

Rebecca Garrett Nelson, DNP, MSN, FNP-BC, RN

Education

UNC-Greensboro / DNP

Greensboro, North Carolina
Graduated May 2024

UNC-Chapel Hill / Post Master's FNP

Chapel Hill, North Carolina
Graduated 2010

Duke University / Master's in Nursing Education

Durham, North Carolina
Graduated 2007

UNC-Charlotte / Bachelor of Science in Nursing

Charlotte, North Carolina
Graduated 1997

Meredith College / Bachelor of Arts in Psychology

Raleigh, North Carolina
Graduated 1994

Advanced Practice Nursing Experience

Ravenscroft School / Raleigh, North Carolina

Family Nurse Practitioner / Director of Health Services
8/2016 - current day (40 hours/weeks)

Provide care at an Independent School: preK-12, +1200 students, +200 faculty/staff. Routine first aid care and triage of student complaints: review histories, collect HPI and ROS, complete physical exams, and discuss care with families. Coordinated care with medical providers and assisted in the management of chronic conditions. Large focus on applying evidence-based practice to school policies and procedures around health, wellness, and nutrition. Large and expanding education role with students, faculty, and families. Occupational health: injury management/triage, health/wellness promotion, and coordination of on-campus vaccination programs. I played a pivotal role in adopting public health measures to minimize the spread of COVID-19 on campus, allowing students and faculty to remain fully on campus for the 2020-21 and 2021-22 school years.

Capital Endocrine Consultants / Raleigh, North Carolina

Family Nurse Practitioner

12/2010 - 8/2016 (40 hours/weeks)

Provided inpatient endocrine care at four large hospitals. Completed consults, reviewed histories, collected HPI and ROS, completed physical exams, developed a comprehensive plan-of-care, entered orders, and coordinated care with other providers. Focus on inpatient diabetic management, emphasizing tight glycemic control to optimize patient outcomes. Coordinated discharge planning and follow-up. Worked closely with DM educators, nurses, nutritionists, and other providers.

Nurse Educator Experience

ECPI / Raleigh, North Carolina Campus

Part-time LPN faculty
8/2007- 8/2008 (15 hours/ week)

Course and assessment development, preparing/delivering in-class lectures, preparing/delivering lab-based instruction and assessments, developing/set up/running simulation lab, and supervising students at clinical sites (long-term care and rehab).

Past Nursing Experience

Capitol Pediatrics and Adolescent Center / Raleigh, North Carolina

Staff Nurse

1/1998- 7/2000 (40 hours/weeks)

Staff nurse at a busy pediatric practice. Seeing patients from newborn to college age. +8 providers. Triage, phone triage, collecting vital signs/height/weight/head circumference, collected study data, running pulmonary function tests, completed hearing and vision screening, taking/documentation histories/chief complaints, vaccine administration/documentation, medication administration, patient education, collected labs (blood draws, finger/heel sticks and catheterizations), coordination of care with outside providers.

Duke Medical Center, NICU (newborn intensive care unit) / Durham, North Carolina

Staff Nurse

10/1997-1/1998 (40 hours/weeks)

Staff nurse at a level 1 NICU. Direct patient care with premature infants and critically ill neonates: assessment, monitoring, medication administration, skin care. Participated on patient-centered care teams with physicians, respiratory therapists, pharmacists, nutritionists, social workers, support staff, and families.

Additional Information

Registered Nurse in North Carolina

Registered as a Family Nurse Practitioner in North Carolina

Maintain FNP certification through the ANCC