

# Christy Morley, MSN, RN, PMHBC

## Education

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### University of North Carolina at Greensboro

*Ph.D. in Nursing*

Anticipated May 2026

### University of North Carolina at Charlotte

*Master of Science in Nursing – Systems and Populations - Educator, GPA 4.0*

December 2022

### University of North Carolina at Wilmington

*Bachelor of Science in Nursing, GPA 4.0*

December 2020

### Rowan-Cabarrus Community College

*Associate in Applied Science in Nursing, GPA 3.9*

May 2018

### Rhode Island College

*Bachelor of Arts in Chemistry, GPA 3.2*

May 2001

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## Professional Experience: Nurse and Educator

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### University of North Carolina at Greensboro, Greensboro, NC

August 2023 – present

#### *Graduate Research Assistant*

- Perform literature reviews
- Collect and analyze data
- Review and edit draft articles

### Atrium Health Cabarrus, Concord, NC

September 2023 – present

#### *Registered Nurse – Emergency Department*

- Prioritize patient care based on severity of illness.
- Create and maintain patient records.
- Assess patients for placement on inpatient units.
- Communicated with interprofessional team to meet needs to patients.
- Educated patients on health conditions, treatments, and discharge process.

**Rowan-Cabarrus Community College, Salisbury, NC***Nursing Clinical Instructor*

January 2022 – December 2022

- Facilitate hands-on clinical instruction and supervision for students on a medical-surgical observation unit.
- Develop critical thinking skills through roundtable discussions and use of Tanner's Model.
- Assess student abilities based on rubric to evaluate clinical expectations.
- Facilitate pre- and post-conference with students to discuss learning experiences.
- Assess student knowledge of medications, pathophysiology of disease processes, and development of nursing care plans.

**Atrium Health Behavioral Health Charlotte, Charlotte, NC***Clinical Supervisor – Unit Educator*

December 2022 – August 2023

- Provide educational leadership to 98 nursing staff to enhance specialized patient care.
- Collaborate with medical providers, patient care staff, and nursing leadership in the planning, implementation, and delivery of education.
- Educates nursing staff on new equipment, supplies, and instruments.
- Develops patient care plans incorporating evidence-based research and national standards.
- Supervised 93 nurses and psychiatric care technicians to ensure education and training requirements were up to date.
- Provided onboarding education for all nursing staff and validated new staff on nursing skills.

*Registered Nurse*

June 2021 – August 2023

- Primary RN in pediatric behavioral health holding.
- Prioritize patient care based on severity of illness.
- Create and maintain patient records.
- Assess patients for placement on inpatient units.
- Appointed SuperUser for Epic patient care platform.

*Nurse Preceptor*

November 2021 – August 2023

- Assess new nurse knowledge of hospital policy and procedures.
- Coach preceptees with learning processes for observation patients.
- Recommend placement on shift once training completed.

**Novant Health Rowan Medical Center, Salisbury, NC***Assistant Nurse Manager, Behavioral Health*

November 2020 – June 2021

- Supervised 38 nurses and nursing assistants on two twenty bed behavioral health units.
- Monitored performance and provide evaluations and coaching for staff.
- Coordinated with nurse manager to develop department goals and budget based on yearly survey results.
- Identified areas of improvements and implement evidence-based interventions.
- Communicated with interprofessional team to ensure high quality patient care.
- Prioritized scheduling needs for day shift and authorized schedules.

#### *Nurse Preceptor*

August 2019 – November 2019

- Assessed new nurse knowledge of hospital policy and procedures.
- Coached preceptees with learning processes for observation patients.
- Recommended placement on shift once training completed.

#### *Charge Nurse*

June 2019 – November 2019

- Managed staff on units with assistance of assistant manager.
- Managed patient flow to ensure smooth admission process.
- Coordinated daily staff schedule and patient assignments.
- Appointed SuperUser for Zoll Defibrillators.

#### *Registered Nurse -Emergency Department*

July 2018 – November 2019

- Provided direct care to patients.
- Communicated with interprofessional team to meet needs to patients.
- Educated patients on health conditions, treatments, and discharge process.
- Facilitated group sessions for patients while they completed inpatient treatment.
- Administered medications and monitor for side effects.
- Maintained electronic patient records.

#### **Rowan-Salisbury Schools, Carson High School, China Grove, NC**

##### *Science Teacher*

August 2006 – June 2014

- Developed lesson plans and materials for classroom instruction to meet goals using several teaching methods including lecture, discussion, group projects, hands-on activities, and demonstrations (Chemistry, Physics, Astronomy, Biology).
- Differentiated instruction by working with students and exceptional children's staff for students with learning differences.
- Assessed student learning and provide weekly feedback.
- Developed rubrics to assess student learning.
- Facilitated before and after school tutoring for science department.

##### *Advisor – National Honor Society*

- Managed student selection process for admission to National Honor Society.
- Reviewed student grades for invitation.
- Arranged and scheduled yearly induction.
- Planned service projects with student input including Thanksgiving meals for local food bank and Christmas gifts for Salvation Army.
- Kept records of individual student service hours.

*Chemical Hygiene Officer*

August 2010 – June 2014

- Organized and led yearly Safety Data Sheet Training.
- Ensured eye wash stations function within classrooms.
- Maintained lists of chemicals found within school and Safety Data Sheets for each chemical.

**Charlotte-Mecklenburg Schools, North Mecklenburg High School, Huntersville, NC**

*Earth Science Team Lead*

August 2005 – June 2006

- Developed content for county wide use with Earth Science team leads from other schools.
- Organized and planned distribution of material across the county.
- Reviewed material with Earth Science instructors at school.
- Attended training for laboratory instruction and writing lab instructions.

*Science Teacher*

August 2004 – June 2006

- Developed lesson plans and materials for classroom instruction to meet goals using several teaching methods including lecture, discussion, group projects, hands-on activities, and demonstrations (Chemistry, Earth Science, Biology).
- Developed differentiated instruction for students with learning differences.
- Assessed student learning weekly.

**New York City Public Schools, Levin School for Communications, The Bronx, NY**

*Science Teacher*

August 2003 – June 2004

- Developed lesson plans and materials for classroom instruction with co-teacher for Chemistry/Math dual lessons to improve student outcomes.
- Worked with cross curricular team to enhance across the curriculum.
- Differentiated instruction for children with learning differences.
- Assessed student learning weekly.

**Cambridge YMCA, Cambridge, MA**

*Swim Instructor/Lifeguard*

September 2001 – December 2002

- Instruct 5–12-year-olds in introductory to intermediate level swimming (SKIPPERS).
- Evaluate child ability and recommend next class level.
- Open and close pool according to scheduled hours.
- Monitor and treat pool water.
- Monitor pool area for safety.

**Kent County YMCA, Warwick, RI**

*Swim Instructor/Lifeguard/Summer Camp Counselor*

April 1999 – August 2001

- Develop camp themes around water activities
- Instruct 3–7-year-olds in introductory swimming (SKIPPERS).
- Evaluate child ability and recommend next class level.
- Open and close the pool according to scheduled hours.
- Monitor and treat pool water.
- Monitor pool area for safety.
- Organize and supervise outdoor pool activities during summer months.

**Licenses and Certifications**

Registered Nurse – North Carolina

Expires 12/2025

Board Certification, Psychiatric Mental Health

Expires 12/2026

Basic Life Support

Expires 01/2025

Nonviolent Crisis Intervention

Expires 06/2024

200 Hour Yoga Teacher Training (RYT200)

Completed 01/2023

95 Hour Children's Yoga Teacher (RCYT)

In Progress

**Honors and Awards**

**MSN Excellence in Dedication to Serving the Profession Award**

*University of North Carolina at Charlotte*

Morley

December 2022

Recognizing an MSN graduate who has demonstrated excellence in their area of clinical practice, a commitment to life-long education, and exemplary contributions to the nursing profession and their community.

### **Values in Action – Gold Level for Commitment and Caring**

*Atrium Health Behavioral Health Charlotte, Charlotte, NC*

February 2022

“The faculty of NUR 160 would like to recognize Christy Morley. Christy is an expert speaker on grief and is able to present perinatal loss and grief to our nursing students to ensure they become compassionate health care practitioners for Atrium in the future. Christy also covers topics of health care disparity and the startling statistics of loss women of color suffer. We thank Christy for her time and important work.”  
– Nominated by Sarah Scibetta

### **NYC Teaching Fellows**

*City College of New York, New York, NY*

2003 – 2004

The NYC Teaching Fellows program prepares college graduates to become classroom teachers in high need areas like math, science, and special education at Title I schools. Fellows complete a teacher certification and begin coursework toward a Master’s in Education.

### **Publications and Presentations**

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*Save Your Back: Comparison of the compressive force on the back based on differences in training techniques.*

Journal of Emergency Nursing

DOI: 10.1016/j.jen.2023.12.009

December 2023

*Utilizing Nursing Psychoeducational Groups to Increase Patient Engagement*

Sigma Theta Tau International Poster Presentation

University of North Carolina at Charlotte, Charlotte, NC

April 2023

*Implementing Suicide Scales in Pediatric Emergency Departments*

Sigma Theta Tau International Poster Presentation

University of North Carolina at Charlotte, Charlotte, NC

November 2022

*The Impact of Misgendering on Transitioning Patients*

Atrium Health Behavioral Health Charlotte (Inservice), Charlotte, NC

March 2022

*Psychoeducational Groups for Nurses*

Morley

Rebound Behavioral Health (Inservice), Lancaster, SC

December 2021

*Reducing Fall Risks at Home*

Cannon Memorial YMCA (Silver Sneakers Presentation), Kannapolis, NC

July 2019

*Eating Healthy for a Better You*

Rowan-Cabarrus Community College (College Health Fair), Salisbury, NC

May 2017

*Sleep Tight, All Night*

Rowan-Cabarrus Community College (STEM Open House), Salisbury, NC

April 2017

**Memberships and Affiliations**

- Society of Pediatric Nurses (2023-present)
- Graduate Nursing Student Academy (2023 – present)
- Yoga Alliance (2023 – present)
- National Alliance on Mental Illness (member) (2023 – present)
- American Psychiatric Nurses Association (2019 – present)
- North Carolina Nurses Association (2020 – present)
- American Nurses Association (2020 - present)
- Phi Theta Kappa Honor Society, Beta Tau Chapter (2017-2018)
- Alpha Delta Nu Nursing Honor Society, Gamma Nu Chapter (2017-2018)
  - Chapter President, 2017-2018
- Sigma Theta Tau International Nursing Honor Society, Nu Omega Chapter (2019-2021); Gamma Iota Chapter, Board Secretary (2021-2023)

**Volunteer Service****Girl Scouts USA, Hornet's Nest Council**, Charlotte, NC*Troop Leader/First Aider*

April 2016 – present

- Facilitate meetings for girls to encourage growth of leadership skills
- Assist girls with Bronze, Silver, and Gold Award development within the troop
- Develop lessons for girls to earn badges
- Manage inventory of 5500 boxes of cookies
- Organize multiple outings to include girls and other volunteers
- Maintain first aid kit and girls' medical records for camping and other trips