

NC DPI ECD Technical Assistance for EC Directors, Administrators & Related Service Providers

Not muting your mic is the new reply all

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Introducing... Bridgette LeCompte!!

and
Happy Occupational Therapy Month!
Marking Autism Month!



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Self-Care = Critical Priority!

- Take this time as a chance to reset our perspective
- Stretch, move, take a walk, dance
- Engage in meaningful occupations
- Remember workplace ergonomics
- Drink water and eat healthy
- Take deep breaths
- Rest and relax
- Be mindful, not mind full (focus on "what is" rather than "what if")
- Give yourself grace
- Enjoy the little moments
- Get outside, play
- Laugh with friends, family, colleagues, students, and families

- OSHA-workstation checklist
- OSHA-workstation environment
- Movement @ Workstation- take [micro breaks!](#)
- [Free YMCA Workouts](#)
- CASEL Webinar:
 - [Strategies for Being Your Best 'SELf'](#)
 - [Webinar slides](#)
- [NASP Self-Care Resources](#)
- [7 Types of Self-care Activities for Coping with Stress](#)
- [Developing a Self-care Plan](#)
- [Five Steps to Mindfulness](#)

APRIL 6-9:
JOIN THE IABS DIVISION TWITTER SLOW CHAT
[Adult SEL and The Importance of Self-Care](#)
Slow Chat 101 Guide linked [here](#)

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More Self Care Resources

- [Virtual field trips](#)
- [Virtual Broadway shows](#)
- [Virtual concerts](#)
- Virtual tours:
 - [Kentucky horse farm](#)
 - [US National Parks](#)
- [Live stream the Northern Lights](#)
- [Every single episode of the French Chef with Julia Childs](#)
- [Cowboy Museum Head of Security Tweets](#)
- [Free Daily Kid Workouts with National PE Teacher of the Year](#)
- [Schoolhouse ROCKS! Complete Series](#)
- [NY Public Library- Download >300,000 books](#)

On a scale of birthday cake, how are you feeling today?



[all links here]

bit.ly/iADLs

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Your hard work is evident,
you are valuable,
you are important, and
you are greatly appreciated!

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The Big Picture...

- Virtual related services should be educationally relevant and support appropriate and reasonable educational/instructional efforts
- Adhere to discipline specific professional standards of practice & ethical guidelines
- Comply with LEA, district, state and federal regulation, policy and directives
- Problem-solve and collaborate within your LEA/district
- Be thoughtful and deliberate; employ your best clinical reasoning
 - Do the 'MOST GOOD'
- Each student, Individualized Education Program (IEP), situation and intervention must be thoughtfully considered
- No single 'answer' can address all situations
- Act in the best interest of the student(s)

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NC DPI ECD
Virtual Related
Service
Guidance

A responsive
document:

https://drive.google.com/file/d/1_iUqnG1ph5LVKSIscD1ywYJNSy5JS3/view?usp=sharing

VIRTUAL RELATED SERVICE GUIDANCE AND RESOURCES FOR RELATED SERVICE PROVIDERS IN NC PUBLIC SCHOOLS

NORTH CAROLINA DEPARTMENT OF PUBLIC INSTRUCTION
EXCEPTIONAL CHILDREN DIVISION, SUPPORTING TEACHING AND RELATED SERVICE SECTION
AND DISCIPLINE SUPPORT AND ASSISTIVE TECHNOLOGY SECTION

In addition to adhering to discipline specific professional standards of practice and ethical guidelines, everyone must comply with their LEA, district, state and federal regulation, policy and directives. Related service providers must not violate any practice without consideration of legal and ethical principles, and approval from their administration and supervisors. This is not a driver to problem-solve on your own. Resources included in this document are provided as information to support planning efforts at the local level. Work within your school/district/EA and administrative structures to ensure compliance, thoughtful, measured action or feedback.

• Each student, individualized education program (IEP), situation and intervention must be thoughtfully considered with applied clinical reasoning. There is no single 'answer' which sufficiently addresses all situations. This document will be updated [regularly](#) as new information becomes available.

Please note that the terms telehealth, telepractice, teletherapy, telehabilitation and the like are used throughout this document. The organizations that support each professional area of related service(s) adhere to own terminology. There is a recognition that these services are only used in health care settings; however, any of these terms can and do represent services that are provided in educational settings. Virtual Related Service (VRS) is the term that the NC DPI Division will use to encourage service delivery provided virtually by related service providers.

Considerations & Decision-Making

*Refer to our guidance from the NC DPI ECD Division, whether or not VRS is an appropriate service delivery option (based on need) or a core-to-core block.

Each student and context must be assessed through each related service provider's ethical and clinical reasoning to decide if VRS would be appropriate for service delivery. Considerations may include but are not limited to:

- Nature and complexity of the planned intervention
- Requirements of a tool-based practice
- Appropriate qualification and/or training for on-site a helper
- Consensus of IEP team, student, family and a helper
- Competence and fluency with technology (student, parent/family, or helper) & related service providers
- Student specific, information, environment, content
- Compliance with laws, regulations, and policy at the federal, state, and local level

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Your top questions...

What virtual platform can/should we use?

Do we have to comply with HIPAA?

Do we need to do evaluations? re-evaluations?

Is parent consent required for VRS?

What 'counts' for the IEP?

Are we required to continue providing VRS based on the student's IEP frequency?

If a student has an abbreviated instructional day, does that apply to related services as well?

How do we provide direct virtual related services? SAS?

How do we document VRS? Can Medicaid be billed for VRS?


What about compensatory services?

What system level supports can we provide virtually?

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Do the Most Good...

- Something is better than NO thing
- Analysis, not paralysis, this paradigm shift is more new, unknown vs. difficult
- How should you move your practice forward?
- Focus on what we do know/what we can do vs. what cannot work/what we cannot do
- Administration, parents, students and RSPs can work this out together!



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Discipline Specific Virtual Technical Assistance: [in 1 Week-4/8/2020]

- 11am= OT
- 12pm= PT
- 1pm= School Psychology
- 2pm= SLP & Audiology

Please review FAQ/Monday THEN respond to survey, if needed, by 12noon Tuesday (4/7)

**NC DPI Exceptional Children Division
Technical Assistance for
EC Directors & Related
Service Providers**

- This session will respond to questions from the field. It will be recorded and posted.
- Registration is not required or limited.
- No CEUs will be provided for this session. (Individuals may submit for credit to the appropriate Board person.)

Discipline specific 45 minute sessions will be held subsequently (recorded/posted and no registration or CEUs) on Wednesday, April 8, 2020:

- Occupational Therapy: 11-00 am
- Physical Therapy: 12-00 pm
- School Psychology: 1-00 pm
- Speech-Language Pathology & Audiology: 2-00pm

You are encouraged to **Engage Some** **Stretching** during virtual meetings and **prioritize self-care!**

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Your Related Service Provider Consultants

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