

Michelle Y. Martin Romero (she/her/ella)

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Education

- 2018 Ph.D. in Biobehavioral Health, The Pennsylvania State University
Dissertation: *A Socio-Ecocultural Exploration of the Role of Latinx Youth in Family Food Practices*
Committee: Lori A. Francis, Shedra Amy Snipes, Linda A. Wray, Mayra Bámaca, Robert Schrauf
- 2014 M.S. in Biobehavioral Health, The Pennsylvania State University
Thesis: *Relations between Cardiometabolic Health and Familial U.S. Migration History among Adults in El Salvador*
- 2012 B.S. in Health Education with Minor in Family, Youth, & Community Sciences, *summa cum laude*, University of Florida

Academic and Research Experience

- 2020- Assistant Professor (Tenure-Track), Department of Public Health Education
University of North Carolina at Greensboro
- 2018-2020 NIH T32 Postdoctoral Fellow
Center for Developmental Science and Frank Porter Graham Child Development Institute,
University of North Carolina at Chapel Hill
(Mentors: *Gabriela Livas Stein; Linda M. Burton (2018-2019) and Elan Hope (2019-2020)*)
- 2012-2018 National Science Foundation Graduate Research Fellow, The Pennsylvania State University

Honors and Awards

- 2024-26 Fellow, APA Leadership Education and Advancement Program (LEAP) for Early Career Scholars
- 2023 Building Collaborations Initiative Travel Award, Health and Human Sciences OOR, UNC Greensboro
- 2022-23 Curriculum Development Award, Undergraduate Research Program, The UNC System
- 2020 Fellow, Child and Family Research Network (CFRN), UNC Greensboro
- 2020 Emerging Scholar Student Travel Award, Society for Research on Adolescence
- 2018 Alumni Association Dissertation Award, Penn State University
- 2013-18 Fellow, National Science Foundation Graduate Research Program
- 2017 Outstanding Student Paper Award, American Public Health Association Latino Caucus
- 2017 Fahs-Beck Fund for Research and Experimentation Dissertation Award, NY Trust
- 2013 Top 20 under 30 Alumni Recognition, University of Florida
- 2012-13 Bunton-Waller Graduate Fellowship Award, Penn State University
- 2012 Undergraduate Student of the Year, Health Education and Behavior, University of Florida
- 2011 Scholar, Big Ten Academic Alliance Summer Research Opportunities Program
- 2010-12 Ronald E. McNair Research Scholar, University of Florida

Grant Funding

Active Grants

Office of Research & Engagement, UNC Greensboro (Co-PIs: Martin Romero, M. & Morrison, S.D.)

03/01/2024- 07/01/2026

Examining the Physical Embodiment of Resistance and its Links to the Health and Wellbeing of Black and Brown Women Engaged in Racial Justice Work

Role: Co-Principal Investigator

Amount Awarded: \$10,000

William T. Grant Foundation (PI: Stein, G.L.)

07/01/2022- 06/30/2026

One Talk at a Time: A racial-ethnic socialization intervention for diverse families to reduce psychosocial inequalities

Role: Co-Investigator

Amount Awarded: \$599,999

Recently Completed Grants

Child and Family Research Network, UNC Greensboro (PI: Martin Romero, M.)

07/01/2022- 07/01/2024

Examining Links between Vicarious Racism, Coping, and Health among Ethnically-Racially Minoritized Emerging Adults

Role: Principal Investigator

Amount Awarded: \$5,000

NIH NICHD T32-HD07376 (Co PIs: Hussong, A. & Bauer, D.)

Human development: Interdisciplinary research training

Role: Postdoctoral Trainee

Publications

* denotes student author ; ** denotes role as lead qualitative analyst

Peer-Reviewed Publications

23. Lorenzo-Blanco, E., *Henriquez, K., **Martin Romero, M. Y.**, & Stein, G.L. (2025). "So no one feels left out:" Latinx youths' and parents' re-imagined school realities in the context of cultural stressors. *Journal of Educational Psychology*.
22. *Arnold, T., Morrison, S.D., **Martin Romero, M. Y.**, Echeverria, S.E. Zapata, S., Quandt, S. A., ... & Arcury, T. A. (2024). Essential(ly forgotten) workers: Latine youth farmworkers during the COVID-19 pandemic. *American Journal of Industrial Medicine*, 67(12), 1121-1134.
21. *Henriquez, K., Lorenzo-Blanco, E., **Martin Romero, M. Y.**, & Stein, G.L. (2024). Latinx youths' experiences of cultural stressors, emotional reactions, and coping within the family context. *Cultural Diversity and Ethnic Minority Psychology*. Special Note: Article selected as Editor's Choice in 2024.
20. Christophe, N.K., **Martin Romero, M.Y.** & Stein, G.L. (2023). Evaluating the utility and validity of a discrimination-specific measure of shift-and-persist coping. *Infant and Child Development*.
19. **Martin Romero, M.Y.**, *Johnson, D., *Mununga, E., & Stein, G.L. (2023). Exploring cross-cultural perspectives on adolescent mental health among Congolese immigrant adults in the U.S. and Belgium. *International Journal of Migration, Health and Social Care*.
18. Jensen, M., ****Martin Romero, M.Y.**, *Brown, M., *Weinstein, M., *Chan, M., & Stein, G.L. (2023). Digitally-mediated racial-ethnic socialization among Black/ African American emerging adults and their caregivers. *Journal of Adolescent Research*.
17. Coard, S., Stein, G.L., ****Martin Romero, M.Y.**, Kiang, L., & Gonzalez, L. (2023). Talking through the tough: A cross-cultural exploration of the facilitators to prep for bias conversations among families from minoritized ethnic-racial groups. *Family Process*. <https://doi.org/10.1111/famp.12878>
16. **Martin Romero, M.Y.** & Stein, G.L. (2023). Invisible targets: Conceptualizing U.S. Latine youth's exposure to family-level vicarious racism. *Child Development Perspectives*, 17 (1), 18-24. <https://doi.org/10.1111/cdep.12471>

15. Gonzalez, L., **Martin Romero, M.Y.**, Stein, G.L., Kiang, L., & Coard, S. (2022). Troubled waters: Barriers to preparation for bias conversations across racially/ethnically diverse families. *Family Relations*, 71 5, 1878-1895. <https://doi.org/10.1111/fare.12769>
14. Duell, N., Christophe, N.K., & **Martin Romero, M.Y.** (2022) Risk taking profiles among college students: An examination of health-risk taking, anti-racism action, and college functioning. *Journal of American College Health*.
13. *Patel, P., **Martin Romero, M.Y.**, Stein, G.L., & Raval, V. (2022). Promoting pride but missing the need for preparation for bias: Racial-ethnic socialization among Indian American families living in the southeast U.S. *Asian American Journal of Psychology*.
12. *Okpala, P. C., Rosario, C., Dupont-Reyes, M., **Martin Romero, M. Y.**, *Alam, M.T., *Paivanas, H., & Echeverria, S.E. (2022). Nativity status and poly tobacco use among young adults in the United States. *International Journal of Environmental Research and Public Health*.
11. Christophe, N.K., **Martin Romero, M.Y.**, & Stein, G.L. (2022). Discrimination, anxiety, and health behaviors: Examining the promotive versus protective impact of culturally-informed shift-and-persist coping. *Journal of Community Psychology*.
10. Stein, G.L., Jensen, M., Cruz, R., Christophe, N.K., **Martin Romero, M.Y.** & Robbins, R. (2022). Shift and Persist in Mexican-origin Youth: A Longitudinal Test of Depressive Symptoms. *Journal of Research on Adolescence*.
9. **Martin Romero, M.Y.**, Gonzalez, L., Stein, G.L., *Alvarado, S., Kiang, L., & Coard, S. (2022). Coping (together) with hate: Strategies used by Mexican-origin families in response to racial-ethnic discrimination. *Journal of Family Psychology*, 36(1), 3.
8. Kiang, L., **Martin Romero, M.Y.**, Stein, G.L., Coard, S., & Gonzalez, L. (2021)."We're all equal" but not really: Perceptions of racial inequity among racial-ethnic minoritized youth in the U.S. *Journal of Adolescent Research*.
7. *Christophe, N.K., **Martin Romero, M.Y.**, Hope, E., & Stein, G.L. (2021). Critical civic engagement in Black college students: Interplay between discrimination, centrality, and preparation for bias. *American Journal of Orthopsychiatry*.
6. *Christophe, N. K., Stein, G.L., **Martin Romero, M.Y.**, *Patel, P.,& *Sircar, J. (2021). Culturally-informed shift-&-persist: A higher-order factor model and prospective associations with discrimination and depressive symptoms. *Cultural Diversity and Ethnic Minority Psychology*.
5. **Martin Romero, M.Y.**, & Francis, L.A. (2020). Youth involvement in food preparation practices at home: A multi-method exploration of Latinx youth experiences and perspectives. *Appetite*.
4. *Christophe, N.K., Stein, G.L., **Martin Romero, M.Y.**, *Chan, M., Jensen, M., Gonzalez, L.M., & Kiang, L. (2019). Coping and culture: The protective effects of shift-and-persist and ethnic-racial identity on depressive symptoms in Latinx youth. *Journal of Youth and Adolescence*.
3. **Martin Romero, M.Y.**, *Jeitner, E.C., & Francis, L.A. (2019). Visualizing perceived enablers of and barriers to healthy eating by youth in rural El Salvador. *Journal of Nutrition Education and Behavior*, 51, 348-356.
2. **Martin, M.**, & Francis, L. (2016). U.S. migrant networks and adult cardiometabolic health in El Salvador. *Journal of Immigrant and Minority Health*, 18, 1350-1356.
1. James, D.C.S., Harville, C., Efunbumi, O., & **Martin, M.Y.** (2015). [Health literacy issues surrounding weight management among African American women: a mixed methods study](#). *Journal of Human Nutrition and Dietetics*, 28, 41-49.

Manuscripts Under Review

5. Arnold, T., **Martin Romero, M.Y.**, Echeverria, S.E., ...Morrison, S. (*under review*). "It Was Really Stressful": Rural Latine Youth Farmworkers' Educational Experiences during the COVID-19 Pandemic.
4. Lobo, F., **Martin Romero, M.Y.**, Sanchez-Hernandez, P., Chang, K., Kiang, L., Irby Coard, S., & Livas, G. (*under review*). Preparation for bias conversations among Black, Asian, and Latinx parent-adolescent dyads: A qualitative content analysis of observational data.
3. *Wang, H., *Little, J., **Martin Romero, M.Y.**, *Cruz, I., Livas, G. & Christophe, NK. (*under review*). Ethnic-racial identity and internalized racism profiles as foundations for critical consciousness: A person-centered approach.
2. Midgett, A. & **Martin Romero, M.Y.** (*under review*). Breaking down the Knowledge Production Pipeline: A framework for teaching equitable scientific practices for the next generation of scholars.
1. *Amegashie, J., Gringle, M., Payton-Foh, E., **Martin Romero, M.**, & Erausquin, J.T. (*under review*). Structural violence among male Latino migrant and seasonal farmworkers in North Carolina.

Selected Manuscripts In Progress

7. **Martin Romero, M.Y.**, Wallace, D., ... & Echeverria, S. (*in preparation*). Examining the weight of vicarious racism: Evidence from U.S. college students of color.
6. **Martin Romero, M.Y.**, *Locklear, T., *Denzongpa, K. *Nash, R., & *Sircar, J. (*in preparation*). Characterizing vicarious racism: Experiences among college students of color in the Southeastern U.S.
5. **Martin Romero, M.Y.**, *Harr, E., *Abiade, A., & Morrison, S.D. (*in preparation*). U.S. Black women in activism and their health: A narrative review.
4. Little, J., **Martin Romero, M.Y.**, Wang, H., Lobo, F., & Livas, G. (*in preparation*). Intergenerational Coping in African American Families.
3. Wallace, D., **Martin Romero, M.Y.**, Echeverria, S.E., Bryant, G. & Azor, M. (*in preparation*). Haitian Health-seeking Experiences of Haitian Communities in a New Destination State: A Qualitative Study.
2. Echeverria SE, **Martin Romero M**, Wallace D, Humayara H, Najjar T. Citizenship status predicts active living regardless of time living in neighborhood.
1. *Henriquez, K., Lorenzo-Blanco, E., **Martin Romero, M.Y.**, & Livas, G. (*in preparation*). “We’re here to help you. We love you. We care for you”: Latinx parents coping socialization of their Latinx youth.

Book Chapters

1. Stein, G.L., Christophe, K., *Salicido, V., & **Martin Romero, M.** (2023). Racial-ethnic Socialization in Latinx Families: Cultural Resilience and Coping. In *Family Socialization Around Race/Ethnicity and Racism: Advancing Understanding of Racial/Ethnic Inequalities in the U.S.* Springer, Cham.

Relevant Trainings, Certifications, and Workshops

Submitted! Intersectionality Writing Workshop, Intersectionality Training Institute, September 2025 (virtual)

APA LEAP Bootcamp, American Psychological Association, August 7-9, 2025 (Denver, CO)

Teaching Toolkit Program, National Center for Faculty Development and Diversity, July 7-31, 2025 (virtual)

Intersectionality Summer Intensive, July 2025, Intersectionality Training Institute, (Philadelphia, PA)

APA PACE Workshop, American Psychological Association, February 28- March 1, 2025 (Atlanta, GA)

Intersectional Qualitative Research Methods Institute, June 4-9, 2023 (University of Maryland, College Park, MD)

Qualitative Research Summer Intensive, July 27-29, 2020 (virtual)

Qualitative Data Analysis Camp by ResearchTalk, Inc., November 11-14, 2019 (Carborro, NC, USA)

Introduction to Focus Groups by The Odum Institute, October 24, 2019 (Chapel Hill, NC, USA)

Qualitative Research Summer Intensive, July 24-26, 2019 (Chapel Hill, NC, USA)

Salimetrics Spit Boot Camp, April 25, 2019 (Chapel Hill, NC, USA)

Mixed Methods Research by The Odum Institute, October 18-19, 2018 (Chapel Hill, NC, USA)

Qualitative Methods for Public Health Professionals, November 1, 2015 (American Public Health Association Annual Meeting, Chicago, IL, USA)

Hispanic-Serving Health Professions Schools Professional Development Workshop: Using Data Systems to Improve Hispanic Health Outcomes, July 24-25, 2014, (National Institutes of Health, Bethesda, MD, USA)

NCHEC Certified Health Education Specialist (2012-2018)

Student Research Mentorship

Dates	Name (Undergrad/Grad; University)	Outcomes
2025-	Jocelyn Little (G; UT Austin)	1 co-authored manuscript in preparation
2025-	Ilene Cruz (G; UT Austin)	1 analysis in progress
2025-	Hailing Wang (G; UT Austin)	1 co-authored manuscript submitted; 1 analysis in progress
2025-	Elondra Harr (G; UNCG)	1 project in progress; 1 co-authored manuscript in preparation
2025-	Soraya Watkins (U; UNCG)	1 analysis in progress
2024- 2025	Lexi Kier (G; UNCG)	1 conference presentation; 1 successful RWJF fellowship award
2024- 2025	Serenity Bryant (U; UNCG)	1 conference presentation
2024-	Asha Abiade (G; Johns Hopkins)	1 co-authored manuscript in preparation; 1 conference presentation
2023- 2025	Dorcas Johnson (G; UNCG)	1 co-authored manuscript published
2022-	Ryleigh Nash (U; UChicago)	1 co-authored manuscript in preparation
2022-	Tony Locklear (G; UNCG)	1 co-authored manuscript in preparation
2019- 2022	Esther Mununga (U; UNCG)	1 conference poster presented; 1 co-authored manuscript published
2018- 2020	Samantha Alvarado (U; UNCG)	1 conference poster presented; 1 co-authored manuscript published
2015- 2016	Elizabeth Jeitner (U; PSU)	1 conference poster presented; 1 co-authored manuscript published

Skills

Programming: ATLAS.ti, Dedoose, MAXQDA, SAS, L^AT_EX

Analytical: reflexive thematic analysis; grounded theory; general and generalized linear modeling; multilevel modeling

Data collection: short-period ethnography; interviews; focus groups; photo-elicitation; participatory; Free Access Procedure implementation; Trier Social Stress Test field implementation; saliva sample collection in field

International experience: worked in, fostered collaboration, and/or have conducted projects throughout Central America (i.e., Guatemala and El Salvador) and South America (i.e., Colombia)

Languages: fluent in English and Spanish