory and mixed methods in educational research: A scoping review. *International Journal of Multiple Research Approaches*, 14(1), 2–17. <https://doi.org/10.29034/ijmra.v14n1a1>

Dissertation

- 2022 “The Relationship Between Self-Care of Diabetes and Diabetes Distress in Non-Hispanic Black Adults Living with Type 2 Diabetes” – Research Study for the degree of Doctor of Philosophy from the Department of Nursing at UNC-Greensboro

Master’s Graduate Project

- 1998 “Do Cardiovascular Disease Risk Factors and Nutrient Intake Vary by Degree of Obesity?” by Teresa Napier and Debra Neblett Blackwell - Research Project for the degree of Master of Science in Nursing from the Department of Nursing at UNC-Chapel Hill

RESEARCH AND SCHOLARSHIP

Area of Research Interest

Primary Care - Adults
Type 2 Diabetes
Diabetes Self-Management, Education, and Support (DSMES) utilization
Diabetes Self-Care
Diabetes Distress
Health Inequity/SDOH
Implementation of Tailored Behavioral Interventions
Recruitment of Understudied Populations in Clinical Research
Population of Interest: Non-Hispanic Black Adults

Research Experience

2022 **Principal Investigator**, Dissertation Study: The Relationship Between Self-Care of Diabetes and Diabetes Distress in Non-Hispanic Black Adults Living with Type 2 Diabetes, UNC-Greensboro, Greensboro, NC
2020 – 2022 **Graduate Research Assistant** – School of Nursing
University of North Carolina – Greensboro, Greensboro, NC

Research Funding

Grants Submitted/Not Funded

2024 **NIH/NIMHD: R21**
Title: Examining the Feasibility of Implementing Coaching Sessions After DSMES With Non-Hispanic Black Adults with Type 2 Diabetes: A Pilot Study, \$275,000
Role: PI

PRESENTATIONS (*Peer-Reviewed and °Invited)

National/Regional/Local

°Neblett, D.A. (October 2024). Grant Writing. Lunch and Learn Nursing Faculty Seminar, UNCG School of Nursing, Greensboro, NC (Presenter).

*Neblett, D.A. (2024). Implement Strategies to Recruit Non-Hispanic Black Adults with T2D for Research Studies. Association of Diabetes Care & Education Specialists, New Orleans (podium presentation).

°Neblett, D.A. (2024). I Want to be Published! How Do I Get Started? Carolinas Chapter of Gerontological Advanced Practice Nurses Association 15th Annual Conference, Raleigh, NC (podium presentation).

*Neblett, D.A., Kennedy-Malone, L., McCoy, T., Wallace, D. & Morrison, S.(2024). Self-Care of Diabetes and Diabetes Distress in Non-Hispanic Black Adults Living with Type 2 Diabetes. Southern Nursing Research Society 38th Annual Conference, Charlotte, NC (podium presentation).

*Neblett, D.A., Kennedy-Malone, L., McCoy, T., Wallace, D. & Morrison, S.(August 2023). Diabetes Distress and Self-Care of Diabetes in Non-Hispanic Black Adults Living with T2D. Association of Diabetes Care & Education Specialists, Houston, TX (poster presentation).

*Neblett, D.A., Kennedy-Malone, L., McCoy, T., Wallace, D. & Morrison, S.(April 2023). Self-Care of Diabetes and Diabetes Distress in Non-Hispanic Black Adults Living with Type 2 Diabetes. Research, Scholarship, and Innovation Showcase, School of Nursing, The University of North Carolina at Greensboro, Greensboro, NC (digital poster presentation).

°Neblett, D.A. (November 2022). Getting the Peeps: My Recruitment Experience, UNCG School of Nursing PhD Seminar, Greensboro, NC (presentation).

°Neblett, D.A. (October 2022). Panel for PhD Students on Preliminary Exam Success, UNCG School of Nursing PhD Seminar, Greensboro, NC (Panelist).

°Neblett, D.A. (2018). Steppin' it Up! Moving our Patients One Step at a Time. Innovations in Critical Care – American Association of Critical Care Nurses -Gate City Chapter/Cone Health System, Greensboro, NC (podium presentation).

*Neblett, D.A., White, D., Mickley, P., Shrestha, S., Minor, A., Hood, T., Crite, T., & Ward, J. (2017). Steppin' It UP! - How does the implementation of focused education impact nursing staff perception, comfort level, and utilization of progressive mobility interventions? 6th Annual Cone Health/AHEC Research Symposium, Greensboro, NC (poster presentation).

*Neblett, D.A. (2009). Scenario Development: From Conception to Delivery. You Bought the Manikin, Now What? Best Practices in Simulation Education Conference, Greensboro, NC (podium presentation).

°Neblett, D.A. (2009). Career Exploration in Nursing. NC A&T School of Nursing, Greensboro, NC (Panelist).

°Neblett, D.A. (2008). Integrating Technology into Pharmacology. Health Information Technology Scholars Program – 2008 HITS Scholar. The University of Kansas, Lawrence, KS (podium presentation).

°Neblett, D.A. (2003). Asthma: Improving Diagnosis and Treatment. Primary Care Network – continuing education programs, High Point, NC (sponsored dinner presentations).

TEACHING EXPERIENCE

2022 Tutor for Undergraduate Nursing Students Summer/Fall Semesters – School of Nursing
University of North Carolina at Greensboro, Greensboro, NC

North Carolina A&T School of Nursing

Undergraduate Courses – Teacher of Record (TOR) for all courses

2006-2015 NURS 320 Health Assessment
NURS 320 Health Assessment Lab
NURS 325 Foundations of Professional Nursing Competency Skills Lab
NURS 335 Pharmacology
NURS 400 Adult Health I
NURS 400 Adult Health I Lab
NURS 400 Adult Health I Practicum
NURS 424 Advanced Adult Health
NURS 424 Advanced Adult Health Practicum
NURS 458 Bridge to Professional Nursing Practice
NURS 466 Transition to Professional Nursing Practice
Senior NCLEX Advisor/Coach

SERVICE

Academic Service

UNC Greensboro School of Nursing

2025 Search Committee Member for Biostatistician
2020 – 2022 Curriculum Committee – PhD Student Member

North Carolina A&T and the School of Nursing

2012 – 2014 School of Nursing Leadership Team
2012 – 2014 Accreditation Committee and Writing Team; Lead for Standard 3 of Self-Study
2012 – 2014 Curriculum Committee
2011 – 2013 Admission, Progression, and Retention Committee
2011 – 2013 Strategic Planning Committee
2011 – 2013 Website – University (School of Nursing Representative)
2009 – 2012 Planning Committee for Sigma Theta Tau Induction
2008 – 2011 Planning Committee for Research Day
2008 – 2013 Academic Programs Committee
2007 - 2014 Academic Advisor

Review Activities

2025 Health Equity – Manuscript Reviewer
2025 Practical Implementation of Nursing Science – Manuscript Reviewer
2024 Southern Nursing Research Society – Abstract Reviewer for 2025 Conference
2024 Western Journal of Nursing Research – Manuscript reviewer
2020 Faculty Mentored Journal Peer Review Opportunity,
UNC Greensboro School of Nursing, Greensboro, NC

Professional Service

Sigma Theta Tau International Nursing Honor Society

2023- Gamma Zeta Chapter, Ruth P. Council Committee Chair
2014 – 2017 Mu Tau Chapter, Leadership Succession Committee Chair
2009 – 2011 Mu Tau Chapter, Vice President
2011 Mu Tau Chapter, Convention Delegate

North Carolina Nurses Association

2012 Convention Delegate
2008 – 2011 District 8 Director

North Carolina Diabetes Advisory Council

2025 Member

Community Service

2006 – 2020 NC Department of Public Safety Volunteer
2015 – Licensed Minister, Mount Zion Baptist Church. Greensboro, NC
2020 Flu Clinic Episcopal Church of the Holy Spirit, Greensboro, NC

Community Health Presentations

2023 “Type 2 Diabetes: Prevention and Self-Management What is My Role?”
Wake Johnston Fellowship Program
Bazzel Creek Missionary Baptist Church
Fuquay-Varina, NC

“Type 2 Diabetes: Prevention and Self-Management What is My Role?”
Cassia’s Family Retreat Center
Virtual Format